

MNL	GMA PINOY TV PROGRAM GRID JANUARY 1 - 3, 2026 MANILA (US/ CANADA)							PST / VANCOUVER (MNL -16)	MST (MNL -15)	CST (MNL -14)	EST/ TORONTO (MNL -13)	HAWAII (MNL -18)			
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY JANUARY 01	FRIDAY JANUARY 02	SATURDAY JANUARY 03								
12:00AM	Cont. of SANGGANG-DIKIT FR MARATHON (R.) 11:30 - 2:15 (with English closed captions)	Cont. of SANG'GRE MARATHON (R.) 11:30 - 2:00 (with English closed captions)	Cont. of FAST TALK WITH BOY ABUNDA (P.) 11:50 - 12:20		Cont. of KAPUSO COUNTDOWN to 2026 10:30 - 12:30		Cont. of FAST TALK WITH BOY ABUNDA (P.) 11:50 - 12:20		8:00AM	9:00AM	10:00AM	11:00AM	6:00AM		
1:00AM			FAMILY FEUD PHILIPPINES (P.) 12:20 - 12:50		FAMILY FEUD PHILIPPINES (P.) 12:30 - 1:00		FAMILY FEUD PHILIPPINES (P.) 12:20 - 12:50		9:00AM	10:00AM	11:00AM	12:00AM	7:00AM		
2:00AM			UNICA HIJA (R) 12:50 - 1:30 (with English closed captions)		UNICA HIJA (R) 1:00 - 1:30 (with English closed captions)		UNICA HIJA (R) 12:50 - 1:30 (with English closed captions)								
3:00AM	KAPUSO MO, JESSICA SOHO (R.) 2:15 - 4:00	GMA PINOY BLOCKBUSTER (P.) 2:00 - 4:00 "Working Boys 2 Choose Your Papa"	REPORTER'S NOTEBOOK (R.) 1:30 - 2:15	TADHANA (P.) 1:30 - 2:15	REGAL STUDIO PRESENTS (P.) 1:30 - 2:15	WISH KO LANG (P) 1:30 - 2:00	MAKA (P.) 1:30 - 2:15	10:00AM	11:00AM	12:00AM	1:00PM	8:00AM			
4:00AM			THE BOOBAY AND TEKLA SHOW (R.) 2:15 - 3:00		PEPITO MANALOTO, TULUY ANG KUWENTO (P.) 2:15 - 3:00		RESIBO (R) 2:00 - 2:30		I-WITNESS (R.) 2:15 - 3:00 (with English closed captions)						
5:00AM			TIKTOTCLOCK: HAPPY HOUR NA (P.) 3:00 - 4:00							11:00AM	12:00AM	1:00PM	2:00PM	9:00AM	
6:00AM	IT'S SHOWTIME (P.) 4:00 - 6:30	GMA PINOY BLOCKBUSTER (R.) 4:00 - 6:00 "X and Y"	IT'S SHOWTIME (P.) 4:00 - 5:50						12:00AM	1:00PM	2:00PM	3:00PM	10:00AM		
7:00AM									1:00PM	2:00PM	3:00PM	4:00PM	11:00AM		
8:00AM			MAKA (R.) 6:00 - 6:45		FAST TALK WITH BOY ABUNDA (R.) 5:50 - 6:20		FAST TALK WITH BOY ABUNDA (P.) 5:50 - 6:20	FAST TALK WITH BOY ABUNDA (R.) 5:50 - 6:20		2:00PM	3:00PM	4:00PM	5:00PM	12:00AM	
9:00AM	RESIBO (R.) 6:30 - 7:00	THE BOOBAY AND TEKLA SHOW (R.) 6:45 - 7:30	SAKSI 6:20 - 7:00						3:00PM	4:00PM	5:00PM	6:00PM	1:00PM		
10:00AM	CRUZ VS. CRUZ (P.) 7:00 - 7:30 (with English closed captions)		CRUZ VS. CRUZ (P.) 7:00 - 7:30 (with English closed captions)						4:00PM	5:00PM	6:00PM	7:00PM	2:00PM		
11:00AM	REGAL STUDIO PRESENTS (R.) 7:30 - 8:00		HATING KAPATID (P.) 7:30 - 8:00 (with English closed captions)						5:00PM	6:00PM	7:00PM	8:00PM	3:00PM		
12:00AM	ALL IN THE FAMILY WITH DR. TESS (SEASON 7) 8:00 - 8:30	MAGPAKAILANMAN (R.) 7:30 - 8:30 (with English closed captions)	UNICA HIJA (P.) 8:00 - 8:30 (with English closed captions)						6:00PM	7:00PM	8:00PM	9:00PM	4:00PM		
1:00PM	BORN TO BE WILD (R.) 8:30 - 9:00	WISH KO LANG (R.) 8:30 - 9:10	TIKTOTCLOCK: HAPPY HOUR NA (R.) 8:30 - 9:15						7:00PM	8:00PM	9:00PM	10:00PM	5:00PM		
2:00PM	TADHANA (R.) 9:00 - 9:30 (with English closed captions)	BBLGANG (R.) 9:10 - 9:50	FAMILY FEUD PHILIPPINES (R.) 9:15 - 9:45						8:00PM	9:00PM	10:00PM	11:00PM	6:00PM		
3:00PM	I-WITNESS (R.) 9:30 - 10:00 (with English closed captions)	GLOBAL PINOY UNLIMITED (R.) 9:50 - 10:00	24 ORAS (R.) 9:45 - 11:20						9:00PM	10:00PM	11:00PM	12:00AM	7:00PM		
4:00PM	24 ORAS (R.) 10:00 - 10:45	24 ORAS (R.) 10:00 - 10:45	SANG'GRE (P.) 11:20 - 12:00 (with English closed captions)						10:00PM	11:00PM	12:00AM	1:00AM	8:00PM		
5:00PM	DAIG KAYO NG LOLA KO (R.) 10:45 - 11:30 (with English closed captions)	KAPUSO MO, JESSICA SOHO (P.) 10:45 - 12:30	SANGGANG-DIKIT FR (P.) 12:00 - 12:40 (with English closed captions)						11:00PM	12:00AM	1:00AM	2:00AM	9:00PM		
6:00PM	PEPITO MANALOTO, TULUY ANG KUWENTO (R.) 11:30 - 12:15 (with English closed captions)		SANGGANG-DIKIT FR (P.) 12:00 - 12:40 (with English closed captions)						12:00AM	1:00AM	2:00AM	3:00AM	10:00PM		
7:00PM	BBLGANG (R.) 12:15 - 1:00	REGAL STUDIO PRESENTS (R.) 12:30 - 1:15	CRUZ VS. CRUZ (R.) 12:40 - 1:15 (with English closed captions)						1:00AM	2:00AM	3:00AM	4:00AM	11:00PM		
8:00PM	CRUZ VS. CRUZ (R.) 1:00 - 1:30 (with English closed captions)	MAKA (R.) 1:15 - 1:50	HATING KAPATID (R.) 1:15 - 1:50 (with English closed captions)						2:00AM	3:00AM	4:00AM	5:00AM	12:00PM		
9:00PM	MAGPAKAILANMAN (P.) 1:30 - 2:30 (with English closed captions)	DAIG KAYO NG LOLA KO (R.) 1:50 - 2:20 (with English closed captions)	UNICA HIJA (R.) 1:50 - 2:20 (with English closed captions)						3:00AM	4:00AM	5:00AM	6:00AM	1:00AM		
