

# ANC CABLE TV GUIDE

EUROPE (London DST)



LONDON	SUNDAY OCTOBER 10	MONDAY OCTOBER 11	TUESDAY OCTOBER 12	WEDNESDAY OCTOBER 13	THURSDAY OCTOBER 14	FRIDAY OCTOBER 15	SATURDAY OCTOBER 09
12:00 AM	BEACHED (R) 12:00 AM	ANC RUNDOWN 12:00 AM	ANC RUNDOWN 12:00 AM	ANC RUNDOWN 12:00 AM	ANC RUNDOWN 12:00 AM	ANC RUNDOWN 12:00 AM	ANC RUNDOWN 12:00 AM SPICE TO LIFE (R) 12:30 AM
1:00 AM	FOODPRINTS (R) 1:30 AM	HEADSTART 1:00 AM	HEADSTART 1:00 AM	HEADSTART 1:00 AM	HEADSTART 1:00 AM	HEADSTART 1:00 AM	ANC RUNDOWN (TALK 1) 1:00 AM DESIGN + STORY (R) 1:30 AM
2:00 AM	ENTEP LAB (R) 2:00 AM INSIGHT WITH APRIL LEE-TAN (R) 2:30 AM	MARKET EDGE 2:00 AM	MARKET EDGE 2:00 AM	MARKET EDGE 2:00 AM	MARKET EDGE 2:00 AM	MARKET EDGE 3:00 AM	ANC CONVERSATIONS 2:00 AM CASA DAZA (R) 2:30 AM
3:00 AM	CHASING FLAVORS (R) 3:00 AM	ANC RUNDOWN 3:00 AM HOTCOPY ON HEADSTART (R) 3:30 AM	ANC RUNDOWN 3:00 AM HOTCOPY ON HEADSTART (R) 3:30 AM	ANC RUNDOWN 3:00 AM HOTCOPY ON HEADSTART (R) 3:30 AM	ANC RUNDOWN 3:00 AM HOTCOPY ON HEADSTART (R) 3:30 AM	ANC RUNDOWN 3:00 AM HOTCOPY ON HEADSTART (R) 3:30 AM	ANC RUNDOWN 3:00 AM GOOD VIBES WITH EDU* (R) 3:30 AM
4:00 AM	SPICE TO LIFE* (R) 4:00 AM SO JANELLA* 4:30 AM	ANC HEADLINES 4:00 AM DESIGN + STORY (R) 4:05 AM LSS: THE MARTIN NIEVERA SHOW (R) 4:30 AM	ANC HEADLINES 4:00 AM CASA DAZA (R) 4:05 AM GREEN LIVING (R) 4:30 AM	ANC HEADLINES 4:00 AM SPICE TO LIFE (R) 4:05 AM #NOFILTER 4:30 AM	ANC HEADLINES 4:00 AM EIC ON THE MOVE (R) 4:05 AM INSIGHT WITH APRIL LEE-TAN (R) 4:30 AM	ANC HEADLINES 4:00 AM CITYSCAPE (R) 4:05 AM LOCAL LEGENDS (R) 4:30 AM	ANC HEADLINES 4:00 AM ENTREP LAB (R) 4:05 AM WOMEN OF STYLE (R) 4:30 AM
5:00 AM	24X24* (R) 5:00 AM	DATeline PHILIPPINES 5:00 AM	DATeline PHILIPPINES 5:00 AM	DATeline PHILIPPINES 5:00 AM	DATeline PHILIPPINES 5:00 AM	DATeline PHILIPPINES 5:00 AM	DATeline PHILIPPINES 5:00 AM
6:00 AM	CITYSCAPE (R) 6:00 AM LSS: THE MARTIN NIEVERA SHOW (R) 6:30 AM	ANC HEADLINES 6:00 AM FOODPRINTS* (R) 6:05 AM	ANC HEADLINES 6:00 AM BEACHED* (R) 6:05 AM	ANC HEADLINES 6:00 AM CHASING FLAVORS* (R) 6:05 AM	ANC HEADLINES 6:00 AM METABEATS* (R) 6:05 AM	ANC HEADLINES 6:00 AM 24X24* (R) 6:05 AM	ANC HEADLINES 6:00 AM INSIGHT WITH APRIL LEE-TAN (R) 6:05 AM REV+ (R) 6:30 AM
7:00 AM	ANC RUNDOWN (TALK 1) (R) 7:00 AM EIC ON THE MOVE (R) 7:30 AM	ANC RUNDOWN 7:00 AM ANC PRESENTS: COVID 19 IN NUMBERS (R) 7:30 AM	ANC RUNDOWN 7:00 AM EXECUTIVE CLASS (R) 7:30 AM	ANC RUNDOWN 7:00 AM INSIGHT WITH APRIL LEE-TAN (R) 7:30 AM	ANC RUNDOWN 7:00 AM CITYSCAPE (R) 7:30 AM (NEW)	ANC RUNDOWN 7:00 AM REV+ (R) 7:30 AM	ANC HEADLINES 7:00 AM ASIAN AIR SAFARI* (R) 7:05 AM HOTCOPY ON HEADSTART (R) 7:30 AM
