

ANC CABLE TV GUIDE  
MANILA, HONG KONG, SINGAPORE



| MANILA TIME | SUNDAY<br>MAY 26                            | MONDAY<br>MAY 27                            | TUESDAY<br>MAY 28                           | WEDNESDAY<br>MAY 29                         | THURSDAY<br>MAY 30                          | FRIDAY<br>MAY 31                            | SATURDAY<br>MAY 25                          |
|-------------|---------------------------------------------|---------------------------------------------|---------------------------------------------|---------------------------------------------|---------------------------------------------|---------------------------------------------|---------------------------------------------|
| 12:00 AM    | THE WORLD TONIGHT<br>(R) 12:00 AM           | SO JANNELLE<br>(R) 12:00 AM                 | THE WORLD TONIGHT<br>(R) 12:00 AM           | THE WORLD TONIGHT<br>(R) 12:00 AM           | THE WORLD TONIGHT<br>(R) 12:00 AM           | THE WORLD TONIGHT<br>(R) 12:00 AM           | THE WORLD TONIGHT<br>(R) 12:00 AM           |
|             | LOCAL LEGENDS<br>(R) 12:30 AM               | AT THE MOMENT<br>(R) 12:30 AM               | DAYAW<br>(R) 12:30 AM                       | DWELLINGS<br>(R) 12:30 AM                   | GREEN LIVING<br>(R) 12:30 AM                | WOMEN OF STYLE<br>(R) 12:30 AM              | INSIGHT WITH APRIL LEE-TAN<br>(R) 12:30 AM  |
| 1:00 AM     | TAO PO<br>(R) 1:00 AM                       | EIC ON THE MOVE<br>(R) 1:00 AM              | HEADSTART<br>(R) 1:00 AM                    | HEADSTART<br>(R) 1:00 AM                    | HEADSTART<br>(R) 1:00 AM                    | HEADSTART<br>(R) 1:00 AM                    | HEADSTART<br>(R) 1:00 AM                    |
|             | AT THE MOMENT<br>(R) 1:30AM                 | REV+<br>(R) 1:30 AM                         |                                             |                                             |                                             |                                             |                                             |
| 2:00 AM     | 24X24<br>(R) 2:00 AM                        | ENTREP LAB *<br>(R) 2:00 AM                 | EIC ON THE MOVE<br>(R) 2:00 AM              | EXECUTIVE CLASS<br>(R) 2:00 AM              | DWELLINGS<br>(R) 2:00 AM                    | #NOFILTER<br>(R) 2:00 AM                    | LOCAL LEGENDS<br>(R) 2:00 AM                |
|             |                                             | DAYAW<br>(R) 2:30 AM                        | AT THE MOMENT<br>(R) 2:30 AM                | REV+<br>(R) 2:30 AM                         | INSIGHT WITH APRIL LEE-TAN<br>(R) 2:30 AM   | MY ITALY WITH MARGARITA<br>(R) 2:30 AM      | GREEN LIVING<br>(R) 2:30 AM                 |
| 3:00 AM     | GREEN LIVING<br>(R) 3:00 AM                 | LOCAL LEGENDS<br>(R) 3:00 AM                | ASIAN AIR SAFARI *<br>3:00 AM               | ENTREP LAB<br>(R) 3:00 AM                   | LSS: THE MARTIN NIEVERA<br>SHOW (R) 3:00 AM | AT THE MOMENT<br>(R) 3:00 AM                | EIC ON THE MOVE<br>(R) 3:00 AM              |
|             | LSS: THE MARTIN NIEVERA<br>SHOW (R) 3:30 AM | ASIAN AIR SAFARI *<br>(R) 3:30 AM           | REV+<br>(R) 3:30 AM                         | DAYAW<br>(R) 3:30 AM                        | G DIARIES<br>(R) 3:30 AM                    | CASA DAZA<br>(R) 3:30 AM                    | AT THE MOMENT<br>(R) 3:30 AM                |
| 4:00 AM     | G DIARIES *<br>(R) 4:00 AM                  | CASA DAZA<br>(R) 4:00 AM                    | WOMEN OF STYLE<br>(R) 4:00 AM               | EIC ON THE MOVE<br>(R) 4:00 AM              | MY ITALY WITH MARGARITA<br>(R) 4:00 AM      | DWELLINGS<br>(R) 4:00 AM                    | BEACHED<br>(R) 4:00 AM                      |
|             | MY ITALY WITH MARGARITA<br>(R) 4:30 AM      | MADE IN GERMANY<br>(R) 4:30 AM              | TOMORROW TODAY<br>(R) 4:30 AM               | GLOBAL US<br>(R) 4:30 AM                    | IN GOOD SHAPE<br>(R) 4:30 AM                | ARTS.21<br>(R) 4:30 AM                      |                                             |