10:00AM	THE BOOBAY AND TEKLA SHOW (P.) 2:30 - 3:15	TADHANA (R.) 2:20 - 3:00 (with English closed captions)	FAST TALK WITH BOY ABUNDA (R.) 2:20 - 2:45		FAST TALK WITH BOY ABUNDA (R.) 2:20 - 2:45	FAST TALK WITH BOY ABUNDA (R.) 2:20 - 2:45		4:00AM	5:00AM	6:00AM	7:00AM	2:00AM			
11:00AM	GMA PINOY BLOCKBUSTER (P.) 3:15 - 5:15 "X and Y"	GMA PINOY BLOCKBUSTER (R.) 3:00 - 5:00 "Working Boys 2 Choose Your Papa"	IT'S SHOWTIME (R.) 2:45 - 4:30						5:00AM	6:00AM	7:00AM	8:00AM	3:00AM		
12:00PM			FAMILY FEUD PHILIPPINES (R.) 4:30 - 5:10						6:00AM	7:00AM	8:00AM	9:00AM	4:00AM		
1:00PM	MAGPAKAILANMAN (R.) 5:15 - 6:15 (with English closed captions)	KAPUSO MO, JESSICA SOHO (R.) 5:00 - 6:45	I-WITNESS (P.) 5:10 - 5:40	SANG'GRE (R.) 5:10 - 5:50 (with English closed captions)	BORN TO BE WILD (P.) 5:10 - 5:40	REPORTER'S NOTEBOOK (P.) 5:10 - 5:40	RESIBO (P.) 5:10 - 5:40	7:00AM	8:00AM	9:00AM	10:00AM	5:00AM			
2:00PM	BBLGANG (R.) 6:15 - 6:50		SANG'GRE (R.) 5:40 - 6:20 (with English closed captions)	SANGGANG-DIKIT FR (R.) 5:50 - 6:30 (with English closed captions)	SANG'GRE (R.) 5:40 - 6:20 (with English closed captions)		SANG'GRE (R.) 5:40 - 6:20 (with English closed captions)		8:00AM	9:00AM	10:00AM	11:00AM	6:00AM		
3:00PM	THE BOOBAY AND TEKLA SHOW (R.) 6:50 - 7:30	PEPITO MANALOTO, TULUY ANG KUWENTO (R.) 6:45 - 7:30 (with English closed captions)	SANGGANG-DIKIT FR (R.) 6:20 - 7:00 (with English closed captions)	HATING KAPATID (R.) 6:30 - 7:00 (with English closed captions)	SANGGANG-DIKIT FR (R.) 6:20 - 7:00 (with English closed captions)		SANGGANG-DIKIT FR (R.) 6:20 - 7:00 (with English closed captions)		9:00AM	10:00AM	11:00AM	12:00PM	7:00AM		
4:00PM	I-WITNESS (R.) 7:30 - 8:00 (with English closed captions)	CRUZ VS. CRUZ (R.) 7:30 - 8:15 (with English closed captions)	HATING KAPATID (R.) 7:00 - 7:40 (with English closed captions)		HATING KAPATID (R.) 7:00 - 7:40 (with English closed captions)		HATING KAPATID (R.) 7:00 - 7:40 (with English closed captions)		10:00AM	11:00AM	12:00PM	1:00AM	8:00PM		
5:00PM	REPORTER'S NOTEBOOK (R.) 8:00 - 8:30		UNANG HIRIT (P.) 7:00 - 9:00		CRUZ VS. CRUZ (R.) 7:40 - 8:15 (with English closed captions)		CRUZ VS. CRUZ (R.) 7:40 - 8:15 (with English closed captions)		11:00PM	12:00AM	1:00AM	2:00AM	9:00PM		
6:00PM	BORN TO BE WILD (R.) 8:30 - 9:00	UNANG HIRIT (P) 8:15 - 10:15			UNANG HIRIT (P) 8:15 - 10:15		MAGPAKAILANMAN (R.) 8:15 - 9:15 (with English closed captions)		12:00AM	1:00AM	2:00AM	3:00AM	10:00PM		
7:00PM	FAMILY TV MASS 9:00 - 10:00								1:00AM	2:00AM	3:00AM	4:00AM	11:00PM		
8:00PM	24 ORAS (P.) 10:00 - 10:45	24 ORAS (P) 10:15 - 11:50			24 ORAS (P) 9:00 - 10:30		24 ORAS (P) 9:00 - 10:30		2:00AM	3:00AM	4:00AM	5:00AM	12:00PM		
9:00PM	GLOBAL PINOY UNLIMITED (P.) 10:45 - 11:30								3:00AM	4:00AM	5:00AM	6:00AM	1:00AM		
10:00PM	RESIBO (R.) 11:00 - 11:30								4:00AM	5:00AM	6:00AM	7:00AM	2:00AM		
11:00PM	SANG'GRE MARATHON (R.) 11:30 - 2:00 (with English closed captions)								5:00AM	6:00AM	7:00AM	8:00AM	3:00AM		
12:00AM									6:00AM	7:00AM	8:00AM	9:00AM	4:00AM		
									7:00AM	8:00AM	9:00AM	10:00AM	5:00AM		
									8:00AM	9:00AM	10:00AM	11:00AM	6:00AM		
									9:00AM	10:00AM	11:00AM	12:00PM	7:00AM		
									10:00AM	11:00AM	12:00PM	1:00PM	8:00AM		
									11:00AM	12:00PM	1:00PM	2:00PM	9:00AM		
									12:00PM	1:00PM	2:00PM	3:00PM	10:00AM		
									1:00AM	2:00AM	3:00AM	4:00AM	11:00PM		
									2:00AM	3:00AM	4:00AM	5:00AM	12:00PM		
									3:00AM	4:00AM	5:00AM	6:00AM	1:00AM		
									4:00AM	5:00AM	6:00AM	7:00AM	2:00AM		
									5:00AM	6:00AM	7:00AM	8:00AM	3:00AM		
									6:00AM	7:00AM	8:00AM	9:00AM	4:00AM		
									7:00AM	8:00AM	9:00AM	10:00AM	5:00AM		
									8:00AM	9:00AM	10:00AM	11:00AM	6:00AM		
									9:00AM	10:00AM	11:00AM	12:00PM	7:00AM		
									10:00AM	11:00AM	12:00PM	1:00PM	8:00AM		
									11:00AM	12:00PM	1:00PM	2:00PM	9:00AM		
									12:00PM	1:00PM	2:00PM	3:00PM	10:00AM		
									1:00AM	2:00AM	3:00AM	4:00AM	11:00PM		
									2:00AM	3:00AM	4:00AM	5:00AM	12:00PM		
									3:00AM	4:00AM	5:00AM	6:00AM	1:00AM		
									4:00AM	5:00AM	6:00AM	7:00AM	2:00AM		
									5:00AM	6:00AM	7:00AM	8:00AM	3:00AM		
									6:00AM	7:00AM	8:00AM	9:00AM	4:00AM		
									7:00AM	8:00AM	9:00AM	10:00AM	5:00AM		
									8:00AM	9:00AM	10:00AM	11:00AM	6:00AM		
									9:00AM	10:00AM	11:00AM	12:00PM	7:00AM		
									10:00AM	11:00AM	12:00PM	1:00PM	8:00AM		
									11:00AM	12:00PM	1:00PM	2:00PM	9:00AM		
