

ANC CABLE TV GUIDE

LONDON, UNITED KINGDOM



LONDON (ST)	SUNDAY JAN 22	MONDAY JAN 23	TUESDAY JAN 24	WEDNESDAY JAN 25	THURSDAY JAN 26	FRIDAY JAN 27	SATURDAY JAN 21
12:00 AM	EXECUTIVE CLASS (R) 12:00 AM	HEADSTART 12:00 AM	HEADSTART 12:00 AM	HEADSTART 12:00 AM	HEADSTART 12:00 AM	HEADSTART 12:00 AM	ANC HEADLINES - 12:00 AM CITIZEN PINOY 12:05 AM THE FAT KID INSIDE (R) 12:30 AM
1:00 AM	BEACHED (R) 12:30 AM SO JANELLE (R) 1:30 AM	MARKET EDGE 1:00 AM	MARKET EDGE 1:00 AM	MARKET EDGE 1:00 AM	MARKET EDGE 1:00 AM	MARKET EDGE 1:00 AM	ANC CONVERSATIONS 1:00 AM CASA DAZA (R) 1:30 AM
2:00 AM	CHASING FLAVORS (R) 3:00 AM	ANC RUNDOWN 2:00 AM HOTCOPY ON HEADSTART (R) 2:30 AM	ANC RUNDOWN 2:00 AM HOTCOPY ON HEADSTART (R) 2:30 AM	ANC RUNDOWN 2:00 AM HOTCOPY ON HEADSTART (R) 2:30 AM	ANC RUNDOWN 2:00 AM HOTCOPY ON HEADSTART (R) 2:30 AM	ANC RUNDOWN 2:00 AM HOTCOPY ON HEADSTART (R) 2:30 AM	ANC RUNDOWN 2:00 AM #NOFILTER (R) 2:30 AM
3:00 AM	FOODPRINTS (R) 3:00 AM	ANC HEADLINES - 3:00 AM MY ITALY WITH MARGARITA (R) 3:05 AM LSS: THE MARTIN NIEVERA SHOW (R) 3:30 AM	ANC HEADLINES - 3:00 AM CASA DAZA (R) 3:05 AM GREEN LIVING (R) 3:30 AM	ANC HEADLINES - 3:00 AM WOMEN OF STYLE (R) 3:05 AM #NOFILTER 3:30 AM	ANC HEADLINES - 3:00 AM EIC ON THE MOVE (R) 3:05 AM INSIGHT WITH APRIL LEE-TAN (R) 3:30 AM	ANC HEADLINES - 3:00 AM AT THE MOMENT (R) 3:05 AM LOCAL LEGENDS (R) 3:30 AM	ANC HEADLINES - 3:00 AM DAYAW (R) 3:05 AM DWELLINGS (R) 3:30 AM
4:00 AM	HEADSTART * (R) 4:00 AM	DATeline PHILIPPINES 4:00 AM	DATeline PHILIPPINES 4:00 AM	DATeline PHILIPPINES 4:00 AM	DATeline PHILIPPINES 4:00 AM	DATeline PHILIPPINES 4:00 AM	DATeline PHILIPPINES 4:00 AM
5:00 AM	AT THE MOMENT (R) 5:00 AM LSS: THE MARTIN NIEVERA SHOW (R) 5:30 AM	ANC HEADLINES - 5:00 AM FOODPRINTS * (R) 5:05 AM	ANC HEADLINES - 5:00 AM BEACHED (R) 5:05 AM	ANC HEADLINES - 5:00 AM CHASING FLAVORS (R) 5:05 AM	ANC HEADLINES - 5:00 AM GREEN LIVING (R) 5:05 AM CITIZEN PINOY (R) 5:30 AM	ANC HEADLINES - 5:00 AM 24X24 * (R) 5:05 AM	ANC HEADLINES - 5:00 AM INSIGHT WITH APRIL LEE-TAN (R) 5:05 AM REV+ (R) 5:30 AM
6:00 AM	THE FAT KID INSIDE (R) 6:00 AM EIC ON THE MOVE (R) 6:30 AM	ANC RUNDOWN 6:00 AM CITIZEN PINOY (R) 6:30 AM	ANC RUNDOWN 6:00 AM EXECUTIVE CLASS (R) 6:30 AM	ANC RUNDOWN 6:00 AM INSIGHT WITH APRIL LEE-TAN (R) 6:30 AM	ANC RUNDOWN 6:00 AM AT THE MOMENT (R) 6:30 AM	ANC RUNDOWN 6:00 AM DAYAW (R) 6:30 AM	ANC HEADLINES - 6:00 AM ASIAN AIR SAFARI * (R) 6:05 AM HOTCOPY ON HEADSTART (R) 6:30 AM