| 5:00 AM     | GLOBAL US<br>(R) 5:00 AM                    | DWELLINGS<br>(R) 5:00 AM                    | LSS: THE MARTIN NIEVERA<br>SHOW (R) 5:00 AM | ASIAN AIR SAFARI<br>(R) 5:00 AM             | CASA DAZA<br>(R) 5:00 AM                    | EIC ON THE MOVE<br>(R) 5:00 AM              | WOMEN OF STYLE<br>(R) 5:00 AM               |
|             | MADE IN GERMANY<br>(R) 5:30 AM              | CITIZEN PINOY<br>(R) 5:30 AM                | CITIZEN PINOY<br>(R) 5:30 AM                | CITIZEN PINOY<br>(R) 5:30 AM                | CITIZEN PINOY<br>(R) 5:30 AM                | CITIZEN PINOY<br>(R) 5:30 AM                | EXECUTIVE CLASS<br>(R) 5:30 AM              |
| 6:00 AM     | THE WORD EXPOSED<br>6:00 AM                 | FOODPRINTS *<br>6:00 AM                     | THE BUSINESS ROADSHOW<br>(R) 6:00 AM        | THE BUSINESS ROADSHOW<br>(R) 6:00 AM        | THE BUSINESS ROADSHOW<br>(R) 6:00 AM        | THE BUSINESS ROADSHOW<br>(R) 6:00 AM        | THE BUSINESS ROADSHOW<br>(R) 6:00 AM        |
|             | DAYAW<br>(R) 6:30 AM                        |                                             |                                             |                                             |                                             |                                             |                                             |
| 7:00 AM     | METABEATS<br>(R) 7:00 AM                    | ANC RUNDOWN<br>7:00 AM                      | ANC RUNDOWN<br>7:00 AM                      | ANC RUNDOWN<br>7:00 AM                      | ANC RUNDOWN<br>7:00 AM                      | ANC RUNDOWN<br>7:00 AM                      | ANC RUNDOWN<br>7:00 AM                      |
|             |                                             | INSIGHT WITH APRIL LEE-TAN**<br>(R) 7:30 AM | THE BUSINESS OUTLOOK<br>(R) 7:30 AM         | THE BUSINESS OUTLOOK<br>(R) 7:30 AM         | THE BUSINESS OUTLOOK<br>(R) 7:30 AM         | THE BUSINESS OUTLOOK<br>(R) 7:30 AM         | THE BUSINESS OUTLOOK<br>(R) 7:30 AM         |
| 8:00 AM     | EXECUTIVE CLASS<br>(R) 8:00 AM              | HEADSTART<br>8:00 AM                        | HEADSTART<br>8:00 AM                        | HEADSTART<br>8:00 AM                        | HEADSTART<br>8:00 AM                        | HEADSTART<br>8:00 AM                        | ANC HEADLINES - 8:00 AM                     |
|             | BEACHED<br>8:30 AM                          |                                             |                                             |                                             |                                             |                                             | METABEATS<br>8:05 AM                        |
| 9:00 AM     | INSIGHT WITH APRIL LEE-TAN<br>(R) 9:30 AM   | MARKET EDGE<br>9:00 AM                      | MARKET EDGE<br>9:00 AM                      | MARKET EDGE<br>9:00 AM                      | MARKET EDGE<br>9:00 AM                      | MARKET EDGE<br>9:00 AM                      | ANC CONVERSATIONS<br>9:00 AM                |
|             |                                             |                                             |                                             |                                             |                                             |                                             | CASA DAZA<br>(R) 9:30 AM                    |
| 10:00 AM    | CHASING FLAVORS<br>(R) 10:00 AM             | ANC HEADLINES - 10:00 AM                    | ANC HEADLINES - 10:00 AM                    | ANC HEADLINES - 10:00 AM                    | ANC HEADLINES - 10:00 AM                    | ANC HEADLINES - 10:00 AM                    | ANC RUNDOWN<br>10:00 AM                     |
|             |                                             | WOMEN OF STYLE<br>(R) 10:05 AM              | CASA DAZA<br>(R) 10:05 AM                   | MY ITALY WITH MARGARITA<br>(R) 10:05 AM     | #NOFILTER<br>(R) 10:05 AM                   | LOCAL LEGENDS<br>(R) 10:05 AM               | G DIARIES<br>10:30 AM                       |
| 11:00 AM    | SO JANNELLE<br>11:00 AM                     | ANC HEADLINES - 11:00 AM                    | ANC HEADLINES - 11:00 AM                    | ANC HEADLINES - 11:00 AM                    | ANC HEADLINES - 11:00 AM                    | ANC HEADLINES - 11:00 AM                    | ANC HEADLINES - 11:00 AM                    |