									12:00PM	1:00PM	2:00PM	3:00PM	10:00AM		
									1:00AM	2:00AM	3:00AM	4:00AM	11:00PM		
									2:00AM	3:00AM	4:00AM	5:00AM	12:00PM		
									3:00AM	4:00AM	5:00AM	6:00AM	1:00AM		
									4:00AM	5:00AM	6:00AM	7:00AM	2:00AM		
									5:00AM	6:00AM	7:00AM	8:00AM	3:00AM		
									6:00AM	7:00AM	8:00AM	9:00AM	4:00AM		
									7:00AM	8:00AM	9:00AM	10:00AM	5:00AM		
									8:00AM	9:00AM	10:00AM	11:00AM	6:00AM		
									9:00AM	10:00AM	11:00AM	12:00PM	7:00AM		
									10:00AM	11:00AM	12:00PM	1:00PM	8:00AM		
									11:00AM	12:00PM	1:00PM	2:00PM	9:00AM		
									12:00PM	1:00PM	2:00PM	3:00PM	10:00AM		
									1:00AM	2:00AM	3:00AM	4:00AM	11:00PM		
									2:00AM	3:00AM	4:00AM	5:00AM	12:00PM		
									3:00AM	4:00AM	5:00AM	6:00AM	1:00AM		
									4:00AM	5:00AM	6:00AM	7:00AM	2:00AM		
									5:00AM	6:00AM	7:00AM	8:00AM	3:00AM		
									6:00AM	7:00AM	8:00AM	9:00AM	4:00AM		
									7:00AM	8:00AM	9:00AM	10:00AM	5:00AM		
									8:00AM	9:00AM	10:00AM	11:00AM	6:00AM		
									9:00AM	10:00AM	11:00AM	12:00PM	7:00AM		
									10:00AM	11:00AM	12:00PM	1:00PM	8:00AM		
									11:00AM	12:00PM	1:00PM	2:00PM	9:00AM		
									12:00PM	1:00PM	2:00PM	3:00PM	10:00AM		
									1:00AM	2:00AM	3:00AM	4:00AM	11:00PM		
									2:00AM	3:00AM	4:00AM	5:00AM	12:00PM		
									3:00AM	4:00AM	5:00AM	6:00AM	1:00AM		
									4:00AM	5:00AM	6:00AM	7:00AM	2:00AM		
									5:00AM	6:00AM	7:00AM	8:00AM	3:00AM		
									6:00AM	7:00AM	8:00AM	9:00AM	4:00AM		
									7:00AM	8:00AM	9:00AM	10:00AM	5:00AM		
									8:00AM	9:00AM	10:00AM	11:00AM	6:00AM		
									9:00AM	10:00AM	11:00AM	12:00PM	7:00AM		
									10:00AM	11:00AM	12:00PM	1:00PM	8:00AM		
									11:00AM	12:00PM	1:00PM	2:00PM	9:00AM		
									12:00PM	1:00PM	2:00PM	3:00PM	10:00AM		
									1:00AM	2:00AM	3:00AM	4:00AM	11:00PM		
									2:00AM	3:00AM	4:00AM	5:00AM	12:00PM		
									3:00AM	4:00AM	5:00AM	6:00AM	1:00AM		
									4:00AM	5:00AM	6:00AM	7:00AM	2:00AM		
									5:00AM	6:00AM	7:00AM	8:00AM	3:00AM		
									6:00AM	7:00AM	8:00AM	9:00AM	4:00AM		
									7:00AM	8:00AM	9:00AM	10:00AM	5:00AM		
									8:00AM	9:00AM	10:00				

MNL	GMA PINOY TV PROGRAM GRID JANUARY 4 - 10, 2026 MANILA (US/ CANADA)							PST / VANCOUVER (MNL -16)	MST (MNL -15)	CST (MNL -14)	EST/ TORONTO (MNL -13)	HAWAII (MNL -18)
	SUNDAY JANUARY 04	MONDAY JANUARY 05	TUESDAY JANUARY 06	WEDNESDAY JANUARY 07	THURSDAY JANUARY 08	FRIDAY JANUARY 09	SATURDAY JANUARY 10					
12:00AM			Cont. of FAST TALK WITH BOY ABUNDA (P.) 11:50 - 12:20					8:00AM	9:00AM	10:00AM	11:00AM	6:00AM
1:00AM	Cont. of SANGGANG-DIKIT FR MARATHON (R.) 11:30 - 2:15 (with English closed captions)	Cont. of SANG'GRE MARATHON (R.) 11:30 - 2:15 (with English closed captions)	FAMILY FEUD PHILIPPINES (P.) 12:20 - 12:50					9:00AM	10:00AM	11:00AM	12:00AM	7:00AM
2:00AM			UNICA HIJA (R) 12:50 - 1:30 (with English closed captions)									
3:00AM	KAPUSO MO, JESSICA SOHO (R.) 2:15 - 4:00	GMA PINOY BLOCKBUSTER (P.) 2:15 - 4:15 "Little Christmas Tree"	REPORTER'S NOTEBOOK (R.) 1:30 - 2:15	TADHANA (P.) 1:30 - 2:15	REGAL STUDIO PRESENTS (P.) 1:30 - 2:15	WISH KO LANG (P) 1:30 - 2:00	MAKA (P.) 1:30 - 2:15	10:00AM	11:00AM	12:00AM	1:00PM	8:00AM
4:00AM			THE BOOBAY AND TEKLA SHOW (R.) 2:15 - 3:00	BBLGANG (P.) 2:15 - 3:00	PEPITO MANALOTO, TULOY ANG KUWENTO (P.) 2:15 - 3:00	RESIBO (R) 2:00 - 2:30	I-WITNESS (R.) 2:15 - 3:00 (with English closed captions)	11:00AM	12:00AM	1:00PM	2:00PM	9:00AM
5:00AM			TIKTOCLOCK: HAPPY HOUR NA (P.) 3:00 - 4:00					12:00AM	1:00PM	2:00PM	3:00PM	10:00AM
6:00AM	IT'S SHOWTIME (P.) 4:00 - 6:30	ALL-OUT SUNDAYS (R.) 4:15 - 5:45	IT'S SHOWTIME (P.) 4:00 - 5:50					1:00PM	2:00PM	3:00PM	4:00PM	11:00AM
7:00AM	RESIBO (R.) 6:30 - 7:00	MAKA (R.) 5:45 - 6:15	FAST TALK WITH BOY ABUNDA (R) 5:50 - 6:20					2:00PM	3:00PM	4:00PM	5:00PM	12:00AM
8:00AM	CRUZ VS. CRUZ (P.) 7:00 - 7:30 (with English closed captions)	MAGPAKAILANMAN (R.) 7:00 - 8:00 (with English closed captions)	SAKSI 6:20 - 7:00					3:00PM	4:00PM	5:00PM	6:00PM	1:00PM
9:00AM	REGAL STUDIO PRESENTS (R.) 7:30 - 8:00		CRUZ VS. CRUZ (P.) 7:00 - 7:30 (with English closed captions)					4:00PM	5:00PM	6:00PM	7:00PM	2:00PM
10:00AM	ALL IN THE FAMILY WITH DR. TESS (SEASON 7) 8:00 - 8:30	WISH KO LANG (R.) 8:00 - 8:30	HATING KAPATID (P.) 7:30 - 8:00 (with English closed captions)					5:00PM	6:00PM	7:00PM	8:00PM	3:00PM
11:00AM	BORN TO BE WILD (R.) 8:30 - 9:00	RESIBO (R.) 8:30 - 9:10	UNICA HIJA (P.) 8:00 - 8:30 (with English closed captions)					6:00PM	7:00PM	8:00PM	9:00PM	4:00PM
