

ANC CABLE TV GUIDE
MANILA, HONG KONG, SINGAPORE



MANILA TIME	SUNDAY JUL 7	MONDAY JUL 8	TUESDAY JUL 9	WEDNESDAY JUL 10	THURSDAY JUL 11	FRIDAY JUL 12	SATURDAY JUL 6
12:00 AM	THE WORLD TONIGHT (R) 12:00 AM	SO JANNELLE (R) 12:00 AM	THE WORLD TONIGHT (R) 12:00 AM	THE WORLD TONIGHT (R) 12:00 AM	THE WORLD TONIGHT (R) 12:00 AM	THE WORLD TONIGHT (R) 12:00 AM	THE WORLD TONIGHT (R) 12:00 AM
	LOCAL LEGENDS (R) 12:30 AM	AT THE MOMENT (R) 12:30 AM	DAYAW (R) 12:30 AM	DWELLINGS (R) 12:30 AM	ON CUE (R) 12:30 AM	INSIGHTS: ISRAEL AND MIDDLE EAST (R) 12:30 AM	INSIGHT WITH APRIL LEE-TAN (R) 12:30 AM
1:00 AM	TAO PO (R) 1:00 AM	EIC ON THE MOVE (R) 1:00 AM	HEADSTART (R) 1:00 AM	HEADSTART (R) 1:00 AM	HEADSTART (R) 1:00 AM	HEADSTART (R) 1:00 AM	HEADSTART (R) 1:00 AM
	AT THE MOMENT (R) 1:30AM	REV+ (R) 1:30 AM					
2:00 AM	24X24 (R) 2:00 AM	ENTREP LAB * (R) 2:00 AM	EIC ON THE MOVE (R) 2:00 AM	EXECUTIVE CLASS (R) 2:00 AM	DWELLINGS (R) 2:00 AM	#NOFILTER (R) 2:00 AM	LOCAL LEGENDS (R) 2:00 AM
		DAYAW (R) 2:30 AM	AT THE MOMENT (R) 2:30 AM	REV+ (R) 2:30 AM	INSIGHT WITH APRIL LEE-TAN (R) 2:30 AM	MY ITALY WITH MARGARITA (R) 2:30 AM	GREEN LIVING (R) 2:30 AM
3:00 AM	ON CUE (R) 3:00 AM	LOCAL LEGENDS (R) 3:00 AM	ASIAN AIR SAFARI * 3:00 AM	ENTREP LAB (R) 3:00 AM	LSS: THE MARTIN NIEVERA SHOW (R) 3:00 AM	AT THE MOMENT (R) 3:00 AM	EIC ON THE MOVE (R) 3:00 AM
	LSS: THE MARTIN NIEVERA SHOW (R) 3:30 AM	ASIAN AIR SAFARI * (R) 3:30 AM	REV+ (R) 3:30 AM	DAYAW (R) 3:30 AM	DAYAW (R) 3:30 AM	CASA DAZA (R) 3:30 AM	AT THE MOMENT (R) 3:30 AM
4:00 AM	DAYAW (R) 4:00 AM	CASA DAZA (R) 4:00 AM	INSIGHTS: ISRAEL AND MIDDLE EAST (R) 4:00 AM	EIC ON THE MOVE (R) 4:00 AM	MY ITALY WITH MARGARITA (R) 4:00 AM	DWELLINGS (R) 4:00 AM	BEACHED (R) 4:00 AM
	MY ITALY WITH MARGARITA (R) 4:30 AM	MADE IN GERMANY (R) 4:30 AM	TOMORROW TODAY (R) 4:30 AM	GLOBAL US (R) 4:30 AM	IN GOOD SHAPE (R) 4:30 AM	ARTS.21 (R) 4:30 AM	
5:00 AM	GLOBAL US (R) 5:00 AM	DWELLINGS (R) 5:00 AM	LSS: THE MARTIN NIEVERA SHOW (R) 5:00 AM	ASIAN AIR SAFARI (R) 5:00 AM	CASA DAZA (R) 5:00 AM	EIC ON THE MOVE (R) 5:00 AM	INSIGHTS: ISRAEL AND MIDDLE EAST (R) 5:00 AM
