

MLA	GMA LIFE TV PROGRAMMING FEBRUARY 1 - 7, 2026 GRID (MANILA)							JAPAN (MLA + 1)	AUSTRALIA (MLA + 3)	NEW ZEALAND (MLA + 5)	ITALY (MLA - 7)	UK (MLA - 8)				
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY									
	FEBRUARY.1	FEBRUARY.2	FEBRUARY.3	FEBRUARY.4	FEBRUARY.5	FEBRUARY.6	FEBRUARY.7									
12:00MN		con't of PINOY MD (R) 11:15 -			con't of LUTONG BAHAY (R) 11:30 - 12:30					1:00AM	3:00AM	5:00AM	5:00PM	4:00PM		
1:00AM	REEL LIFE WEEKEND (R) 12:00 - 2:00 "Boy Tokwa: Lodi ng Gapo"	I BILIB (R) 12:15 - 12:45			MARS PA MORE (R) 12:30 - 1:15					2:00AM	4:00AM	6:00AM	6:00PM	5:00PM		
2:00AM		AHA! (R) 12:45 - 1:15			IDOL SA KUSINA (R) 1:15 - 2:00					3:00AM	5:00AM	7:00AM	7:00PM	6:00PM		
3:00AM		FARM TO TABLE (R.) 1:15 - 2:00			DAY OFF (R.) 2:00 - 2:45					4:00AM	6:00AM	8:00AM	8:00PM	7:00PM		
4:00AM		BIYAHE NI DREW (R.) 2:00 - 2:45			PINAS SARAP (R) 2:45 - 3:30	REEL LIFE "I Heart Mondays" (R.) 2:45 - 4:45	REEL LIFE "Wa-Packed Tuesdays" (R.) 2:45 - 4:45	REEL LIFE "Once Upon a Wednesdays" (R.) 2:45 - 4:45	REEL LIFE "Hilarious Huwebes" (R.) 2:45 - 4:45	REEL LIFE "Senti Flicks" (R.) 2:45 - 4:45	5:00AM	7:00AM	9:00AM	9:00PM	8:00PM	
5:00AM		TELESINE (P) 3:30 - 5:00								6:00AM	8:00AM	10:00AM	10:00PM	9:00PM		
6:00AM		I BILIB (P) 4:45 - 5:15								7:00AM	9:00AM	11:00AM	11:00PM	10:00PM		
7:00AM		DAMI MONG ALAM, KUYA KIM! (P) 5:15 - 5:45								8:00AM	10:00AM	12:00NN	12:00MN	11:00PM		
8:00AM		AHA! (R.) 5:45 - 6:15								9:00AM	11:00AM	1:00PM	1:00AM	12:00MN		
9:00AM	ARABELLA WEEKEND CATCH-UP (R.) 2:00 - 4:45	SARAP 'DI BA? (R.) 6:15 - 6:45								10:00AM	12:00NN	2:00PM	2:00AM	1:00AM		
10:00AM		KARELASYON (R) 6:45 - 7:30								11:00AM	1:00PM	3:00PM	3:00AM	2:00AM		
11:00AM		POP TALK (R.) 7:30 - 8:15								12:00NN	2:00PM	4:00PM	4:00AM	3:00AM		
12:00NN		BIYAHE NI DREW (R) 8:15 - 9:00								1:00PM	3:00PM	5:00PM	5:00AM	4:00AM		
1:00PM		I JUANDER (P) 9:00 - 9:45								2:00PM	4:00PM	6:00PM	6:00AM	5:00AM		
2:00PM		TASTE BUDDIES (R) 9:45 - 10:15			PINOY MD (R.) 9:30 - 10:15	I JUANDER (R.) 9:30 - 10:15	PINAS SARAP (R.) 9:30 - 10:15	TURBO ZONE (R.) 9:30 - 10:15	FARM TO TABLE (R) 9:30 - 10:15	HOME BASE PLUS (S26) (R) 9:30 - 10:15						
3:00PM		SARAP 'DI BA? (R.) 10:15 - 10:45								3:00PM	5:00PM	7:00PM	7:00AM	6:00AM		
4:00PM		TUNAY NA BUHAY (R) 10:45 - 11:15								4:00PM	6:00PM	8:00PM	8:00AM	7:00AM		
5:00PM		REGAL STUDIO PRESENTS (R) 11:15 - 12:00								5:00PM	7:00PM	9:00PM	9:00AM	8:00AM		
6:00PM		REGEL STUDIO PRESENTS (P) 12:00 - 12:45								6:00PM	8:00PM	10:00PM	10:00AM	9:00AM		
7:00PM		AHA! (P.) 1:15 - 1:45								7:00PM	9:00PM	11:00PM	11:00AM	10:00AM		
8:00PM		POP TALK (P) 2:00 - 2:30								8:00PM	10:00PM	12:00MN	12:00NN	11:00AM		
9:00PM		KARELASYON (R) 2:30 - 3:15								9:00PM	11:00PM	1:00AM	1:00PM	12:00NN		
