

ANC CABLE TV GUIDE

NORTH AMERICA



CENTRAL (ST)	SUNDAY JAN 16	MONDAY JAN 17	TUESDAY JAN 18	WEDNESDAY JAN 19	THURSDAY JAN 20	FRIDAY JAN 21	SATURDAY JAN 15
12:00 AM	ANC RUNDOWN (TALK 1) (R) 12:00 AM	ANC RUNDOWN 12:00 AM	ANC RUNDOWN 12:00 AM	ANC RUNDOWN 12:00 AM	ANC RUNDOWN 12:00 AM	ANC RUNDOWN 12:00 AM	ANC HEADLINES 12:00 AM ASIAN AIR SAFARI * (R) 12:05 AM
	EIC ON THE MOVE 12:30 AM	ENTREP LAB (R) 12:30 AM	EXECUTIVE CLASS (R) 12:30 AM	INSIGHT WITH APRIL LEE-TAN (R) 12:30 AM	CITYSCAPE (R) 12:30 AM	REV+ (R) 12:30 AM	HOTCOPY ON HEADSTART (R) 12:30 AM
1:00 AM	ANC CONVERSATIONS 1:00 AM	ANC RUNDOWN 1:00 AM	ANC RUNDOWN 1:00 AM	ANC RUNDOWN 1:00 AM	ANC RUNDOWN 1:00 AM	ANC RUNDOWN 1:00 AM	ANC HEADLINES 1:00 AM
	WOMEN OF STYLE 1:30 AM	LOCAL LEGENDS (R) 1:30 AM	REV+ (R) 1:30 AM	LSS: THE MARTIN NIEVERA SHOW (R) 1:30 AM	#NOFILTER (R) 1:30 AM	INSIGHT WITH APRIL LEE-TAN (R) 1:30 AM	THE CRAWL (R) 1:05 AM
2:00 AM	ON THE MONEY (R) 2:00 AM	ANC RUNDOWN 2:00 AM	ANC RUNDOWN 2:00 AM	ANC RUNDOWN 2:00 AM	ANC RUNDOWN 2:00 AM	ANC RUNDOWN 2:00 AM	ANC HEADLINES 2:00 AM
		WOMEN OF STYLE (R) 2:30 AM	DESIGN + STORY (R) 2:30 AM	CASA DAZA (R) 2:30 AM	SPICE TO LIFE (R) 2:30 AM	EIC ON THE MOVE (R) 2:30 AM	ON THE MONEY (R) 2:05 AM
3:00 AM	REV+ (R) 3:00 AM	TOP STORY 3:00 AM	TOP STORY 3:00 AM	TOP STORY 3:00 AM	TOP STORY 3:00 AM	TOP STORY 3:00 AM	TOP STORY 3:00 AM
	GREEN LIVING 3:30 AM						LSS: THE MARTIN NIEVERA SHOW (R) 3:30 AM
4:00 AM	METABEATS * (R) 4:00 AM	EXECUTIVE CLASS 4:00 AM	INSIGHT WITH APRIL LEE-TAN 4:00 AM	CITYSCAPE 4:00 AM	REV+ 4:00 AM	LSS: THE MARTIN NIEVERA SHOW 4:00 AM	METABEATS * (R) 4:00 AM
		SPICE TO LIFE * 4:30 AM	EIC ON THE MOVE (R) 4:30 AM	DESIGN + STORY * 4:30 AM	WOMEN OF STYLE * (R) 4:30 AM	CASA DAZA * 4:30 AM	
5:00 AM	TINA MONZON- PALMA REPORTS (R) 5:00 AM	24X24 * (R) 5:00 AM	FOODPRINTS * (R) 5:00 AM	BEACHED * (R) 5:00 AM	TOUR VS TOUR * (R) 5:00 AM	METABEATS * (R) 5:00 AM	TINA MONZON - PALMA REPORTS 5:00 AM
6:00 AM	SO JANELLE * (R) 6:00 AM	AFTER THE FACT 6:00 AM	AFTER THE FACT 6:00 AM	AFTER THE FACT 6:00 AM	AFTER THE FACT 6:00 AM	AFTER THE FACT 6:00 AM	GREEN LIVING (R) 6:00 AM
	ASIAN AIR SAFARI * (R) 6:30 AM						REV+ (R) 6:30 AM
7:00 AM	TOUR VS TOUR * (R) 7:00 AM	THE WORLD TONIGHT 7:00 AM	THE WORLD TONIGHT 7:00 AM	THE WORLD TONIGHT 7:00 AM	THE WORLD TONIGHT 7:00 AM	THE WORLD TONIGHT 7:00 AM	THE WORLD TONIGHT 7:00 AM
