

ANC CABLE TV GUIDE

SYDNEY, AUSTRALIA



| SYDNEY (ST) | SUNDAY OCT 2 | MONDAY OCT 3 | TUESDAY OCT 4 | WEDNESDAY OCT 5 | THURSDAY OCT 6 | FRIDAY OCT 7 | SATURDAY OCT 1 |
|-------------|--|---|--|---|--|--|---|
| 12:00 AM | 24X24 (R) 12:00 AM | EXECUTIVE CLASS (R) 12:00 AM EIC ON THE MOVE * (R) 12:30 AM | REV+ (R) 12:00 AM EIC ON THE MOVE (R) 12:30 AM | LSS: THE MARTIN NIEVERA SHOW (R) 12:00 AM #NOFILTER * (R) 12:30 AM | EXECUTIVE CLASS (R) 12:00 AM LOCAL LEGENDS (R) 12:30 AM | INSIGHT WITH APRIL LEE-TAN (R) 12:00 AM CITIZEN PINOY (R) 12:30 AM | FOODPRINTS (R) 12:00 AM |
| 1:00 AM | METABEATS (R) 1:00 AM | METRO HOME (R) 1:00 AM THE FAT KID INSIDE (R) 1:30 AM | BEACHED (R) 1:00 AM | 24X24 (R) 1:00 AM | FOODPRINTS * (R) 1:00 AM | EXECUTIVE CLASS (R) 1:00 AM ASIAN AIR SAFARI * (R) 1:30 AM | THE CRAWL * (R) 1:00 AM |
| 2:00 AM | THE WORLD TONIGHT (R) 2:00 AM LOCAL LEGENDS (R) 2:30 AM | G DIARIES (R) 2:00 AM CITYSCAPE (R) 2:30 AM | THE WORLD TONIGHT (R) 2:00 AM DAYAW (R) 2:30 AM | THE WORLD TONIGHT (R) 2:00 AM LSS: THE MARTIN NIEVERA SHOW (R) 2:30 AM | THE WORLD TONIGHT (R) 2:00 AM GREEN LIVING (R) 2:30 AM | THE WORLD TONIGHT (R) 2:00 AM METRO HOME (R) 2:30 AM | THE WORLD TONIGHT (R) 2:00 AM INSIGHT WITH APRIL LEE-TAN (R) 2:30 AM |
| 3:00 AM | CITIZEN PINOY (R) 3:00 AM CITYSCAPE (R) 3:30AM | EIC ON THE MOVE (R) 3:00 AM SO JANELLE (R) 3:30 AM | HEADSTART (R) 3:00 AM | HEADSTART (R) 3:00 AM | HEADSTART (R) 3:00 AM | HEADSTART (R) 3:00 AM | HEADSTART (R) 3:00 AM |
| 4:00 AM | 24X24 (R) 4:00 AM | ENTREP LAB * (R) 4:00 AM #NOFILTER (R) 4:30 AM | EIC ON THE MOVE (R) 4:00 AM CITYSCAPE (R) 4:30 AM | EXECUTIVE CLASS (R) 4:00 AM REV+ (R) 4:30 AM | SPICE TO LIFE (R) 4:00 AM INSIGHT WITH APRIL LEE-TAN (R) 4:30 AM | #NOFILTER (R) 4:00 AM ON THE MONEY (R) 4:30 AM | LOCAL LEGENDS (R) 4:00 AM GREEN LIVING (R) 4:30 AM |
| 5:00 AM | GREEN LIVING (R) 5:00 AM LSS: THE MARTIN NIEVERA SHOW (R) 5:30 AM | INSIGHT WITH APRIL LEE-TAN (R) 5:00 AM ASIAN AIR SAFARI * (R) 5:30 AM | ASIAN AIR SAFARI * 5:00 AM REV+ (R) 5:30 AM | ENTREP LAB (R) 5:00 AM DAYAW (R) 5:30 AM | LSS: THE MARTIN NIEVERA SHOW (R) 5:00 AM G DIARIES (R) 5:30 AM | CASA DAZA (R) 5:30 AM | EIC ON THE MOVE (R) 5:00 AM CITYSCAPE (R) 5:30 AM |
| 6:00 AM | G DIARIES * (R) 6:00 AM MY ITALY WITH MARGARITA (R) 6:30 AM | CASA DAZA (R) 6:00 AM GREEN LIVING (R) 6:30 AM | METRO HOME (R) 6:00 AM LSS: THE MARTIN NIEVERA SHOW (R) 6:30 AM | EIC ON THE MOVE (R) 6:00 AM MY ITALY WITH MARGARITA (R) 6:30 AM | MY ITALY WITH MARGARITA (R) 6:00 AM DAYAW (R) 6:30 AM | SPICE TO LIFE (R) 6:00 AM INSIGHT WITH APRIL LEE-TAN (R) 6:30 AM | BEACHED (R) 6:00 AM |
