ANC CABLE TV GUIDE
LONDON, UNITED KINGDOM

LONDON (DST)	SUNDAY OCT 1	MONDAY OCT 2	TUESDAY OCT 3	WEDNESDAY OCT 4	THURSDAY OCT 5	FRIDAY OCT 6	SATURDAY SEP 30
12:00 AM	METABEATS (R) 12:00 AM	ANC RUNDOWN 12:00 AM	ANC RUNDOWN 12:00 AM	ANC RUNDOWN 12:00 AM	ANC RUNDOWN 12:00 AM	ANC RUNDOWN 12:00 AM	ANC RUNDOWN 12:00 AM
		INSIGHT WITH APRIL LEE-TAN** (R) 12:30 AM	THE BUSINESS OUTLOOK (R) 12:30 AM	THE BUSINESS OUTLOOK (R) 12:30 AM	THE BUSINESS OUTLOOK (R) 12:30 AM	THE BUSINESS OUTLOOK (R) 12:30 AM	THE BUSINESS OUTLOOK (R) 12:30 AM
1:00 AM	EXECUTIVE CLASS (R) 1:00 AM	HEADSTART 1:00 AM	HEADSTART 1:00 AM	HEADSTART 1:00 AM	HEADSTART 1:00 AM	HEADSTART 1:00 AM	ANC HEADLINES - 1:00 AM
	BEACHED*** 1:30 AM						CITIZEN PINOY (R) 1:05 AM
							TOMORROW TODAY (R) 1:30 AM
2:00 AM		MARKET EDGE 2:00 AM	MARKET EDGE 2:00 AM	MARKET EDGE 2:00 AM	MARKET EDGE 2:00 AM	MARKET EDGE 2:00 AM	ANC CONVERSATIONS 2:00 AM
	SO JANELLE (R) 2:30 AM						CASA DAZA (R) 2:30 AM
3:00 AM	CHASING FLAVORS (R) 3:00 AM	ANC HEADLINES - 3:00 AM	ANC HEADLINES - 3:00 AM	ANC HEADLINES - 3:00 AM	ANC HEADLINES - 3:00 AM	ANC HEADLINES - 3:00 AM	ANC RUNDOWN 3:00 AM
		WOMEN OF STYLE (R) 3:05 AM	CASA DAZA (R) 3:05 AM	MY ITALY WITH MARGARITA (R) 3:05 AM	#NOFILTER (R) 3:05 AM	LOCAL LEGENDS (R) 3:05 AM	
		HOTCOPY ON HEADSTART (R) 3:30 AM	HOTCOPY ON HEADSTART (R) 3:30 AM	HOTCOPY ON HEADSTART (R) 3:30 AM	HOTCOPY ON HEADSTART (R) 3:30 AM	HOTCOPY ON HEADSTART (R) 3:30 AM	G DIARIES 3:30 AM
4:00 AM	FOODPRINTS (R) 4:00 AM	ANC HEADLINES - 4:00 AM	ANC HEADLINES - 4:00 AM	ANC HEADLINES - 4:00 AM	ANC HEADLINES - 4:00 AM	ANC HEADLINES - 4:00 AM	ANC HEADLINES - 4:00 AM
		IN GOOD SHAPE (R) 4:05 AM	ARTS.21 (R) 4:05 AM	MADE IN GERMANY (R) 4:05 AM	TOMORROW TODAY (R) 4:05 AM	GLOBAL US (R) 4:05 AM (NEW)	DAYAW (R) 4:05 AM
		LSS: THE MARTIN NIEVERA SHOW (R) 4:30 AM	GREEN LIVING (R) 4:30 AM	#NOFILTER 4:30 AM	TAO PO (R) 4:30 AM	REV+ (R) 4:30 AM	GLOBAL 3000 (R) 4:30 AM
5:00 AM	HEADSTART * (R) 5:00 AM	DATELINE PHILIPPINES 5:00 AM	DATELINE PHILIPPINES 5:00 AM	DATELINE PHILIPPINES 5:00 AM	DATELINE PHILIPPINES 5:00 AM	DATELINE PHILIPPINES 5:00 AM	DATELINE PHILIPPINES 5:00 AM
