

| GMA PINOY TV PROGRAM GRID JANUARY 1 - 3, 2026 MANILA (US / CANADA) | | | | | | | EST / VANCOUVER (MNL -16) | MST (MNL -15) | EST (MNL -14) | EST / TORONTO (MNL -13) | HAWAII (MNL -18) | |
|--|--|--|---|--|---|--|--|--|-------------------------|-------------------------|------------------|--|
| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | | | | | | |
| 12:00NN | | | | | | | | | | | | |
| 1:00AM | Cont. of SANGGANG-DIKIT FR MARATHON (R.) 11:30 - 2:15 (with English closed captions) | Cont. of SANG'GRE MARATHON (R.) 11:30 - 2:00 (with English closed captions) | Cont. of FAST TALK WITH BOY ABUNDA (P.) 11:50 - 12:20 | Cont. of KAPUSO COUNTDOWN to 2026 10:30 - 12:30 | Cont. of KAPUSO COUNTDOWN to 2026 10:30 - 12:30 | Cont. of FAST TALK WITH BOY ABUNDA (P.) 11:50 - 12:20 | | | | | | |
| 2:00AM | KAPUSO MO, JESSICA SOHO (R.) 2:15 - 4:00 | GMA PINOY BLOCKBUSTER (P.) 2:00 - 4:00 "Working Boys 2 Choose Your Papa" | FAMILY FEUD PHILIPPINES (P.) 12:20 - 12:50 | FAMILY FEUD PHILIPPINES (P.) 12:30 - 1:00 | FAMILY FEUD PHILIPPINES (P.) 12:20 - 12:50 | FAMILY FEUD PHILIPPINES (P.) 12:30 - 1:00 | | | | | | |
| 3:00AM | | | UNICA HIDJA (R) 12:50 - 1:30 (with English closed captions) | UNICA HIDJA (R) 1:00 - 1:30 (with English closed captions) | UNICA HIDJA (R) 12:50 - 1:30 (with English closed captions) | UNICA HIDJA (R) 1:00 - 1:30 (with English closed captions) | | | | | | |
| 4:00AM | | | REPORTER'S NOTEBOOK (P.) 1:30 - 2:15 | TADHANA (P.) 1:30 - 2:15 | REGAL STUDIO PRESENTS (P.) 1:30 - 2:15 | REGAL STUDIO PRESENTS (P.) 1:30 - 2:15 | | | | | | |
| 5:00AM | IT'S SHOWTIME (P.) 4:00 - 6:30 | GMA PINOY BLOCKBUSTER (R.) 4:00 - 6:00 "X and Y" | | | IT'S SHOWTIME (P.) 4:00 - 5:50 | | | | | | | |
| 6:00AM | | MAKA (R.) 6:00 - 6:45 | | | FAST TALK WITH BOY ABUNDA (R.) 5:50 - 6:20 | FAST TALK WITH BOY ABUNDA (P.) 5:50 - 6:20 | FAST TALK WITH BOY ABUNDA (R.) 5:50 - 6:20 | | | | | |
| 7:00AM | RESIBO (R.) 6:30 - 7:00 | THE BOOBAY AND TEKLA SHOW (R.) 6:45 - 7:30 | | | SAKSI 6:20 - 7:00 | | | | | | | |
| 8:00AM | CRUZ VS. CRUZ (P.) 7:00 - 7:30 (with English closed captions) | MAGPAKAILANMAN (R.) 7:30 - 8:30 (with English closed captions) | | | CRUZ VS. CRUZ (P.) 7:00 - 7:30 (with English closed captions) | | | | | | | |
| 9:00AM | REGAL STUDIO PRESENTS (R.) 7:30 - 8:00 | ALL IN THE FAMILY WITH DR. TESS (SEASON 7) 8:00 - 8:30 | | | HATING KAPATID (P.) 7:30 - 8:00 (with English closed captions) | | | | | | | |
| 10:00AM | BORN TO BE WILD (R.) 8:30 - 9:00 | TADHANA (R.) 9:00 - 9:30 (with English closed captions) | | | UNICA HIDJA (P.) 8:00 - 8:30 (with English closed captions) | | | | | | | |
| 11:00AM | WISH KO LANG (R.) 8:30 - 9:10 | BBLGANG (R.) 9:10 - 9:50 | | | TIKTOCLOCK: HAPPY HOUR NA (R.) 8:30 - 9:15 | | | | | | | |
| 12:00NN | RESIBO (R.) 9:30 - 10:00 (with English closed captions) | GLOBAL PINOY UNLIMITED (R.) 9:30 - 10:00 | | | FAMILY FEUD PHILIPPINES (R.) 9:15 - 9:45 | | | | | | | |
