

# TIKIM Filipino Food and Fun Run: LOS ANGELES

## Frequently Asked Questions

### **What is TIKIM Filipino Food Fun Run?**

*TIKIM (a Filipino word that means “to taste”) is a one-of-a-kind 5k run or walk that celebrates culture and the value of giving back through happiness and food.*

*Imagine a 5K course with Filipino taste station at each kilometer of the way! As you cross the finish line, a food festival featuring favorite, popular and traditional Filipino dishes awaits.*

*Not only will your run be fun, but it’s also a way to give back, as part of the proceeds of the TIKIM Fun Run registration will be donated to support the feeding program of Bantay Bata (the Child Watch program of ABS-CBN Foundation International).*

### **When is it?**

*The event will be on Saturday, December 15, 2018*

### **What time is the event?**

*The pre-run warmup will start at 9:30 AM. The run will start at 10:00 AM and the post race activity will start at 12:00 PM.*

### **Where is it?**

*The fun run and food festival will be held at Los Angeles State Historic Park, 1245 N Spring St, Los Angeles, CA 90012.*

### **What are the parking accommodations?**

*There are parking lots available at Los Angeles State Historic Park for a special event fee of \$10 per vehicle. Since parking is first come first serve, it is highly recommended that you arrive early!*

*We encourage you to carpool with a friend, have someone drop you off or use your favorite rideshare or cabs when possible.*

### **How much is the registration to run and attend the food festival?**

<b>TIKIM Filipino Food Fun Run and Food Festival</b>	
<i>Early Bird for Adult Runner (until November 4, 11:59 PM PDT)</i>	<i>\$40.00</i>
<i>Regular Adult Runner (November 5, 12:00 AM PDT - December 14, 11:59 PM PDT )</i>	<i>\$50.00</i>
<i>Youth Runners (ages 6-17)</i>	<i>\$20.00</i>
<i>Youth Runners (ages 0-5)</i>	<i>Free</i>
<i>Food Festival</i>	<i>Free</i>

**Do you offer discounts to Senior Citizens and for this event?**

*We do not offer senior citizens discount.*

**Can I bring my pet to the event?**

*Dogs are allowed in the event area as long as they are on a leash.*

**Do I have to be Filipino to attend the event?**

*The event is open to everyone. We invite people of all race, religion, age, and creed to come enjoy our food festival and learn about Filipino culture.*

**Will there be a Meet & Chat with a Filipino celebrity?**

*At this time, there are no celebrities scheduled to make an appearance at this event.*

**ABOUT THE RUN**

**Are the hydration stations along the course?**

*Yes*

**What is the run course like?**

*The course is a flat route. We will release the official course map once it is available.*

**What food will be served along the 5K course?**

*Each station will be sampling a menu of curated Filipino food - from familiar flavors that are matamis (sweet), maasim (sour), maalat (salty), and maanghang (spicy). The idea is to promote the best of Filipino flavors from something familiar (mild) to something unique (wild).*

**How much food will be served during the run?**

*Small servings of Filipino foods will be served during the run.*

**Do I have to eat the food?**

*Sampling is optional but only available to registered runners. Non-registered festival attendees are not subject to the samples.*

**Won't running and eating cause appendicitis?**

*While TIKIM is a fun run, where participants can choose to walk and/or run while eating, there is no evidence that it will cause appendicitis.*

**Is there an age policy for the fun run?**

*While all ages are welcome to join the fun run, we request that participants 6 years and younger be accompanied by parent or guardian at all times. The parent or guardian is also required to be registered for the race.*

**Is there a recommended clothing/costume for the Fun Run?**

*We recommend you dress warm, with layers, but make sure you're comfortable and able to move around. Be sure to check local weather reports and be prepared for the current conditions.*

## **REGISTRATION**

### **How do I register for the run?**

*It's simple. Just [click here](#) and fill out the form. Please note that we do not accept phone registrations.*

### **How do I know if I am registered?**

*You will receive a confirmation email from [runsignup.com](http://runsignup.com) with your registration information. You can also confirm your registration by logging into your RunSignUp account.*