10:00PM		BIYAHE NI DREW (R) 3:15 - 4:00			PINOY MD (R) 3:15 - 4:00	REGAL STUDIO PRESENTS (S17) (R) 3:15 - 4:00	KARELASYON (R) 3:15 - 4:00	DAMI MONG ALAM, KUYA KIM! (R) 3:15 - 4:00	WEEKEND GETAWAY (R) 3:15 - 4:00	TURBO ZONE (P.) 3:15 - 3:45						
11:00PM		WEEKEND GETAWAY (R) 4:00 - 5:00								5:00PM	7:00PM	9:00PM	9:00AM	8:00AM		
12:00MN		PINOY MD (P) 5:00 - 6:00								6:00PM	8:00PM	10:00PM	10:00AM	9:00AM		
1:00AM	REEL LIFE WEEKEND (R) 12:00 - 2:00 "Boy Tokwa: Lodi ng Gapo"	AHA! (P.) 6:00 - 6:30								7:00PM	9:00PM	11:00PM	11:00AM	10:00AM		
2:00AM		REGAL STUDIO PRESENTS (P) 6:30 - 7:15								8:00PM	10:00PM	12:00MN	12:00NN	11:00AM		
3:00AM		TASTE BUDDIES (P.) 7:15 - 7:45								9:00PM	11:00PM	1:00AM	1:00PM	12:00NN		
4:00AM		POP TALK (P) 7:45 - 8:30								10:00PM	12:00MN	2:00AM	2:00PM	1:00PM		
5:00PM		HOME BASE PLUS (P) 8:30 - 9:15								11:00PM	1:00AM	3:00AM	3:00PM	2:00PM		
6:00PM		FARM TO TABLE (P) 9:15 - 10:00								12:00MN	2:00AM	4:00AM	4:00PM	3:00PM		
7:00PM		PINAS SARAP (P.) 10:00 - 10:45								1:00AM	3:00AM	5:00AM	5:00PM	4:00PM		
8:00PM		TURBO ZONE (R) 10:45 - 11:15								1:00AM	3:00AM	5:00AM	5:00PM	4:00PM		
9:00PM		PINOY MD (R) 11:15 - 12:15								1:00AM	3:00AM	5:00AM	5:00PM	4:00PM		
10:00PM		LUTONG BAHAY (R) 11:30 - 12:30								1:00AM	3:00AM	5:00AM	5:00PM	4:00PM		

MLA	GMA LIFE TV PROGRAMMING FEBRUARY 8 - 14, 2026 GRID (MANILA)							JAPAN (MLA + 1)	AUSTRALIA (MLA + 3)	NEW ZEALAND (MLA + 5)	ITALY (MLA - 7)	UK (MLA - 8)						
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY											
	FEBRUARY.8	FEBRUARY.9	FEBRUARY.10	FEBRUARY.11	FEBRUARY.12	FEBRUARY.13	FEBRUARY.14											
12:00MN	con't of PINOY MD (R) 11:15 -							con't of LUTONG BAHAY (R) 11:30 - 12:30										
1:00AM	I BILIB (R) 12:15 - 12:45							MARS PA MORE (R) 12:30 - 1:15										
2:00AM	AHA! (R) 12:45 - 1:15							IDOL SA KUSINA (R) 1:15 - 2:00										
3:00AM	FARM TO TABLE (R.) 1:15 - 2:00							DAY OFF (R.) 2:00 - 2:45										
4:00AM	ARABELLA WEEKEND CATCH-UP (R.) 2:00 - 4:45							REEL LIFE "I Heart Mondays" (R.) 2:45 - 4:45										
5:00AM	BIYAHE NI DREW (R.) 2:00 - 2:45							REEL LIFE "Wa-Packed Tuesdays" (R.) 2:45 - 4:45										
6:00AM	PINAS SARAP (R) 2:45 - 3:30							REEL LIFE "Once Upon a Wednesdays" (R.) 2:45 - 4:45										
7:00AM	BORN TO BE WILD (R.) 3:30 - 4:15							REEL LIFE "Hilarious Huwebes" (R.) 2:45 - 4:45										
8:00AM	WISH KO LANG (R.) 4:15 - 5:00							REEL LIFE "Senti Flicks" (R.) 2:45 - 4:45										
9:00AM	I BILIB (P) 4:45 - 5:15							ARABELLA (R) 4:45 - 5:30										
10:00AM	DAMI MONG ALAM, KUYA KIM! (P) 5:15 - 5:45							BALITANGHALI (R) 5:30 - 6:30										
11:00AM	BORN TO BE WILD (R.) 5:45 - 6:15							LUTONG BAHAY (R) 6:30 - 7:15										
12:00NN	DAIG KAYO NG LOLA KO (R) 6:15 - 7:00							MARS PA MORE (R) 7:15 - 8:00										
1:00PM	I JUANDER (R) 7:30 - 8:15							IDOL SA KUSINA (R) 8:00 - 8:45										