| 1:00PM | 24 ORAS (R.) 10:00 - 10:45 | 24 ORAS (R.) 10:00 - 10:45 | | | 24 ORAS (R.) 9:45 - 11:20 | | | | | | | |
| 2:00PM | DAIG KAYO NG LOLA KO (R.) 10:45 - 11:30 (with English closed captions) | KAPUSO MO, JESSICA SOHO (R.) 10:45 - 12:30 | | | SANG'GRE (P.) 11:20 - 12:00 (with English closed captions) | | | | | | | |
| 3:00PM | PEPITO MANALOTO, TULOY ANG KUVENTO (R.) 11:30 - 12:15 (with English closed captions) | BBLGANG (R.) 12:15 - 1:00 | | | SANGGANG-DIKIT FR (P.) 12:00 - 12:40 (with English closed captions) | | | | | | | |
| 4:00PM | REGAL STUDIO PRESENTS (R.) 12:30 - 1:15 | MAKA (R.) 1:15 - 1:50 | | | CRUZ VS. CRUZ (R) 12:40 - 1:15 (with English closed captions) | | | | | | | |
| 5:00PM | MAGPAKAILANMAN (R.) 1:15 - 2:30 (with English closed captions) | DAIG KAYO NG LOLA KO (R.) 1:50 - 2:20 (with English closed captions) | | | HATING KAPATID (R.) 1:15 - 1:50 (with English closed captions) | | | | | | | |
| 6:00PM | THE BOOBAY AND TEKLA SHOW (P.) 2:30 - 3:15 | TADHANA (R.) 2:20 - 3:00 (with English closed captions) | | | UNICA HIDJA (R.) 1:50 - 2:20 (with English closed captions) | | | | | | | |
| 7:00PM | GMA PINOY BLOCKBUSTER (P.) 3:15 - 5:15 "X and Y" | GMA PINOY BLOCKBUSTER (R.) 3:00 - 5:00 "Working Boys 2 Choose Your Papa" | | | FAST TALK WITH BOY ABUNDA (R.) 2:20 - 2:45 | FAST TALK WITH BOY ABUNDA (R.) 2:20 - 2:45 | FAST TALK WITH BOY ABUNDA (R.) 2:20 - 2:45 | | | | | |
| 8:00PM | I-WITNESS (R.) 7:30 - 8:00 (with English closed captions) | PEPITO MANALOTO, TULOY ANG KUVENTO (R.) 7:45 - 7:50 (with English closed captions) | | | IT'S SHOWTIME (R.) 2:45 - 4:30 | | | | | | | |
| 9:00PM | REPORTER'S NOTEBOOK (R.) 8:00 - 8:30 | CRUZ VS. CRUZ (R.) 7:30 - 8:15 (with English closed captions) | | | FAMILY FEUD PHILIPPINES (R.) 4:30 - 5:10 | | | | | | | |
| 10:00PM | BORN TO BE WILD (R.) 8:30 - 9:00 | FAMILY TV MASS 9:00 - 10:00 | | | I-WITNESS (P.) 5:10 - 5:40 | SANG'GRE (R) 5:10 - 5:50 (with English closed captions) | BORN TO BE WILD (P.) 5:10 - 5:40 | REPORTER'S NOTEBOOK (P.) 5:10 - 5:40 | RESIBO (P.) 5:10 - 5:40 | | | |
| 11:00PM | 24 ORAS (P.) 10:00 - 10:45 | 24 ORAS (P.) 10:15 - 11:50 | | | SANG'GRE (R) 5:40 - 6:00 (with English closed captions) | SANGGANG-DIKIT FR (R) 5:50 - 6:20 (with English closed captions) | | SANG'GRE (R) 5:40 - 6:20 (with English closed captions) | | | | |
| 12:00NN | GLOBAL PINOY UNLIMITED (P.) 10:45 - 11:30 | SANG'GRE MARATHON (R.) 11:30 - 12:00 (with English closed captions) | | | SANG'GRE (R) 6:30 - 7:00 (with English closed captions) | HATING KAPATID (R) 6:30 - 7:00 (with English closed captions) | | SANGGANG-DIKIT FR (R) 6:20 - 7:00 (with English closed captions) | | | | |

| MNL | GMA PINOY TV PROGRAM GRID JANUARY 4 - 10, 2026 MANILA (US/ CANADA) | | | | | | | PST / VANCOUVER (MNL - 16) | MST (MNL - 15) | CST (MNL 14) | EST/ TORONTO (MNL -13) | HAWAII (MNL -18) |