12:00PM	TADHANA (R.) 9:00 - 9:30 (with English closed captions)	BBLGANG (R.) 9:10 - 9:50	TIKTOCLOCK: HAPPY HOUR NA (R.) 8:30 - 9:15					7:00PM	8:00PM	9:00PM	10:00PM	5:00PM
1:00PM	I-WITNESS (R.) 9:30 - 10:00 (with English closed captions)	GLOBAL PINOY UNLIMITED (R.) 9:50 - 10:00	FAMILY FEUD PHILIPPINES (R.) 9:15 - 9:45					8:00PM	9:00PM	10:00PM	11:00PM	6:00PM
2:00PM	24 ORAS (R.) 10:00 - 10:45	24 ORAS (R.) 10:00 - 10:45	SANGGANG-DIKIT FR (P.) 12:00 - 12:40 (with English closed captions)					9:00PM	10:00PM	11:00PM	12:00AM	7:00PM
3:00PM	REGAL STUDIO PRESENTS (R.) 10:45 - 11:15	KAPUSO MO, JESSICA SOHO (P.) 10:45 - 12:30	CRUZ VS. CRUZ (R.) 12:40 - 1:15 (with English closed captions)					10:00PM	11:00PM	12:00AM	1:00AM	8:00PM
4:00PM	PEPITO MANALOTO, TULOY ANG KUWENTO (R.) 1:15 - 12:00 (with English closed captions)		HATING KAPATID (R.) 1:15 - 1:50 (with English closed captions)					11:00PM	12:00AM	1:00AM	2:00AM	9:00PM
5:00PM	BBLGANG (R) 12:00 - 12:40	THE BOOBAY AND TEKLA SHOW (R.) 12:30 - 1:15	UNICA HIJA (R.) 1:50 - 2:20 (with English closed captions)					12:00AM	1:00AM	2:00AM	3:00AM	10:00PM
6:00PM	CRUZ VS. CRUZ (R) 12:40 - 1:15 (with English closed captions)	MAKA (R.) 1:15 - 1:50	FAST TALK WITH BOY ABUNDA (R.) 2:20 - 2:45					1:00AM	2:00AM	3:00AM	4:00AM	11:00PM
7:00PM	MAGPAKAILANMAN (P) 1:15 - 2:15 (with English closed captions)	TADHANA (R.) 1:50 - 2:30 (with English closed captions)	IT'S SHOWTIME (R.) 2:45 - 4:30					2:00AM	3:00AM	4:00AM	5:00AM	12:00AM
8:00PM	THE BOOBAY AND TEKLA SHOW (P.) 2:15 - 3:00	REPORTER'S NOTEBOOK (R.) 2:30 - 3:00	FAMILY FEUD PHILIPPINES (R.) 4:30 - 5:10					3:00AM	4:00AM	5:00AM	6:00AM	1:00AM
9:00PM	ALL-OUT SUNDAYS (P.) 3:00 - 4:30	GMA PINOY BLOCKBUSTER (R.) 3:00 - 5:00 "Little Christmas Tree"	I-WITNESS (P.) 5:10 - 5:40	TADHANA (R) 5:10 - 5:40 (with English closed captions)	BORN TO BE WILD (P.) 5:10 - 5:40	REPORTER'S NOTEBOOK (P.) 5:10 - 5:40	RESIBO (P.) 5:10 - 5:40	4:00AM	5:00AM	6:00AM	7:00AM	2:00AM
10:00PM	MAGPAKAILANMAN (R) 4:30 - 5:30 (with English closed captions)	KAPUSO MO, JESSICA SOHO (R.) 5:00 - 6:45	SANGGANG-DIKIT FR (P.) 12:00 - 12:40 (with English closed captions)					5:00AM	6:00AM	7:00AM	8:00AM	3:00AM
11:00PM	BBLGANG (R) 5:30 - 6:15		CRUZ VS. CRUZ (R.) 12:40 - 1:15 (with English closed captions)					6:00AM	7:00AM	8:00AM	9:00AM	4:00AM
12:00AM	THE BOOBAY AND TEKLA SHOW (R.) 6:15 - 7:00	PEPITO MANALOTO, TULOY ANG KUWENTO (R.) 6:45 - 7:30 (with English closed captions)	HATING KAPATID (R.) 7:00 - 7:40 (with English closed captions)					7:00AM	8:00AM	9:00AM	10:00AM	5:00AM
1:00PM	REGAL STUDIO PRESENTS (R.) 7:00 - 7:45	CRUZ VS. CRUZ (R.) 7:30 - 8:15 (with English closed captions)	FAST TALK WITH BOY ABUNDA (R.) 2:20 - 2:45					8:00AM	9:00AM	10:00AM	11:00AM	6:00AM
2:00PM	I-WITNESS (R.) 7:45 - 8:30 (with English closed captions)		SANGGANG-DIKIT FR (P.) 6:20 - 7:00 (with English closed captions)					9:00AM	10:00AM	11:00AM	12:00AM	7:00PM
3:00PM	REPORTER'S NOTEBOOK (R.) 8:30 - 9:00		SANGGANG-DIKIT FR (P.) 6:20 - 7:00 (with English closed captions)					10:00PM	11:00PM	12:00AM	1:00AM	8:00PM
4:00PM	FAMILY TV MASS 9:00 - 10:00		HATING KAPATID (R.) 7:00 - 7:40 (with English closed captions)					11:00PM	12:00AM	1:00AM	2:00AM	9:00PM
5:00PM	24 ORAS (P.) 10:00 - 10:45		CRUZ VS. CRUZ (R.) 7:40 - 8:15 (with English closed captions)					12:00AM	1:00AM	2:00AM	3:00AM	10:00PM
6:00PM	GLOBAL PINOY UNLIMITED (P.) 10:45 - 11:00		FAMILY FEUD PHILIPPINES (R.) 4:30 - 5:10					1:00AM	2:00AM	3:00AM	4:00AM	11:00PM
7:00PM	RESIBO (R.) 11:00 - 11:30		I-WITNESS (P.) 5:10 - 5:40	TADHANA (R) 5:10 - 5:40 (with English closed captions)	BORN TO BE WILD (P.) 5:10 - 5:40	REPORTER'S NOTEBOOK (P.) 5:10 - 5:40	RESIBO (P.) 5:10 - 5:40	2:00AM	3:00AM	4:00AM	5:00AM	12:00AM
8:00PM	SANGGANG-DIKIT FR MARATHON (R.) 11:30 - 2:15 (with English closed captions)		SANGGANG-DIKIT FR (R.) 6:20 - 7:00 (with English closed captions)					3:00AM	4:00AM	5:00AM	6:00AM	1:00AM
9:00PM			HATING KAPATID (R.) 7:00 - 7:40 (with English closed captions)					4:00AM	5:00AM	6:00AM	7:00AM	2:00AM
10:00PM			CRUZ VS. CRUZ (R.) 7:40 - 8:15 (with English closed captions)					5:00AM	6:00AM	7:00AM	8:00AM	3:00AM
11:00PM			UNANG HIRIT (P) 8:15 - 10:15					6:00AM	7:00AM	8:00AM	9:00AM	4:00AM
12:00AM			24 ORAS (P) 10:15 - 11:50					7:00AM	8:00AM	9:00AM	10:00AM	5:00AM
			24 ORAS (P.) 10:00 - 10:45					8:00AM	9:00AM	10:00AM	11:00AM	6:00AM
			WISH KO LANG (R.) 10:45 - 11:30									
