

ANC CABLE TV GUIDE

NORTH AMERICA

CENTRAL (DST)	SUNDAY OCT 1	MONDAY OCT 2	TUESDAY OCT 3	WEDNESDAY OCT 4	THURSDAY OCT 5	FRIDAY OCT 6	SATURDAY SEP 30
12:00 AM	AT THE MOMENT (R) 12:00 AM	ANC HEADLINES - 12:00 AM	ANC HEADLINES - 12:00 AM	ANC HEADLINES - 12:00 AM	ANC HEADLINES - 12:00 AM	ANC HEADLINES - 12:00 AM	ANC HEADLINES - 12:00 AM
	LSS: THE MARTIN NIEVERA SHOW (R) 12:30 AM	FOODPRINTS * (R) 12:05 AM	BEACHED (R) 12:05 AM	CHASING FLAVORS (R) 12:05 AM	GREEN LIVING (R) 12:05 AM CITIZEN PINOY (R) 12:30 AM	24X24 * (R) 12:05 AM	INSIGHT WITH APRIL LEE-TAN (R) 12:05 AM REV+ (R) 12:30 AM
1:00 AM	WOMEN OF STYLE (R) 1:00 AM	ANC HEADLINES - 1:00 AM	ANC HEADLINES - 1:00 AM	ANC HEADLINES - 1:00 AM	ANC HEADLINES - 1:00 AM	ANC HEADLINES - 1:00 AM	ANC HEADLINES - 1:00 AM
	EIC ON THE MOVE 1:30 AM	ARTS.21 (R) 1:05 AM CITIZEN PINOY (R) 1:30 AM	MADE IN GERMANY (R) 1:05 AM EXECUTIVE CLASS (R) 1:30 AM	TOMORROW TODAY (R) 1:05 AM INSIGHT WITH APRIL LEE-TAN (R) 1:30 AM	GLOBAL 3000 (R) 1:05 AM AT THE MOMENT (R) 1:30 AM	IN GOOD SHAPE (R) 1:05 AM DAYAW (R) 1:30 AM	ASIAN AIR SAFARI * (R) 1:05 AM HOTCOPY ON HEADSTART (R) 1:30 AM
2:00 AM	ANC CONVERSATIONS 2:00 AM	THE BUSINESS ROADSHOW 2:00 AM	THE BUSINESS ROADSHOW 2:00 AM	THE BUSINESS ROADSHOW 2:00 AM	THE BUSINESS ROADSHOW 2:00 AM	THE BUSINESS ROADSHOW 2:00 AM	ANC HEADLINES - 2:00 AM
	DWELLINGS 2:30 AM						CHASING FLAVORS (R) 2:05 AM
3:00 AM	ARTS.21 (R) 3:00 AM	ANC HEADLINES - 3:00 AM	ANC HEADLINES - 3:00 AM	ANC HEADLINES - 3:00 AM	ANC HEADLINES - 3:00 AM	ANC HEADLINES - 3:00 AM	ANC HEADLINES - 3:00 AM
	TOMORROW TODAY (R) 3:30 AM	AT THE MOMENT (R) 3:05 AM GLOBAL 3000 (R) 3:30 AM	REV+ (R) 3:05 AM IN GOOD SHAPE (R) 3:30 AM	LSS: THE MARTIN NIEVERA SHOW (R) 3:05 AM ARTS.21 (R) 3:30 AM	EXECUTIVE CLASS (R) 3:05 AM MADE IN GERMANY (R) 3:30 AM	INSIGHT WITH APRIL LEE-TAN (R) 3:05 AM TOMORROW TODAY (R) 3:30 AM	TAO PO (R) 3:05 AM ENTREP LAB (R) 3:30 AM
4:00 AM	CITIZEN PINOY (R) 4:00 AM	TOP STORY 4:00 AM	TOP STORY 4:00 AM	TOP STORY 4:00 AM	TOP STORY 4:00 AM	TOP STORY 4:00 AM	TOP STORY 4:00 AM