6:00 AM	AT THE MOMENT (R) 6:00 AM	ANC HEADLINES - 6:00 AM	ANC HEADLINES - 6:00 AM	ANC HEADLINES - 6:00 AM	ANC HEADLINES - 6:00 AM	ANC HEADLINES - 6:00 AM	ANC HEADLINES - 6:00 AM
	LSS: THE MARTIN NIEVERA SHOW (R) 6:30 AM	FOODPRINTS * (R) 6:05 AM	BEACHED (R) 6:05 AM	CHASING FLAVORS (R) 6:05 AM	GREEN LIVING (R) 6:05 AM	24X24 * (R) 6:05 AM	INSIGHT WITH APRIL LEE-TAN (R) 6:05 AM
					CITIZEN PINOY (R) 6:30 AM		REV+ (R) 6:30 AM
7:00 AM	WOMEN OF STYLE (R) 7:00 AM	ANC HEADLINES - 7:00 AM	ANC HEADLINES - 7:00 AM	ANC HEADLINES - 7:00 AM	ANC HEADLINES - 7:00 AM	ANC HEADLINES - 7:00 AM	ANC HEADLINES - 7:00 AM
	EIC ON THE MOVE (R) 7:30 AM	ARTS.21 (R) 7:05 AM	MADE IN GERMANY (R) 7:05 AM	TOMORROW TODAY (R) 7:05 AM	GLOBAL 3000 (R) 7:05 AM	IN GOOD SHAPE (R) 7:05 AM	ASIAN AIR SAFARI * (R) 7:05 AM
		CITIZEN PINOY (R) 7:30 AM	EXECUTIVE CLASS (R) 7:30 AM	INSIGHT WITH APRIL LEE-TAN (R) 7:30 AM	AT THE MOMENT (R) 7:30 AM	DAYAW (R) 7:30 AM	HOTCOPY ON HEADSTART (R) 7:30 AM
8:00 AM	ANC CONVERSATIONS 8:00 AM	THE BUSINESS ROADSHOW 8:00 AM	THE BUSINESS ROADSHOW 8:00 AM	THE BUSINESS ROADSHOW 8:00 AM	THE BUSINESS ROADSHOW 8:00 AM	THE BUSINESS ROADSHOW 8:00 AM	ANC HEADLINES - 8:00 AM
	DWELLINGS 8:30 AM						CHASING FLAVORS (R) 8:05 AM
9:00 AM	ARTS.21 (R) 9:00 AM	ANC HEADLINES - 9:00 AM	ANC HEADLINES - 9:00 AM	ANC HEADLINES - 9:00 AM	ANC HEADLINES - 9:00 AM	ANC HEADLINES - 9:00 AM	ANC HEADLINES - 9:00 AM
	TOMORROW TODAY (R) 9:30 AM	AT THE MOMENT (R) 9:05 AM	REV+ (R) 9:05 AM	LSS: THE MARTIN NIEVERA SHOW (R) 9:05 AM	EXECUTIVE CLASS (R) 9:05 AM	INSIGHT WITH APRIL LEE-TAN (R) 9:05 AM	TAO PO (R) 9:05 AM
		GLOBAL 3000 (R) 9:30 AM	IN GOOD SHAPE (R) 9:30 AM	ARTS.21 (R) 9:30 AM	MADE IN GERMANY (R) 9:30 AM	TOMORROW TODAY (R) 9:30 AM	ENTREP LAB (R) 9:30 AM
10:00 AM	CITIZEN PINOY (R) 10:00 AM	TOP STORY 10:00 AM	TOP STORY 10:00 AM	TOP STORY 10:00 AM	TOP STORY 10:00 AM	TOP STORY 10:00 AM	TOP STORY 10:00 AM
	MY ITALY WITH MARGARITA * (R) 10:30 AM						FOODPRINTS (R) 10:30 AM
11:00 AM	CASA DAZA (R) 11:00 AM	ANC HEADLINES - 11:00 AM	ANC HEADLINES - 11:00 AM	ANC HEADLINES - 11:00 AM	ANC HEADLINES - 11:00 AM	ANC HEADLINES - 11:00 AM	