	MADE IN GERMANY (R) 5:30 AM	CITIZEN PINOY (R) 5:30 AM	CITIZEN PINOY (R) 5:30 AM	CITIZEN PINOY (R) 5:30 AM	CITIZEN PINOY (R) 5:30 AM	ON CUE (R) 5:30 AM	EXECUTIVE CLASS (R) 5:30 AM
6:00 AM	THE WORD EXPOSED 6:00 AM	FOODPRINTS * 6:00 AM	THE BUSINESS ROADSHOW (R) 6:00 AM	THE BUSINESS ROADSHOW (R) 6:00 AM	THE BUSINESS ROADSHOW (R) 6:00 AM	THE BUSINESS ROADSHOW (R) 6:00 AM	THE BUSINESS ROADSHOW (R) 6:00 AM
	DAYAW (R) 6:30 AM						
7:00 AM	METABEATS (R) 7:00 AM	ANC RUNDOWN 7:00 AM	ANC RUNDOWN 7:00 AM	ANC RUNDOWN 7:00 AM	ANC RUNDOWN 7:00 AM	ANC RUNDOWN 7:00 AM	ANC RUNDOWN 7:00 AM
		INSIGHT WITH APRIL LEE-TAN** (R) 7:30 AM	THE BUSINESS OUTLOOK (R) 7:30 AM	THE BUSINESS OUTLOOK (R) 7:30 AM	THE BUSINESS OUTLOOK (R) 7:30 AM	THE BUSINESS OUTLOOK (R) 7:30 AM	THE BUSINESS OUTLOOK (R) 7:30 AM
8:00 AM	EXECUTIVE CLASS (R) 8:00 AM	HEADSTART 8:00 AM	HEADSTART 8:00 AM	HEADSTART 8:00 AM	HEADSTART 8:00 AM	HEADSTART 8:00 AM	ANC HEADLINES - 8:00 AM METABEATS 8:05 AM
	BEACHED 8:30 AM						
9:00 AM	INSIGHT WITH APRIL LEE-TAN (R) 9:30 AM	MARKET EDGE 9:00 AM	MARKET EDGE 9:00 AM	MARKET EDGE 9:00 AM	MARKET EDGE 9:00 AM	MARKET EDGE 9:00 AM	ANC CONVERSATIONS 9:00 AM
							CASA DAZA (R) 9:30 AM
10:00 AM	CHASING FLAVORS (R) 10:00 AM	ANC HEADLINES - 10:00 AM INSIGHTS: ISRAEL AND MIDDLE EAST (R) 10:05 AM	ANC HEADLINES - 10:00 AM CASA DAZA (R) 10:05 AM	ANC HEADLINES - 10:00 AM MY ITALY WITH MARGARITA (R) 10:05 AM	ANC HEADLINES - 10:00 AM #NOFILTER (R) 10:05 AM	ANC HEADLINES - 10:00 AM LOCAL LEGENDS (R) 10:05 AM	ANC RUNDOWN 10:00 AM
		HOTCOPY ON HEADSTART (R) 10:30 AM	HOTCOPY ON HEADSTART (R) 10:30 AM	HOTCOPY ON HEADSTART (R) 10:30 AM	HOTCOPY ON HEADSTART (R) 10:30 AM	HOTCOPY ON HEADSTART (R) 10:30 AM	ON CUE (R) 10:30 AM
11:00 AM	SO JANNELLE 11:00 AM	ANC HEADLINES - 11:00 AM IN GOOD SHAPE (R) 11:05 AM	ANC HEADLINES - 11:00 AM ARTS 21 (R) 11:05 AM	ANC HEADLINES - 11:00 AM MADE IN GERMANY (R) 11:05 AM	ANC HEADLINES - 11:00 AM TOMORROW TODAY (R) 11:05 AM	ANC HEADLINES - 11:00 AM GLOBAL US (R) 11:05 AM	DAYAW (R) 11:05 AM
	IN GOOD SHAPE (R) 11:30 AM	LSS: THE MARTIN NIEVERA SHOW (R) 11:30 AM	ON CUE 11:30 AM	#NOFILTER (R) 11:30 AM	TAO PO (R) 11:30 AM	REV+ (R) 11:30 AM	GLOBAL US (R) 11:30 AM
