

# ANC CABLE TV GUIDE

## NORTH AMERICA



PACIFIC (DST)	SUNDAY MAY 26	MONDAY MAY 27	TUESDAY MAY 28	WEDNESDAY MAY 29	THURSDAY MAY 30	FRIDAY MAY 31	SATURDAY MAY 25
12:00 AM	GLOBAL US (R) 12:00 AM DWELLINGS 12:30 AM	THE BUSINESS ROADSHOW 12:00 AM	THE BUSINESS ROADSHOW 12:00 AM	THE BUSINESS ROADSHOW 12:00 AM	THE BUSINESS ROADSHOW 12:00 AM	THE BUSINESS ROADSHOW 12:00 AM	ANC HEADLINES - 12:00 AM CHASING FLAVORS (R) 12:30 AM
1:00 AM	ARTS.21 (R) 1:00 AM TOMORROW TODAY (R) 1:30 AM	ANC HEADLINES - 1:00 AM AT THE MOMENT (R) 1:05 AM GLOBAL US (R) 1:30 AM	ANC HEADLINES - 1:00 AM REV+ (R) 12:05 AM IN GOOD SHAPE (R) 12:30 AM	ANC HEADLINES - 1:00 AM LSS: THE MARTIN NIEVERA SHOW (R) 1:05 AM ARTS.21 (R) 1:30 AM	ANC HEADLINES - 1:00 AM EXECUTIVE CLASS (R) 1:05 AM MADE IN GERMANY (R) 1:30 AM	ANC HEADLINES - 1:00 AM INSIGHT WITH APRIL LEE-TAN (R) 1:05 AM TOMORROW TODAY (R) 1:30 AM	ANC HEADLINES - 1:00 AM TAO PO (R) 1:05 AM WOMEN OF STYLE (R) 1:30 AM
2:00 AM	CITIZEN PINOY (R) 2:00 AM MY ITALY WITH MARGARITA * (R) 2:30 AM	TOP STORY 2:00 AM	TOP STORY 2:00 AM	TOP STORY 2:00 AM	TOP STORY 2:00 AM	TOP STORY 2:00 AM	TOP STORY 2:00 AM FOODPRINTS (R) 2:30 AM
3:00 AM	CASA DAZA (R) 3:00 AM REV+ (R) 3:30 AM	ANC HEADLINES - 3:00 AM EXECUTIVE CLASS 3:05 AM WOMEN OF STYLE 3:30 AM	ANC HEADLINES - 3:00 AM INSIGHT WITH APRIL LEE-TAN 3:05 AM EIC ON THE MOVE (R) 3:30 AM	ANC HEADLINES - 3:00 AM AT THE MOMENT 3:05 AM MY ITALY WITH MARGARITA 3:30 AM	ANC HEADLINES - 3:00 AM REV+ 3:05 AM CITIZEN PINOY 3:30 AM	ANC HEADLINES - 3:00 AM LSS: THE MARTIN NIEVERA SHOW 3:05 AM CASA DAZA 3:30 AM	LSS: THE MARTIN NIEVERA SHOW (R) 3:30 AM
4:00 AM	ENTREP LAB (R) 4:00 AM #NOFILTER (R) 4:30 AM	ARTS.21 4:00 AM MADE IN GERMANY (R) 4:30 AM	MADE IN GERMANY 4:00 AM TOMORROW TODAY (R) 4:30 AM	TOMORROW TODAY 4:00 AM GLOBAL US (R) 4:30 AM	GLOBAL US 4:00 AM IN GOOD SHAPE (R) 4:30 AM	IN GOOD SHAPE 4:00 AM ARTS.21 (R) 4:30 AM	AT THE MOMENT (R) 4:00 AM MY ITALY WITH MARGARITA (R) 4:30 AM
