

ANC CABLE TV GUIDE

NORTH AMERICA (Central DST)



CENTRAL	SUNDAY OCTOBER 10	MONDAY OCTOBER 11	TUESDAY OCTOBER 12	WEDNESDAY OCTOBER 13	THURSDAY OCTOBER 14	FRIDAY OCTOBER 15	SATURDAY OCTOBER 09
12:00 AM	CITYSCAPE (R) 12:00 AM LSS: THE MARTIN NIEVERA SHOW (R) 12:30 AM	ANC HEADLINES 12:00 AM FOODPRINTS* (R) 12:05 AM	ANC HEADLINES 12:00 AM BEACHED* (R) 12:05 AM	ANC HEADLINES 12:00 AM CHASING FLAVORS* (R) 12:05 AM	ANC HEADLINES 12:00 AM METABEATS* (R) 12:05 AM	ANC HEADLINES 12:00 AM 24X24* (R) 12:05 AM	ANC HEADLINES 12:00 AM INSIGHT WITH APRIL LEE-TAN (R) 12:05 AM REV+ (R) 12:30 AM
1:00 AM	ANC RUNDOWN (TALK 1) (R) 1:00 AM EIC ON THE MOVE 1:30 AM	ANC RUNDOWN 1:00 AM ANC PRESENTS: COVID 19 IN NUMBERS (R) 1:30 AM	ANC RUNDOWN 1:00 AM EXECUTIVE CLASS (R) 1:30 AM	ANC RUNDOWN 1:00 AM INSIGHT WITH APRIL LEE-TAN (R) 1:30 AM	ANC RUNDOWN 1:00 AM CITYSCAPE (R) 1:30 AM (NEW)	ANC RUNDOWN 1:00 AM REV+ (R) 1:30 AM	ANC HEADLINES 1:00 AM ASIAN AIR SAFARI* (R) 1:05 AM HOTCOPY ON HEADSTART (R) 1:30 AM
2:00 AM	ANC CONVERSATIONS (R) 2:00 AM WOMEN OF STYLE 2:30 AM	ANC RUNDOWN 2:00 AM LOCAL LEGENDS (R) 2:30 AM	ANC RUNDOWN 2:00 AM REV+ (R) 2:30 AM	ANC RUNDOWN 2:00 AM LSS: THE MARTIN NIEVERA SHOW (R) 2:30 AM	ANC RUNDOWN 2:00 AM #NOFILTER (R) 2:30 AM	ANC RUNDOWN 2:00 AM INSIGHT WITH APRIL LEE-TAN (R) 2:30 AM	ANC HEADLINES 2:00 AM CHASING FLAVORS* (R) 2:05 AM
3:00 AM	ON THE MONEY (R) 3:00 AM	ANC RUNDOWN 3:00 AM WOMEN OF STYLE (R) 3:30 AM	ANC RUNDOWN 3:00 AM DESIGN + STORY (R) 3:30 AM	ANC RUNDOWN 3:00 AM CASA DAZA (R) 3:30 AM	ANC RUNDOWN 3:00 AM GOOD VIBES WITH EDU* (R) 3:30 AM	ANC RUNDOWN 3:00 AM EIC ON THE MOVE (R) 3:30 AM	ANC HEADLINES 3:00 AM ON THE MONEY (R) 3:05 AM
4:00 AM	REV+ (R) 4:00 AM GOOD VIBES WITH EDU* 4:30 AM	TOP STORY 4:00 AM	TOP STORY 4:00 AM	TOP STORY 4:00 AM	TOP STORY 4:00 AM	TOP STORY 4:00 AM	TOP STORY 4:00 AM LSS: THE MARTIN NIEVERA SHOW (R) 4:30 AM
5:00 AM	METABEATS* (R) 5:00 AM	EXECUTIVE CLASS 9:00 AM SPICE TO LIFE* 5:30 AM	INSIGHT WITH APRIL LEE-TAN 5:00 AM GOOD VIBES WITH EDU* (R) 5:30 AM	CITYSCAPE 5:00 AM DESIGN + STORY* 5:30 AM	REV+ 5:00 AM WOMEN OF STYLE* (R) 5:30 AM	LSS: THE MARTIN NIEVERA SHOW 5:00 AM CASA DAZA* 5:30 AM	METABEATS* (R) 5:00 AM
6:00 AM	TINA MONZON-PALMA REPORTS (R) 6:00 AM	24X24* (R) 6:00 AM	FOODPRINTS* (R) 6:00 AM	BEACHED* (R) 6:00 AM	TOUR VS TOUR* (R) 6:00 AM (NEW)	METABEATS* (R) 6:00 AM	TINA MONZON-PALMA REPORTS 6:00 AM