12:00 PM	HEADSTART * (R) 12:00 PM	DATeline PHILIPPINES 12:00 PM	DATeline PHILIPPINES 12:00 PM	DATeline PHILIPPINES 12:00 PM	DATeline PHILIPPINES 12:00 PM	DATeline PHILIPPINES 12:00 PM	DATeline PHILIPPINES 12:00 PM
1:00 PM	AT THE MOMENT (R) 1:00 PM	ANC HEADLINES - 1:00 PM	ANC HEADLINES - 1:00 PM	ANC HEADLINES - 1:00 PM	ANC HEADLINES - 1:00 PM	ANC HEADLINES - 1:00 PM	ANC HEADLINES - 1:00 PM
	LSS: THE MARTIN NIEVERA SHOW (R) 1:30 PM	FOODPRINTS 1:05 PM	BEACHED 1:05 PM	CHASING FLAVORS 1:05 PM	ON CUE 1:05 PM	24X24 * 1:05 PM	INSIGHT WITH APRIL LEE-TAN (R) 1:05 PM
2:00 PM	INSIGHTS: ISRAEL AND MIDDLE EAST (R) 2:00 PM	ANC HEADLINES - 2:00 PM REV+ (R) 2:05 PM	ANC HEADLINES - 2:00 PM MADE IN GERMANY (R) 2:05 PM	ANC HEADLINES - 2:00 PM TOMORROW TODAY (R) 2:05 PM	ANC HEADLINES - 2:00 PM GLOBAL US (R) 2:05 PM	ANC HEADLINES - 2:00 PM IN GOOD SHAPE (R) 2:05 PM	ANC HEADLINES - 2:00 PM ASIAN AIR SAFARI * (R) 2:05 PM
	EIC ON THE MOVE 2:30 PM	MY ITALY WITH MARGARITA (R) 2:30 PM	EXECUTIVE CLASS (R) 2:30 PM	INSIGHT WITH APRIL LEE-TAN (R) 2:30 PM	AT THE MOMENT (R) 2:30 PM	DAYAW (R) 2:30 PM	HOTCOPY ON HEADSTART (R) 2:30 PM
3:00 PM	GLOBAL US (R) 3:00 PM	THE BUSINESS ROADSHOW 3:00 PM	THE BUSINESS ROADSHOW 3:00 PM	THE BUSINESS ROADSHOW 3:00 PM	THE BUSINESS ROADSHOW 3:00 PM	THE BUSINESS ROADSHOW 3:00 PM	ANC HEADLINES - 3:00 PM CHASING FLAVORS (R) 3:05 PM
	DWELLINGS 3:30 PM						
4:00 PM	ARTS.21 (R) 4:00 PM	ANC HEADLINES - 4:00 PM AT THE MOMENT (R) 4:05 PM	ANC HEADLINES - 4:00 PM REV+ (R) 4:05 PM	ANC HEADLINES - 4:00 PM LSS: THE MARTIN NIEVERA SHOW (R) 4:05 PM	ANC HEADLINES - 4:00 PM EXECUTIVE CLASS (R) 4:05 PM	ANC HEADLINES - 4:00 PM INSIGHT WITH APRIL LEE=TAN (R) 4:05 PM	ANC HEADLINES - 4:00 PM TAO PO (R) 4:05 PM
	TOMORROW TODAY (R) 4:30 PM	GLOBAL US (R) 4:30 PM	IN GOOD SHAPE (R) 4:30 PM	ARTS.21 (R) 4:30 PM	MADE IN GERMANY (R) 4:30 PM	TOMORROW TODAY (R) 4:30 PM	INSIGHTS: ISRAEL AND MIDDLE EAST (R) 4:30 PM
5:00 PM	CITIZEN PINOY (R) 5:00 PM	TOP STORY 5:00 PM	TOP STORY 5:00 PM	TOP STORY 5:00 PM	TOP STORY 5:00 PM	TOP STORY 5:00 PM	TOP STORY 5:00 PM
