

ANC CABLE TV GUIDE

LONDON, UNITED KINGDOM



| LONDON (ST) | SUNDAY MAR 19 | MONDAY MAR 20 | TUESDAY MAR 21 | WEDNESDAY MAR 22 | THURSDAY MAR 23 | FRIDAY MAR 24 | SATURDAY MAR 18 |
|-------------|--|--|---|--|--|---|---|
| 12:00 AM | EXECUTIVE CLASS (R) 12:00 AM | HEADSTART 12:00 AM | HEADSTART 12:00 AM | HEADSTART 12:00 AM | HEADSTART 12:00 AM | HEADSTART 12:00 AM | ANC HEADLINES - 12:00 AM CITIZEN PINOY 12:05 AM THE FAT KID INSIDE (R) 12:30 AM |
| 1:00 AM | BEACHED (R) 12:30 AM | MARKET EDGE 1:00 AM | MARKET EDGE 1:00 AM | MARKET EDGE 1:00 AM | MARKET EDGE 1:00 AM | MARKET EDGE 1:00 AM | ANC CONVERSATIONS 1:00 AM CASA DAZA (R) 1:30 AM |
| 2:00 AM | SO JANELLE (R) 1:30 AM | ANC RUNDOWN 2:00 AM | ANC RUNDOWN 2:00 AM | ANC RUNDOWN 2:00 AM | ANC RUNDOWN 2:00 AM | ANC RUNDOWN 2:00 AM | ANC RUNDOWN 2:00 AM |
| 3:00 AM | CHASING FLAVORS (R) 3:00 AM | HOTCOPY ON HEADSTART (R) 2:30 AM | HOTCOPY ON HEADSTART (R) 2:30 AM | HOTCOPY ON HEADSTART (R) 2:30 AM | HOTCOPY ON HEADSTART (R) 2:30 AM | HOTCOPY ON HEADSTART (R) 2:30 AM | #NOFILTER (R) 2:30 AM |
| 3:00 AM | FOODPRINTS (R) 3:00 AM | ANC HEADLINES - 3:00 AM MY ITALY WITH MARGARITA (R) 3:05 AM LSS: THE MARTIN NIEVERA SHOW (R) 3:30 AM | ANC HEADLINES - 3:00 AM CASA DAZA (R) 3:05 AM GREEN LIVING (R) 3:30 AM | ANC HEADLINES - 3:00 AM WOMEN OF STYLE (R) 3:05 AM #NOFILTER 3:30 AM | ANC HEADLINES - 3:00 AM EIC ON THE MOVE (R) 3:05 AM INSIGHT WITH APRIL LEE-TAN (R) 3:30 AM | ANC HEADLINES - 3:00 AM AT THE MOMENT (R) 3:05 AM LOCAL LEGENDS (R) 3:30 AM | ANC HEADLINES - 3:00 AM DAYAW (R) 3:05 AM DWELLINGS (R) 3:30 AM |
| 4:00 AM | HEADSTART * (R) 4:00 AM | DATeline PHILIPPINES 4:00 AM | DATeline PHILIPPINES 4:00 AM | DATeline PHILIPPINES 4:00 AM | DATeline PHILIPPINES 4:00 AM | DATeline PHILIPPINES 4:00 AM | DATeline PHILIPPINES 4:00 AM |
| 5:00 AM | AT THE MOMENT (R) 5:00 AM LSS: THE MARTIN NIEVERA SHOW (R) 5:30 AM | ANC HEADLINES - 5:00 AM FOODPRINTS * (R) 5:05 AM | ANC HEADLINES - 5:00 AM BEACHED (R) 5:05 AM | ANC HEADLINES - 5:00 AM CHASING FLAVORS (R) 5:05 AM | ANC HEADLINES - 5:00 AM GREEN LIVING (R) 5:05 AM CITIZEN PINOY (R) 5:30 AM | ANC HEADLINES - 5:00 AM 24X24 * (R) 5:05 AM | ANC HEADLINES - 5:00 AM INSIGHT WITH APRIL LEE-TAN (R) 5:05 AM REV+ (R) 5:30 AM |
| 6:00 AM | THE FAT KID INSIDE (R) 6:00 AM EIC ON THE MOVE (R) 6:30 AM | ANC RUNDOWN 6:00 AM CITIZEN PINOY (R) 6:30 AM | ANC RUNDOWN 6:00 AM EXECUTIVE CLASS (R) 6:30 AM | ANC RUNDOWN 6:00 AM INSIGHT WITH APRIL LEE-TAN (R) 6:30 AM | ANC RUNDOWN 6:00 AM AT THE MOMENT (R) 6:30 AM | ANC RUNDOWN 6:00 AM DAYAW (R) 6:30 AM | ANC HEADLINES - 6:00 AM ASIAN AIR SAFARI * (R) 6:05 AM HOTCOPY ON HEADSTART (R) 6:30 AM |