			SANGGANG-DIKIT FR MARATHON (R.) 11:30 - 2:15 (with English closed captions)									
			FAST TALK WITH BOY ABUNDA (P.) 11:50 - 12:20									

MNL	GMA PINOY TV PROGRAM GRID JANUARY 11 - 17, 2026 MANILA (US/ CANADA)							PST / VANCOUVER (MNL -16)	MST (MNL -15)	CST (MNL -14)	EST/ TORONTO (MNL -13)	HAWAII (MNL -18)
	SUNDAY JANUARY 11	MONDAY JANUARY 12	TUESDAY JANUARY 13	WEDNESDAY JANUARY 14	THURSDAY JANUARY 15	FRIDAY JANUARY 16	SATURDAY JANUARY 17					
12:00AM			Cont. of FAST TALK WITH BOY ABUNDA (P.) 11:50 - 12:20					8:00AM	9:00AM	10:00AM	11:00AM	6:00AM
1:00AM	Cont. of SANGGANG-DIKIT FR MARATHON (R.) 11:30 - 2:15 (with English closed captions)	Cont. of SANG'GRE MARATHON (R.) 11:30 - 2:15 (with English closed captions)	FAMILY FEUD PHILIPPINES (P.) 12:20 - 12:50					9:00AM	10:00AM	11:00AM	12:00AM	7:00AM
2:00AM			UNICA HIJA (R) 12:50 - 1:30 (with English closed captions)									
3:00AM	KAPUSO MO, JESSICA SOHO (R.) 2:15 - 4:00	GMA PINOY BLOCKBUSTER (P.) 2:15 - 4:15 "Karnabal"	REPORTER'S NOTEBOOK (R.) 1:30 - 2:15	TADHANA (P.) 1:30 - 2:15	REGAL STUDIO PRESENTS (P.) 1:30 - 2:15	WISH KO LANG (P) 1:30 - 2:00	MAKA (P.) 1:30 - 2:15	10:00AM	11:00AM	12:00AM	1:00PM	8:00AM
4:00AM			THE BOOBAY AND TEKLA SHOW (R.) 2:15 - 3:00	BBLGANG (P.) 2:15 - 3:00	PEPITO MANALOTO, TULOY ANG KUWENTO (P.) 2:15 - 3:00	RESIBO (R) 2:00 - 2:30	I-WITNESS (R.) 2:15 - 3:00 (with English closed captions)					
5:00AM	IT'S SHOWTIME (P.) 4:00 - 6:30	ALL-OUT SUNDAYS (R.) 4:15 - 5:45	TIKTOCLOCK: HAPPY HOUR NA (P.) 3:00 - 4:00					11:00AM	12:00AM	1:00PM	2:00PM	9:00AM
6:00AM			IT'S SHOWTIME (P.) 4:00 - 5:50					12:00AM	1:00PM	2:00PM	3:00PM	10:00AM
7:00AM	RESIBO (R.) 6:30 - 7:00	MAKA (R.) 5:45 - 6:15	FAST TALK WITH BOY ABUNDA (R) 5:50 - 6:20					2:00PM	3:00PM	4:00PM	5:00PM	12:00AM
8:00AM	CRUZ VS. CRUZ (P.) 7:00 - 7:30 (with English closed captions)	MAGPAKAILANMAN (R.) 7:00 - 8:00 (with English closed captions)	SAKSI 6:20 - 7:00					3:00PM	4:00PM	5:00PM	6:00PM	1:00PM
9:00AM	REGAL STUDIO PRESENTS (R.) 7:30 - 8:00	WISH KO LANG (R.) 8:00 - 8:30	CRUZ VS. CRUZ (P.) 7:00 - 7:30 (with English closed captions)					4:00PM	5:00PM	6:00PM	7:00PM	2:00PM
10:00AM	ALL IN THE FAMILY WITH DR. TESS (SEASON 7) 8:00 - 8:30	WISH KO LANG (R.) 8:00 - 8:30	HATING KAPATID (P.) 7:30 - 8:00 (with English closed captions)					5:00PM	6:00PM	7:00PM	8:00PM	3:00PM
11:00AM	BORN TO BE WILD (R.) 8:30 - 9:00	RESIBO (R.) 8:30 - 9:10	UNICA HIJA (P.) 8:00 - 8:30 (with English closed captions)					6:00PM	7:00PM	8:00PM	9:00PM	4:00PM
12:00AM	TADHANA (R.) 9:00 - 9:30 (with English closed captions)	BBLGANG (R.) 9:10 - 9:50	TIKTOCLOCK: HAPPY HOUR NA (R.) 8:30 - 9:15					7:00PM	8:00PM	9:00PM	10:00PM	5:00PM
1:00PM	I-WITNESS (R.) 9:30 - 10:00 (with English closed captions)	GLOBAL PINOY UNLIMITED (R.) 9:50 - 10:00	FAMILY FEUD PHILIPPINES (P.) 9:15 - 9:45					8:00PM	9:00PM	10:00PM	11:00PM	6:00PM
2:00PM	24 ORAS (R.) 10:00 - 10:45	24 ORAS (R.) 10:00 - 10:45	SANGGANG-DIKIT FR (P.) 12:00 - 12:40 (with English closed captions)					9:00PM	10:00PM	11:00PM	12:00AM	7:00PM
3:00PM	REGAL STUDIO PRESENTS (R.) 10:45 - 11:15	KAPUSO MO, JESSICA SOHO (P.) 10:45 - 12:30	CRUZ VS. CRUZ (R.) 12:40 - 1:15 (with English closed captions)					10:00PM	11:00PM	12:00AM	1:00AM	8:00PM
4:00PM	PEPITO MANALOTO, TULOY ANG KUWENTO (R.) 1:15 - 12:00 (with English closed captions)		HATING KAPATID (R.) 1:15 - 1:50 (with English closed captions)					11:00PM	12:00AM	1:00AM	2:00AM	9:00PM
5:00PM	BBLGANG (R) 12:00 - 12:40	THE BOOBAY AND TEKLA SHOW (R.) 12:30 - 1:15	UNICA HIJA (R.) 1:50 - 2:20 (with English closed captions)					12:00AM	1:00AM	2:00AM	3:00AM	10:00PM
6:00PM	CRUZ VS. CRUZ (R) 12:40 - 1:15 (with English closed captions)	MAKA (R.) 1:15 - 1:50	FAST TALK WITH BOY ABUNDA (R.) 2:20 - 2:45					1:00AM	2:00AM	3:00AM	4:00AM	11:00PM
7:00PM	MAGPAKAILANMAN (P) 1:15 - 2:15 (with English closed captions)	TADHANA (R.) 1:50 - 2:30 (with English closed captions)	IT'S SHOWTIME (R.) 2:45 - 4:30					2:00AM	3:00AM	4:00AM	5:00AM	12:00AM
8:00PM	THE BOOBAY AND TEKLA SHOW (P.) 2:15 - 3:00	REPORTER'S NOTEBOOK (R.) 2:30 - 3:00	FAMILY FEUD PHILIPPINES (P.) 4:30 - 5:10					3:00AM	4:00AM	5:00AM	6:00AM	1:00AM
9:00PM	ALL-OUT SUNDAYS (P.) 3:00 - 4:30	GMA PINOY BLOCKBUSTER (R.) 3:00 - 5:00 "Karnabal"	I-WITNESS (P.) 5:10 - 5:40	TADHANA (R) 5:10 - 5:40 (with English closed captions)	BORN TO BE WILD (P.) 5:10 - 5:40	REPORTER'S NOTEBOOK (P.) 5:10 - 5:40	RESIBO (P.) 5:10 - 5:40	4:00AM	5:00AM	6:00AM	7:00AM	2:00AM