|             | IN GOOD SHAPE<br>(R) 11:30 AM               | IN GOOD SHAPE<br>(R) 11:05 AM               | ARTS 21<br>(R) 11:05 AM                     | MADE IN GERMANY<br>(R) 11:05 AM             | TOMORROW TODAY<br>(R) 11:05 AM              | GLOBAL US<br>(R) 11:05 AM                   | DAYAW<br>(R) 11:05 AM                       |
| 12:00 PM    | HEADSTART *<br>(R) 12:00 PM                 | DATELINE PHILIPPINES<br>12:00 PM            | DATELINE PHILIPPINES<br>12:00 PM            | DATELINE PHILIPPINES<br>12:00 PM            | DATELINE PHILIPPINES<br>12:00 PM            | DATELINE PHILIPPINES<br>12:00 PM            | DATELINE PHILIPPINES<br>12:00 PM            |
|             |                                             |                                             |                                             |                                             |                                             |                                             |                                             |
| 1:00 PM     | AT THE MOMENT<br>(R) 1:00 PM                | ANC HEADLINES - 1:00 PM                     | ANC HEADLINES - 1:00 PM                     | ANC HEADLINES - 1:00 PM                     | ANC HEADLINES - 1:00 PM                     | ANC HEADLINES - 1:00 PM                     | ANC HEADLINES - 1:00 PM                     |
|             | LSS: THE MARTIN NIEVERA<br>SHOW (R) 1:30 PM | FOODPRINTS<br>1:05 PM                       | BEACHED<br>1:05 PM                          | CHASING FLAVORS<br>1:05 PM                  | GREEN LIVING<br>(R) 1:05 PM                 | 24X24 *<br>1:05 PM                          | INSIGHT WITH APRIL LEE-TAN<br>(R) 1:05 PM   |
| 2:00 PM     | WOMEN OF STYLE<br>(R) 2:00 PM               | ANC HEADLINES - 2:00 PM                     | ANC HEADLINES - 2:00 PM                     | ANC HEADLINES - 2:00 PM                     | ANC HEADLINES - 2:00 PM                     | ANC HEADLINES - 2:00 PM                     | ANC HEADLINES - 2:00 PM                     |
|             | EIC ON THE MOVE<br>2:30 PM                  | ARTS.21<br>(R) 2:05 PM                      | MADE IN GERMANY<br>(R) 2:05 PM              | TOMORROW TODAY<br>(R) 2:05 PM               | GLOBAL US<br>(R) 2:05 PM                    | IN GOOD SHAPE<br>(R) 2:05 PM                | ASIAN AIR SAFARI *<br>(R) 2:05 PM           |
| 3:00 PM     | GLOBAL US<br>(R) 3:00 PM                    | THE BUSINESS ROADSHOW<br>3:00 PM            | THE BUSINESS ROADSHOW<br>3:00 PM            | THE BUSINESS ROADSHOW<br>3:00 PM            | THE BUSINESS ROADSHOW<br>3:00 PM            | THE BUSINESS ROADSHOW<br>3:00 PM            | CHASING FLAVORS<br>(R) 3:05 PM              |
|             | DWELLINGS<br>3:30 PM                        |                                             |                                             |                                             |                                             |                                             |                                             |
| 4:00 PM     | ARTS.21<br>(R) 4:00 PM                      | ANC HEADLINES - 4:00 PM                     | ANC HEADLINES - 4:00 PM                     | ANC HEADLINES - 4:00 PM                     | ANC HEADLINES - 4:00 PM                     | ANC HEADLINES - 4:00 PM                     | ANC HEADLINES - 4:00 PM                     |
|             | TOMORROW TODAY<br>(R) 4:30 PM               | AT THE MOMENT<br>(R) 4:05 PM                | REV+<br>(R) 4:05 PM                         | LSS: THE MARTIN NIEVERA SHOW<br>(R) 4:05 PM | EXECUTIVE CLASS<br>(R) 4:05 PM              | INSIGHT WITH APRIL LEE=TAN<br>(R) 4:05 PM   | TAO PO<br>(R) 4:05 PM                       |
| 5:00 PM     | CITIZEN PINOY<br>(R) 5:00 PM                | TOP STORY<br>5:00 PM                        | TOP STORY<br>5:00 PM                        | TOP STORY<br>5:00 PM                        | TOP STORY<br>5:00 PM                        | TOP STORY<br>5:00 PM                        | TOP STORY<br>5:00 PM                        |