|---------|--|--|--|--------------------------|---|---|---|---|-------------------|-----------------|------------------------------|---------------------|
| | SUNDAY JANUARY 04 | MONDAY JANUARY 05 | TUESDAY JANUARY 06 | WEDNESDAY JANUARY 07 | THURSDAY JANUARY 08 | FRIDAY JANUARY 09 | SATURDAY JANUARY 10 | | | | | |
| 12:00NN | | | | | | | | | | | | |
| 1:00AM | Cont. of SANGGANG-DIKIT FR MARATHON (R.) 11:30 - 2:15 (with English closed captions) | Cont. of SANG'GRE MARATHON (R.) 11:30 - 2:15 (with English closed captions) | | | | | | Cont. of FAST TALK WITH BOY ABUNDA (P.) 11:50 - 12:20 | | | | |
| 2:00AM | | | | | | | | FAMILY FEUD PHILIPPINES (P.) 12:20 - 12:50 | | | | |
| 3:00AM | KAPUSO MO, JESSICA SOHO (R.) 2:15 - 4:00 | GMA PINOY BLOCKBUSTER (P.) 2:15 - 4:15 "Little Christmas Tree" | REPORTER'S NOTEBOOK (R.) 1:30 - 2:15 | TADHANA (P.) 1:30 - 2:15 | REGAL STUDIO PRESENTS (P.) 1:30 - 2:15 | WISH KO LANG (P.) 1:30 - 2:00 | MAKA (P.) 1:30 - 2:15 | | | | | |
| 4:00AM | | | THE BOOBAY AND TEKLA SHOW (R.) 2:15 - 3:00 | BBLGANG (P.) 2:15 - 3:00 | PEPITO MANALOTO, TULOY ANG KUWENTO (P.) 2:15 - 3:00 | RESIBO (R.) 2:00 - 2:30 | I-WITNESS (R.) 2:15 - 3:00 (with English closed captions) | | | | | |
| 5:00AM | IT'S SHOWTIME (P.) 4:00 - 6:30 | ALL-OUT SUNDAYS (R.) 4:15 - 5:45 | | | | TIKTOCLOCK: HAPPY HOUR NA (P.) 3:00 - 4:00 | | | | | | |
| 6:00AM | | MAKA (R.) 5:45 - 6:15 | | | | IT'S SHOWTIME (P.) 4:00 - 5:50 | | | | | | |
| 7:00AM | RESIBO (R.) 6:30 - 7:00 | THE BOOBAY AND TEKLA SHOW (R.) 6:15 - 7:00 | | | | FAST TALK WITH BOY ABUNDA (R.) 5:50 - 6:20 | | | | | | |
| 8:00AM | CRUZ VS. CRUZ (P.) 7:00 - 7:30 (with English closed captions) | MAGPAKAILANMAN (R.) 7:00 - 8:00 (with English closed captions) | | | | SAKSI 6:20 - 7:00 | | | | | | |
| 9:00AM | REGAL STUDIO PRESENTS (R.) 7:30 - 8:00 | | | | | CRUZ VS. CRUZ (P.) 7:00 - 7:30 (with English closed captions) | | | | | | |
| 10:00AM | ALL IN THE FAMILY WITH DR. TESS (SEASON 7) 8:00 - 8:30 | WISH KO LANG (R.) 8:00 - 8:30 | | | | HATING KAPATID (P.) 7:30 - 8:00 (with English closed captions) | | | | | | |
| 11:00AM | BORN TO BE WILD (R.) 8:30 - 9:00 | RESIBO (R.) 8:30 - 9:10 | | | | UNICA HIDA (P.) 8:00 - 8:30 (with English closed captions) | | | | | | |
| 12:00NN | TADHANA (R.) 9:00 - 9:30 (with English closed captions) | BBLGANG (R.) 9:10 - 9:50 | | | | TIKTOCLOCK: HAPPY HOUR NA (R.) 8:30 - 9:15 | | | | | | |
| 1:00PM | I-WITNESS (R.) 9:30 - 10:00 (with English closed captions) | GLOBAL PINOY UNLIMITED (R.) 9:50 - 10:00 | | | | FAMILY FEUD PHILIPPINES (R.) 9:15 - 9:45 | | | | | | |
| 2:00PM | 24 ORAS (R.) 10:00 - 10:45 | 24 ORAS (R.) 10:00 - 10:45 | | | | 24 ORAS (R.) 9:45 - 11:20 | | | | | | |
| 3:00PM | REGAL STUDIO PRESENTS (R.) 10:45 - 11:15 | KAPUSO MO, JESSICA SOHO (R.) 10:45 - 12:30 | | | | SANG'GRE (P.) 11:20 - 12:00 (with English closed captions) | | | | | | |