	MY ITALY WITH MARGARITA * (R) 4:30 AM						FOODPRINTS (R) 4:30 AM
5:00 AM	CASA DAZA (R) 5:00 AM	ANC HEADLINES - 5:00 AM	ANC HEADLINES - 5:00 AM	ANC HEADLINES - 5:00 AM	ANC HEADLINES - 5:00 AM	ANC HEADLINES - 5:00 AM	LSS: THE MARTIN NIEVERA SHOW (R) 5:30 AM
	REV+ (R) 5:30 AM	EXECUTIVE CLASS 5:05 AM WOMEN OF STYLE 5:30 AM	AT THE MOMENT 5:05 AM EIC ON THE MOVE (R) 5:30 AM	AT THE MOMENT 5:05 AM MY ITALY WITH MARGARITA 5:30 AM	REV+ 5:05 AM CITIZEN PINOY 5:30 AM	LSS: THE MARTIN NIEVERA SHOW 5:05 AM CASA DAZA 5:30 AM	
6:00 AM	ENTREP LAB (R) 6:00 AM	ARTS.21 6:00 AM MADE IN GERMANY (R) 6:30 AM	MADE IN GERMANY 6:00 AM TOMORROW TODAY (R) 6:30 AM	TOMORROW TODAY 6:00 AM GLOBAL 3000 (R) 6:30 AM	GLOBAL US 6:00 AM (NEW) IN GOOD SHAPE (R) 6:30 AM	IN GOOD SHAPE 6:00 AM ARTS.21 (R) 6:30 AM	AT THE MOMENT (R) 6:00 AM
	#NOFILTER (R) 6:30 AM						MY ITALY WITH MARGARITA (R) 6:30 AM
7:00 AM	SO JANELLE * (R) 7:00 AM	THE BUSINESS OUTLOOK 7:00 AM INSIGHT WITH APRIL LEE-TAN (R) 7:30 AM	THE BUSINESS OUTLOOK 7:00 AM ANC CONVERSATIONS (R) 7:30 AM	THE BUSINESS OUTLOOK 7:00 AM ARTS.21 (R) 7:30 AM	THE BUSINESS OUTLOOK 7:00 AM DAYAW 7:30 AM	THE BUSINESS OUTLOOK 7:00 AM AT THE MOMENT (R) 7:30 AM	CITIZEN PINOY 7:00 AM
	ASIAN AIR SAFARI * (R) 7:30 AM						REV+ (R) 7:30 AM
8:00 AM	METABEATS (R) 8:00 AM	THE WORLD TONIGHT 8:00 AM	THE WORLD TONIGHT 8:00 AM	THE WORLD TONIGHT 8:00 AM	THE WORLD TONIGHT 8:00 AM	THE WORLD TONIGHT 8:00 AM	THE WORLD TONIGHT 8:00 AM
		EXECUTIVE CLASS (R) 8:30 AM	INSIGHT WITH APRIL LEE-TAN (R) 8:30 AM	AT THE MOMENT (R) 8:30 AM	REV+ (R) 8:30 AM	LSS: THE MARTIN NIEVERA SHOW (R) 8:30 AM	EXECUTIVE CLASS (R) 8:30 AM
9:00 AM	EXECUTIVE CLASS (R) 9:00 AM	TOMORROW TODAY (R) 9:00 AM EIC ON THE MOVE (R) 9:30 AM	GLOBAL 3000 (R) 9:00 AM TAO PO 9:30 AM	IN GOOD SHAPE (R) 9:00 AM LOCAL LEGENDS (R) 9:30 AM	ARTS.21 (R) 9:00 AM CASA DAZA (R) 9:30 AM	MADE IN GERMANY (R) 9:00 AM REV+ (R) 9:30 AM	24X24 (R) 9:00 AM
	EIC ON THE MOVE * (R) 9:30 AM						
