

TIKIM Food and Fun Run (June 8, 2019)

Frequently Asked Questions

What is TIKIM Filipino Food Fun Run?

TIKIM (is a Filipino word that means “to taste”) is a one-of-a-kind 5k run or walk that celebrates culture and the value of giving back through happiness and food.

Imagine a 5K course with a Filipino taste station at each kilometer of the way! As you cross the finish line, hang out at the picnic and pick up some food, watch and hear performances, and participate in fun games for some good, wholesome family fun!

Not only will your run be fun, but it’s also a way to give back, as part of the proceeds of the TIKIM Fun Run registration will be donated to the feeding program of Bantay Bata (the Child Watch program of ABS-CBN Foundation International).

When is it?

The event will be on June 8, 2019, Saturday.

Where is it?

The fun run will be held at Coyote Point Recreation Area. 1701 Coyote Point Dr., San Mateo, CA 94401. The starting line and picnic will be at the Duck Pond picnic area, just across the rangers’ office.

What are the parking accommodations?

There are parking lots available at Coyote Point Recreation Area for a fee of \$6 per vehicle.

It is highly recommended that you arrive early! Weekends at the park are busy and parking lots become full.

We encourage you to carpool with a friend, or make use of ride sharing apps.

How much is the registration to run?

\$40 Adult Runner until April 30 (\$50 Regular pricing)

\$20 Youth Runners (ages 6-17)

\$3-\$15 for Food Vouchers (available to registered runners as well as non-running spectators)

Can I buy food at the event on June 8?

No. Food sales are not allowed at Coyote Point on the day of the event. Our exclusive food vendors may be shut down if cash and money transactions take place at the event.

How can I buy food?

You will need to purchase food vouchers in advance from our registration site. If you are running, your registration process will show you an option to buy food vouchers. If you are not running but still attending in support of friends and family members who are running, you can also buy food vouchers as a “taster.”

How much in vouchers should I buy? When can I redeem them?

This event starts early and food vendors will be ready to take your vouchers by 9AM until 2PM, and they can only be redeemed during these hours. Vouchers will not be accepted after 2PM.

Vouchers are sold for \$3, \$5, \$10 and \$15, plus processing fees (this is a standard fee for all online purchases). ABS-CBN International / TFC Live cannot accept cash or credit card payments on the day of the event or in any other way. It is very important that all food vouchers are purchased from our official registration site only.

Physical food vouchers will be distributed prior to the event. Date and time to be announced.

Where can I purchase registration or food vouchers?

Registration for the run or the food vouchers are available online by visiting <https://mytfc.com/tikim>. Please note that we do not accept phone registrations. By clicking the link, you will be redirected to our official race registration platform at runsignup.com.

Are there any special deals or offers when I buy vouchers in advance?

There are no special offers, but it does guarantee you will get your food voucher to redeem at the event. Please note that lost vouchers can not be replaced.

Will there be any free food samples for those not running?

Samples will only be available to registered runners during their run or walk along the 5K course.

Do I have to register children to participate in the run?

Children under the age of 5 are free, but do not get a bib or shirt. Minors between the ages of 6 to 17 can register for the run at the youth rate of \$20.

Do you offer discounts to Senior Citizens for this event?

There is no senior citizens' discount.

Can I bring my pet to the event?

No pets are allowed inside the Park, except for guide Dogs or Assistance Dogs which must be kept on a leash at all times.

Do I have to be Filipino to attend the event?

The event is open to everyone. We invite people of all race, religion, age, and creed to come enjoy our food festival and learn about Filipino culture.

What else is there to look forward to?

We will announce all details of the activities soon but for now, we have the following activities listed:

- TIKIM Food Booths (make sure to buy food vouchers in advance!)
- Entertainment and Picnic
- Family fun and games

Are there volunteer opportunities?

Yes! We are always looking for fun and energetic volunteers to help during our race and post-race activities. In exchange for your time, TIKIM volunteers will receive amazing perks including an official TIKIM shirt. To learn more about our volunteer shifts, please visit www.mytfc.com/tikim.

ABOUT THE RUN

Are the hydration stations along the course?

Yes, there will be at least one water station

What is the run course like?

It is mostly a flat route inside Coyote Point. We will release the official course map once it is available.

Isn't eating and running a bad combination?

While TIKIM is a fun run, where participants can choose to walk and/or run while eating, there is no evidence that it will cause appendicitis.

What food will be served along the 5K course?

Each station will be sampling of Filipino street food. The idea is to promote the best of Filipino food from something familiar (mild) to something unique (wild).

How much food will be served during the run?

Small serving of native and exotic Filipino foods will be served during the run.

Do I have to eat the food?

Eating is optional during the Fun Run

Is there an age policy for the fun run?

While all ages are welcome to join the fun run, we request that participants 6 years old or younger be accompanied by a parent or guardian at all times. The parent or guardian is also required to be registered for the race.

Is there a recommended clothing/costume for the Fun Run?

Make sure you're comfortable and able to move around. Be sure to check local weather reports and be prepared for the current conditions.

How to register for the Fun Run and/or food vouchers?

Go to www.mytfc.com/tikim

Can I register on the day of the event?