| 4:00PM | THE BOOBAY AND TEKLA SHOW (R.) 12:30 - 1:15 | | | | | SANGGANG-DIKIT FR (P.) 12:00 - 12:40 (with English closed captions) | | | | | | |
| 5:00PM | CRUZ VS. CRUZ (R.) 12:40 - 1:15 (with English closed captions) | MAGPAKAILANMAN (P.) 1:15 - 2:15 (with English closed captions) | | | | CRUZ VS. CRUZ (R.) 12:40 - 1:15 (with English closed captions) | | | | | | |
| 6:00PM | BBLGANG (R.) 12:00 - 12:40 | TADHANA (R.) 1:50 - 2:30 (with English closed captions) | | | | HATING KAPATID (R.) 1:15 - 1:50 (with English closed captions) | | | | | | |
| 7:00PM | THE BOOBAY AND TEKLA SHOW (R.) 2:15 - 3:00 | REPORTER'S NOTEBOOK (R.) 2:30 - 3:00 | | | | UNICA HIDA (R.) 1:50 - 2:20 (with English closed captions) | | | | | | |
| 8:00PM | ALL-OUT SUNDAYS (P.) 3:00 - 4:30 | GMA PINOY BLOCKBUSTER (R.) 3:00 - 5:00 "Little Christmas Tree" | | | | FAST TALK WITH BOY ABUNDA (R.) 2:20 - 2:45 | | | | | | |
| 9:00PM | MAGPAKAILANMAN (R.) 4:30 - 5:30 (with English closed captions) | | | | | IT'S SHOWTIME (R.) 2:45 - 4:30 | | | | | | |
| 10:00PM | BBLGANG (R.) 5:30 - 6:15 | KAPUSO MO, JESSICA SOHO (R.) 5:00 - 6:45 | | | | FAMILY FEUD PHILIPPINES (R.) 4:30 - 5:10 | | | | | | |
| 11:00PM | THE BOOBAY AND TEKLA SHOW (R.) 6:15 - 7:00 | PEPITO MANALOTO, TULOY ANG KUWENTO (R.) 6:45 - 7:30 (with English closed captions) | | | | I-WITNESS (P.) 5:10 - 5:40 TADHANA (R) 5:10 - 5:40 (with English closed captions) BORN TO BE WILD (P.) 5:10 - 5:40 REPORTER'S NOTEBOOK (P.) 5:10 - 5:40 RESIBO (P.) 5:10 - 5:40 | | | | | | |
| 12:00NN | REGAL STUDIO PRESENTS (R.) 7:00 - 7:45 | CRUZ VS. CRUZ (R.) 7:30 - 8:15 (with English closed captions) | | | | SANG'GRE (R) 5:40 - 6:20 (with English closed captions) | | | | | | |
| 1:00AM | I-WITNESS (R.) 7:45 - 8:30 (with English closed captions) | REPORTER'S NOTEBOOK (R.) 8:30 - 9:00 | | | | SANGGANG-DIKIT FR (R.) 6:20 - 7:00 (with English closed captions) | | | | | | |
| 2:00AM | FAMILY TV MASS 9:00 - 10:00 | UNANG HIRIT (P) 8:15 - 10:15 | | | | HATING KAPATID (R) 7:00 - 7:40 (with English closed captions) | | | | | | |
| 3:00AM | 24 ORAS (P.) 10:00 - 10:45 | | | | | CRUZ VS. CRUZ (R.) 7:40 - 8:15 (with English closed captions) | | | | | | |
| 4:00AM | GLOBAL PINOY UNLIMITED (P.) 10:45 - 11:30 | | | | | MAGPAKAILANMAN (R) 8:15 - 9:15 (with English closed captions) | | | | | | |
| 5:00AM | SANG'GRE MARATHON (R.) 11:30 - 2:15 (with English closed captions) | | | | | PEPITO MANALOTO, TULOY ANG KUWENTO (R) 9:15 - 10:00 (with English closed captions) | | | | | | |
| 6:00AM | | | | | | 24 ORAS (P.) 10:00 - 10:45 | | | | | | |
| 7:00AM | | | | | | WISH KO LANG (R.) 10:45 - 11:30 | | | | | | |
| 8:00AM | | | | | | SANGGANG-DIKIT FR MARATHON (R.) 11:30 - 2:15 (with English closed captions) | | | | | | |

| MNL | GMA PINOY TV PROGRAM GRID JANUARY 11 - 17, 2026 MANILA (US/ CANADA) | | | | | | | PST / VANCOUVER (MNL - 16) | MST (MNL - 15) | CST (MNL 14) | EST/ TORONTO (MNL -13) | HAWAII (MNL -18) |