|             | MY ITALY WITH MARGARITA *<br>(R) 5:30 PM    |                                             |                                             |                                             |                                             |                                             |                                             |
| 6:00 PM     | CASA DAZA<br>(R) 6:00 PM                    | ANC HEADLINES - 6:00 PM                     | ANC HEADLINES - 6:00 PM                     | ANC HEADLINES - 6:00 PM                     | ANC HEADLINES - 6:00 PM                     | ANC HEADLINES - 6:00 PM                     | ANC HEADLINES - 6:00 PM                     |
|             | REV+<br>(R) 6:30 PM                         | EXECUTIVE CLASS<br>6:05 PM                  | AT THE MOMENT<br>6:05 PM                    | AT THE MOMENT<br>6:05 PM                    | REV+<br>6:05 PM                             | LSS: THE MARTIN NIEVERA<br>SHOW 6:05 PM     | LSS: THE MARTIN NIEVERA<br>SHOW (R) 6:30 PM |
| 7:00 PM     | ENTREP LAB<br>(R) 7:00 PM                   | WOMEN OF STYLE<br>6:30 PM                   | EIC ON THE MOVE *<br>(R) 6:30 PM            | MY ITALY WITH MARGARITA<br>6:30 PM          | CITIZEN PINOY<br>6:30 PM                    | CASA DAZA<br>6:30 PM                        | AT THE MOMENT<br>(R) 7:00 PM                |
|             | #NOFILTER<br>(R) 7:30 PM                    | ARTS.21<br>7:00 PM                          | MADE IN GERMANY<br>(R) 7:00 PM              | TOMORROW TODAY<br>7:00 PM                   | GLOBAL US<br>7:00 PM                        | IN GOOD SHAPE<br>7:00 PM                    | MY ITALY WITH MARGARITA<br>(R) 7:30 PM      |
| 8:00 PM     | DWELLINGS<br>(R) 8:00 PM                    | THE BUSINESS OUTLOOK<br>8:00 PM             | THE BUSINESS OUTLOOK<br>8:00 PM             | THE BUSINESS OUTLOOK<br>8:00 PM             | THE BUSINESS OUTLOOK<br>8:00 PM             | THE BUSINESS OUTLOOK<br>8:00 PM             | CITIZEN PINOY<br>(R) 8:00 PM                |
|             | ASIAN AIR SAFARI *<br>(R) 8:30 PM           |                                             |                                             |                                             |                                             |                                             |                                             |
| 9:00 PM     | METABEATS<br>(R) 9:00 PM                    | INSIGHT WITH APRIL LEE-TAN<br>(R) 8:30 PM   | ANC CONVERSATIONS<br>(R) 8:30 PM            | ARTS.21<br>(R) 8:30 PM                      | DAYAW<br>8:30 PM                            | AT THE MOMENT<br>(R) 8:30 PM                | REV+<br>(R) 8:30 PM                         |
|             |                                             | THE WORLD TONIGHT<br>9:00 PM                | THE WORLD TONIGHT<br>9:00 PM                | THE WORLD TONIGHT<br>9:00 PM                | THE WORLD TONIGHT<br>9:00 PM                | THE WORLD TONIGHT<br>9:00 PM                | THE WORLD TONIGHT<br>9:00 PM                |
| 10:00 PM    | EXECUTIVE CLASS<br>(R) 10:00 PM             | EXECUTIVE CLASS<br>(R) 9:30 PM              | INSIGHT WITH APRIL LEE-TAN<br>(R) 9:30 PM   | AT THE MOMENT<br>(R) 9:30 PM                | REV+<br>(R) 9:30 PM                         | LSS: THE MARTIN NIEVERA<br>SHOW (R) 9:30 PM | EXECUTIVE CLASS<br>(R) 9:30 PM              |
|             | EIC ON THE MOVE *<br>(R) 10:30 PM           | TOMORROW TODAY<br>(R) 10:00 PM              | GLOBAL US<br>(R) 10:00 PM                   | IN GOOD SHAPE<br>(R) 10:00 PM               | ARTS.21<br>(R) 10:00 PM                     | MADE IN GERMANY<br>(R) 10:00 PM             | 24X24<br>(R) 10:00 PM                       |
| 11:00 PM    | WOMEN OF STYLE<br>(R) 11:00 PM              | EIC ON THE MOVE<br>(R) 10:30 PM             | TAO PO<br>10:30 PM                          | LOCAL LEGENDS<br>(R) 10:30 PM               | CASA DAZA<br>(R) 10:30 PM                   | REV+<br>(R) 10:30 PM                        | METABEATS<br>(R) 11:00 PM                   |
|             | IN GOOD SHAPE<br>(R) 11:30 PM               | BEACHED<br>(R) 11:00 PM                     | 24X24<br>(R) 11:00 PM                       | FOODPRINTS *<br>(R) 11:00 PM                | EXECUTIVE CLASS<br>(R) 11:00 PM             | CHASING FLAVORS<br>(R) 11:00 PM             |                                             |

Japan (+1HR)