10:00PM	MAGPAKAILANMAN (R) 4:30 - 5:30 (with English closed captions)	KAPUSO MO, JESSICA SOHO (R.) 5:00 - 6:45	SANGGANG-DIKIT FR (R.) 6:20 - 7:00 (with English closed captions)					5:00AM	6:00AM	7:00AM	8:00AM	3:00AM
11:00PM	BBLGANG (R) 5:30 - 6:15	PEPITO MANALOTO, TULOY ANG KUWENTO (R.) 6:45 - 7:30 (with English closed captions)	SANGGANG-DIKIT FR (P.) 12:00 - 12:40 (with English closed captions)					6:00AM	7:00AM	8:00AM	9:00AM	4:00AM
12:00AM	THE BOOBAY AND TEKLA SHOW (R.) 6:15 - 7:00	CRUZ VS. CRUZ (R.) 7:30 - 8:15 (with English closed captions)	HATING KAPATID (R.) 7:00 - 7:40 (with English closed captions)					7:00AM	8:00AM	9:00AM	10:00AM	5:00AM
1:00PM	REGAL STUDIO PRESENTS (R.) 7:00 - 7:45		CRUZ VS. CRUZ (R.) 7:40 - 8:15 (with English closed captions)					8:00AM	9:00AM	10:00AM	11:00AM	6:00AM
2:00PM	I-WITNESS (R.) 7:45 - 8:30 (with English closed captions)	REPORTER'S NOTEBOOK (R.) 8:30 - 9:00	UNANG HIRIT (P) 8:15 - 10:15									
3:00PM	REPORTER'S NOTEBOOK (R.) 8:30 - 9:00		FAMILY FEUD PHILIPPINES (P.) 9:15 - 10:00 (with English closed captions)									
4:00PM	FAMILY TV MASS 9:00 - 10:00		24 ORAS (P.) 10:00 - 10:45									
5:00PM	24 ORAS (P.) 10:00 - 10:45		WISH KO LANG (R.) 10:45 - 11:30									
6:00PM	GLOBAL PINOY UNLIMITED (P.) 10:45 - 11:30		SANGGANG-DIKIT FR MARATHON (R.) 11:30 - 2:15 (with English closed captions)									
7:00PM	RESIBO (R.) 11:00 - 11:30		FAST TALK WITH BOY ABUNDA (P.) 11:50 - 12:20									
8:00PM	SANGGANG-DIKIT FR MARATHON (R.) 11:30 - 2:15 (with English closed captions)											

MNL	GMA PINOY TV PROGRAM GRID JANUARY 18 - 24, 2026 MANILA (US/ CANADA)							PST / VANCOU- VER (MNL - 16)	MST (MNL -15)	CST (MNL 14)	EST / TORONTO (MNL -13)	HAWAII (MNL -18)	
	SUNDAY JANUARY, 18	MONDAY JANUARY, 19	TUESDAY JANUARY, 20	WEDNESDAY JANUARY, 21	THURSDAY JANUARY, 22	FRIDAY JANUARY, 23	SATURDAY JANUARY, 24						
12:00PM	Cont. of SANGGANG-DIKIT FR MARATHON (R.) 11:30 - 2:15 (with English closed captions)	Cont. of SANG'GRE MARATHON (R.) 11:30 - 2:15 (with English closed captions)	Cont. of FAST TALK WITH BOY ABUNDA (P.) 11:50 - 12:20					8:00AM	9:00AM	10:00AM	11:00AM	6:00AM	
1:00AM			FAMILY FEUD PHILIPPINES (P.) 12:20 - 12:50					9:00AM	10:00AM	11:00AM	12:00NN	7:00AM	
			UNICA HIDA (R.) 12:50 - 1:30 (with English closed captions)										
2:00AM	KAPUSO MO, JESSICA SOHO (R.) 2:15 - 4:00	GMA PINOY BLOCKBUSTER (P.) 2:15 - 4:15 "Ang Alamat ng Lawin"	REPORTER'S NOTEBOOK (R.) 1:30 - 2:15	TADHANA (P.) 1:30 - 2:15	REGAL STUDIO PRESENTS (P.) 1:30 - 2:15	WISH KO LANG (P.) 1:30 - 2:00	MAKA (P.) 1:30 - 2:15	10:00AM	11:00AM	12:00NN	1:00PM	8:00AM	
3:00AM			THE BOOBAY AND TEKLA SHOW (R.) 2:15 - 3:00	BBLGANG (P.) 2:15 - 3:00	PEPITO MANALOTO, TULOY ANG KUWENTO (P.) 2:15 - 3:00	RESIBO (R) 2:00 - 2:30		I-WITNESS (R.) 2:15 - 3:00 (with English closed captions)					
			TIKTOCLOCK: HAPPY HOUR NA (P.) 3:00 - 4:00										
4:00AM	IT'S SHOWTIME (P.) 4:00 - 6:30	ALL-OUT SUNDAYS (R.) 4:15 - 5:45						12:00NN	1:00PM	2:00PM	3:00PM	10:00AM	
5:00AM			IT'S SHOWTIME (P.) 4:00 - 5:50					1:00PM	2:00PM	3:00PM	4:00PM	11:00AM	
6:00AM			MAKA (R.) 5:45 - 6:15	FAST TALK WITH BOY ABUNDA (R.) 5:50 - 6:20					2:00PM	3:00PM	4:00PM	5:00PM	12:00NN
			THE BOOBAY AND TEKLA SHOW (R.) 6:15 - 7:00	SAKSI 6:20 - 7:00									
7:00AM			RESIBO (R.) 6:30 - 7:00						3:00PM	4:00PM	5:00PM	6:00PM	1:00PM
8:00AM	CRUZ VS. CRUZ (P.) 7:00 - 7:30 (with English closed captions)	MAGPAKAILANMAN (R.) 7:00 - 8:00 (with English closed captions)	HOUSE OF LIES (P.) 7:00 - 7:30 (with English closed captions)					4:00PM	5:00PM	6:00PM	7:00PM	2:00PM	
	REGAL STUDIO PRESENTS (R.) 7:30 - 8:00	HATING KAPATID (P.) 7:30 - 8:00 (with English closed captions)											
9:00AM	ALL IN THE FAMILY WITH DR. TESS (SEASON 7) 8:00 - 8:30	WISH KO LANG (R.) 8:00 - 8:30	UNICA HIDA (P.) 8:00 - 8:30 (with English closed captions)					5:00PM	6:00PM	7:00PM	8:00PM	3:00PM	
	BORN TO BE WILD (R.) 8:30 - 9:00	RESIBO (R.) 8:30 - 9:10	TIKTOCLOCK: HAPPY HOUR NA (R.) 8:30 - 9:15										
10:00AM	TADHANA (R.) 9:00 - 9:30 (with English closed captions)	BBLGANG (R.) 9:10 - 9:50	FAMILY FEUD PHILIPPINES (R.) 9:15 - 9:45					6:00PM	7:00PM	8:00PM	9:00PM	4:00PM	
	I-WITNESS (R.) 9:30 - 10:00 (with English closed captions)	GLOBAL PINOY UNLIMITED (R.) 9:50 - 10:30											
11:00AM	24 ORAS (R.) 10:00 - 10:45	24 ORAS (R.) 10:00 - 10:45	24 ORAS (R.) 9:45 - 11:20					7:00PM	8:00PM	9:00PM	10:00PM	5:00PM	