| 7:00 AM | ON THE MONEY (R) 7:00 AM | THE FAT KID INSIDE (R) 7:00 AM ANC CONVERSATIONS 7:30 AM | SPICE TO LIFE (R) 7:00 AM MARKET EDGE (R) 7:30 AM | ASIAN AIR SAFARI (R) 7:00 AM MARKET EDGE (R) 7:30 AM | CASA DAZA (R) 7:00 AM MARKET EDGE (R) 7:30 AM | EIC ON THE MOVE (R) 7:00 AM MARKET EDGE (R) 7:30 AM | METRO HOME (R) 7:00 AM MARKET EDGE (R) 7:30 AM |
| 8:00 AM | THE WORD EXPOSED 8:00 AM DAYAW (R) 8:30 AM | FOODPRINTS * 8:00 AM | BEACHED 8:00 AM | CHASING FLAVORS 8:00 AM | METABEATS 8:00 AM | 24X24 * 8:00 AM | EXECUTIVE CLASS (R) 8:00 AM G DIARIES * 8:30 AM |
| 9:00 AM | BEACHED (R) 9:00 AM | ANC RUNDOWN 9:00 AM | ANC RUNDOWN 9:00 AM | ANC RUNDOWN 9:00 AM | ANC RUNDOWN 9:00 AM | ANC RUNDOWN 9:00 AM | ANC RUNDOWN 9:00 AM ASIAN AIR SAFARI (R) 9:30 AM |
| 10:00 AM | EXECUTIVE CLASS (R) 10:00 AM FOODPRINTS (R) 10:30 AM | HEADSTART 10:00 AM | HEADSTART 10:00 AM | HEADSTART 10:00 AM | HEADSTART 10:00 AM | HEADSTART 10:00 AM | ANC HEADLINES - 10:00 AM CITIZEN PINOY 10:05 AM THE FAT KID INSIDE (R) 10:30 AM |
| 11:00 AM | SO JANELLE 11:30 AM | MARKET EDGE 11:00 AM | MARKET EDGE 11:00 AM | MARKET EDGE 11:00 AM | MARKET EDGE 1:00 PM | MARKET EDGE 1:00 PM | ANC CONVERSATIONS 11:00 AM CASA DAZA (R) 11:30 AM |
| 12:00 PM | CHASING FLAVORS (R) 12:00 PM | ANC RUNDOWN 12:00 PM HOTCOPY ON HEADSTART (R) 12:30 PM | ANC RUNDOWN 12:00 PM HOTCOPY ON HEADSTART (R) 12:30 PM | ANC RUNDOWN 12:00 PM HOTCOPY ON HEADSTART (R) 12:30 PM | ANC RUNDOWN 12:00 PM HOTCOPY ON HEADSTART (R) 12:30 PM | ANC RUNDOWN 12:00 PM HOTCOPY ON HEADSTART (R) 12:30 PM | ANC RUNDOWN 12:00 PM #NOFILTER (R) 12:30 PM |
| 1:00 PM | TINA MONZON-PALMA REPORTS (R) 1:00 PM | ANC HEADLINES - 1:00 PM METRO HOME (R) 1:05 PM LSS: THE MARTIN NIEVERA SHOW (R) 1:30 PM | ANC HEADLINES - 1:00 PM CASA DAZA (R) 1:05 PM GREEN LIVING (R) 1:30 PM | ANC HEADLINES - 1:00 PM METRO HOME (R) 1:05 PM #NOFILTER 1:30 PM | ANC HEADLINES - 1:00 PM EIC ON THE MOVE (R) 1:05 PM INSIGHT WITH APRIL LEE-TAN (R) 1:30 PM | ANC HEADLINES - 1:00 PM CITYSCAPE (R) 1:05 PM LOCAL LEGENDS (R) 1:30 PM | ANC HEADLINES - 1:00 PM DAYAW (R) 1:05 PM SPICE TO LIFE (R) 1:30 AM |
| 2:00 PM | HEADSTART * (R) 2:00 PM | DATLINE PHILIPPINES 2:00 PM | DATLINE PHILIPPINES 2:00 PM | DATLINE PHILIPPINES 2:00 PM | DATLINE PHILIPPINES 2:00 PM | DATLINE PHILIPPINES 2:00 PM | DATLINE PHILIPPINES 2:00 PM |
| 3:00 PM | CITYSCAPE (R) 3:00 PM CASA DAZA (R) 3:30 PM | ANC HEADLINES - 3:00 PM FOODPRINTS * (R) 3:05 PM | ANC HEADLINES - 3:00 PM BEACHED (R) 3:05 PM | ANC HEADLINES - 3:00 PM CHASING FLAVORS (R) 3:05 PM | ANC HEADLINES - 3:00 PM GREEN LIVING (R) 3:05 PM CITIZEN PINOY (R) 3:30 PM | ANC HEADLINES - 3:00 PM 24X24 * (R) 3:05 PM | ANC HEADLINES - 3:00 PM INSIGHT WITH APRIL LEE-TAN (R) 3:05 PM REV+ (R) 3:30 PM |
