

ANC CABLE TV GUIDE

NORTH AMERICA (Central DST)



CENTRAL	SUNDAY JULY 25	MONDAY JULY 26	TUESDAY JULY 27	WEDNESDAY JULY 28	THURSDAY JULY 29	FRIDAY JULY 30	SATURDAY JULY 24	
12:00 AM	CITYSCAPE (R) 12:00 AM LSS: THE MARTIN NIEVERA SHOW (R) 12:30 AM	ANC RUNDOWN SPECIAL EDITION 12:00 AM (NEW) AFTER THE FACT WITH VP LENI ROBREDO 12:30 AM (NEW)	ANC HEADLINES 12:00 AM BEACHED * (R) 12:05 AM	ANC HEADLINES 12:00 AM CHASING FLAVORS * (R) 12:05 AM	ANC HEADLINES 12:00 AM METABEATS * (R) 12:05 AM	ANC HEADLINES 12:00 AM METRO HOME * (R) 12:05 AM	ANC HEADLINES 12:00 AM INSIGHT WITH APRIL LEE-TAN (R) 12:05 AM REV (R) 12:30 AM	
1:00 AM	ANC RUNDOWN (TALK 1) (R) 1:00 AM EIC ON THE MOVE 1:30 AM	ANC RUNDOWN SPECIAL EDITION 1:00 AM (NEW)	ANC RUNDOWN 1:00 AM EXECUTIVE CLASS (R) 1:30 AM	ANC RUNDOWN 1:00 AM INSIGHT WITH APRIL LEE-TAN (R) 1:30 AM	ANC RUNDOWN 1:00 AM LOCAL LEGENDS (R) 1:30 AM	ANC RUNDOWN 1:00 AM DAYAW (R) 1:30 AM	ANC HEADLINES 1:00 AM ASIAN AIR SAFARI * (R) 1:05 AM HOTCOPY ON HEADSTART (R) 1:30 AM	
2:00 AM	ANC CONVERSATIONS (R) 2:00 AM WOMEN OF STYLE 2:30 AM	ANC SPECIAL COVERAGE OF PRESIDENT RODRIGO DUTERTE'S STATE OF THE NATION ADDRESS 2:00 AM (NEW)	ANC RUNDOWN 2:00 AM REV (R) 2:30 AM	ANC RUNDOWN 2:00 AM LSS: THE MARTIN NIEVERA SHOW (R) 2:30 AM	ANC RUNDOWN 2:00 AM #NOFILTER (R) 2:30 AM	ANC RUNDOWN 2:00 AM INSIGHT WITH APRIL LEE-TAN (R) 2:30 AM	ANC HEADLINES 2:00 AM CHASING FLAVORS * (R) 2:05 AM	
3:00 AM	ON THE MONEY (R) 3:00 AM		ANC RUNDOWN 3:00 AM DRIVEN (R) 3:30 AM	ANC RUNDOWN 3:00 AM CASA DAZA (R) 3:30 AM	ANC RUNDOWN 3:00 AM DWELLINGS (R) 3:30 AM (NEW)	ANC RUNDOWN 3:00 AM EIC ON THE MOVE (R) 3:30 AM	ANC HEADLINES 3:00 AM ON THE MONEY (R) 3:05 AM	
4:00 AM	REV (R) 4:00 AM GREEN LIVING (R) 4:30 AM		TOP STORY 4:00 AM	TOP STORY 4:00 AM	TOP STORY 4:00 AM	TOP STORY 4:00 AM	TOP STORY 4:00 AM	TOP STORY 4:00 AM LSS: THE MARTIN NIEVERA SHOW (R) 4:30 AM
5:00 AM	METABEATS * (R) 5:00 AM		DWELLINGS 5:30 AM (NEW)	INSIGHT WITH APRIL LEE-TAN 5:00 AM EIC ON THE MOVE * (R) 5:30 AM	CITYSCAPE 5:00 AM DRIVEN * 5:30 AM	DAYAW 5:00 AM WOMEN OF STYLE * (R) 5:30 AM	LSS: THE MARTIN NIEVERA SHOW 5:00 AM CASA DAZA * 5:30 AM	METABEATS * (R) 5:00 AM
6:00 AM	TINA MONZON-PALMA REPORTS (R) 6:00 AM	METRO HOME * (R) 6:00 AM	FOODPRINTS * (R) 6:00 AM	BEACHED * (R) 6:00 AM	CHASING FLAVORS * (R) 6:00 AM	METABEATS * (R) 6:00 AM	TINA MONZON-PALMA REPORTS 6:00 AM	