7:00 AM	ANC CONVERSATIONS 7:00 AM DWELLINGS 7:30 AM	MARKET EDGE 7:00 AM LOCAL LEGENDS (R) 7:30 AM	MARKET EDGE 7:00 AM REV+ (R) 7:30 AM	MARKET EDGE 7:00 AM LSS: THE MARTIN NIEVERA SHOW (R) 7:30 AM	MARKET EDGE 7:00 AM #NOFILTER (R) 7:30 AM	MARKET EDGE 7:00 AM INSIGHT WITH APRIL LEE-TAN (R) 7:30 AM	ANC HEADLINES - 7:00 AM CHASING FLAVORS (R) 7:05 AM
8:00 AM	ON THE MONEY (R) 8:00 AM	ANC RUNDOWN 8:00 AM DWELLINGS (R) 8:30 AM	ANC RUNDOWN 8:00 AM MY ITALY WITH MARGARITA (R) 8:30 AM	ANC RUNDOWN 8:00 AM CASA DAZA (R) 8:30 AM	ANC RUNDOWN 8:00 AM WOMEN OF STYLE (R) 8:30 AM	ANC RUNDOWN 8:00 AM REV+ (R) 8:30 AM	ANC HEADLINES - 8:00 AM ON THE MONEY (R) 8:05 AM
9:00 AM	CITIZEN PINOY (R) 9:00 AM REV+ 9:30 AM	TOP STORY 9:00 AM	TOP STORY 9:00 AM	TOP STORY 9:00 AM	TOP STORY 9:00 AM	TOP STORY 9:00 AM	TOP STORY 9:00 AM LSS: THE MARTIN NIEVERA SHOW (R) 9:30 AM
10:00 AM	MY ITALY WITH MARGARITA * (R) 10:00 AM CASA DAZA (R) 10:30 AM	ANC HEADLINES - 10:00 AM EXECUTIVE CLASS 10:05 AM WOMEN OF STYLE 10:30 AM	ANC HEADLINES - 10:00 AM INSIGHT WITH APRIL LEE-TAN 10:05 AM EIC ON THE MOVE * (R) 10:30 AM	ANC HEADLINES - 10:00 AM AT THE MOMENT 10:05 AM MY ITALY WITH MARGARITA 10:30 AM	ANC HEADLINES - 10:00 AM REV+ 10:05 AM THE FAT KID INSIDE * 10:30 AM	ANC HEADLINES - 10:00 AM LSS: THE MARTIN NIEVERA SHOW 10:05 AM CASA DAZA 10:30 AM	FOODPRINTS (R) 10:00 AM
11:00 AM	ENTREP LAB (R) 11:00 AM #NOFILTER (R) 11:30 AM	METABEATS (R) 11:00 AM	FOODPRINTS * (R) 11:00 AM	BEACHED (R) 11:00 AM	CHASING FLAVORS * (R) 11:00 AM	METABEATS (R) 11:00 AM	AT THE MOMENT (R) 11:00 AM MY ITALY WITH MARGARITA (R) 11:30 AM
12:00 PM	SO JANELLE * (R) 12:00 PM ASIAN AIR SAFARI * (R) 12:30 PM	24x24 (R) 12:00 PM	CHASING FLAVORS (R) 12:00 PM	ANC CONVERSATIONS (R) 12:00 PM THE FAT KID INSIDE (R) 12:30 PM	DAYAW 12:00 PM LOCAL LEGENDS (R) 12:30 PM	FOODPRINTS (R) 12:00 PM	CITIZEN PINOY 12:00 PM REV+ (R) 12:30 PM
1:00 PM	METABEATS (R) 1:00 PM	THE WORLD TONIGHT 1:00 PM EXECUTIVE CLASS (R) 1:30 PM	THE WORLD TONIGHT 1:00 PM INSIGHT WITH APRIL LEE-TAN (R) 1:30 PM	THE WORLD TONIGHT 1:00 PM AT THE MOMENT (R) 1:30 PM	THE WORLD TONIGHT 1:00 PM REV+ (R) 1:30 PM	THE WORLD TONIGHT 1:00 PM LSS: THE MARTIN NIEVERA SHOW (R) 1:30 PM	THE WORLD TONIGHT 1:00 PM EXECUTIVE CLASS (R) 1:30 PM
2:00 PM	EXECUTIVE CLASS (R) 2:00 PM EIC ON THE MOVE * (R) 2:30 PM	REV+ (R) 2:00 PM EIC ON THE MOVE (R) 2:30 PM	LSS: THE MARTIN NIEVERA SHOW (R) 2:00 PM #NOFILTER * (R) 2:30 PM	EXECUTIVE CLASS (R) 2:00 PM LOCAL LEGENDS (R) 2:30 PM	INSIGHT WITH APRIL LEE-TAN (R) 2:00 PM CITIZEN PINOY * (R) 2:30 PM	AT THE MOMENT (R) 2:00 PM MY ITALY WITH MARGARITA (R) 2:30 PM	24X24 (R) 2:00 PM