| 4:00 PM | THE FAT KID INSIDE (R) 4:00 PM EIC ON THE MOVE 4:30 PM | ANC RUNDOWN 4:00 PM CITIZEN PINOY (R) 4:30 PM | ANC RUNDOWN 4:00 PM EXECUTIVE CLASS (R) 4:30 PM | ANC RUNDOWN 4:00 PM INSIGHT WITH APRIL LEE-TAN (R) 4:30 PM | ANC RUNDOWN 4:00 PM CITYSCAPE (R) 4:30 PM | ANC RUNDOWN 4:00 PM DAYAW (R) 4:30 PM | ANC HEADLINES - 4:00 PM ASIAN AIR SAFARI * (R) 4:05 PM HOTCOPY ON HEADSTART (R) 4:30 PM |
| 5:00 PM | ANC CONVERSATIONS 5:00 PM SPICE TO LIFE 5:30 PM | MARKET EDGE 5:00 PM LOCAL LEGENDS (R) 5:30 PM | MARKET EDGE 5:00 PM REV+ (R) 5:30 PM | MARKET EDGE 5:00 PM LSS: THE MARTIN NIEVERA SHOW (R) 5:30 PM | MARKET EDGE 5:00 PM #NOFILTER (R) 5:30 PM | MARKET EDGE 5:00 PM INSIGHT WITH APRIL LEE-TAN (R) 5:30 PM | ANC HEADLINES - 5:00 PM CHASING FLAVORS (R) 5:05 PM |
| 6:00 PM | ON THE MONEY (R) 6:00 PM | ANC RUNDOWN 6:00 PM SPICE TO LIFE (R) 6:30 PM | ANC RUNDOWN 6:00 PM MY ITALY WITH MARGARITA (R) 6:30 PM | ANC RUNDOWN 6:00 PM CASA DAZA (R) 6:30 PM | ANC RUNDOWN 6:00 PM METRO HOME (R) 6:30 PM | ANC RUNDOWN 6:00 PM REV+ (R) 6:30 PM | ANC HEADLINES - 6:00 PM ENTREP LAB (R) 6:05 PM SO JANELLE (R) 6:30 PM |
| 7:00 PM | CITIZEN PINOY (R) 7:00 PM REV+ 7:30 PM | TOP STORY 7:00 PM | TOP STORY 7:00 PM | TOP STORY 7:00 PM | TOP STORY 7:00 PM | TOP STORY 7:00 PM | TOP STORY 7:00 PM LSS: THE MARTIN NIEVERA SHOW (R) 7:30 PM |
| 8:00 PM | MY ITALY WITH MARGARITA * (R) 8:00 PM CASA DAZA (R) 8:30 PM | ANC HEADLINES - 8:00 PM EXECUTIVE CLASS 8:05 PM METRO HOME * 8:30 PM | ANC HEADLINES - 8:00 PM INSIGHT WITH APRIL LEE-TAN 8:05 PM EIC ON THE MOVE * (R) 8:30 PM | ANC HEADLINES - 8:00 PM CITYSCAPE 8:05 PM MY ITALY WITH MARGARITA 8:30 PM | ANC HEADLINES - 8:00 PM REV + 8:05 PM THE FAT KID INSIDE * 8:30 PM | ANC HEADLINES - 8:00 PM LSS: THE MARTIN NIEVERA SHOW 8:05 PM CASA DAZA * 8:30 PM | FOODPRINTS (R) 8:00 PM |
| 9:00 PM | TINA MONZON-PALMA REPORTS (R) 9:00 PM | METABEATS (R) 9:00 PM | FOODPRINTS * (R) 9:00 PM | BEACHED (R) 9:00 PM | CHASING FLAVORS * (R) 9:00 PM | METABEATS (R) 9:00 PM | TINA MONZON-PALMA REPORTS 9:00 PM |
| 10:00 PM | SO JANELLE * (R) 10:00 PM ASIAN AIR SAFARI * (R) 10:30 PM | 24x24 (R) 10:00 PM | CHASING FLAVORS (R) 10:00 PM | ANC CONVERSATIONS (R) 10:00 PM THE FAT KID INSIDE (R) 10:30 PM | DAYAW 10:00 PM LOCAL LEGENDS (R) 10:30 PM | FOODPRINTS (R) 10:00 PM | CITIZEN PINOY 10:00 PM AFTER SIX - (R) 10:30 PM GOURMET TAKEAWAY - (R) 10:45 PM |
| 11:00 PM | METABEATS (R) 11:00 PM | THE WORLD TONIGHT 11:00 PM EXECUTIVE CLASS (R) 11:30 PM | THE WORLD TONIGHT 11:00 PM INSIGHT WITH APRIL LEE-TAN (R) 11:30 PM | THE WORLD TONIGHT 11:00 PM CITYSCAPE (R) 11:30 PM | THE WORLD TONIGHT 11:00 PM REV+ (R) 11:30 PM | THE WORLD TONIGHT 11:00 PM LSS: THE MARTIN NIEVERA SHOW (R) 11:30 PM | THE WORLD TONIGHT 11:00 PM EXECUTIVE CLASS (R) 11:30 PM |

OCT. 1-7, 2022