| 7:00 AM | ANC CONVERSATIONS 7:00 AM DWELLINGS 7:30 AM | MARKET EDGE 7:00 AM LOCAL LEGENDS (R) 7:30 AM | MARKET EDGE 7:00 AM REV+ (R) 7:30 AM | MARKET EDGE 7:00 AM LSS: THE MARTIN NIEVERA SHOW (R) 7:30 AM | MARKET EDGE 7:00 AM #NOFILTER (R) 7:30 AM | MARKET EDGE 7:00 AM INSIGHT WITH APRIL LEE-TAN (R) 7:30 AM | ANC HEADLINES - 7:00 AM CHASING FLAVORS (R) 7:05 AM |
| 8:00 AM | ON THE MONEY (R) 8:00 AM | ANC RUNDOWN 8:00 AM DWELLINGS (R) 8:30 AM | ANC RUNDOWN 8:00 AM MY ITALY WITH MARGARITA (R) 8:30 AM | ANC RUNDOWN 8:00 AM CASA DAZA (R) 8:30 AM | ANC RUNDOWN 8:00 AM WOMEN OF STYLE (R) 8:30 AM | ANC RUNDOWN 8:00 AM REV+ (R) 8:30 AM | ANC HEADLINES - 8:00 AM ON THE MONEY (R) 8:05 AM |
| 9:00 AM | CITIZEN PINOY (R) 9:00 AM REV+ 9:30 AM | TOP STORY 9:00 AM | TOP STORY 9:00 AM | TOP STORY 9:00 AM | TOP STORY 9:00 AM | TOP STORY 9:00 AM | TOP STORY 9:00 AM LSS: THE MARTIN NIEVERA SHOW (R) 9:30 AM |
| 10:00 AM | MY ITALY WITH MARGARITA * (R) 10:00 AM CASA DAZA (R) 10:30 AM | ANC HEADLINES - 10:00 AM EXECUTIVE CLASS 10:05 AM WOMEN OF STYLE 10:30 AM | ANC HEADLINES - 10:00 AM INSIGHT WITH APRIL LEE-TAN 10:05 AM EIC ON THE MOVE * (R) 10:30 AM | ANC HEADLINES - 10:00 AM AT THE MOMENT 10:05 AM MY ITALY WITH MARGARITA 10:30 AM | ANC HEADLINES - 10:00 AM REV+ 10:05 AM THE FAT KID INSIDE * 10:30 AM | ANC HEADLINES - 10:00 AM LSS: THE MARTIN NIEVERA SHOW 10:05 AM CASA DAZA 10:30 AM | FOODPRINTS (R) 10:00 AM |
| 11:00 AM | ENTREP LAB (R) 11:00 AM #NOFILTER (R) 11:30 AM | METABEATS (R) 11:00 AM | FOODPRINTS * (R) 11:00 AM | BEACHED (R) 11:00 AM | CHASING FLAVORS * (R) 11:00 AM | METABEATS (R) 11:00 AM | AT THE MOMENT (R) 11:00 AM MY ITALY WITH MARGARITA (R) 11:30 AM |
| 12:00 PM | SO JANELLE * (R) 12:00 PM ASIAN AIR SAFARI * (R) 12:30 PM | 24x24 (R) 12:00 PM | CHASING FLAVORS (R) 12:00 PM | ANC CONVERSATIONS (R) 12:00 PM THE FAT KID INSIDE (R) 12:30 PM | DAYAW 12:00 PM LOCAL LEGENDS (R) 12:30 PM | FOODPRINTS (R) 12:00 PM | CITIZEN PINOY 12:00 PM REV+ (R) 12:30 PM |
| 1:00 PM | METABEATS (R) 1:00 PM | THE WORLD TONIGHT 1:00 PM EXECUTIVE CLASS (R) 1:30 PM | THE WORLD TONIGHT 1:00 PM INSIGHT WITH APRIL LEE-TAN (R) 1:30 PM | THE WORLD TONIGHT 1:00 PM AT THE MOMENT (R) 1:30 PM | THE WORLD TONIGHT 1:00 PM REV+ (R) 1:30 PM | THE WORLD TONIGHT 1:00 PM LSS: THE MARTIN NIEVERA SHOW (R) 1:30 PM | THE WORLD TONIGHT 1:00 PM EXECUTIVE CLASS (R) 1:30 PM |
| 2:00 PM | EXECUTIVE CLASS (R) 2:00 PM EIC ON THE MOVE * (R) 2:30 PM | REV+ (R) 2:00 PM EIC ON THE MOVE (R) 2:30 PM | LSS: THE MARTIN NIEVERA SHOW (R) 2:00 PM #NOFILTER * (R) 2:30 PM | EXECUTIVE CLASS (R) 2:00 PM LOCAL LEGENDS (R) 2:30 PM | INSIGHT WITH APRIL LEE-TAN (R) 2:00 PM CITIZEN PINOY * (R) 2:30 PM | AT THE MOMENT (R) 2:00 PM MY ITALY WITH MARGARITA (R) 2:30 PM | 24X24 (R) 2:00 PM |
