

# ANC CABLE TV GUIDE

## NORTH AMERICA (Central DST)



CENTRAL	SUNDAY JUNE 27	MONDAY JUNE 28	TUESDAY JUNE 29	WEDNESDAY JUNE 30	THURSDAY JULY 01	FRIDAY JULY 02	SATURDAY JUNE 26
12:00 AM	CITYSCAPE (R) 12:00 AM (NEW) LSS: THE MARTIN NIEVERA SHOW * (R) 12:30 AM (NEW)	ANC HEADLINES 12:00 AM FOODPRINTS * (R) 12:05 AM (NEW)	ANC HEADLINES 12:00 AM BEACHED * (R) 12:05 AM	ANC HEADLINES 12:00 AM CHASING FLAVORS * (R) 12:05 AM	ANC HEADLINES 12:00 AM METABEATS * (R) 12:05 AM	ANC HEADLINES 12:00 AM METRO HOME * (R) 12:05 AM	ANC HEADLINES 12:00 AM INSIGHT WITH APRIL LEE-TAN (R) 12:05 AM REV (R) 12:30 AM
1:00 AM	ANC RUNDOWN (TALK 1) (R) 1:00 AM EIC ON THE MOVE 1:30 AM	ANC RUNDOWN 1:00 AM ENTREP LAB (R) 1:30 AM	ANC RUNDOWN 1:00 AM EXECUTIVE CLASS (R) 1:30 AM	ANC RUNDOWN 1:00 AM INSIGHT WITH APRIL LEE-TAN (R) 1:30 AM	ANC RUNDOWN 1:00 AM LOCAL LEGENDS (R) 1:30 AM	ANC RUNDOWN 1:00 AM DAYAW (R) 1:30 AM	ANC HEADLINES 1:00 AM ASIAN AIR SAFARI * (R) 1:05 AM HOTCOPY ON HEADSTART (R) 1:30 AM
2:00 AM	ANC CONVERSATIONS (R) 2:00 AM MY ITALY WITH MARGARITA 2:30 AM	ANC RUNDOWN 2:00 AM LOCAL LEGENDS 2:30 AM	ANC RUNDOWN 2:00 AM REV (R) 2:30 AM	ANC RUNDOWN 2:00 AM LSS: THE MARTIN NIEVERA SHOW (R) 2:30 AM	ANC RUNDOWN 2:00 AM #NOFILTER (R) 2:30 AM	ANC RUNDOWN 2:00 AM INSIGHT WITH APRIL LEE-TAN (R) 2:30 AM	ANC HEADLINES 2:00 AM CHASING FLAVORS * (R) 2:05 AM
3:00 AM	ON THE MONEY (R) 3:00 AM (NEW)	ANC RUNDOWN 3:00 AM MY ITALY WITH MARGARITA (R) 3:30 AM	ANC RUNDOWN 3:00 AM DRIVEN (R) 3:30 AM	ANC RUNDOWN 3:00 AM CASA DAZA (R) 3:30 AM	ANC RUNDOWN 3:00 AM DESIGN + STORY (R) 3:30 AM	ANC RUNDOWN 3:00 AM EIC ON THE MOVE (R) 3:30 AM	ANC HEADLINES 3:00 AM ON THE MONEY (R) 3:05 AM
4:00 AM	REV (R) 4:00 AM METABEATS * (R) 4:30 AM	TOP STORY 4:00 AM	TOP STORY 4:00 AM	TOP STORY 4:00 AM	TOP STORY 4:00 AM	TOP STORY 4:00 AM	TOP STORY 4:00 AM LSS: THE MARTIN NIEVERA SHOW (R) 4:30 AM
5:00 AM	GREEN LIVING (R) 5:30 AM	EXECUTIVE CLASS 5:00 AM DESIGN + STORY * 5:30 AM	INSIGHT WITH APRIL LEE-TAN 5:00 AM EIC ON THE MOVE * (R) 5:30 AM	CITYSCAPE 5:00 AM DRIVEN * 5:30 AM	DAYAW 5:00 AM MY ITALY WITH MARGARITA * (R) 5:30 AM	LSS: THE MARTIN NIEVERA SHOW 5:00 AM CASA DAZA * 5:30 AM	METABEATS * (R) 5:00 AM
6:00 AM	TINA MONZON-PALMA REPORTS (R) 6:00 AM (NEW)	METRO HOME * (R) 6:00 AM	FOODPRINTS * (R) 6:00 AM (NEW)	BEACHED * (R) 6:00 AM	CHASING FLAVORS * (R) 6:00 AM	METABEATS * (R) 6:00 AM	TINA MONZON-PALMA REPORTS 6:00 AM (NEW)