		EXECUTIVE CLASS 11:05 AM	INSIGHT WITH APRIL LEE-TAN 11:05 AM	AT THE MOMENT 11:05 AM	REV+ 11:05 AM	LSS: THE MARTIN NIEVERA SHOW 11:05 AM	
	REV+ (R) 11:30 AM	WOMEN OF STYLE 11:30 AM	EIC ON THE MOVE * (R) 11:30 AM	MY ITALY WITH MARGARITA 11:30 AM	CITIZEN PINOY 11:30 AM	CASA DAZA 11:30 AM	LSS: THE MARTIN NIEVERA SHOW (R) 11:30 AM
12:00 PM	ENTREP LAB (R) 12:00 PM	ARTS.21 12:00 PM	MADE IN GERMANY 12:00 PM	TOMORROW TODAY 12:00 PM	GLOBAL US 12:00 PM (NEW)	IN GOOD SHAPE 12:00 PM	AT THE MOMENT (R) 12:00 PM
	#NOFILTER (R) 12:30 PM	MADE IN GERMANY (R) 12:30 PM	TOMORROW TODAY (R) 12:30 PM	GLOBAL 3000 (R) 12:30 PM	IN GOOD SHAPE (R) 12:30 PM	ARTS.21 (R) 12:30 PM	MY ITALY WITH MARGARITA (R) 12:30 PM
1:00 PM	SO JANELLE * (R) 1:00 PM	THE BUSINESS OUTLOOK 1:00 PM	THE BUSINESS OUTLOOK 1:00 PM	THE BUSINESS OUTLOOK 1:00 PM	THE BUSINESS OUTLOOK 1:00 PM	THE BUSINESS OUTLOOK 1:00 PM	CITIZEN PINOY 1:00 PM
	ASIAN AIR SAFARI * (R) 1:30 PM	INSIGHT WITH APRIL LEE-TAN (R) 1:30 PM	ANC CONVERSATIONS (R) 1:30 PM	ARTS.21 (R) 1:30 PM	DAYAW 1:30 PM	AT THE MOMENT (R) 1:30 PM	REV+ (R) 1:30 PM
2:00 PM	METABEATS (R) 2:00 PM	THE WORLD TONIGHT 2:00 PM	THE WORLD TONIGHT 2:00 PM	THE WORLD TONIGHT 2:00 PM	THE WORLD TONIGHT 2:00 PM	THE WORLD TONIGHT 2:00 PM	THE WORLD TONIGHT 2:00 PM
		EXECUTIVE CLASS (R) 2:30 PM	INSIGHT WITH APRIL LEE-TAN (R) 2:30 PM	AT THE MOMENT (R) 2:30 PM	REV+ (R) 2:30 PM	LSS: THE MARTIN NIEVERA SHOW (R) 2:30 PM	EXECUTIVE CLASS (R) 2:30 PM
3:00 PM	EXECUTIVE CLASS (R) 3:00 PM	TOMORROW TODAY (R) 3:00 PM	GLOBAL 3000 (R) 3:00 PM	IN GOOD SHAPE (R) 3:00 PM	ARTS.21 (R) 3:00 PM	MADE IN GERMANY (R) 3:00 PM	24X24 (R) 3:00 PM
	EIC ON THE MOVE * (R) 3:30 PM	EIC ON THE MOVE (R) 3:30 PM	TAO PO 3:30 PM	LOCAL LEGENDS (R) 3:30 PM	CASA DAZA (R) 3:30 PM	REV+ (R) 3:30 PM	
4:00 PM	WOMEN OF STYLE (R) 4:00 PM	BEACHED (R) 4:00 PM	24X24 (R) 4:00 PM	FOODPRINTS * (R) 4:00 PM	EXECUTIVE CLASS (R) 4:00 PM	CHASING FLAVORS (R) 4:00 PM	METABEATS (R) 4:00 PM
	IN GOOD SHAPE (R) 4:30 PM				ASIAN AIR SAFARI * (R) 4:30 PM		
5:00 PM	G DIARIES (R) 5:00 PM	THE WORLD TONIGHT (R) 4:00 PM	THE WORLD TONIGHT (R) 5:00 PM	THE WORLD TONIGHT (R) 5:00 PM	THE WORLD TONIGHT (R) 5:00 PM	THE WORLD TONIGHT (R) 5:00 PM	THE WORLD TONIGHT (R) 5:00 PM
