

ANC CABLE TV GUIDE

EUROPE (London DST)



LONDON	SUNDAY JULY 25	MONDAY JULY 26	TUESDAY JULY 27	WEDNESDAY JULY 28	THURSDAY JULY 29	FRIDAY JULY 30	SATURDAY JULY 24
12:00 AM	BEACHED (R) 12:00 AM	ANC RUNDOWN 12:00 AM	ANC RUNDOWN 12:00 AM	ANC RUNDOWN 12:00 AM	ANC RUNDOWN 12:00 AM	ANC RUNDOWN 12:00 AM	ANC RUNDOWN 12:00 AM DESIGN + STORY (R) 12:30 AM
1:00 AM	FOODPRINTS (R) 1:30 AM	HEADSTART 1:00 AM	HEADSTART 1:00 AM	HEADSTART 1:00 AM	HEADSTART 1:00 AM	HEADSTART 1:00 AM	ANC RUNDOWN (TALK 1) 1:00 AM DRIVEN (R) 1:30 AM
2:00 AM	ENTEP LAB (R) 2:00 AM INSIGHT WITH APRIL LEE-TAN (R) 2:30 AM	MARKET EDGE 2:00 AM	MARKET EDGE 2:00 AM	MARKET EDGE 2:00 AM	MARKET EDGE 2:00 AM	MARKET EDGE 3:00 AM	ANC CONVERSATIONS 2:00 AM CASA DAZA (R) 2:30 AM
3:00 AM	CHASING FLAVORS (R) 3:00 AM	ANC RUNDOWN 3:00 AM HOTCOPY ON HEADSTART (R) 3:30 AM	ANC RUNDOWN 3:00 AM HOTCOPY ON HEADSTART (R) 3:30 AM	ANC RUNDOWN 3:00 AM HOTCOPY ON HEADSTART (R) 3:30 AM	ANC RUNDOWN 3:00 AM HOTCOPY ON HEADSTART (R) 3:30 AM	ANC RUNDOWN 3:00 AM HOTCOPY ON HEADSTART (R) 3:30 AM	ANC RUNDOWN 3:00 AM ENTREP LAB (R) 3:30 AM
4:00 AM	DESIGN + STORY* (R) 4:00 AM SO JANELLE* 4:30 AM	STATE OF THE NATION ADDRESS SPECIAL 4:00 AM (NEW)	ANC HEADLINES 4:00 AM CASA DAZA (R) 4:05 AM GREEN LIVING (R) 4:30 AM	ANC HEADLINES 4:00 AM DWELLINGS (R) 4:05 AM (NEW) #NOFILTER 4:30 AM	ANC HEADLINES 4:00 AM EIC ON THE MOVE (R) 4:05 AM INSIGHT WITH APRIL LEE-TAN (R) 4:30 AM	ANC HEADLINES 4:00 AM CITYSCAPE (R) 4:05 AM REV (R) 4:30 AM	ANC HEADLINES 4:00 AM DAYAW (R) 4:05 AM WOMEN OF STYLE (R) 4:30 AM
5:00 AM	METRO HOME* (R) 5:00 AM	DATELINE PHILIPPINES 5:00 AM	DATELINE PHILIPPINES 5:00 AM	DATELINE PHILIPPINES 5:00 AM	DATELINE PHILIPPINES 5:00 AM	DATELINE PHILIPPINES 5:00 AM	DATELINE PHILIPPINES 5:00 AM
6:00 AM	CITYSCAPE (R) 6:00 AM LSS: THE MARTIN NIEVERA SHOW (R) 6:30 AM	ANC RUNDOWN SPECIAL EDITION 6:00 AM (NEW) AFTER THE FACT WITH VP LENI ROBREDO 6:30 AM (NEW)	ANC HEADLINES 6:00 AM BEACHED* (R) 6:05 AM	ANC HEADLINES 6:00 AM CHASING FLAVORS* (R) 6:05 AM	ANC HEADLINES 6:00 AM METABEATS* (R) 6:05 AM	ANC HEADLINES 6:00 AM METRO HOME* (R) 6:05 AM	ANC HEADLINES 6:00 AM INSIGHT WITH APRIL LEE-TAN (R) 6:05 AM REV (R) 6:30 AM