|---------|--|---|--|--------------------------|--|--|---|-------------------------------------|-------------------|-----------------|------------------------------|---------------------|
| | SUNDAY JANUARY 11 | MONDAY JANUARY 12 | TUESDAY JANUARY 13 | WEDNESDAY JANUARY 14 | THURSDAY JANUARY 15 | FRIDAY JANUARY 16 | SATURDAY JANUARY 17 | | | | | |
| 12:00NN | | | | | Cont. of FAST TALK WITH BOY ABUNDA (P.) 11:50 - 12:20 | | | 8:00AM | 9:00AM | 10:00AM | 11:00AM | 6:00AM |
| 1:00AM | Cont. of SANGGANG-DIKIT FR MARATHON (R.) 11:30 - 2:15 (with English closed captions) | Cont. of SANG'GRE MARATHON (R.) 11:30 - 2:15 (with English closed captions) | | | FAMILY FEUD PHILIPPINES (P.) 12:20 - 12:50 | | | 9:00AM | 10:00AM | 11:00AM | 12:00NN | 7:00AM |
| 2:00AM | | | | | UNICA HIDIA (R.) 12:50 - 1:30 (with English closed captions) | | | 10:00AM | 11:00AM | 12:00NN | 1:00PM | 8:00AM |
| 3:00AM | KAPUSO MO, JESSICA SOHO (R.) 2:15 - 4:00 | GMA PINOY BLOCKBUSTER (P.) 2:15 - 4:15 "Karnabal" | REPORTER'S NOTEBOOK (R.) 1:30 - 2:15 | TADHANA (P.) 1:30 - 2:15 | REGAL STUDIO PRESENTS (P.) 1:30 - 2:15 | WISH KO LANG (P.) 1:30 - 2:00 | MAKA (P.) 1:30 - 2:15 | | | | | |
| 4:00AM | | | THE BOOBAY AND TEKLA SHOW (R.) 2:15 - 3:00 | BBLGANG (P.) 2:15 - 3:00 | PEPITO MANALOTO, TULOY ANG KUWENTO (P.) 2:15 - 3:00 | RESIBO (R.) 2:00 - 2:30 | I-WITNESS (R.) 2:15 - 3:00 (with English closed captions) | | | | | |
| 5:00AM | IT'S SHOWTIME (P.) 4:00 - 6:30 | | | | TIKTOCLOCK: HAPPY HOUR NA (P.) 3:00 - 4:00 | BORN TO BE WILD (R.) 2:30 - 3:00 | | 11:00AM | 12:00NN | 1:00PM | 2:00PM | 9:00AM |
| 6:00AM | | | ALL-OUT SUNDAYS (R.) 4:15 - 5:45 | | | IT'S SHOWTIME (P.) 4:00 - 5:50 | | 12:00NN | 1:00PM | 2:00PM | 3:00PM | 10:00AM |
| 7:00AM | RESIBO (R.) 6:30 - 7:00 | | MAKA (R.) 5:45 - 6:15 | | | FAST TALK WITH BOY ABUNDA (R.) 5:50 - 6:20 | | 2:00PM | 3:00PM | 4:00PM | 5:00PM | 12:00NN |
| 8:00AM | CRUZ VS. CRUZ (P.) 7:00 - 7:30 (with English closed captions) | MAGPAKAILANMAN (R.) 7:00 - 8:00 (with English closed captions) | REGAL STUDIO PRESENTS (R.) 7:30 - 8:00 | | | SAKSI 6:20 - 7:00 | | 3:00PM | 4:00PM | 5:00PM | 6:00PM | 1:00PM |
| 9:00AM | TADHANA (R.) 9:00 - 9:30 (with English closed captions) | WISH KO LANG (R.) 8:00 - 8:30 | ALL IN THE FAMILY WITH DR. TESS (SEASON 7) 8:00 - 8:30 | | | CRUZ VS. CRUZ (P.) 7:00 - 7:30 (with English closed captions) | | 4:00PM | 5:00PM | 6:00PM | 7:00PM | 2:00PM |
| 10:00AM | RESIBO (R.) 9:30 - 10:00 (with English closed captions) | RESIBO (R.) 8:30 - 9:10 | THE BOOBAY AND TEKLA SHOW (R.) 6:15 - 7:00 | | | HATING KAPATID (P.) 7:30 - 8:00 (with English closed captions) | | 5:00PM | 6:00PM | 7:00PM | 8:00PM | 3:00PM |