	REGAL STUDIO PRESENTS (R.) 10:45 - 11:15	KAPUSO MO, JESSICA SOHO (P.) 10:45 12:30	SANG'GRE (P.) 11:20 - 12:00 (with English closed captions)										
12:00NN	PEPITO MANALOTO, TULOY ANG KUWENTO (R.) 11:15 - 12:00 (with English closed captions)								8:00PM	9:00PM	10:00PM	11:00PM	6:00PM
1:00PM	BBLGANG (R.) 12:00 - 12:40		SANGGANG-DIKIT FR (P.) 12:00 - 12:40 (with English closed captions)					9:00PM	10:00PM	11:00PM	12:00NN	7:00PM	
	CRUZ VS. CRUZ (R.) 12:40 - 1:15 (with English closed captions)	THE BOOBAY AND TEKLA SHOW (R.) 12:30 - 1:15	HOUSE OF LIES (R.) 12:40 - 1:15 (with English closed captions)										
2:00PM	MAGPAKAILANMAN (P.) 1:15 - 2:15 (with English closed captions)	MAKA (R.) 1:15 - 1:50	HATING KAPATID (R.) 1:15 - 1:50 (with English closed captions)					10:00PM	11:00PM	12:00NN	1:00AM	8:00PM	
3:00PM	THE BOOBAY AND TEKLA SHOW (P.) 2:15 - 3:00	REPORTER'S NOTEBOOK (R.) 2:30 - 3:00	FAST TALK WITH BOY ABUNDA (R.) 2:20 - 2:45										
4:00PM	ALL-OUT SUNDAYS (P.) 3:00 - 4:30	GMA PINOY BLOCKBUSTER (R.) 3:00 - 5:00 "Ang Alamat ng Lawin"	IT'S SHOWTIME (R.) 2:45 - 4:30					11:00PM	12:00NN	1:00AM	2:00AM	9:00PM	
5:00PM	MAGPAKAILANMAN (R.) 4:30 - 5:30 (with English closed captions)		FAMILY FEUD PHILIPPINES (R.) 4:30 - 5:10					1:00AM	2:00AM	3:00AM	4:00AM	11:00PM	
	BBLGANG (R.) 5:30 - 6:15	KAPUSO MO, JESSICA SOHO (R.) 5:00 - 6:45	I-WITNESS (P.) 5:10 - 5:40	TADHANA (R.) 5:10 - 5:40 (with English closed captions)	BORN TO BE WILD (P.) 5:10 - 5:40	REPORTER'S NOTEBOOK (P.) 5:10 - 5:40	RESIBO (P.) 5:10 - 5:40						
6:00PM	THE BOOBAY AND TEKLA SHOW (R.) 6:15 - 7:00		SANG'GRE (R.) 5:40 - 6:20 (with English closed captions)					2:00AM	3:00AM	4:00AM	5:00AM	12:00NN	
7:00PM	REGAL STUDIO PRESENTS (R.) 7:00 - 7:45	PEPITO MANALOTO, TULOY ANG KUWENTO (R.) 6:45 - 7:30 (with English closed captions)	SANGGANG-DIKIT FR (R.) 6:20 - 7:00 (with English closed captions)					3:00AM	4:00AM	5:00AM	6:00AM	1:00AM	
8:00PM	I-WITNESS (R.) 7:45 - 8:30 (with English closed captions)	CRUZ VS. CRUZ (R.) 7:30 - 8:15 (with English closed captions)	HATING KAPATID (R.) 7:00 - 7:40 (with English closed captions)										
9:00PM	REPORTER'S NOTEBOOK (R.) 8:30 - 9:00		HOUSE OF LIES (R.) 7:40 - 8:15 (with English closed captions)					4:00AM	5:00AM	6:00AM	7:00AM	2:00AM	
	FAMILY TV MASS 9:00 - 10:00		UNANG HIRIT (P.) 8:15 - 10:15					5:00AM	6:00AM	7:00AM	8:00AM	3:00AM	
10:00PM	24 ORAS (P.) 10:00 - 10:45							6:00AM	7:00AM	8:00AM	9:00AM	4:00AM	
11:00PM	GLOBAL PINOY UNLIMITED (P.) 10:45 - RESIBO (R.) 11:00 - 11:30		24 ORAS (P.) 10:15 - 11:50					7:00AM	8:00AM	9:00AM	10:00AM	5:00AM	
12:00NN	SANG'GRE MARATHON (R.) 11:30 - 2:15 (with English closed captions)		FAST TALK WITH BOY ABUNDA (P.) 11:50 - 12:20					SANGGANG-DIKIT FR MARATHON (R.) 11:30 - 2:15 (with English closed captions)					

MNL	GMA PINOY TV PROGRAM GRID JANUARY 25 - 31, 2026 MANILA (US/ CANADA)							PST / VANCOUVER (MNL -16)	MST (MNL -15)	CST (MNL -14)	EST/ TORONTO (MNL -13)	HAWAII (MNL -18)
	SUNDAY JANUARY 25	MONDAY JANUARY 26	TUESDAY JANUARY 27	WEDNESDAY JANUARY 28	THURSDAY JANUARY 29	FRIDAY JANUARY 30	SATURDAY JANUARY 31					
12:00AM			Cont. of FAST TALK WITH BOY ABUNDA (P.) 11:50 - 12:20					8:00AM	9:00AM	10:00AM	11:00AM	6:00AM
1:00AM	Cont. of SANGGANG-DIKIT FR MARATHON (R.) 11:30 - 2:15 (with English closed captions)	Cont. of SANG'GRE MARATHON (R.) 11:30 - 2:15 (with English closed captions)	FAMILY FEUD PHILIPPINES (P.) 12:20 - 12:50					9:00AM	10:00AM	11:00AM	12:00AM	7:00AM
2:00AM			UNICA HIJA (R) 12:50 - 1:30 (with English closed captions)									
3:00AM	KAPUSO MO, JESSICA SOHO (R.) 2:15 - 4:00	GMA PINOY BLOCKBUSTER (P.) 2:15 - 4:15 "Yung Libro sa Napanuod Ko"	REPORTER'S NOTEBOOK (R.) 1:30 - 2:15	TADHANA (P.) 1:30 - 2:15	REGAL STUDIO PRESENTS (P.) 1:30 - 2:15	WISH KO LANG (P) 1:30 - 2:00	MAKA (P.) 1:30 - 2:15	10:00AM	11:00AM	12:00AM	1:00PM	8:00AM
4:00AM			THE BOOBAY AND TEKLA SHOW (R.) 2:15 - 3:00	BBLGANG (P.) 2:15 - 3:00	PEPITO MANALOTO, TULOY ANG KUWENTO (P.) 2:15 - 3:00	RESIBO (R) 2:00 - 2:30	I-WITNESS (R.) 2:15 - 3:00 (with English closed captions)	11:00AM	12:00AM	1:00PM	2:00PM	9:00AM
5:00AM	IT'S SHOWTIME (P.) 4:00 - 6:30	ALL-OUT SUNDAYS (R.) 4:15 - 5:45	TIKTOCLOCK: HAPPY HOUR NA (P.) 3:00 - 4:00					12:00AM	1:00PM	2:00PM	3:00PM	10:00AM
6:00AM			IT'S SHOWTIME (P.) 4:00 - 5:50					1:00PM	2:00PM	3:00PM	4:00PM	11:00AM
7:00AM	RESIBO (R.) 6:30 - 7:00	MAKA (R.) 5:45 - 6:15	FAST TALK WITH BOY ABUNDA (R.) 5:50 - 6:20					2:00PM	3:00PM	4:00PM	5:00PM	12:00AM