5:00 AM	DWELLINGS (R) 5:00 AM ASIAN AIR SAFARI * (R) 5:30 AM	THE BUSINESS OUTLOOK 5:00 AM INSIGHT WITH APRIL LEE-TAN (R) 5:30 AM	THE BUSINESS OUTLOOK 5:00 AM ANC CONVERSATIONS (R) 5:30 AM	THE BUSINESS OUTLOOK 5:00 AM ARTS.21 (R) 5:30 AM	THE BUSINESS OUTLOOK 5:00 AM DAYAW 5:30 AM	THE BUSINESS OUTLOOK 5:00 AM AT THE MOMENT (R) 5:30 AM	CITIZEN PINOY 5:00 AM REV+ (R) 5:30 AM
6:00 AM	METABEATS (R) 6:00 AM	THE WORLD TONIGHT 6:00 AM EXECUTIVE CLASS (R) 6:30 AM	THE WORLD TONIGHT 6:00 AM INSIGHT WITH APRIL LEE-TAN (R) 6:30 AM	THE WORLD TONIGHT 6:00 AM AT THE MOMENT (R) 6:30 AM	THE WORLD TONIGHT 6:00 AM REV+ (R) 6:30 AM	THE WORLD TONIGHT 6:00 AM LSS: THE MARTIN NIEVERA SHOW (R) 6:30 AM	THE WORLD TONIGHT 6:00 AM EXECUTIVE CLASS (R) 6:30 AM
7:00 AM	EXECUTIVE CLASS (R) 7:00 AM EIC ON THE MOVE * (R) 7:30 AM	TOMORROW TODAY (R) 7:00 AM EIC ON THE MOVE (R) 7:30 AM	GLOBAL US (R) 7:00 AM TAO PO 7:30 AM	IN GOOD SHAPE (R) 7:00 AM LOCAL LEGENDS (R) 7:30 AM	ARTS.21 (R) 7:00 AM CASA DAZA (R) 7:30 AM	MADE IN GERMANY (R) 7:00 AM REV+ (R) 7:30 AM	24X24 (R) 7:00 AM
8:00 AM	WOMEN OF STYLE (R) 8:00 AM IN GOOD SHAPE (R) 8:30 AM	BEACHED (R) 8:00 AM	24X24 (R) 8:00 AM	FOODPRINTS * (R) 8:00 AM	EXECUTIVE CLASS (R) 8:00 AM ASIAN AIR SAFARI * (R) 8:30 AM	CHASING FLAVORS (R) 8:00 AM	METABEATS (R) 8:00 AM
9:00 AM	SO JANNELLE (R) 9:00 AM AT THE MOMENT (R) 9:30 AM	THE WORLD TONIGHT (R) 9:00 AM DAYAW (R) 9:30 AM	THE WORLD TONIGHT (R) 9:00 AM DWELLINGS (R) 9:30 AM	THE WORLD TONIGHT (R) 9:00 AM GREEN LIVING (R) 9:30 AM	THE WORLD TONIGHT (R) 9:00 AM WOMEN OF STYLE (R) 9:30 AM	THE WORLD TONIGHT (R) 9:00 AM INSIGHT WITH APRIL LEE-TAN (R) 9:30 AM	THE WORLD TONIGHT (R) 9:00 AM LOCAL LEGENDS (R) 9:30 AM
10:00 AM	EIC ON THE MOVE (R) 10:00 AM REV+ (R) 10:30 AM	HEADSTART (R) 10:00 AM	HEADSTART (R) 10:00 AM	HEADSTART (R) 10:00 AM	HEADSTART (R) 10:00 AM	HEADSTART (R) 10:00 AM	TAO PO (R) 10:00 AM AT THE MOMENT (R) 10:30 AM
11:00 AM	ENTREP LAB * (R) 11:00 AM DAYAW (R) 11:30 AM	EIC ON THE MOVE (R) 11:00 AM AT THE MOMENT (R) 11:30 AM	EXECUTIVE CLASS (R) 11:00 AM REV+ (R) 11:30 AM	DWELLINGS (R) 11:00 AM INSIGHT WITH APRIL LEE-TAN (R) 11:30 AM	#NOFILTER (R) 11:00 AM MY ITALY WITH MARGARITA (R) 11:30 AM	LOCAL LEGENDS (R) 11:00 AM GREEN LIVING (R) 11:30 AM	24X24 (R) 11:00 AM