| 11:00AM | REGAL STUDIO PRESENTS (R.) 10:45 - 11:15 | KAPUSO MO, JESSICA SOHO (R.) 10:45 - 12:30 | MAGPAKAILANMAN (R.) 11:15 - 12:00 (with English closed captions) | | | UNICA HIDIA (R.) 8:00 - 8:30 (with English closed captions) | | 6:00PM | 7:00PM | 8:00PM | 9:00PM | 4:00PM |
| 12:00NN | BBLGANG (R.) 12:00 - 12:40 | | THE BOOBAY AND TEKLA SHOW (R.) 12:30 - 1:15 | | | TIKTOCLOCK: HAPPY HOUR NA (R.) 8:30 - 9:15 | | 7:00PM | 8:00PM | 9:00PM | 10:00PM | 5:00PM |
| 1:00PM | CRUZ VS. CRUZ (R.) 12:40 - 1:15 (with English closed captions) | MAGPAKAILANMAN (P.) 1:15 - 2:15 (with English closed captions) | THE BOOBAY AND TEKLA SHOW (R.) 2:15 - 3:00 | | | FAMILY FEUD PHILIPPINES (R.) 9:15 - 9:45 | | 6:00PM | 7:00PM | 8:00PM | 9:00PM | 4:00PM |
| 2:00PM | MAKA (R.) 1:15 - 1:50 | TADHANA (R.) 1:50 - 2:30 (with English closed captions) | REPORTER'S NOTEBOOK (R.) 2:30 - 3:00 | | | REGAL STUDIO PRESENTS (R.) 10:45 - 11:15 | | 7:00PM | 8:00PM | 9:00PM | 10:00PM | 5:00PM |
| 3:00PM | | | | | | REGAL STUDIO PRESENTS (R.) 10:45 - 11:15 | | 8:00PM | 9:00PM | 10:00PM | 11:00PM | 6:00PM |
| 4:00PM | ALL-OUT SUNDAYS (P.) 3:00 - 4:30 | GMA PINOY BLOCKBUSTER (R.) 3:00 - 5:00 "Karnabal" | | | | REGAL STUDIO PRESENTS (R.) 10:45 - 11:15 | | 12:00NN | 1:00AM | 2:00AM | 3:00AM | 10:00PM |
| 5:00PM | MAGPAKAILANMAN (R.) 4:30 - 5:30 (with English closed captions) | | | | | REGAL STUDIO PRESENTS (R.) 10:45 - 11:15 | | 1:00AM | 2:00AM | 3:00AM | 4:00AM | 11:00PM |
| 6:00PM | BBLGANG (R.) 5:30 - 6:15 | KAPUSO MO, JESSICA SOHO (R.) 5:00 - 6:45 | THE BOOBAY AND TEKLA SHOW (R.) 6:15 - 7:00 | | | REGAL STUDIO PRESENTS (R.) 10:45 - 11:15 | | 2:00AM | 3:00AM | 4:00AM | 5:00AM | 12:00NN |
| 7:00PM | PEPITO MANALOTO, TULOY ANG KUWENTO (R.) 6:45 - 7:30 (with English closed captions) | | | | | REGAL STUDIO PRESENTS (R.) 10:45 - 11:15 | | 3:00AM | 4:00AM | 5:00AM | 6:00AM | 1:00AM |
| 8:00PM | CRUZ VS. CRUZ (R.) 7:30 - 8:15 (with English closed captions) | CRUZ VS. CRUZ (R.) 7:40 - 8:15 (with English closed captions) | I-WITNESS (R.) 7:45 - 8:30 (with English closed captions) | | | REGAL STUDIO PRESENTS (R.) 10:45 - 11:15 | | 4:00AM | 5:00AM | 6:00AM | 7:00AM | 2:00AM |
| 9:00PM | REPORTER'S NOTEBOOK (R.) 8:30 - 9:00 | | | | UNANG HIRIT (P.) 8:15 - 10:15 | REGAL STUDIO PRESENTS (R.) 10:45 - 11:15 | | 5:00AM | 6:00AM | 7:00AM | 8:00AM | 3:00AM |
| 10:00PM | FAMILY TV MASS 9:00 - 10:00 | | | | | REGAL STUDIO PRESENTS (R.) 10:45 - 11:15 | | 6:00AM | 7:00AM | 8:00AM | 9:00AM | 4:00AM |
| 11:00PM | 24 ORAS (P.) 10:00 - 10:45 | | | | 24 ORAS (P.) 10:15 - 11:50 | REGAL STUDIO PRESENTS (R.) 10:45 - 11:15 | | 7:00AM | 8:00AM | 9:00AM | 10:00AM | 5:00AM |
| 12:00NN | GLOBAL PINOY UNLIMITED (P.) 10:45 - 11:30 | SANG'GRE MARATHON (R.) 11:30 - 2:15 (with English closed captions) | | | | REGAL STUDIO PRESENTS (R.) 10:45 - 11:15 | | 8:00AM | 9:00AM | 10:00AM | 11:00AM | 6:00AM |

| GMA PINOY TV PROGRAM GRID JANUARY 25 - 31, 2026 MANILA (US/ CANADA) | | | | | | | EST / VANCOUVER (MNL -16) | MST (MNL -15) | CST (MNL -14) | EST / TORONTO (MNL -13) | HAWAII (MNL -18) |