	AT THE MOMENT (R) 5:30 PM	DAYAW (R) 5:30 PM	DWELLINGS (R) 5:30 PM	GREEN LIVING (R) 5:30 PM	WOMEN OF STYLE (R) 5:30 PM	INSIGHT WITH APRIL LEE-TAN (R) 5:30 PM	LOCAL LEGENDS (R) 5:30 PM
6:00 PM	EIC ON THE MOVE (R) 6:00 PM	HEADSTART (R) 6:00 PM	HEADSTART (R) 6:00 PM	HEADSTART (R) 6:00 PM	HEADSTART (R) 6:00 PM	HEADSTART (R) 6:00 PM	TAO PO (R) 6:00 PM
	SO JANELLE (R) 6:30 PM						AT THE MOMENT (R) 6:30 PM
7:00 PM	ENTREP LAB * (R) 7:00 PM	EIC ON THE MOVE (R) 7:00 PM	EXECUTIVE CLASS (R) 7:00 PM	DWELLINGS (R) 7:00 PM	#NOFILTER (R) 7:00 PM	LOCAL LEGENDS (R) 7:00 PM	24X24 (R) 7:00 PM
	DAYAW (R) 7:30 PM	AT THE MOMENT (R) 7:30 PM	REV+ (R) 7:30 PM	INSIGHT WITH APRIL LEE-TAN (R) 7:30 PM	MY ITALY WITH MARGARITA (R) 7:30 PM	GREEN LIVING (R) 7:30 PM	
8:00 PM	LOCAL LEGENDS (R) 8:00 PM	ASIAN AIR SAFARI * 8:00 PM	ENTREP LAB (R) 8:00 PM	LSS: THE MARTIN NIEVERA SHOW (R) 8:00 PM	AT THE MOMENT (R) 8:00 PM	EIC ON THE MOVE (R) 8:00 PM	GREEN LIVING (R) 8:00 PM
	ASIAN AIR SAFARI * (R) 8:30 PM	REV+ (R) 8:30 PM	DAYAW (R) 8:30 PM	G DIARIES (R) 8:30 PM	CASA DAZA (R) 8:30 PM	AT THE MOMENT (R) 8:30 PM	LSS: THE MARTIN NIEVERA SHOW (R) 8:30 PM
9:00 PM	CASA DAZA (R) 9:00 PM	WOMEN OF STYLE (R) 9:00 PM	EIC ON THE MOVE (R) 9:00 PM	MY ITALY WITH MARGARITA (R) 9:00 PM	DWELLINGS (R) 9:00 PM	BEACHED (R) 9:00 PM	G DIARIES * (R) 9:00 PM
	MADE IN GERMANY (R) 9:30 PM	TOMORROW TODAY (R) 9:30 PM	GLOBAL 3000 (R) 9:30 PM	IN GOOD SHAPE (R) 9:30 PM	ARTS.21 (R) 9:30 PM		MY ITALY WITH MARGARITA (R) 9:30 PM
10:00 PM	DWELLINGS (R) 10:00 PM	LSS: THE MARTIN NIEVERA SHOW (R) 10:00 PM	ASIAN AIR SAFARI (R) 10:00 PM	CASA DAZA (R) 10:00 PM	EIC ON THE MOVE (R) 10:00 PM	WOMEN OF STYLE (R) 10:00 PM	GLOBAL 3000 (R) 10:00 PM
	ANC CONVERSATIONS 10:30 PM	CITIZEN PINOY (R) 10:30 PM	CITIZEN PINOY (R) 10:30 PM	CITIZEN PINOY (R) 10:30 PM	CITIZEN PINOY (R) 10:30 PM	EXECUTIVE CLASS (R) 10:30 PM	MADE IN GERMANY (R) 10:30 PM
11:00 PM	FOODPRINTS * 11:00 PM	THE BUSINESS ROADSHOW (R) 11:00 PM	THE BUSINESS ROADSHOW (R) 11:00 PM	THE BUSINESS ROADSHOW (R) 11:00 PM	THE BUSINESS ROADSHOW (R) 11:00 PM	THE BUSINESS ROADSHOW (R) 11:00 PM	THE WORD EXPOSED 11:00 PM
							DAYAW (R) 11:30 PM

SEP. 30 - OCT. 6, 2023