3:00 PM	WOMEN OF STYLE (R) 3:00 PM THE FAT KID INSIDE (R) 3:30 PM	BEACHED (R) 3:00 PM	24X24 (R) 3:00 PM	FOODPRINTS * (R) 3:00 PM	EXECUTIVE CLASS (R) 3:00 PM ASIAN AIR SAFARI * (R) 3:30 PM	CHASING FLAVORS (R) 3:00 PM	METABEATS (R) 3:00 PM
4:00 PM	G DIARIES (R) 4:00 PM AT THE MOMENT (R) 4:30 PM	THE WORLD TONIGHT (R) 4:00 PM DAYAW (R) 4:30 PM	THE WORLD TONIGHT (R) 4:00 PM DWELLINGS (R) 4:30 PM	THE WORLD TONIGHT (R) 4:00 PM GREEN LIVING (R) 4:30 PM	THE WORLD TONIGHT (R) 4:00 PM WOMEN OF STYLE (R) 4:30 PM	THE WORLD TONIGHT (R) 4:00 PM INSIGHT WITH APRIL LEE-TAN (R) 4:30 PM	THE WORLD TONIGHT (R) 4:00 PM LOCAL LEGENDS (R) 4:30 PM
5:00 PM	EIC ON THE MOVE (R) 5:00 PM SO JANELLE (R) 5:30 PM	HEADSTART (R) 5:00 PM	HEADSTART (R) 5:00 PM	HEADSTART (R) 5:00 PM	HEADSTART (R) 5:00 PM	HEADSTART (R) 5:00 PM	CITIZEN PINOY (R) 5:00 PM AT THE MOMENT (R) 5:30 PM
6:00 PM	ENTREP LAB * (R) 6:00 PM DAYAW (R) 6:30 PM	EIC ON THE MOVE (R) 6:00 PM AT THE MOMENT (R) 6:30 PM	EXECUTIVE CLASS (R) 6:00 PM REV+ (R) 6:30 PM	DWELLINGS (R) 6:00 PM INSIGHT WITH APRIL LEE-TAN (R) 6:30 PM	#NOFILTER (R) 6:00 PM ON THE MONEY (R) 6:30 PM	LOCAL LEGENDS (R) 6:00 PM GREEN LIVING (R) 6:30 PM	24X24 (R) 6:00 PM
7:00 PM	INSIGHT WITH APRIL LEE-TAN (R) 7:00 PM ASIAN AIR SAFARI * (R) 7:30 PM	ASIAN AIR SAFARI * 7:00 PM REV+ (R) 7:30 PM	ENTREP LAB (R) 7:00 PM DAYAW (R) 7:30 PM	LSS: THE MARTIN NIEVERA SHOW (R) 7:00 PM G DIARIES (R) 7:30 PM	CASA DAZA (R) 7:30 PM	EIC ON THE MOVE (R) 7:00 PM AT THE MOMENT (R) 7:30 PM	GREEN LIVING (R) 7:00 PM LSS: THE MARTIN NIEVERA SHOW (R) 7:30 PM
8:00 PM	CASA DAZA (R) 8:00 PM GREEN LIVING (R) 8:30 PM	WOMEN OF STYLE (R) 8:00 PM LSS: THE MARTIN NIEVERA SHOW (R) 8:30 PM	EIC ON THE MOVE (R) 8:00 PM MY ITALY WITH MARGARITA (R) 8:30 PM	MY ITALY WITH MARGARITA (R) 8:00 PM DAYAW (R) 8:30 PM	DWELLINGS (R) 8:00 PM INSIGHT WITH APRIL LEE-TAN (R) 8:30 PM	BEACHED (R) 8:00 PM	G DIARIES * (R) 8:00 PM MY ITALY WITH MARGARITA (R) 8:30 PM
9:00 PM	THE FAT KID INSIDE (R) 9:00 PM ANC CONVERSATIONS 9:30 PM	DWELLINGS (R) 9:00 PM MARKET EDGE (R) 9:30 PM	ASIAN AIR SAFARI (R) 9:00 PM MARKET EDGE (R) 9:30 PM	CASA DAZA (R) 9:00 PM MARKET EDGE (R) 9:30 PM	EIC ON THE MOVE (R) 9:00 PM MARKET EDGE (R) 9:30 PM	WOMEN OF STYLE (R) 9:00 PM MARKET EDGE (R) 9:30 PM	ON THE MONEY (R) 9:00 PM
10:00 PM	FOODPRINTS * 10:00 PM	BEACHED 10:00 PM	CHASING FLAVORS 10:00 PM	METABEATS 10:00 PM	24X24 * 10:00 PM	EXECUTIVE CLASS (R) 10:00 PM G DIARIES * 10:30 PM	THE WORD EXPOSED 10:00 PM DAYAW (R) 10:30 PM
11:00 PM	ANC RUNDOWN 11:00 PM	ANC RUNDOWN 11:00 PM	ANC RUNDOWN 11:00 PM	ANC RUNDOWN 11:00 PM	ANC RUNDOWN 11:00 PM	ANC RUNDOWN 11:00 PM ASIAN AIR SAFARI (R) 11:30 PM	METABEATS (R) 11:00 PM

JAN. 21-27, 2023