7:00 AM	SO JANELLA * (R) 7:00 AM ASIAN AIR SAFARI * (R) 7:30 AM	AFTER THE FACT 7:00 AM	AFTER THE FACT 7:00 AM	AFTER THE FACT 7:00 AM	AFTER THE FACT 7:00 AM	AFTER THE FACT 7:00 AM	GREEN LIVING (R) 7:00 AM REV (R) 7:30 AM	
8:00 AM	BEACHED * (R) 8:00 AM	THE WORLD TONIGHT 8:00 AM EXECUTIVE CLASS (R) 8:30 AM	THE WORLD TONIGHT 8:00 AM INSIGHT WITH APRIL LEE-TAN (R) 8:30 AM	THE WORLD TONIGHT 8:00 AM CITYSCAPE (R) 8:30 AM	THE WORLD TONIGHT 8:00 AM REV 8:30 AM	THE WORLD TONIGHT 8:00 AM LSS: THE MARTIN NIEVERA SHOW (R) 8:30 AM	THE WORLD TONIGHT 8:00 AM EXECUTIVE CLASS (R) 8:30 AM	
9:00 AM	EXECUTIVE CLASS (R) 9:00 AM EIC ON THE MOVE * (R) 9:30 AM	AFTER THE FACT (R) 9:00 AM	AFTER THE FACT (R) 9:00 AM	AFTER THE FACT (R) 9:00 AM	AFTER THE FACT (R) 9:00 AM	AFTER THE FACT (R) 9:00 AM	METRO HOME (R) 9:00 AM	
10:00 AM	DRIVEN (R) 10:00 AM WOMEN OF STYLE * (R) 10:30 AM	CHASING FLAVORS * (R) 10:00 AM	METABEATS * (R) 10:00 AM	METRO HOME * (R) 10:00 AM	FOODPRINTS * (R) 10:00 AM	BEACHED * (R) 10:00 AM	EIC ON THE MOVE (R) 10:00 AM CASA DAZA (R) 10:30 AM	
11:00 AM	G DIARIES 11:00 AM CITYSCAPE (R) 11:30 AM	THE WORLD TONIGHT (R) 11:00 AM DAYAW (R) 11:30 AM	THE WORLD TONIGHT (R) 11:00 AM LSS: THE MARTIN NIEVERA SHOW (R) 11:30 AM	THE WORLD TONIGHT (R) 11:00 AM GREEN LIVING (R) 11:30 AM	THE WORLD TONIGHT (R) 11:00 AM DWELLINGS (R) 11:30 AM (NEW)	THE WORLD TONIGHT (R) 11:00 AM INSIGHT WITH APRIL LEE-TAN (R) 11:30 AM	THE WORLD TONIGHT (R) 11:00 AM LOCAL LEGENDS (R) 11:30 AM	
12:00 PM	DRIVEN (R) 12:00 PM REV (R) 12:30 PM	HEADSTART (R) 12:00 PM	HEADSTART (R) 12:00 PM	HEADSTART (R) 12:00 PM	HEADSTART (R) 12:00 PM	HEADSTART (R) 12:00 PM	CITIZEN PINOY (R) 12:00 PM CITYSCAPE (R) 12:00 PM	
1:00 PM	SO JANELLA * (R) 1:00 PM DAYAW (R) 1:30 PM	EIC ON THE MOVE (R) 1:00 PM (NEW) CITYSCAPE (R) 1:30 PM	EXECUTIVE CLASS (R) 1:00 PM REV (R) 1:30 PM	WOMEN OF STYLE (R) 1:00 PM INSIGHT WITH APRIL LEE-TAN (R) 1:30 PM	#NOFILTER (R) 1:00 PM ON THE MONEY (R) 1:30 PM	LOCAL LEGENDS (R) 1:00 PM GREEN LIVING (R) 1:30 PM	METRO HOME (R) 1:00 PM	
2:00 PM	INSIGHT WITH APRIL LEE-TAN (R) 2:00 PM ASIAN AIR SAFARI * (R) 2:30 PM	ASIAN AIR SAFARI * 2:00 PM REV (R) 2:30 PM	ENTEP LAB (R) 2:00 PM DAYAW (R) 2:30 PM	LSS: THE MARTIN NIEVERA SHOW (R) 2:00 PM G DIARIES (R) 2:30 PM	CASA DAZA (R) 2:30 PM WOMEN OF STYLE (R) 3:00 PM	EIC ON THE MOVE (R) 2:00 PM CITYSCAPE (R) 2:30 PM	GREEN LIVING (R) 2:00 PM LSS: THE MARTIN NIEVERA SHOW (R) 2:30 PM	