8:00AM	HOUSE OF LIES (P.) 7:00 - 7:30 (with English closed captions)	MAGPAKAILANMAN (R.) 7:00 - 8:00 (with English closed captions)	HOUSE OF LIES (P.) 7:00 - 7:30 (with English closed captions)					3:00PM	4:00PM	5:00PM	6:00PM	1:00PM
9:00AM	REGAL STUDIO PRESENTS (R.) 7:30 - 8:00		HATING KAPATID (P.) 7:30 - 8:00 (with English closed captions)					4:00PM	5:00PM	6:00PM	7:00PM	2:00PM
10:00AM	ALL IN THE FAMILY WITH DR. TESS (SEASON 7) 8:00 - 8:30	WISH KO LANG (R.) 8:00 - 8:30	UNICA HIJA (P.) 8:00 - 8:30 (with English closed captions)					5:00PM	6:00PM	7:00PM	8:00PM	3:00PM
11:00AM	BORN TO BE WILD (R.) 8:30 - 9:00	RESIBO (R.) 8:30 - 9:10	TIKTOCLOCK: HAPPY HOUR NA (R.) 8:30 - 9:15					6:00PM	7:00PM	8:00PM	9:00PM	4:00PM
12:00AM	TADHANA (R.) 9:00 - 9:30 (with English closed captions)	BBLGANG (R.) 9:10 - 9:50	FAMILY FEUD PHILIPPINES (R.) 9:15 - 9:45					7:00PM	8:00PM	9:00PM	10:00PM	5:00PM
1:00PM	I-WITNESS (R.) 9:30 - 10:00 (with English closed captions)	GLOBAL PINOY UNLIMITED (R.) 9:50 - 10:00						8:00PM	9:00PM	10:00PM	11:00PM	6:00PM
2:00PM	24 ORAS (R.) 10:00 - 10:45	24 ORAS (R.) 10:00 - 10:45	24 ORAS (R.) 9:45 - 11:20					9:00PM	10:00PM	11:00PM	12:00AM	7:00PM
3:00PM	REGAL STUDIO PRESENTS (R.) 10:45 - 11:15							10:00PM	11:00PM	12:00PM	1:00AM	8:00PM
4:00PM	PEPITO MANALOTO, TULOY ANG KUWENTO (R.) 11:15 - 12:00 (with English closed captions)	KAPUSO MO, JESSICA SOHO (P.) 10:45 - 12:30	SANG'GRE (P) 11:20 - 12:00 (with English closed captions)					11:00PM	12:00AM	1:00AM	2:00AM	9:00PM
5:00PM	BBLGANG (R) 12:00 - 12:40		SANGGANG-DIKIT FR (P.) 12:00 - 12:40 (with English closed captions)					12:00AM	1:00AM	2:00AM	3:00AM	10:00PM
6:00PM	HOUSE OF LIES (R.) 12:40 - 1:15 (with English closed captions)	THE BOOBAY AND TEKLA SHOW (R.) 12:30 - 1:15	HOUSE OF LIES (R) 12:40 - 1:15 (with English closed captions)					1:00AM	2:00AM	3:00AM	4:00AM	11:00PM
7:00PM	MAGPAKAILANMAN (P) 1:15 - 2:15 (with English closed captions)	MAKA (R.) 1:15 - 1:50	HATING KAPATID (R.) 1:15 - 1:50 (with English closed captions)					2:00AM	3:00AM	4:00AM	5:00AM	12:00AM
8:00PM	TADHANA (R.) 1:50 - 2:30 (with English closed captions)		UNICA HIJA (R.) 1:50 - 2:20 (with English closed captions)					3:00AM	4:00AM	5:00AM	6:00AM	1:00AM
9:00PM	THE BOOBAY AND TEKLA SHOW (P.) 2:15 - 3:00	REPORTER'S NOTEBOOK (R.) 2:30 - 3:00	FAST TALK WITH BOY ABUNDA (R.) 2:20 - 2:45					4:00AM	5:00AM	6:00AM	7:00AM	2:00AM
10:00PM	ALL-OUT SUNDAYS (P.) 3:00 - 4:30	GMA PINOY BLOCKBUSTER (R.) 3:00 - 5:00 "Yung Libro sa Napanuod Ko"	IT'S SHOWTIME (R.) 2:45 - 4:30					5:00AM	6:00AM	7:00AM	8:00AM	3:00AM
11:00PM	MAGPAKAILANMAN (R) 4:30 - 5:30 (with English closed captions)		FAMILY FEUD PHILIPPINES (R.) 4:30 - 5:10					6:00AM	7:00AM	8:00AM	9:00AM	4:00AM
12:00AM	BBLGANG (R) 5:30 - 6:15	KAPUSO MO, JESSICA SOHO (R.) 5:00 - 6:45	I-WITNESS (P.) 5:10 - 5:40	TADHANA (R) 5:10 - 5:40 (with English closed captions)	BORN TO BE WILD (P.) 5:10 - 5:40	REPORTER'S NOTEBOOK (P.) 5:10 - 5:40	RESIBO (P.) 5:10 - 5:40	7:00AM	8:00AM	9:00AM	10:00AM	5:00AM
1:00PM	THE BOOBAY AND TEKLA SHOW (R.) 6:15 - 7:00		SANG'GRE (R) 5:40 - 6:20 (with English closed captions)					8:00AM	9:00AM	10:00AM	11:00AM	6:00AM
2:00PM	REGAL STUDIO PRESENTS (R.) 7:00 - 7:45	PEPITO MANALOTO, TULOY ANG KUWENTO (R.) 6:45 - 7:30 (with English closed captions)	SANGGANG-DIKIT FR (R.) 6:20 - 7:00 (with English closed captions)					9:00AM	10:00AM	11:00AM	12:00AM	7:00AM
3:00PM	I-WITNESS (R.) 7:45 - 8:30 (with English closed captions)	HOUSE OF LIES (R.) 7:30 - 8:15 (with English closed captions)	HATING KAPATID (R) 7:00 - 7:40 (with English closed captions)					10:00AM	11:00AM	12:00AM	1:00AM	8:00PM
4:00PM	REPORTER'S NOTEBOOK (R.) 8:30 - 9:00		HOUSE OF LIES (R.) 7:40 - 8:15 (with English closed captions)					11:00AM	12:00AM	1:00AM	2:00AM	9:00PM
5:00PM	FAMILY TV MASS 9:00 - 10:00		UNANG HIRIT (P) 8:15 - 10:15					12:00AM	1:00AM	2:00AM	3:00AM	10:00PM
6:00PM	24 ORAS (P.) 10:00 - 10:45							1:00AM	2:00AM	3:00AM	4:00AM	11:00PM
7:00PM	GLOBAL PINOY UNLIMITED (P.) 10:45 - 11:30		24 ORAS (P) 10:15 - 11:50					2:00AM	3:00AM	4:00AM	5:00AM	12:00AM
8:00PM	RESIBO (R.) 11:00 - 11:30							3:00AM	4:00AM	5:00AM	6:00AM	1:00AM
9:00PM	SANG'GRE MARATHON (R.) 11:30 - 2:15 (with English closed captions)		FAST TALK WITH BOY ABUNDA (P.) 11:50 - 12:20					4:00AM	5:00AM	6:00AM	7:00AM	2:00AM
10:00PM								5:00AM	6:00AM	7:00AM	8:00AM	3:00AM
11:00PM								6:00AM	7:00AM	8:00AM	9:00AM	4:00AM
12:00AM								7:00AM	8:00AM	9:00AM	10:00AM	5:00AM
								8:00AM	9:00AM	10:00AM	11:00AM	6:00AM