7:00 AM	ANC RUNDOWN (TALK 1) (R) 7:00 AM EIC ON THE MOVE (R) 7:30 AM	ANC RUNDOWN SPECIAL EDITION 7:00 AM (NEW)	ANC RUNDOWN 7:00 AM EXECUTIVE CLASS (R) 7:30 AM	ANC RUNDOWN 7:00 AM INSIGHT WITH APRIL LEE-TAN (R) 7:30 AM	ANC RUNDOWN 7:00 AM LOCAL LEGENDS (R) 7:30 AM	ANC RUNDOWN 7:00 AM DAYAW (R) 7:30 AM	ANC HEADLINES 7:00 AM ASIAN AIR SAFARI* (R) 7:05 AM HOTCOPY ON HEADSTART (R) 7:30 AM
8:00 AM	ANC CONVERSATIONS (R) 8:00 AM WOMEN OF STYLE 2:30 AM	ANC SPECIAL COVERAGE OF PRESIDENT RODRIGO DUTERTE'S STATE OF THE NATION ADDRESS 8:00 AM (NEW)	ANC RUNDOWN 8:00 AM REV (R) 8:30 AM	ANC RUNDOWN 8:00 AM LSS: THE MARTIN NIEVERA SHOW (R) 8:30 AM	ANC RUNDOWN 8:00 AM #NOFILTER (R) 8:30 AM	ANC RUNDOWN 8:00 AM INSIGHT WITH APRIL LEE-TAN (R) 8:30 AM	ANC HEADLINES 8:00 AM CHASING FLAVORS* (R) 8:05 AM
9:00 AM	ON THE MONEY (R) 9:00 AM		ANC RUNDOWN 9:00 AM DRIVEN (R) 9:30 AM	ANC RUNDOWN 9:00 AM CASA DAZA (R) 9:30 AM	ANC RUNDOWN 9:00 AM DWELLINGS (R) 9:30 AM (NEW)	ANC RUNDOWN 9:00 AM EIC ON THE MOVE (R) 9:30 AM	ANC HEADLINES 9:00 AM ON THE MONEY (R) 9:05 AM
10:00 AM	REV (R) 10:00 AM GREEN LIVING (R) 10:30 AM		TOP STORY 10:00 AM	TOP STORY 10:00 AM	TOP STORY 10:00 AM	TOP STORY 10:00 AM	TOP STORY 10:00 AM LSS: THE MARTIN NIEVERA SHOW (R) 10:30 AM
11:00 AM	METABEATS* (R) 11:00 AM	DWELLINGS 11:30 AM (NEW)	INSIGHT WITH APRIL LEE-TAN 11:00 AM EIC ON THE MOVE* (R) 11:30 AM	CITYSCAPE 11:00 AM DRIVEN* (R) 11:30 AM	DAYAW 11:00 AM WOMEN OF STYLE* (R) 11:30 AM	LSS: THE MARTIN NIEVERA SHOW 11:00 AM CASA DAZA* 11:30 AM	METABEATS* (R) 11:00 AM
12:00 PM	TINA MONZON-PALMA REPORTS (R) 12:00 PM	METRO HOME* (R) 12:00 PM	FOODPRINTS* (R) 12:00 PM	BEACHED* (R) 12:00 PM	CHASING FLAVORS* (R) 12:00 PM	METABEATS* (R) 12:00 PM	TINA MONZON-PALMA REPORTS 12:00 PM
1:00 PM	SO JANELLA* (R) 1:00 PM ASIAN AIR SAFARI* (R) 1:30 PM	AFTER THE FACT 1:00 PM	AFTER THE FACT 1:00 PM	AFTER THE FACT 1:00 PM	AFTER THE FACT 1:00 PM	AFTER THE FACT 1:00 PM	GREEN LIVING (R) 1:00 PM REV (R) 1:30 PM
2:00 PM	BEACHED* (R) 2:00 PM	THE WORLD TONIGHT 2:00 PM EXECUTIVE CLASS (R) 2:30 PM	THE WORLD TONIGHT 2:00 PM INSIGHT WITH APRIL LEE-TAN (R) 2:30 PM	THE WORLD TONIGHT 2:00 PM CITYSCAPE (R) 2:30 PM	THE WORLD TONIGHT 2:00 PM REV 2:30 PM	THE WORLD TONIGHT 2:00 PM LSS: THE MARTIN NIEVERA SHOW (R) 2:30 PM	THE WORLD TONIGHT 2:00 PM EXECUTIVE CLASS (R) 2:30 PM
3:00 PM	EXECUTIVE CLASS (R) 3:00 PM EIC ON THE MOVE* (R) 3:30 PM	AFTER THE FACT (R) 3:00 PM	AFTER THE FACT (R) 3:00 PM	AFTER THE FACT (R) 3:00 PM	AFTER THE FACT (R) 3:00 PM	AFTER THE FACT (R) 3:00 PM	METRO HOME (R) 3:00 PM