| 3:00 PM | WOMEN OF STYLE (R) 3:00 PM THE FAT KID INSIDE (R) 3:30 PM | BEACHED (R) 3:00 PM | 24X24 (R) 3:00 PM | FOODPRINTS * (R) 3:00 PM | EXECUTIVE CLASS (R) 3:00 PM ASIAN AIR SAFARI * (R) 3:30 PM | CHASING FLAVORS (R) 3:00 PM | METABEATS (R) 3:00 PM |
| 4:00 PM | G DIARIES (R) 4:00 PM AT THE MOMENT (R) 4:30 PM | THE WORLD TONIGHT (R) 4:00 PM DAYAW (R) 4:30 PM | THE WORLD TONIGHT (R) 4:00 PM DWELLINGS (R) 4:30 PM | THE WORLD TONIGHT (R) 4:00 PM GREEN LIVING (R) 4:30 PM | THE WORLD TONIGHT (R) 4:00 PM WOMEN OF STYLE (R) 4:30 PM | THE WORLD TONIGHT (R) 4:00 PM INSIGHT WITH APRIL LEE-TAN (R) 4:30 PM | THE WORLD TONIGHT (R) 4:00 PM LOCAL LEGENDS (R) 4:30 PM |
| 5:00 PM | EIC ON THE MOVE (R) 5:00 PM SO JANELLE (R) 5:30 PM | HEADSTART (R) 5:00 PM | HEADSTART (R) 5:00 PM | HEADSTART (R) 5:00 PM | HEADSTART (R) 5:00 PM | HEADSTART (R) 5:00 PM | CITIZEN PINOY (R) 5:00 PM AT THE MOMENT (R) 5:30 PM |
| 6:00 PM | ENTREP LAB * (R) 6:00 PM DAYAW (R) 6:30 PM | EIC ON THE MOVE (R) 6:00 PM AT THE MOMENT (R) 6:30 PM | EXECUTIVE CLASS (R) 6:00 PM REV+ (R) 6:30 PM | DWELLINGS (R) 6:00 PM INSIGHT WITH APRIL LEE-TAN (R) 6:30 PM | #NOFILTER (R) 6:00 PM ON THE MONEY (R) 6:30 PM | LOCAL LEGENDS (R) 6:00 PM GREEN LIVING (R) 6:30 PM | 24X24 (R) 6:00 PM |
| 7:00 PM | INSIGHT WITH APRIL LEE-TAN (R) 7:00 PM ASIAN AIR SAFARI * (R) 7:30 PM | ASIAN AIR SAFARI * 7:00 PM REV+ (R) 7:30 PM | ENTREP LAB (R) 7:00 PM DAYAW (R) 7:30 PM | LSS: THE MARTIN NIEVERA SHOW (R) 7:00 PM G DIARIES (R) 7:30 PM | CASA DAZA (R) 7:30 PM | EIC ON THE MOVE (R) 7:00 PM AT THE MOMENT (R) 7:30 PM | GREEN LIVING (R) 7:00 PM LSS: THE MARTIN NIEVERA SHOW (R) 7:30 PM |
| 8:00 PM | CASA DAZA (R) 8:00 PM GREEN LIVING (R) 8:30 PM | WOMEN OF STYLE (R) 8:00 PM LSS: THE MARTIN NIEVERA SHOW (R) 8:30 PM | EIC ON THE MOVE (R) 8:00 PM MY ITALY WITH MARGARITA (R) 8:30 PM | MY ITALY WITH MARGARITA (R) 8:00 PM DAYAW (R) 8:30 PM | DWELLINGS (R) 8:00 PM INSIGHT WITH APRIL LEE-TAN (R) 8:30 PM | BEACHED (R) 8:00 PM | G DIARIES * (R) 8:00 PM MY ITALY WITH MARGARITA (R) 8:30 PM |
| 9:00 PM | THE FAT KID INSIDE (R) 9:00 PM ANC CONVERSATIONS 9:30 PM | DWELLINGS (R) 9:00 PM MARKET EDGE (R) 9:30 PM | ASIAN AIR SAFARI (R) 9:00 PM MARKET EDGE (R) 9:30 PM | CASA DAZA (R) 9:00 PM MARKET EDGE (R) 9:30 PM | EIC ON THE MOVE (R) 9:00 PM MARKET EDGE (R) 9:30 PM | WOMEN OF STYLE (R) 9:00 PM MARKET EDGE (R) 9:30 PM | ON THE MONEY (R) 9:00 PM |
| 10:00 PM | FOODPRINTS * 10:00 PM | BEACHED 10:00 PM | CHASING FLAVORS 10:00 PM | METABEATS 10:00 PM | 24X24 * 10:00 PM | EXECUTIVE CLASS (R) 10:00 PM G DIARIES * 10:30 PM | THE WORD EXPOSED 10:00 PM DAYAW (R) 10:30 PM |
| 11:00 PM | ANC RUNDOWN 11:00 PM | ANC RUNDOWN 11:00 PM | ANC RUNDOWN 11:00 PM | ANC RUNDOWN 11:00 PM | ANC RUNDOWN 11:00 PM | ANC RUNDOWN 11:00 PM ASIAN AIR SAFARI (R) 11:30 PM | METABEATS (R) 11:00 PM |