7:00 AM	SO JANELLA* (R) 7:00 AM ASIAN AIR SAFARI* (R) 7:30 AM	AFTER THE FACT 7:00 AM	AFTER THE FACT 7:00 AM	AFTER THE FACT 7:00 AM	AFTER THE FACT 7:00 AM	AFTER THE FACT 7:00 AM	ANC PRESENTS: COVID 19 IN NUMBERS 7:00 AM REV+ (R) 7:30 AM
8:00 AM	BEACHED* (R) 8:00 AM	THE WORLD TONIGHT 8:00 AM EXECUTIVE CLASS (R) 8:30 AM	THE WORLD TONIGHT 8:00 AM INSIGHT WITH APRIL LEE-TAN (R) 8:30 AM	THE WORLD TONIGHT 8:00 AM CITYSCAPE (R) 8:30 AM	THE WORLD TONIGHT 8:00 AM REV+ (R) 8:30 AM	THE WORLD TONIGHT 8:00 AM LSS: THE MARTIN NIEVERA SHOW (R) 8:30 AM	THE WORLD TONIGHT 8:00 AM EXECUTIVE CLASS (R) 8:30 AM
9:00 AM	EXECUTIVE CLASS (R) 9:00 AM EIC ON THE MOVE* (R) 9:30 AM	AFTER THE FACT (R) 9:00 AM	AFTER THE FACT (R) 9:00 AM	AFTER THE FACT (R) 9:00 AM	AFTER THE FACT (R) 9:00 AM	AFTER THE FACT (R) 9:00 AM	24X24* (R) 9:00 AM
10:00 AM	SPICE TO LIFE (R) 10:00 AM WOMEN OF STYLE (R) 10:30 AM	CHASING FLAVORS* (R) 10:00 AM	METABEATS* (R) 10:00 AM	24X24* (R) 10:00 AM	FOODPRINTS* (R) 10:00 AM	BEACHED* (R) 10:00 AM	EIC ON THE MOVE (R) 10:00 AM CASA DAZA (R) 10:30 AM
11:00 AM	G DIARIES 11:00 AM CITYSCAPE (R) 11:30 AM	THE WORLD TONIGHT (R) 11:00 AM WOMEN OF STYLE (R) 11:30 AM	THE WORLD TONIGHT (R) 11:00 AM LSS: THE MARTIN NIEVERA SHOW (R) 11:30 AM	THE WORLD TONIGHT (R) 11:00 AM GREEN LIVING (R) 11:30 AM	THE WORLD TONIGHT (R) 11:00 AM SPICE TO LIFE (R) 11:30 AM	THE WORLD TONIGHT (R) 11:00 AM INSIGHT WITH APRIL LEE-TAN (R) 11:30 AM	THE WORLD TONIGHT (R) 11:00 AM LOCAL LEGENDS (R) 11:30 AM
12:00 PM	EIC ON THE MOVE (R) 12:00 PM REV+ (R) 12:30 PM	HEADSTART (R) 12:00 PM	HEADSTART (R) 12:00 PM	HEADSTART (R) 12:00 PM	HEADSTART (R) 12:00 PM	HEADSTART (R) 12:00 PM	CITIZEN PINOY (R) 12:00 PM CITYSCAPE (R) 12:00 PM
1:00 PM	SO JANELLE* (R) 1:00 PM #NOFILTER (R) 1:30 PM	EIC ON THE MOVE (R) 1:00 PM CITYSCAPE (R) 1:30 PM	EXECUTIVE CLASS (R) 1:00 PM REV+ (R) 1:30 PM	WOMEN OF STYLE (R) 1:00 PM INSIGHT WITH APRIL LEE-TAN (R) 1:30 PM	#NOFILTER (R) 1:00 PM ON THE MONEY (R) 1:30 PM	LOCAL LEGENDS (R) 1:00 PM GREEN LIVING (R) 1:30 PM	24X24 (R) 1:00 PM
2:00 PM	INSIGHT WITH APRIL LEE-TAN (R) 2:00 PM ASIAN AIR SAFARI* (R) 2:30 PM	ASIAN AIR SAFARI* 2:00 PM REV+ (R) 2:30 PM	ENTEP LAB (R) 2:00 PM LOCAL LEGENDS (R) 2:30 PM	LSS: THE MARTIN NIEVERA SHOW (R) 2:00 PM G DIARIES (R) 2:30 PM	CASA DAZA (R) 2:30 PM	EIC ON THE MOVE (R) 2:00 PM CITYSCAPE (R) 2:30 PM	GREEN LIVING (R) 2:00 PM LSS: THE MARTIN NIEVERA SHOW (R) 2:30 PM