7:00 AM	SO JANELLA * (R) 7:00 AM ASIAN AIR SAFARI * (R) 7:30 AM	AFTER THE FACT 7:00 AM	AFTER THE FACT 7:00 AM	AFTER THE FACT 7:00 AM	AFTER THE FACT 7:00 AM	AFTER THE FACT 7:00 AM	GREEN LIVING (R) 7:00 AM REV (R) 7:30 AM
8:00 AM	BEACHED * (R) 8:00 AM	THE WORLD TONIGHT 8:00 AM EXECUTIVE CLASS (R) 8:30 AM	THE WORLD TONIGHT 8:00 AM INSIGHT WITH APRIL LEE-TAN (R) 8:30 AM	THE WORLD TONIGHT 8:00 AM CITYSCAPE (R) 8:30 AM	THE WORLD TONIGHT 8:00 AM REV 8:30 AM	THE WORLD TONIGHT 8:00 AM LSS: THE MARTIN NIEVERA SHOW (R) 8:30 AM	THE WORLD TONIGHT 8:00 AM CITYSCAPE * (R) 8:30 AM
9:00 AM	EXECUTIVE CLASS (R) 9:00 AM EIC ON THE MOVE * (R) 9:30 AM	AFTER THE FACT (R) 9:00 AM	AFTER THE FACT (R) 9:00 AM	AFTER THE FACT (R) 9:00 AM	AFTER THE FACT (R) 9:00 AM	AFTER THE FACT (R) 9:00 AM	METRO HOME * (R) 9:00 AM
10:00 AM	DRIVEN (R) 10:00 AM MY ITALY WITH MARGARITA * (R) 10:30 AM	CHASING FLAVORS * (R) 10:00 AM	METABEATS * (R) 10:00 AM	METRO HOME * (R) 10:00 AM	FOODPRINTS * (R) 10:00 AM (NEW)	BEACHED * (R) 10:00 AM	EIC ON THE MOVE (R) 10:00 AM CASA DAZA (R) 10:30 AM
11:00 AM	G DIARIES 11:00 AM CITYSCAPE (R) 11:30 AM	THE WORLD TONIGHT (R) 11:00 AM DAYAW (R) 11:30 AM	THE WORLD TONIGHT (R) 11:00 AM LSS: THE MARTIN NIEVERA SHOW (R) 11:30 AM	THE WORLD TONIGHT (R) 11:00 AM GREEN LIVING (R) 11:30 AM	THE WORLD TONIGHT (R) 11:00 AM DESIGN + STORY (R) 11:30 AM	THE WORLD TONIGHT (R) 11:00 AM INSIGHT WITH APRIL LEE-TAN (R) 11:30 AM	THE WORLD TONIGHT (R) 11:00 AM LOCAL LEGENDS (R) 11:30 AM
12:00 PM	DRIVEN (R) 12:00 PM REV (R) 12:30 PM	HEADSTART (R) 12:00 PM	HEADSTART (R) 12:00 PM	HEADSTART (R) 12:00 PM	HEADSTART (R) 12:00 PM	HEADSTART (R) 12:00 PM	CITIZEN PINOY (R) 12:00 PM CITYSCAPE (R) 12:00 PM
1:00 PM	SO JANELLE * (R) 1:00 PM DAYAW (R) 1:30 PM	BALITANG AMERICA 1:00 PM CITYSCAPE (R) 1:30 PM	BALITANG AMERICA 1:00 PM REV (R) 1:30 PM	BALITANG AMERICA 1:00 PM INSIGHT WITH APRIL LEE-TAN (R) 1:30 PM	BALITANG AMERICA 1:00 PM ON THE MONEY (R) 1:30 PM	BALITANG AMERICA 1:00 PM GREEN LIVING (R) 1:30 PM	METRO HOME (R) 1:00 PM
2:00 PM	INSIGHT WITH APRIL LEE-TAN (R) 2:00 PM ASIAN AIR SAFARI * (R) 2:30 PM	ASIAN AIR SAFARI * 2:00 PM REV (R) 2:30 PM	ENTREP LAB (R) 2:00 PM DAYAW (R) 2:30 PM	LSS: THE MARTIN NIEVERA SHOW (R) 2:00 PM G DIARIES (R) 2:30 PM (NEW)	CASA DAZA (R) 2:30 PM	EIC ON THE MOVE (R) 2:00 PM CITYSCAPE (R) 2:30 PM	GREEN LIVING (R) 2:00 PM LSS: THE MARTIN NIEVERA SHOW (R) 2:30 PM