3:00 PM	CASA DAZA (R) 3:00 PM GREEN LIVING (R) 3:30 PM	DWELLINGS (R) 3:00 PM (NEW) LSS: THE MARTIN NIEVERA SHOW (R) 3:30 PM	EIC ON THE MOVE (R) 3:00 PM DRIVEN (R) 3:30 PM	DRIVEN (R) 3:00 PM DAYAW (R) 3:30 PM	WOMEN OF STYLE (R) 3:00 PM INSIGHT WITH APRIL LEE-TAN (R) 3:30 PM	BEACHED 3:00 PM	G DIARIES (R) 3:00 PM DRIVEN (R) 3:30 PM	
4:00 PM	ANC CONVERSATIONS 4:00 PM (NEW)	ANC CONVERSATIONS 4:00 PM	ANC CONVERSATIONS 4:00 PM	ANC CONVERSATIONS 4:00 PM	ANC CONVERSATIONS 4:00 PM	ANC CONVERSATIONS 4:00 PM	ON THE MONEY (R) 4:00 PM	
5:00 PM	FOODPRINTS * 5:00 PM	BEACHED * 5:00 PM	CHASING FLAVORS * 5:00 PM	METABEATS * 5:00 PM	METRO HOME * 5:00 PM	EXECUTIVE CLASS (R) 5:00 PM G DIARIES 5:30 PM	THE WORLD EXPOSED 5:00 PM DAYAW (R) 5:30 PM	
6:00 PM	ANC RUNDOWN 6:00 PM	ANC RUNDOWN 6:00 PM	ANC RUNDOWN 6:00 PM	ANC RUNDOWN 6:00 PM	ANC RUNDOWN 6:00 PM	ANC RUNDOWN 6:00 PM DESIGN + STORY (R) 6:30 PM	BEACHED (R) 6:00 PM	
7:00 PM	HEADSTART 7:00 PM	HEADSTART 7:00 PM	HEADSTART 7:00 PM	HEADSTART 7:00 PM	HEADSTART 7:00 PM	ANC RUNDOWN (TALK 1) 7:00 PM DRIVEN (R) 7:30 PM	EXECUTIVE CLASS (R) 7:00 PM FOODPRINTS (R) 7:30 PM	
8:00 PM	MARKET EDGE 8:00 PM	MARKET EDGE 8:00 PM	MARKET EDGE 8:00 PM	MARKET EDGE 8:00 PM	MARKET EDGE 8:00 PM	ANC CONVERSATIONS 8:00 PM CASA DAZA (R) 8:30 PM	INSIGHT WITH APRIL LEE-TAN (R) 8:30 PM	
9:00 PM	ANC RUNDOWN 9:00 PM HOTCOPY ON HEADSTART 9:30 PM	ANC RUNDOWN 9:00 PM HOTCOPY ON HEADSTART (R) 9:30 PM	ANC RUNDOWN 9:00 PM HOTCOPY ON HEADSTART (R) 9:30 PM	ANC RUNDOWN 9:00 PM HOTCOPY ON HEADSTART (R) 9:30 PM	ANC RUNDOWN 9:00 PM HOTCOPY ON HEADSTART (R) 9:30 PM	ANC RUNDOWN 9:00 PM ENTREP LAB (R) 9:30 PM	CHASING FLAVORS (R) 9:00 PM	
10:00 PM	STATE OF THE NATION ADDRESS SPECIAL 10:00 PM (NEW)	ANC HEADLINES 10:00 PM CASA DAZA (R) 10:05 PM GREEN LIVING (R) 10:30 PM	ANC HEADLINES 10:00 PM DWELLINGS (R) 10:05 AM (NEW) #NOFILTER 10:30 PM	ANC HEADLINES 10:00 PM EIC ON THE MOVE (R) 10:05 PM INSIGHT WITH APRIL LEE-TAN (R) 10:30 PM	ANC HEADLINES 10:00 PM CITYSCAPE (R) 10:05 PM REV (R) 10:30 PM	ANC HEADLINES 10:00 PM DAYAW (R) 10:05 PM WOMEN OF STYLE (R) 10:30 PM	DESIGN + STORY * (R) 10:00 PM SO JANELLA * 10:30 PM	
11:00 PM	DATLINE PHILIPPINES 11:00 PM	DATLINE PHILIPPINES 11:00 PM	DATLINE PHILIPPINES 11:00 PM	DATLINE PHILIPPINES 11:00 PM	DATLINE PHILIPPINES 11:00 PM	DATLINE PHILIPPINES 11:00 PM	METRO HOME * (R) 11:00 PM	

JULY 24-30, 2021