12:00 PM	LOCAL LEGENDS (R) 12:00 PM ASIAN AIR SAFARI * (R) 12:30 PM	ASIAN AIR SAFARI * 12:00 PM REV+ (R) 12:30 PM	ENTREP LAB (R) 12:00 PM DAYAW (R) 12:30 PM	LSS: THE MARTIN NIEVERA SHOW (R) 12:00 PM G DIARIES (R) 12:30 PM	AT THE MOMENT (R) 12:00 PM CASA DAZA (R) 12:30 PM	EIC ON THE MOVE (R) 12:00 PM AT THE MOMENT (R) 12:30 PM	GREEN LIVING (R) 12:00 PM LSS: THE MARTIN NIEVERA SHOW (R) 12:30 PM
1:00 PM	CASA DAZA (R) 1:00 PM MADE IN GERMANY (R) 1:30 PM	WOMEN OF STYLE (R) 1:00 PM TOMORROW TODAY (R) 1:30 PM	EIC ON THE MOVE (R) 1:00 PM GLOBAL US (R) 1:30 PM	MY ITALY WITH MARGARITA (R) 1:00 PM IN GOOD SHAPE (R) 1:30 PM	DWELLINGS (R) 1:00 PM ARTS.21 (R) 1:30 PM	BEACHED (R) 1:00 PM	G DIARIES * (R) 1:00 PM MY ITALY WITH MARGARITA (R) 1:30 PM
2:00 PM	DWELLINGS (R) 2:00 PM CITIZEN PINOY (R) 2:30 PM	LSS: THE MARTIN NIEVERA SHOW (R) 2:00 PM CITIZEN PINOY (R) 2:30 PM	ASIAN AIR SAFARI (R) 2:00 PM CITIZEN PINOY (R) 2:30 PM	CASA DAZA (R) 2:00 PM CITIZEN PINOY (R) 2:30 PM	EIC ON THE MOVE (R) 2:00 PM CITIZEN PINOY (R) 2:30 PM	WOMEN OF STYLE (R) 2:00 PM EXECUTIVE CLASS (R) 2:30 PM	GLOBAL US (R) 2:00 PM MADE IN GERMANY (R) 2:30 PM
3:00 PM	FOODPRINTS * 3:00 PM	THE BUSINESS ROADSHOW (R) 3:00 PM	THE BUSINESS ROADSHOW (R) 3:00 PM	THE BUSINESS ROADSHOW (R) 3:00 PM	THE BUSINESS ROADSHOW (R) 3:00 PM	THE BUSINESS ROADSHOW (R) 3:00 PM	THE WORD EXPOSED 3:00 PM DAYAW (R) 3:30 PM
4:00 PM	ANC RUNDOWN 4:00 PM INSIGHT WITH APRIL LEE-TAN** (R) 4:30 PM	ANC RUNDOWN 4:00 PM THE BUSINESS OUTLOOK (R) 4:30 PM	ANC RUNDOWN 4:00 PM THE BUSINESS OUTLOOK (R) 4:30 PM	ANC RUNDOWN 4:00 PM THE BUSINESS OUTLOOK (R) 4:30 PM	ANC RUNDOWN 4:00 PM THE BUSINESS OUTLOOK (R) 4:30 PM	ANC RUNDOWN 4:00 PM THE BUSINESS OUTLOOK (R) 4:30 PM	METABEATS (R) 4:00 PM
5:00 PM	HEADSTART 5:00 PM	HEADSTART 5:00 PM	HEADSTART 5:00 PM	HEADSTART 5:00 PM	HEADSTART 5:00 PM	ANC HEADLINES - 5:00 PM METABEATS 5:05 PM	EXECUTIVE CLASS (R) 5:00 PM BEACHED 5:30 PM
6:00 PM	MARKET EDGE 6:00 PM	MARKET EDGE 6:00 PM	MARKET EDGE 6:00 PM	MARKET EDGE 6:00 PM	MARKET EDGE 6:00 PM	ANC CONVERSATIONS 6:00 PM CASA DAZA (R) 6:30 PM	INSIGHT WITH APRIL LEE-TAN (R) 6:30 PM