|---|--|--|--|---|---|--------------------------------------|---|--|---------------|-------------------------|------------------|
| MNL | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | | | | |
| | JANUARY, 25 | JANUARY, 26 | JANUARY, 27 | JANUARY, 28 | JANUARY, 29 | JANUARY, 30 | JANUARY, 31 | | | | |
| 12:00NN | | | | | | | Cont. of FAST TALK WITH BOY ABUNDA (P.) 11:50 - 12:20 | | | | |
| 1:00AM | Cont. of SANGGANG-DIKIT FR MARATHON (R.) 11:30 - 2:15 (with English closed captions) | Cont. of SANG'GRE MARATHON (R.) 11:30 - 2:15 (with English closed captions) | | | | | FAMILY FEUD PHILIPPINES (P.) 12:20 - 12:50 | | | | |
| 2:00AM | | | | | | | UNICA HIDA (R.) 12:50 - 1:30 (with English closed captions) | | | | |
| 3:00AM | KAPUSO MO, JESSICA SOHO (R.) 2:15 - 4:00 | GMA PINOY BLOCKBUSTER (P.) 2:15 - 4:15 "Yung Libra sa Napanuod Ko" | REPORTER'S NOTEBOOK (R.) 1:30 - 2:15 | TADHANA (P.) 1:30 - 2:15 | REGAL STUDIO PRESENTS (P.) 1:30 - 2:15 | WISH KO LANG (P.) 1:30 - 2:00 | MAKA (P.) 1:30 - 2:15 | | | | |
| 4:00AM | | | THE BOOBAY AND TEKLA SHOW (R.) 2:15 - 3:00 | BBLGANG (P.) 2:15 - 3:00 | PEPITO MANALOTO, TULOY ANG KUVENTO (P.) 2:15 - 3:00 | RESIBO (R.) 2:00 - 2:30 | I-WITNESS (R.) 2:15 - 3:00 (with English closed captions) | | | | |
| 5:00AM | IT'S SHOWTIME (P.) 4:00 - 6:30 | ALL-OUT SUNDAYS (R.) 4:15 - 5:45 | | | TIKTOCLOCK: HAPPY HOUR NA (P.) 3:00 - 4:00 | | | | | | |
| 6:00AM | | MAKA (R.) 5:45 - 6:15 | | | IT'S SHOWTIME (P.) 4:00 - 5:50 | | | | | | |
| 7:00AM | RESIBO (R.) 6:30 - 7:00 | THE BOOBAY AND TEKLA SHOW (R.) 6:15 - 7:00 | | | FAST TALK WITH BOY ABUNDA (R.) 5:50 - 6:20 | | | | | | |
| 8:00AM | HOUSE OF LIES (P.) 7:00 - 7:30 (with English closed captions) | MAGPAKAILANMAN (R.) 7:00 - 8:00 (with English closed captions) | | | SAKSI 6:20 - 7:00 | | | | | | |
| | REGAL STUDIO PRESENTS (R.) 8:00 | REGAL STUDIO PRESENTS (R.) 7:30 - 8:00 | | | HOUSE OF LIES (P.) 7:00 - 7:30 (with English closed captions) | | | | | | |
| | ALL IN THE FAMILY WITH DR. TESS (SEASON 7) 8:00 - 8:30 | WISH KO LANG (R.) 8:00 - 8:30 | | | HATING KAPATID (P.) 7:30 - 8:00 (with English closed captions) | | | | | | |
| | BORN TO BE WILD (R.) 8:30 - 9:00 | RESIBO (R.) 8:30 - 9:10 | | | UNICA HIDA (P.) 8:00 - 8:30 (with English closed captions) | | | | | | |
| | TADHANA (R.) 9:00 - 9:30 (with English closed captions) | BBLGANG (R.) 9:10 - 9:50 | | | TIKTOCLOCK: HAPPY HOUR NA (R.) 8:30 - 9:15 | | | | | | |
| | I-WITNESS (R.) 9:30 - 10:00 (with English closed captions) | GLOBAL PINOY UNLIMITED (B.) 9:50 - 10:00 | | | FAMILY FEUD PHILIPPINES (R.) 9:15 - 9:45 | | | | | | |
| 10:00AM | 24 ORAS (R.) 10:00 - 10:45 | 24 ORAS (R.) 10:00 - 10:45 | | | 24 ORAS (R.) 9:45 - 11:20 | | | | | | |
| 11:00AM | REGAL STUDIO PRESENTS (R.) 10:45 - 11:15 | KAPUSO MO, JESSICA SOHO (P.) 10:45 - 12:30 | | | SANG'GRE (P.) 11:20 - 12:00 (with English closed captions) | | | | | | |