3:00 PM	GOOD VIBES WITH EDU* (R) 3:00 PM GREEN LIVING (R) 3:30 PM	SPICE TO LIFE (R) 3:00 PM LSS: THE MARTIN NIEVERA SHOW (R) 3:30 PM	EIC ON THE MOVE (R) 3:00 PM DESIGN + STORY (R) 3:30 PM	DESIGN + STORY (R) 3:00 PM EXECUTIVE CLASS (R) 3:30 PM	WOMEN OF STYLE (R) 3:00 PM GOOD VIBES WITH EDU* (R) 3:30 PM	BEACHED 3:00 PM	G DIARIES (R) 3:00 PM DESIGN + STORY (R) 3:30 AM
4:00 PM	ANC CONVERSATIONS 4:00 PM	ANC CONVERSATIONS 4:00 PM	ANC CONVERSATIONS 4:00 PM	ANC CONVERSATIONS 4:00 PM	ANC CONVERSATIONS 4:00 PM	ANC CONVERSATIONS 4:00 PM	ON THE MONEY (R) 4:00 PM
5:00 PM	FOODPRINTS* 5:00 PM	BEACHED* 5:00 PM	CHASING FLAVORS* 5:00 PM	METABEATS* 5:00 PM	24X24* 5:00 PM	EXECUTIVE CLASS (R) 5:00 PM G DIARIES 5:30 PM	THE WORLD EXPOSED 5:00 PM REV+ (R) 5:30 PM
6:00 PM	ANC RUNDOWN 6:00 PM	ANC RUNDOWN 6:00 PM	ANC RUNDOWN 6:00 PM	ANC RUNDOWN 6:00 PM	ANC RUNDOWN 6:00 PM	ANC RUNDOWN 6:00 PM SPICE TO LIFE (R) 6:30 PM	BEACHED (R) 6:00 PM
7:00 PM	HEADSTART 7:00 PM	HEADSTART 7:00 PM	HEADSTART 7:00 PM	HEADSTART 7:00 PM	HEADSTART 7:00 PM	ANC RUNDOWN (TALK 1) 7:00 PM DESIGN + STORY (R) 7:30 PM	EXECUTIVE CLASS (R) 7:00 PM FOODPRINTS (R) 7:30 PM
8:00 PM	MARKET EDGE 8:00 PM	MARKET EDGE 8:00 PM	MARKET EDGE 8:00 PM	MARKET EDGE 8:00 PM	MARKET EDGE 8:00 PM	ANC CONVERSATIONS 8:00 PM CASA DAZA (R) 8:30 PM	INSIGHT WITH APRIL LEE-TAN (R) 8:30 PM
9:00 PM	ANC RUNDOWN 9:00 PM HOTCOPY ON HEADSTART 9:30 PM	ANC RUNDOWN 9:00 PM HOTCOPY ON HEADSTART (R) 9:30 PM	ANC RUNDOWN 9:00 PM HOTCOPY ON HEADSTART (R) 9:30 PM	ANC RUNDOWN 9:00 PM HOTCOPY ON HEADSTART (R) 9:30 PM	ANC RUNDOWN 9:00 PM HOTCOPY ON HEADSTART (R) 9:30 PM	ANC RUNDOWN 9:00 PM GOOD VIBES WITH EDU* (R) 9:30 PM	CHASING FLAVORS (R) 9:00 PM
10:00 PM	ANC HEADLINES 10:00 PM DESIGN + STORY (R) 10:05 PM LSS: THE MARTIN NIEVERA SHOW (R) 10:30 PM	ANC HEADLINES 10:00 PM CASA DAZA (R) 10:05 PM GREEN LIVING (R) 10:30 PM	ANC HEADLINES 10:00 PM SPICE TO LIFE (R) 10:05 PM #NOFILTER 10:30 PM	ANC HEADLINES 10:00 PM EIC ON THE MOVE (R) 10:05 PM INSIGHT WITH APRIL LEE-TAN (R) 10:30 PM	ANC HEADLINES 10:00 PM CITYSCAPE (R) 10:05 PM LOCAL LEGENDS (R) 10:30 PM	ANC HEADLINES 10:00 PM ENTREP LAB (R) 10:05 PM WOMEN OF STYLE (R) 10:30 PM	SPICE TO LIFE* (R) 10:00 PM SO JANELLE* 10:30 PM
11:00 PM	DATLINE PHILIPPINES 11:00 PM	DATLINE PHILIPPINES 11:00 PM	DATLINE PHILIPPINES 11:00 PM	DATLINE PHILIPPINES 11:00 PM	DATLINE PHILIPPINES 11:00 PM	DATLINE PHILIPPINES 11:00 PM	24X24* (R) 11:00 PM

OCTOBER 09-15, 2021