10:00 AM	WOMEN OF STYLE (R) 10:00 AM	BEACHED (R) 10:00 AM	24X24 (R) 10:00 AM	FOODPRINTS * (R) 10:00 AM	EXECUTIVE CLASS (R) 10:00 AM ASIAN AIR SAFARI * (R) 10:30 AM	CHASING FLAVORS (R) 10:00 AM	METABEATS (R) 10:00 AM
	IN GOOD SHAPE (R) 10:30 AM						
11:00 AM	G DIARIES (R) 11:00 AM	THE WORLD TONIGHT (R) 11:00 AM DAYAW (R) 11:30 AM	THE WORLD TONIGHT (R) 11:00 AM DWELLINGS (R) 11:30 AM	THE WORLD TONIGHT (R) 11:00 AM GREEN LIVING (R) 11:30 AM	THE WORLD TONIGHT (R) 11:00 AM WOMEN OF STYLE (R) 11:30 AM	THE WORLD TONIGHT (R) 11:00 AM INSIGHT WITH APRIL LEE-TAN (R) 11:30 AM	THE WORLD TONIGHT (R) 11:00 AM LOCAL LEGENDS (R) 11:30 AM
	AT THE MOMENT (R) 11:30 AM						
12:00 PM	EIC ON THE MOVE (R) 12:00 PM	HEADSTART (R) 12:00 PM	HEADSTART (R) 12:00 PM	HEADSTART (R) 12:00 PM	HEADSTART (R) 12:00 PM	HEADSTART (R) 12:00 PM	TAO PO (R) 12:00 PM
	SO JANELLE (R) 12:30 PM						AT THE MOMENT (R) 12:30 PM
1:00 PM	ENTREP LAB * (R) 1:00 PM	EIC ON THE MOVE (R) 1:00 PM AT THE MOMENT (R) 1:30 PM	EXECUTIVE CLASS (R) 1:00 PM REV+ (R) 1:30 PM	DWELLINGS (R) 1:00 PM INSIGHT WITH APRIL LEE-TAN (R) 1:30 PM	#NOFILTER (R) 1:00 PM MY ITALY WITH MARGARITA (R) 1:30 PM	LOCAL LEGENDS (R) 1:00 PM GREEN LIVING (R) 1:30 PM	24X24 (R) 1:00 PM
	DAYAW (R) 1:30 PM						
2:00 PM	LOCAL LEGENDS (R) 2:00 PM	ASIAN AIR SAFARI * (R) 2:30 PM	ENTREP LAB (R) 2:00 PM DAYAW (R) 2:30 PM	LSS: THE MARTIN NIEVERA SHOW (R) 2:00 PM G DIARIES (R) 2:30 PM	AT THE MOMENT (R) 2:00 PM CASA DAZA (R) 2:30 PM	EIC ON THE MOVE (R) 2:00 PM AT THE MOMENT (R) 2:30 PM	GREEN LIVING (R) 2:00 PM LSS: THE MARTIN NIEVERA SHOW (R) 2:30 PM
	ASIAN AIR SAFARI * (R) 2:30 PM						
3:00 PM	CASA DAZA (R) 3:00 PM	WOMEN OF STYLE (R) 3:00 PM TOMORROW TODAY (R) 3:30 PM	EIC ON THE MOVE (R) 3:00 PM GLOBAL 3000 (R) 3:30 PM	MY ITALY WITH MARGARITA (R) 3:00 PM IN GOOD SHAPE (R) 3:30 PM	DWELLINGS (R) 3:00 PM ARTS.21 (R) 3:30 PM	BEACHED (R) 3:00 PM	G DIARIES * (R) 3:00 PM MY ITALY WITH MARGARITA (R) 3:30 PM
	MADE IN GERMANY (R) 3:30 PM						