7:00 PM	ANC HEADLINES - 7:00 PM WOMEN OF STYLE (R) 7:05 PM HOTCOPY ON HEADSTART (R) 7:30 PM	ANC HEADLINES - 7:00 PM CASA DAZA (R) 7:05 PM HOTCOPY ON HEADSTART (R) 7:30 PM	ANC HEADLINES - 7:00 PM MY ITALY WITH MARGARITA (R) 7:05 PM HOTCOPY ON HEADSTART (R) 7:30 PM	ANC HEADLINES - 7:00 PM #NOFILTER (R) 7:05 PM HOTCOPY ON HEADSTART (R) 7:30 PM	ANC HEADLINES - 7:00 PM LOCAL LEGENDS (R) 7:05 PM HOTCOPY ON HEADSTART (R) 7:30 PM	ANC HEADLINES - 7:00 PM ANC RUNDOWN 7:00 PM G DIARIES 7:30 PM	CHASING FLAVORS (R) 7:00 PM
8:00 PM	ANC HEADLINES - 8:00 PM IN GOOD SHAPE (R) 8:05 PM LSS: THE MARTIN NIEVERA SHOW (R) 8:30 PM	ANC HEADLINES - 8:00 PM ARTS.21 (R) 8:05 PM GREEN LIVING (R) 8:30 PM	ANC HEADLINES - 8:00 PM MADE IN GERMANY (R) 8:05 PM #NOFILTER 8:30 PM	ANC HEADLINES - 8:00 PM TOMORROW TODAY (R) 8:05 PM TAO PO (R) 8:30 PM	ANC HEADLINES - 8:00 PM GLOBAL US (R) 8:05 PM REV+ (R) 8:30 PM	ANC HEADLINES - 8:00 PM DAYAW (R) 8:05 PM GLOBAL US (R) 8:30 PM	SO JANNELLE 8:00 PM IN GOOD SHAPE 8:30 PM
9:00 PM	DATLINE PHILIPPINES 9:00 PM	DATLINE PHILIPPINES 9:00 PM	DATLINE PHILIPPINES 9:00 PM	DATLINE PHILIPPINES 9:00 PM	DATLINE PHILIPPINES 9:00 PM	DATLINE PHILIPPINES 9:00 PM	HEADSTART * (R) 9:00 PM
10:00 PM	ANC HEADLINES - 10:00 PM FOODPRINTS * 9:05 PM	ANC HEADLINES - 10:00 PM BEACHED 10:05 PM	ANC HEADLINES - 10:00 PM CHASING FLAVORS 10:05 PM	ANC HEADLINES - 10:00 PM GREEN LIVING (R) 10:05 PM WOMEN OF STYLE (R) 10:30 PM	ANC HEADLINES - 10:00 PM 24X24 * 10:05 PM	ANC HEADLINES - 10:00 PM INSIGHT WITH APRIL LEE-TAN (R) 10:05 PM REV+ (R) 10:30 PM	AT THE MOMENT (R) 10:00 PM LSS: THE MARTIN NIEVERA SHOW (R) 10:30 PM
11:00 PM	ANC HEADLINES - 11:00 PM ARTS.21 (R) 11:05 PM MY ITALY WITH MARGARITA (R) 11:30 PM	ANC HEADLINES - 11:00 PM MADE IN GERMANY (R) 11:05 PM EXECUTIVE CLASS (R) 11:30 PM	ANC HEADLINES - 11:00 PM TOMORROW TODAY (R) 11:05 PM INSIGHT WITH APRIL LEE-TAN (R) 11:30 PM	ANC HEADLINES - 11:00 PM GLOBAL US (R) 11:05 PM AT THE MOMENT (R) 11:30 PM	ANC HEADLINES - 11:00 PM IN GOOD SHAPE (R) 11:05 PM DAYAW (R) 11:30 PM	ANC HEADLINES - 11:00 PM ASIAN AIR SAFARI * (R) 11:05 PM HOTCOPY ON HEADSTART (R) 11:30 PM	WOMEN OF STYLE (R) 11:00 PM EIC ON THE MOVE 11:30 PM

Central, US-DST (+3HR)