		EXECUTIVE CLASS (R) 7:30 AM	INSIGHT WITH APRIL LEE-TAN (R) 7:30 AM	CITYSCAPE (R) 7:30 AM	REV+ (R) 7:30 AM	LSS: THE MARTIN NIEVERA SHOW (R) 7:30 AM	EXECUTIVE CLASS (R) 9:30 AM
8:00 AM	EXECUTIVE CLASS (R) 8:00 AM	AFTER THE FACT (R) 8:00 AM	AFTER THE FACT (R) 8:00 AM	AFTER THE FACT (R) 8:00 AM	AFTER THE FACT (R) 8:00 AM	AFTER THE FACT (R) 8:00 AM	24X24 (R) 10:00 AM
	EIC ON THE MOVE * (R) 8:30 AM						
9:00 AM	SPICE TO LIFE (R) 9:00 AM	THE CRAWL * (R) 9:00 AM	METABEATS * (R) 9:00 AM	24X24 * (R) 9:00 AM	FOODPRINTS * (R) 9:00 AM	BEACHED * (R) 9:00 AM	TOUR VS TOUR (R) 9:00 AM
	WOMEN OF STYLE (R) 9:30 AM						
10:00 AM	G DIARIES (R) 10:00 AM	THE WORLD TONIGHT (R) 10:00 AM	THE WORLD TONIGHT (R) 10:00 AM	THE WORLD TONIGHT (R) 10:00 AM	THE WORLD TONIGHT (R) 10:00 AM	THE WORLD TONIGHT (R) 10:00 AM	THE WORLD TONIGHT (R) 10:00 AM
	CITYSCAPE (R) 10:30 AM	WOMEN OF STYLE (R) 10:30 AM	LSS: THE MARTIN NIEVERA SHOW (R) 10:30 AM	GREEN LIVING (R) 10:30 AM	SPICE TO LIFE (R) 10:30 AM	INSIGHT WITH APRIL LEE-TAN (R) 10:30 AM	LOCAL LEGENDS (R) 10:30 AM
11:00 AM	EIC ON THE MOVE (R) 11:00 AM	HEADSTART (R) 11:00 AM	HEADSTART (R) 11:00 AM	HEADSTART (R) 11:00 AM	HEADSTART (R) 11:00 AM	HEADSTART (R) 11:00 AM	CITIZEN PINOY (R) 11:00 AM
	REV+ (R) 11:30 AM						CITYSCAPE (R) 11:30 AM
12:00 PM	SO JANELLE * (R) 12:00 PM	EIC ON THE MOVE (R) 12:00 PM	EXECUTIVE CLASS (R) 12:00 PM	WOMEN OF STYLE (R) 12:00 PM	#NOFILTER (R) 12:00 PM	LOCAL LEGENDS (R) 12:00 PM	24X24 (R) 12:00 PM
	#NOFILTER (R) 12:30 PM	CITYSCAPE (R) 12:30 PM	REV+ (R) 12:30 PM	INSIGHT WITH APRIL LEE-TAN (R) 12:30 PM	ON THE MONEY (R) 12:30 PM	GREEN LIVING (R) 12:30 PM	
1:00 PM	INSIGHT WITH APRIL LEE-TAN (R) 1:00 PM	ASIAN AIR SAFARI * 1:00 PM	ENTREP LAB (R) 1:00 PM	LSS: THE MARTIN NIEVERA SHOW (R) 1:00 PM	G DIARIES (R) 1:30 PM	CASA DAZA (R) 1:30 PM	GREEN LIVING (R) 1:00 PM
	ASIAN AIR SAFARI * (R) 1:30 PM	REV+ (R) 1:30 PM	LOCAL LEGENDS (R) 1:30 PM	G DIARIES (R) 1:30 PM	CASA DAZA (R) 1:30 PM	CITYSCAPE (R) 1:30 PM	LSS: THE MARTIN NIEVERA SHOW (R) 1:30 PM
2:00 PM	CASA DAZA (R) 2:00 PM	SPICE TO LIFE (R) 2:00 PM	EIC ON THE MOVE (R) 2:00 PM	DESIGN + STORY (R) 2:00 PM	WOMEN OF STYLE (R) 2:00 PM	BEACHED 2:00 PM	G DIARIES * (R) 2:00 PM
	GREEN LIVING (R) 2:30 PM	LSS: THE MARTIN NIEVERA SHOW (R) 2:30 PM	DESIGN + STORY (R) 2:30 PM	EXECUTIVE CLASS (R) 2:30 PM	INSIGHT WITH APRIL LEE-TAN (R) 2:30 PM		DESIGN + STORY (R) 2:30 PM