	MY ITALY WITH MARGARITA * (R) 5:30 PM						FOODPRINTS (R) 5:30 PM
6:00 PM	CASA DAZA (R) 6:00 PM	ANC HEADLINES - 6:00 PM EXECUTIVE CLASS 6:05 PM	ANC HEADLINES - 6:00 PM INSIGHT WITH APRIL LEE-TAN 6:05 PM	ANC HEADLINES - 6:00 PM AT THE MOMENT 6:05 PM	ANC HEADLINES - 6:00 PM REV+ 6:05 PM	ANC HEADLINES - 6:00 PM LSS: THE MARTIN NIEVERA SHOW 6:05 PM	LSS: THE MARTIN NIEVERA SHOW (R) 6:30 PM
	REV+ (R) 6:30 PM	INSIGHTS: ISRAEL AND MIDDLE EAST 6:30 PM	EIC ON THE MOVE * (R) 6:30 PM	MY ITALY WITH MARGARITA 6:30 PM	CITIZEN PINOY 6:30 PM	CASA DAZA 6:30 PM	
7:00 PM	ENTREP LAB (R) 7:00 PM	ARTS.21 7:00 PM	MADE IN GERMANY 7:00 PM	TOMORROW TODAY 7:00 PM	GLOBAL US 7:00 PM	IN GOOD SHAPE 7:00 PM	AT THE MOMENT (R) 7:00 PM
	#NOFILTER (R) 7:30 PM	MADE IN GERMANY (R) 7:30 PM	TOMORROW TODAY (R) 7:30 PM	GLOBAL US (R) 7:30 PM	IN GOOD SHAPE (R) 7:30 PM	ARTS.21 (R) 7:30 PM	MY ITALY WITH MARGARITA (R) 7:30 PM
8:00 PM	DWELLINGS (R) 8:00 PM	THE BUSINESS OUTLOOK 8:00 PM	THE BUSINESS OUTLOOK 8:00 PM	THE BUSINESS OUTLOOK 8:00 PM	THE BUSINESS OUTLOOK 8:00 PM	THE BUSINESS OUTLOOK 8:00 PM	CITIZEN PINOY (R) 8:00 PM
	ASIAN AIR SAFARI * (R) 8:30 PM						REV+ (R) 8:30 PM
9:00 PM	METABEATS (R) 9:00 PM	THE WORLD TONIGHT 9:00 PM	THE WORLD TONIGHT 9:00 PM	THE WORLD TONIGHT 9:00 PM	THE WORLD TONIGHT 9:00 PM	THE WORLD TONIGHT 9:00 PM	THE WORLD TONIGHT 9:00 PM
		EXECUTIVE CLASS (R) 9:30 PM	INSIGHT WITH APRIL LEE-TAN (R) 9:30 PM	AT THE MOMENT (R) 9:30 PM	REV+ (R) 9:30 PM	LSS: THE MARTIN NIEVERA SHOW (R) 9:30 PM	EXECUTIVE CLASS (R) 9:30 PM
10:00 PM	EXECUTIVE CLASS (R) 10:00 PM	TOMORROW TODAY (R) 10:00 PM	GLOBAL US (R) 10:00 PM	IN GOOD SHAPE (R) 10:00 PM	ARTS.21 (R) 10:00 PM	MADE IN GERMANY (R) 10:00 PM	24X24 (R) 10:00 PM
	EIC ON THE MOVE * (R) 10:30 PM	EIC ON THE MOVE (R) 10:30 PM	TAO PO 10:30 PM	LOCAL LEGENDS (R) 10:30 PM	CASA DAZA (R) 10:30 PM	REV+ (R) 10:30 PM	
11:00 PM	INSIGHTS: ISRAEL AND MIDDLE EAST (R) 11:00 PM	BEACHED (R) 11:00 PM	24X24 (R) 11:00 PM	FOODPRINTS * (R) 11:00 PM	EXECUTIVE CLASS (R) 11:00 PM	CHASING FLAVORS (R) 11:00 PM	METABEATS (R) 11:00 PM
	ON CUE (R) 11:30 PM				ASIAN AIR SAFARI * (R) 11:30 PM		

Japan (+1HR)