3:00 PM	CASA DAZA (R) 3:00 PM GREEN LIVING (R) 3:30 PM	DESIGN + STORY (R) 3:00 PM LSS: THE MARTIN NIEVERA SHOW (R) 3:30 PM	EIC ON THE MOVE (R) 3:00 PM DRIVEN (R) 3:30 PM	DRIVEN (R) 3:00 PM DAYAW (R) 3:30 PM	MY ITALY WITH MARGARITA (R) 3:00 PM INSIGHT WITH APRIL LEE-TAN (R) 3:30 PM	BEACHED 3:00 PM	G DIARIES (R) 3:00 PM DRIVEN (R) 3:30 PM
4:00 PM	ANC CONVERSATIONS 4:00 PM	ANC CONVERSATIONS 4:00 PM	ANC CONVERSATIONS 4:00 PM	ANC CONVERSATIONS 4:00 PM	ANC CONVERSATIONS 4:00 PM	ANC CONVERSATIONS 4:00 PM	ON THE MONEY (R) 4:00 PM
5:00 PM	FOODPRINTS * 5:00 PM (NEW)	BEACHED * 5:00 PM	CHASING FLAVORS * 5:00 PM	METABEATS * 5:00 PM	METRO HOME * 5:00 PM	EXECUTIVE CLASS (R) 5:00 PM G DIARIES 5:30 PM	THE WORLD EXPOSED 5:00 PM DAYAW (R) 5:30 PM
6:00 PM	ANC RUNDOWN 6:00 PM	ANC RUNDOWN 6:00 PM	ANC RUNDOWN 6:00 PM	ANC RUNDOWN 6:00 PM	ANC RUNDOWN 6:00 PM	ANC RUNDOWN 6:00 PM DESIGN + STORY (R) 6:30 PM	BEACHED (R) 6:00 PM
7:00 PM	HEADSTART 7:00 PM	HEADSTART 7:00 PM	HEADSTART 7:00 PM	HEADSTART 7:00 PM	HEADSTART 7:00 PM	ANC RUNDOWN (TALK 1) 7:00 PM DRIVEN (R) 7:30 PM	EXECUTIVE CLASS (R) 7:00 PM FOODPRINTS (R) 7:30 PM (NEW)
8:00 PM	MARKET EDGE 8:00 PM	MARKET EDGE 8:00 PM	MARKET EDGE 8:00 PM	MARKET EDGE 8:00 PM	MARKET EDGE 8:00 PM	ANC CONVERSATIONS 8:00 PM CASA DAZA (R) 8:30 PM	INSIGHT WITH APRIL LEE-TAN (R) 8:30 PM
9:00 PM	ANC RUNDOWN 9:00 PM HOTCOPY ON HEADSTART 9:30 PM	ANC RUNDOWN 9:00 PM HOTCOPY ON HEADSTART (R) 9:30 PM	ANC RUNDOWN 9:00 PM HOTCOPY ON HEADSTART (R) 9:30 PM	ANC RUNDOWN 9:00 PM HOTCOPY ON HEADSTART (R) 9:30 PM	ANC RUNDOWN 9:00 PM HOTCOPY ON HEADSTART (R) 9:30 PM	ANC RUNDOWN 9:00 PM ENTREP LAB (R) 9:30 PM	CHASING FLAVORS (R) 9:00 PM
10:00 PM	ANC HEADLINES 10:00 PM DRIVEN (R) 10:05 PM LSS: THE MARTIN NIEVERA SHOW (R) 10:30 PM	ANC HEADLINES 10:00 PM CASA DAZA (R) 10:05 PM GREEN LIVING (R) 10:30 PM	ANC HEADLINES 10:00 PM DESIGN + STORY (R) 10:05 PM #NOFILTER 10:30 PM	ANC HEADLINES 10:00 PM EIC ON THE MOVE (R) 10:05 PM INSIGHT WITH APRIL LEE-TAN (R) 10:30 PM	ANC HEADLINES 10:00 PM CITYSCAPE (R) 10:05 PM (NEW) REV (R) 10:30 PM	ANC HEADLINES 10:00 PM DAYAW (R) 10:05 PM MY ITALY WITH MARGARITA (R) 10:30 PM	DESIGN + STORY * (R) 10:00 PM SO JANELLE * 10:30 PM
11:00 PM	DATLINE PHILIPPINES 11:00 PM	DATLINE PHILIPPINES 11:00 PM	DATLINE PHILIPPINES 11:00 PM	DATLINE PHILIPPINES 11:00 PM	DATLINE PHILIPPINES 11:00 PM	DATLINE PHILIPPINES 11:00 PM	METRO HOME * (R) 11:00 PM

JUNE 26 TO JULY 02, 2021