4:00 PM	DWELLINGS (R) 4:00 PM	LSS: THE MARTIN NIEVERA SHOW (R) 4:00 PM CITIZEN PINOY (R) 4:30 PM	ASIAN AIR SAFARI (R) 4:00 PM CITIZEN PINOY (R) 4:30 PM	CASA DAZA (R) 4:00 PM CITIZEN PINOY (R) 4:30 PM	EIC ON THE MOVE (R) 4:00 PM CITIZEN PINOY (R) 4:30 PM	WOMEN OF STYLE (R) 4:00 PM EXECUTIVE CLASS (R) 4:30 PM	GLOBAL 3000 (R) 4:00 PM MADE IN GERMANY (R) 4:30 PM
	ANC CONVERSATIONS 4:30 PM						
5:00 PM	FOODPRINTS * 5:00 PM	THE BUSINESS ROADSHOW (R) 5:00 PM	THE BUSINESS ROADSHOW (R) 5:00 PM	THE BUSINESS ROADSHOW (R) 5:00 PM	THE BUSINESS ROADSHOW (R) 5:00 PM	THE BUSINESS ROADSHOW (R) 5:00 PM	THE WORD EXPOSED 5:00 PM
							DAYAW (R) 5:30 PM
6:00 PM	ANC RUNDOWN 6:00 PM	ANC RUNDOWN 6:00 PM THE BUSINESS OUTLOOK (R) 6:30 PM	ANC RUNDOWN 6:00 PM THE BUSINESS OUTLOOK (R) 6:30 PM	ANC RUNDOWN 6:00 PM THE BUSINESS OUTLOOK (R) 6:30 PM	ANC RUNDOWN 6:00 PM THE BUSINESS OUTLOOK (R) 6:30 PM	ANC RUNDOWN 6:00 PM THE BUSINESS OUTLOOK (R) 6:30 PM	METABEATS (R) 6:00 PM
	INSIGHT WITH APRIL LEE-TAN** (R) 6:30 PM						
7:00 PM	HEADSTART 7:00 PM	HEADSTART 7:00 PM	HEADSTART 7:00 PM	HEADSTART 7:00 PM	HEADSTART 7:00 PM	ANC HEADLINES - 7:00 PM	EXECUTIVE CLASS (R) 7:00 PM
						CITIZEN PINOY (R) 7:05 PM TOMORROW TODAY (R) 7:30 PM	BEACHED*** 7:30 PM
8:00 PM	MARKET EDGE 8:00 PM	MARKET EDGE 8:00 PM	MARKET EDGE 8:00 PM	MARKET EDGE 8:00 PM	MARKET EDGE 8:00 PM	ANC CONVERSATIONS 8:00 PM	SO JANELLE 8:30 PM
						CASA DAZA (R) 8:30 PM	
9:00 PM	ANC HEADLINES - 9:00 PM	ANC HEADLINES - 9:00 PM	ANC HEADLINES - 9:00 PM	ANC HEADLINES - 9:00 PM	ANC HEADLINES - 9:00 PM	ANC RUNDOWN 9:00 PM	CHASING FLAVORS (R) 9:00 PM
	WOMEN OF STYLE (R) 9:05 PM HOTCOPY ON HEADSTART (R) 9:30 PM						
10:00 PM	ANC HEADLINES - 10:00 PM	ANC HEADLINES - 10:00 PM	ANC HEADLINES - 10:00 PM	ANC HEADLINES - 10:00 PM	ANC HEADLINES - 10:00 PM	ANC HEADLINES - 10:00 PM	FOODPRINTS (R) 10:00 PM
	IN GOOD SHAPE (R) 10:05 PM LSS: THE MARTIN NIEVERA SHOW (R) 10:30 PM						
11:00 PM	DATELINE PHILIPPINES 11:00 PM	DATELINE PHILIPPINES 11:00 PM	DATELINE PHILIPPINES 11:00 PM	DATELINE PHILIPPINES 11:00 PM	DATELINE PHILIPPINES 11:00 PM	DATELINE PHILIPPINES 11:00 PM	HEADSTART * (R) 11:00 PM