8:00 AM	ANC CONVERSATIONS (R) 8:00 AM WOMEN OF STYLE 2:30 AM	ANC RUNDOWN 8:00 AM LOCAL LEGENDS (R) 8:30 AM	ANC RUNDOWN 8:00 AM REV+ (R) 8:30 AM	ANC RUNDOWN 8:00 AM LSS: THE MARTIN NIEVERA SHOW (R) 8:30 AM	ANC RUNDOWN 8:00 AM #NOFILTER (R) 8:30 AM	ANC RUNDOWN 8:00 AM INSIGHT WITH APRIL LEE-TAN (R) 8:30 AM	ANC HEADLINES 8:00 AM CHASING FLAVORS* (R) 8:05 AM
9:00 AM	ON THE MONEY (R) 9:00 AM	ANC RUNDOWN 9:00 AM WOMEN OF STYLE (R) 9:30 AM	ANC RUNDOWN 9:00 AM DESIGN + STORY (R) 9:30 AM	ANC RUNDOWN 9:00 AM CASA DAZA (R) 9:30 AM	ANC RUNDOWN 9:00 AM GOOD VIBES WITH EDU* (R) 9:30 AM	ANC RUNDOWN 9:00 AM EIC ON THE MOVE (R) 9:30 AM	ANC HEADLINES 9:00 AM ON THE MONEY (R) 9:05 AM
10:00 AM	REV+ (R) 10:00 AM GOOD VIBES WITH EDU* 10:30 AM	TOP STORY 10:00 AM	TOP STORY 10:00 AM	TOP STORY 10:00 AM	TOP STORY 10:00 AM	TOP STORY 10:00 AM	TOP STORY 10:00 AM LSS: THE MARTIN NIEVERA SHOW (R) 10:30 AM
11:00 AM	METABEATS* (R) 11:00 AM	EXECUTIVE CLASS 11:00 AM SPICE TO LIFE* 11:30 AM	INSIGHT WITH APRIL LEE-TAN 11:00 AM GOOD VIBES WITH EDU* (R) 11:30 AM	CITYSCAPE 11:00 AM DESIGN + STORY* (R) 11:30 AM	REV+ 11:00 AM WOMEN OF STYLE* (R) 11:30 AM	LSS: THE MARTIN NIEVERA SHOW 11:00 AM CASA DAZA* 11:30 AM	METABEATS* (R) 11:00 AM
12:00 PM	TINA MONZON-PALMA REPORTS (R) 12:00 PM	24X24* (R) 12:00 PM	FOODPRINTS* (R) 12:00 PM	BEACHED* (R) 12:00 PM	TOUR VS TOUR* (R) 12:00 PM (NEW)	METABEATS* (R) 12:00 PM	TINA MONZON-PALMA REPORTS 12:00 PM
1:00 PM	SO JANELLA* (R) 1:00 PM ASIAN AIR SAFARI* (R) 1:30 PM	AFTER THE FACT 1:00 PM	AFTER THE FACT 1:00 PM	AFTER THE FACT 1:00 PM	AFTER THE FACT 1:00 PM	AFTER THE FACT 1:00 PM	ANC PRESENTS: COVID 19 IN NUMBERS 1:00 PM REV+ (R) 1:30 PM
2:00 PM	BEACHED* (R) 2:00 PM	THE WORLD TONIGHT 2:00 PM EXECUTIVE CLASS (R) 2:30 PM	THE WORLD TONIGHT 2:00 PM INSIGHT WITH APRIL LEE-TAN (R) 2:30 PM	THE WORLD TONIGHT 2:00 PM CITYSCAPE (R) 2:30 PM	THE WORLD TONIGHT 2:00 PM REV+ (R) 2:30 PM	THE WORLD TONIGHT 2:00 PM LSS: THE MARTIN NIEVERA SHOW (R) 2:30 PM	THE WORLD TONIGHT 2:00 PM EXECUTIVE CLASS (R) 2:30 PM
3:00 PM	EXECUTIVE CLASS (R) 3:00 PM EIC ON THE MOVE* (R) 3:30 PM	AFTER THE FACT (R) 3:00 PM	AFTER THE FACT (R) 3:00 PM	AFTER THE FACT (R) 3:00 PM	AFTER THE FACT (R) 3:00 PM	AFTER THE FACT (R) 3:00 PM	24X24* (R) 3:00 PM