| 12:00NN | PEPITO MANALOTO, TULOY ANG KUVENTO (R.) 11:15 - 12:00 (with English closed captions) | BBLGANG (R.) 12:00 - 12:40 | | | SANGGANG-DIKIT FR (P.) 12:00 - 12:40 (with English closed captions) | | | | | | |
| 1:00PM | HOUSE OF LIES (P.) 12:40 - 1:15 (with English closed captions) | THE BOOBAY AND TEKLA SHOW (R.) 12:30 - 1:15 | | | HOUSE OF LIES (R.) 12:40 - 1:15 (with English closed captions) | | | | | | |
| 2:00PM | MAGPAKAILANMAN (R.) 1:15 - 2:15 (with English closed captions) | MAKA (R.) 1:15 - 1:50 | | | HATING KAPATID (R.) 1:15 - 1:50 (with English closed captions) | | | | | | |
| | THE BOOBAY AND TEKLA SHOW (P.) 2:15 - 3:00 | TADHANA (R.) 1:50 - 2:30 (with English closed captions) | | | UNICA HIDA (R.) 1:50 - 2:20 (with English closed captions) | | | | | | |
| | REPORTER'S NOTEBOOK (R.) 2:30 - 3:00 | | | | FAST TALK WITH BOY ABUNDA (R.) 2:20 - 2:45 | | | | | | |
| 3:00PM | | | | | IT'S SHOWTIME (R.) 2:45 - 4:30 | | | | | | |
| 4:00PM | ALL-OUT SUNDAYS (P.) 3:00 - 4:30 | GMA PINOY BLOCKBUSTER (R.) 3:00 - 5:00 "Yung Libra sa Napanuod Ko" | | | | | | | | | |
| 5:00PM | MAGPAKAILANMAN (R.) 4:30 - 5:30 (with English closed captions) | KAPUSO MO, JESSICA SOHO (R.) 5:00 - 6:45 | | | FAMILY FEUD PHILIPPINES (R.) 4:30 - 5:10 | | | | | | |
| 6:00PM | BBLGANG (R.) 5:30 - 6:15 | | I-WITNESS (P.) 5:10 - 5:40 | TADHANA (R.) 5:10 - 5:40 (with English closed captions) | BORN TO BE WILD (P.) 5:10 - 5:40 | REPORTER'S NOTEBOOK (P.) 5:10 - 5:40 | RESIBO (P.) 5:10 - 5:40 | | | | |
| | THE BOOBAY AND TEKLA SHOW (R.) 6:15 - 7:00 | | | | SANG'GRE (P.) 5:40 - 6:20 (with English closed captions) | | | | | | |
| | REGAL STUDIO PRESENTS (R.) 7:00 - 7:45 | PEPITO MANALOTO, TULOY ANG KUVENTO (R.) 6:45 - 7:30 (with English closed captions) | | | SANGGANG-DIKIT FR (R.) 6:20 - 7:00 (with English closed captions) | | | | | | |
| | I-WITNESS (R.) 7:45 - 8:30 (with English closed captions) | HOUSE OF LIES (R.) 7:30 - 8:15 (with English closed captions) | | | HATING KAPATID (R) 7:00 - 7:40 (with English closed captions) | | | | | | |
| | REPORTER'S NOTEBOOK (R.) 8:30 - 9:00 | | | | HOUSE OF LIES (R.) 7:40 - 8:15 (with English closed captions) | | | | | | |
| 9:00PM | FAMILY TV MASS 9:00 - 10:00 | | | | | | | MAGPAKAILANMAN (R.) 8:15 - 9:15 (with English closed captions) | | | |
| 10:00PM | 24 ORAS (P.) 10:00 - 10:45 | | | | | | PEPITO MANALOTO, TULOY ANG KUVENTO (R.) 9:15 - 10:00 (with English closed captions) | | | | |
| 11:00PM | GLOBAL PINOY UNLIMITED (P.) 10:45 - RESIBO (R.) 11:00 - 11:30 | | | | 24 ORAS (P.) 10:00 - 10:45 | | | | | | |
| 12:00NN | SANG'GRE MARATHON (R.) 11:30 - 2:15 (with English closed captions) | | | | WISH KO LANG (R.) 10:45 - 11:30 | | | | | | |
| | | | | | SANGGANG-DIKIT FR MARATHON (R.) 11:30 - 2:15 (with English closed captions) | | | | | | |