We encourage everyone to register ahead of time. Unfortunately, we cannot accommodate in-person registrations on the day of the event, as the park restricts any special event from business transactions.

What is included in my registration fee?

You will receive a commemorative TIKIM t-shirt, race bib, and an acknowledgement letter with your donation to ABS-CBN Foundation International's Bantay Edukasyon Scholarship Program. Registered Youth runners will receive a TIKIM t-shirt and race bib.

What are the other fees to my registration?

For those registering to run, there is an additional fee of \$2.50, which covers your special event participation at this venue. This fee will not apply to non-running spectators who buy food vouchers.

There is also a standard processing fee subject to all transactions, whether you are paying for registration only or food vouchers only.

Will I be timed?

Timing chips will be available to all registered runners, as part of their bibs.

Can I get a refund if I register but don't run?

There are no refunds after registration is complete.

Are walkers and jogger strollers allowed?

Yes. Everyone in the family is welcome!

What time does the Fun Run starts?

The run will start at 10:00 am. Registered runners will receive instructions via email.

How come I can't select my shirt size during registration?

Those who register during the early bird period until April 30 will be able to select the size of their shirts. After this date, we can not accommodate specific sizes. We will order all the shirt sizes for those who registered as early bird, but for everyone else, we will do our best estimate of shirts sizes which you can choose at the packet pickup. Those sizes will be subject to availability so it is highly recommended you pick up early!

Please note that for all children participating as youth runners, only small shirts will be available. We currently do not produce child sizes.

Will there be race day packet pick-up?

Yes. Instructions will be sent via email to all registered runners.

While we recommend you take advantage of Packet Pick-up prior to the race day, we understand how busy people can get. Please be prepared for a long wait to get your packets if you opt for the race day packet pickup.

ABOUT THE POST-RACE PICNIC**What food is available, and who are the vendors?**

We are working on bringing to you the best vendors for TIKIM!

Each voucher can be redeemed for a snack, drink or dessert from our exclusive sweets vendor. Our other 3 vendors will be providing plates and meals: you can purchase a voucher for a small plate or a bigger plate. We will be working on vegetarian and gluten-free options, but with the theme of this run, options may be limited.

I am not running, and only coming out to support the runners. Can I still buy food vouchers?

Yes! You will still need to register at our registration site. Once there, select the "TIKIM Filipino Food

Fun Run Tasters (Food Vouchers)” box and fill out the form. It shows \$0 because there is no admission to come out as a supporter, but through registering yourself, you can purchase the food vouchers. Our vendors can not accept cash or perform any transactions on site.

I registered for the run a while ago, but did not purchase any food vouchers. How can I purchase them after my registration?

Log in to your registered account, then on the top right, select “Profile.” From there, look for TIKIM under your races (if you are signed up for more than one race on runsignup.com), and “Manage registration.” At the top, click “Add-ons” where the voucher purchase page will become available. You can purchase as many vouchers as you need for yourself or others.

I bought vouchers, but I changed my mind and do not plan to eat from your vendors Can I get a refund?

Sorry, we can not refund vouchers that were purchased but unused at TIKIM. Please be aware that we have to pay our vendors in advance to prepare food.

What time and where will the post-race picnic start?

The picnic will already be open at the Duck Pond Area and picnic sites 5-8 as early as 9AM. Post-race programming and activities will start shortly after most runners have crossed the finish line, which we expect to be around 11AM.

Can I just attend the post-race picnic?

Yes, you may attend just for the picnic. Please remember to purchase food vouchers from our registration site if you plan to eat. Food vendors will be ready in the morning, so make sure to plan ahead if you want to eat in the morning and mid-day.

What will be at the post-race picnic?

Mostly Filipino food will be served. We will announce the list of food vendors as they become available.

Do you cater for vegetarians and other dietary requirements?

We are considerate of the lifestyles of vegetarians, and we ensure that there will be options for you.

Will Filipino celebrities perform?

TIKIM entertainment will feature local Filipino artists. At this time, there is no plan to bring in a celebrity from the Philippines.

FOR SPONSORSHIPS/BOOTH SALES

How do I sponsor the event or buy a booth?

For sponsorship, please email tfc_events@abs-cbn.com and ask about our sponsorship opportunities.

ABOUT THE VENUE

What are the available facilities inside the park?

The area provides a wide variety of opportunities: picnicking, swimming, windsurfing, bicycling, jogging, fishing, boating, and sailing. Kids will love the giant, castle-and-dragon-themed Magic Mountain Playground and Curi Odyssey where they can get up-close to wild animals and enjoy hands-on science exhibits. Stroll along the beach promenade, visit the marina and its breakwater, or explore the saltwater marsh. See shorebirds, colorful boats, windsurfers, and planes from the San Francisco International Airport.

Can I bring my own food?

Yes, you can bring your own food inside the park. Beer and wine are only allowed in certain areas at the park. Hard Liquor is not permitted inside the park.

What is the security plan in case of an emergency?

Call 911 or notify the park rangers.

Don't see your question listed above? Email us at tfc_events@abs-cbn.com and we'll be happy to answer all your queries.