### **Do I have to register children to participate in the run?**

*Children under the age of 5 are free but do not get a bib or shirt. Minors between the ages of 6 to 17 can register for the run at the youth rate of \$20.*

### **Can I register on the day of the event?**

*There will be a registration booth on-site the day of the event.*

### **What is included in my registration fee?**

*Registered adult runners will receive a commemorative TIKIM t-shirt, race bib, and an acknowledgement letter with your donation to ABS-CBN Foundation International. All runners will receive their finisher's medals at the finish line.*

*Registered youth runners will receive a TIKIM t-shirt and race bib, with the finisher's medal at the finish line.*

### **Can I get a refund if I register but don't run?**

*There are no refunds after registration is complete.*

### **Will I be timed?**

*There will be no timing chips. But there will be a large finish line clock should you want to see how well you did.*

### **Are walkers and jogger strollers allowed?**

*Yes. Everyone in the family is welcome!*

### **What time does the Fun Run start?**

*The run will start at 10:00 am. Registered runners will receive instructions via email before the event.*

### **Will there be race day packet pick-up?**

*While we recommend you take advantage of picking up your packets prior to the race day, we understand how busy people can get and are extending the packet pick-ups to the day of the run. These packets will be available for pick-up near the starting line. A fee may apply for race day packet pick-up.*

*Runner packet pickup will on Dec 14 from 12 noon to 8PM at the following location:*

*TFC Office*

*225 E. Broadway Suite 302, Glendale, CA 91205*

*2nd floor, conference room*

**Can I have a friend or family member pick up my packet for me?**

*Yes, your friend or family member can pick-up packet for you if they have a written authorization from you to pick up, along with a copy of your confirmation email and your ID.*

**Can I have my race bib and shirt mailed to me?**

*No, we do not send out any race bibs or shirts via mail.*

**What if it rains?**

*If there is a hazardous weather condition, as with any other marathon or sporting event, the race maybe cancelled. ABS-CBN International will make every attempt possible to have this event on race day. If the conditions are life threatening or dangerous and we cancel the event, it will not be rescheduled and registrations are non-refundable.*

## **ABOUT THE FOOD FESTIVAL**

**What time and where will the food festival start?**

*The Food Festival will begin at 12:00 pm at the Los Angeles State Historic Park's Major Event Lawn.*

**Can I just attend the food festival?**

*Yes. And it's free.*

**What will be at the food festival?**

*Mostly Filipino food will be served. We will announce the list of food vendors as they become available.*

**Do you cater for vegetarians and other dietary requirements?**

*Once we have a list of confirmed food vendors, we encourage you to check their website's menu ahead of time. If you know of a food vendor that you would like to see at Tikim, please email us at [tfc\\_events@abs-cbn.com](mailto:tfc_events@abs-cbn.com).*

**Will Filipino celebrities perform?**

*Watch out for any announcements as they become available.*

## **ABOUT THE VENUE**

**What are the available facilities inside the park?**

*The area provides a wide variety of activities for biking, hiking, horseback riding, picnic areas, and many others. For more information, visit [www.parks.ca.gov/lashp/](http://www.parks.ca.gov/lashp/)*

**Can I bring my own food and drinks?**

*Yes, you may bring your own food and drinks inside the park with the exception of alcoholic beverages, which are prohibited anywhere on the park grounds.*

**What is the security plan in case of an emergency?**

*Call 911 or notify the park rangers.*

## **FOR SPONSORSHIPS/BOOTH SALES**

**How do I sponsor the event or buy a booth?**

*For sponsorship, please contact Sharon Bustamante-Hilahan at (818) 800-3727, sharon\_bustamante-hilahan@abs-cbn.com.*

## **VOLUNTEER OPPORTUNITIES**

*We need an extra set of hands for this event! Please visit the TIKIM Volunteer Page to learn about the opportunities available or volunteers.*

***Don't see your question listed above?***

***Email us at customerserviceUS@abs-cbni.com and we'll be happy to answer all your queries.***

***SEE YOU ALL AT THE EVENT!***