3:00 PM	ANC CONVERSATIONS 3:00 PM	ANC CONVERSATIONS 3:00 PM	ANC CONVERSATIONS 3:00 PM	ANC CONVERSATIONS 3:00 PM	ANC CONVERSATIONS 3:00 PM	ANC CONVERSATIONS 3:00 PM	ON THE MONEY (R) 3:00 PM
4:00 PM	FOODPRINTS * 4:00 PM	BEACHED * 4:00 PM	THE CRAWL 4:00 PM	METABEATS * 4:00 PM	24X24 * 4:00 PM	EXECUTIVE CLASS (R) 4:00 PM	THE WORD EXPOSED 4:00 PM
						G DIARIES * 4:30 PM	REV+ (R) 4:30 PM
5:00 PM	ANC RUNDOWN 5:00 PM	ANC RUNDOWN 5:00 PM	ANC RUNDOWN 5:00 PM	ANC RUNDOWN 5:00 PM	ANC RUNDOWN 5:00 PM	ANC RUNDOWN 5:00 PM	BEACHED (R) 5:00 PM
6:00 PM	HEADSTART 6:00 PM	HEADSTART 6:00 PM	HEADSTART 6:00 PM	HEADSTART 6:00 PM	HEADSTART 6:00 PM	ANC RUNDOWN (TALK 1) 6:00 PM	EXECUTIVE CLASS (R) 6:00 PM
						DESIGN + STORY (R) 6:30 PM	FOODPRINTS (R) 6:30 PM
7:00 PM	MARKET EDGE 7:00 PM	MARKET EDGE 7:00 PM	MARKET EDGE 7:00 PM	MARKET EDGE 7:00 PM	MARKET EDGE 7:00 PM	ANC CONVERSATIONS 7:00 PM	INSIGHT WITH APRIL LEE-TAN (R) 7:30 PM
8:00 PM	ANC RUNDOWN 8:00 PM	ANC RUNDOWN 8:00 PM	ANC RUNDOWN 8:00 PM	ANC RUNDOWN 8:00 PM	ANC RUNDOWN 8:00 PM	ANC RUNDOWN 8:00 PM	THE CRAWL (R) 8:00 PM
	HOTCOPY ON HEADSTART 8:30 PM	HOTCOPY ON HEADSTART (R) 8:30 PM	HOTCOPY ON HEADSTART (R) 8:30 PM	HOTCOPY ON HEADSTART (R) 8:30 PM	HOTCOPY ON HEADSTART (R) 8:30 PM	#NOFILTER (R) 8:30 PM	
9:00 PM	ANC HEADLINES 9:00 PM	ANC HEADLINES 9:00 PM	ANC HEADLINES 9:00 PM	ANC HEADLINES 9:00 PM	ANC HEADLINES 9:00 PM	ANC HEADLINES 9:00 PM	SPICE TO LIFE * (R) 9:00 PM
	DESIGN + STORY (R) 9:05 PM	CASA DAZA (R) 9:05 PM	SPICE TO LIFE (R) 9:05 PM	EIC ON THE MOVE (R) 9:05 PM	CITYSCAPE (R) 9:05 PM	ENTREP LAB (R) 9:05 PM	SO JANELLE * 9:30 PM
10:00 PM	LSS: THE MARTIN NIEVERA SHOW (R) 9:30 PM	GREEN LIVING (R) 9:30 PM	#NOFILTER 9:30 PM	INSIGHT WITH APRIL LEE-TAN (R) 9:30 PM	LOCAL LEGENDS (R) 9:30 PM	WOMEN OF STYLE (R) 9:30 PM	
	DATLINE PHILIPPINES 10:00 PM	DATLINE PHILIPPINES 10:00 PM	DATLINE PHILIPPINES 10:00 PM	DATLINE PHILIPPINES 10:00 PM	DATLINE PHILIPPINES 10:00 PM	DATLINE PHILIPPINES 10:00 PM	24X24 * (R) 10:00 PM
11:00 PM	ANC HEADLINES 11:00 PM	ANC HEADLINES 11:00 PM	ANC HEADLINES 11:00 PM	ANC HEADLINES 11:00 PM	ANC HEADLINES 11:00 PM	ANC HEADLINES 11:00 PM	CITYSCAPE (R) 11:00 PM
	FOODPRINTS * (R) 11:05 PM	BEACHED * (R) 11:05 PM	THE CRAWL (R) 11:05 PM	METABEATS * (R) 11:05 PM	24X24 * (R) 11:05 PM	INSIGHT WITH APRIL LEE-TAN (R) 11:05 PM	LSS: THE MARTIN NIEVERA SHOW (R) 11:30 PM

JAN. 15-21, 2022