4:00 PM	SPICE TO LIFE (R) 4:00 PM WOMEN OF STYLE (R) 4:30 PM	CHASING FLAVORS* (R) 4:00 PM	METABEATS* (R) 4:00 PM	24X24* (R) 4:00 PM	FOODPRINTS* (R) 4:00 PM	BEACHED* (R) 4:00 PM	EIC ON THE MOVE (R) 4:00 PM CASA DAZA (R) 4:30 PM
5:00 PM	G DIARIES (R) 5:00 PM CITYSCAPE (R) 5:30 PM	THE WORLD TONIGHT (R) 5:00 PM WOMEN OF STYLE (R) 5:30 PM	THE WORLD TONIGHT (R) 5:00 PM LSS: THE MARTIN NIEVERA SHOW (R) 5:30 PM	THE WORLD TONIGHT (R) 5:00 PM GREEN LIVING (R) 5:30 PM	THE WORLD TONIGHT (R) 5:00 PM SPICE TO LIFE (R) 5:30 PM	THE WORLD TONIGHT (R) 5:00 PM INSIGHT WITH APRIL LEE-TAN (R) 5:30 PM	THE WORLD TONIGHT (R) 5:00 PM LOCAL LEGENDS (R) 5:30 PM
6:00 PM	EIC ON THE MOVE (R) 6:00 PM REV+ (R) 6:30 PM	HEADSTART (R) 6:00 PM	HEADSTART (R) 6:00 PM	HEADSTART (R) 6:00 PM	HEADSTART (R) 6:00 PM	HEADSTART (R) 6:00 PM	CITIZEN PINOY (R) 6:00 PM CITYSCAPE (R) 6:30 PM
7:00 PM	SO JANELLA* (R) 7:00 PM #NOFILTER (R) 7:30 PM	EIC ON THE MOVE (R) 7:00 PM CITYSCAPE (R) 7:30 PM	EXECUTIVE CLASS (R) 7:00 PM REV+ (R) 7:30 PM	WOMEN OF STYLE (R) 7:00 PM INSIGHT WITH APRIL LEE-TAN (R) 7:30 PM	#NOFILTER (R) 7:00 PM ON THE MONEY (R) 7:30 PM	LOCAL LEGENDS (R) 7:00 PM GREEN LIVING (R) 7:30 PM	24X24 (R) 7:00 PM
8:00 PM	INSIGHT WITH APRIL LEE-TAN (R) 8:00 PM ASIAN AIR SAFARI* (R) 8:30 PM	ASIAN AIR SAFARI* 8:00 PM REV+ (R) 8:30 PM	ENTEP LAB (R) 8:00 PM LOCAL LEGENDS (R) 8:30 PM	LSS: THE MARTIN NIEVERA SHOW (R) 8:00 PM G DIARIES (R) 8:30 PM	LSS: THE MARTIN NIEVERA SHOW (R) 8:00 PM CASA DAZA (R) 8:30 PM	EIC ON THE MOVE (R) 8:00 PM CITYSCAPE (R) 8:30 PM	GREEN LIVING (R) 8:00 PM LSS: THE MARTIN NIEVERA SHOW (R) 8:30 PM
9:00 PM	GOOD VIBES WITH EDU* (R) 9:00 PM GREEN LIVING (R) 9:30 PM	SPICE TO LIFE (R) 9:00 PM LSS: THE MARTIN NIEVERA SHOW (R) 9:30 PM	EIC ON THE MOVE (R) 9:00 PM DESIGN + STORY (R) 9:30 PM	DESIGN + STORY (R) 9:00 PM EXECUTIVE CLASS (R) 9:30 PM	WOMEN OF STYLE (R) 9:00 PM GOOD VIBES WITH EDU* (R) 9:30 PM	BEACHED (R) 9:00 PM	G DIARIES (R) 9:00 PM DESIGN + STORY (R) 9:30 PM
10:00 PM	ANC CONVERSATIONS 10:00 PM	ANC CONVERSATIONS 10:00 PM	ANC CONVERSATIONS 10:00 PM	ANC CONVERSATIONS 10:00 PM	ANC CONVERSATIONS 10:00 PM	ANC CONVERSATIONS 10:00 PM	ON THE MONEY (R) 10:00 PM
11:00 PM	FOODPRINTS* 11:00 PM	BEACHED* 11:00 PM	CHASING FLAVORS* 11:00 PM	METABEATS* 11:00 PM	24X24* 11:00 PM	EXECUTIVE CLASS (R) 11:00 PM G DIARIES 11:30 PM	THE WORLD EXPOSED 11:00 PM REV+ (R) 11:30 PM

OCTOBER 09-15, 2021