4:00 PM	DRIVEN* (R) 4:00 PM WOMEN OF STYLE* (R) 4:30 PM	CHASING FLAVORS* (R) 4:00 PM	METABEATS* (R) 4:00 PM	METRO HOME* (R) 4:00 PM	FOODPRINTS* (R) 4:00 PM	BEACHED* (R) 4:00 PM	EIC ON THE MOVE (R) 4:00 PM CASA DAZA (R) 4:30 PM
5:00 PM	G DIARIES (R) 5:00 PM CITYSCAPE (R) 5:30 PM	THE WORLD TONIGHT (R) 5:00 PM DAYAW (R) 5:30 PM	THE WORLD TONIGHT (R) 5:00 PM LSS: THE MARTIN NIEVERA SHOW (R) 5:30 PM	THE WORLD TONIGHT (R) 5:00 PM GREEN LIVING (R) 5:30 PM	THE WORLD TONIGHT (R) 5:00 PM DWELLINGS (R) 5:30 PM (NEW)	THE WORLD TONIGHT (R) 5:00 PM INSIGHT WITH APRIL LEE-TAN (R) 5:30 PM	THE WORLD TONIGHT (R) 5:00 PM LOCAL LEGENDS (R) 5:30 PM
6:00 PM	DRIVEN (R) 6:00 PM REV (R) 6:30 PM	HEADSTART (R) 6:00 PM	HEADSTART (R) 6:00 PM	HEADSTART (R) 6:00 PM	HEADSTART (R) 6:00 PM	HEADSTART (R) 6:00 PM	CITIZEN PINOY (R) 6:00 PM CITYSCAPE (R) 6:30 PM
7:00 PM	SO JANELLE* (R) 7:00 PM DAYAW (R) 7:30 PM	EIC ON THE MOVE (R) 7:00 PM (NEW) CITYSCAPE (R) 7:30 PM	EXECUTIVE CLASS (R) 7:00 PM REV (R) 7:30 PM	WOMEN OF STYLE (R) 7:00 PM INSIGHT WITH APRIL LEE-TAN (R) 7:30 PM	#NOFILTER (R) 7:00 PM ON THE MONEY (R) 7:30 PM	LOCAL LEGENDS (R) 7:00 PM GREEN LIVING (R) 7:30 PM	METRO HOME (R) 7:00 PM
8:00 PM	INSIGHT WITH APRIL LEE-TAN (R) 8:00 PM ASIAN AIR SAFARI* (R) 8:30 PM	ASIAN AIR SAFARI* 8:00 PM REV (R) 8:30 PM	ENTEP LAB (R) 8:00 PM DAYAW (R) 8:30 PM	LSS: THE MARTIN NIEVERA SHOW (R) 8:00 PM G DIARIES (R) 8:30 PM	ON THE MONEY (R) 7:30 PM CASA DAZA (R) 8:30 PM	EIC ON THE MOVE (R) 8:00 PM CITYSCAPE (R) 8:30 PM	GREEN LIVING (R) 8:00 PM LSS: THE MARTIN NIEVERA SHOW (R) 8:30 PM
9:00 PM	CASA DAZA (R) 9:00 PM GREEN LIVING (R) 9:30 PM	DWELLINGS (R) 9:00 PM (NEW) LSS: THE MARTIN NIEVERA SHOW (R) 9:30 PM	EIC ON THE MOVE (R) 9:00 PM DRIVEN (R) 9:30 PM	DRIVEN (R) 9:00 PM DAYAW (R) 9:30 PM	WOMEN OF STYLE (R) 9:00 PM INSIGHT WITH APRIL LEE-TAN (R) 9:30 PM	BEACHED (R) 9:00 PM	G DIARIES (R) 9:00 PM DRIVEN (R) 9:30 PM
10:00 PM	ANC CONVERSATIONS 10:00 PM (NEW)	ANC CONVERSATIONS 10:00 PM	ANC CONVERSATIONS 10:00 PM	ANC CONVERSATIONS 10:00 PM	ANC CONVERSATIONS 10:00 PM	ANC CONVERSATIONS 10:00 PM	ON THE MONEY (R) 10:00 PM
11:00 PM	FOODPRINTS* 11:00 PM	BEACHED* 11:00 PM	CHASING FLAVORS* 11:00 PM	METABEATS* 11:00 PM	METRO HOME* 11:00 PM	EXECUTIVE CLASS (R) 11:00 PM G DIARIES 11:30 PM	THE WORLD EXPOSED 11:00 PM DAYAW (R) 11:30 PM

JULY 24-30, 2021