2:00PM	BIYAHE NI DREW (R) 8:15 - 9:00							DAY OFF (R) 8:45 - 9:30										
3:00PM	I JUANDER (R) 9:00 - 9:45							PINAS SARAP (R) 9:45 - 10:15										
4:00PM	TASTE BUDDIES (R) 9:45 - 10:15							I JUANDER (R.) 9:30 - 10:15										
5:00PM	SARAP 'Di BA? (R.) 10:15 - 10:45							PINAS SARAP (R.) 9:30 - 10:15										
6:00PM	TUNAY NA BUHAY (R) 10:45 - 11:15							TURBO ZONE (R.) 9:30 - 10:15										
7:00PM	DAIG KAYO NG LOLA KO (R) 11:15 - 12:00							FARM TO TABLE (R.) 9:30 - 10:15										
8:00PM	REEL LIFE WEEKEND (R) 12:00 - 2:00 "X and Y"							HOME BASE PLUS (S26) (R) 9:30 - 10:15										
9:00PM	DAIG KAYO NG LOLA KO (R) 12:30 - 1:15							I BILIB (R.) 12:30 - 1:15										
10:00PM	AHA! (R.) 1:15 - 1:45							ARABELLA (R.) 1:30 - 2:15										
11:00PM	WISH KO LANG (R.) 2:00 - 2:45							BALITANGHALI (P) 2:15 - 3:15										
12:00MN	SARAP 'Di BA? (R.) 2:45 - 3:15							WEEKEND GETAWAY (P) 2:15 - 3:15										
1:00AM	BIYAHE NI DREW (R) 3:15 - 4:00							PINOY MD (R) 3:15 - 4:00										
2:00AM	REGAL STUDIO PRESENTS (S17) (R) 3:15 - 4:00							KARELASYON (R) 3:15 - 4:00										
3:00AM	WEEKEND GETAWAY (R) 4:00 - 5:00							DAMI MONG ALAM, KUYA KIM! (R) 3:15 - 4:00										
4:00AM	REEL LIFE "I Heart Mondays" (P.) 4:00 - 6:00							WEEKEND GETAWAY (R) 3:15 - 4:00										
5:00AM	REEL LIFE "Wa-Packed Tuesdays" (P.) 4:00 - 6:00							TURBO ZONE (P.) 3:15 - 3:45										
6:00AM	PINOY MD (P) 5:00 - 6:00							SARAP 'DI BA? (P.) 3:45 - 4:15										
7:00AM	AHA! (P.) 6:00 - 6:30							BORN TO BE WILD (P) 4:15 - 5:00										
8:00AM	REGAL STUDIO PRESENTS (P) 6:30 - 7:15							WISH KO LANG (P) 5:00 - 5:45										
9:00AM	TASTE BUDDIES (P) 7:15 - 7:45							REEL LIFE WEEKEND (P) 5:45 - 7:45 "Always"										
10:00AM	POP TALK (P) 7:45 - 8:30							ARABELLA (P) 6:00 - 6:45										
11:00AM	HOME BASE PLUS (P) 8:30 - 9:15							LUTONG BAHAY (P) 6:45 - 7:30										
12:00NN	FARM TO TABLE (P) 9:15 - 10:00							DAY OFF (P) 7:30 - 8:15										
1:00AM	PINAS SARAP (P.) 10:00 - 10:45							MARS PA MORE (P) 8:15 - 9:0										

MLA	GMA LIFE TV PROGRAMMING FEBRUARY 15 - 21, 2026 GRID (MANILA)							JAPAN (MLA + 1)	AUSTRALIA (MLA + 3)	NEW ZEALAND (MLA + 5)	ITALY (MLA - 7)	UK (MLA - 8)			
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY								
	FEBRUARY.15	FEBRUARY.16	FEBRUARY.17	FEBRUARY.18	FEBRUARY.19	FEBRUARY.20	FEBRUARY.21								
12:00MN	con't of PINOY MD (R) 11:15 -		con't of LUTONG BAHAY (R) 11:30 - 12:30						1:00AM 3:00AM 5:00AM 5:00PM 4:00PM						
1:00AM	REEL LIFE WEEKEND (R) 12:00 - 2:00 "Always"		I BILIB (R) 12:15 - 12:45		MARS PA MORE (R) 12:30 - 1:15				2:00AM 4:00AM 6:00AM 6:00PM 5:00PM						
2:00AM	AHA! (R) 12:45 - 1:15		FARM TO TABLE (R.) 1:15 - 2:00		IDOL SA KUSINA (R) 1:15 - 2:00 "Filipino-Chinese Dishes"		IDOL SA KUSINA (R) 1:15 - 2:00 "Chinese New Year"		IDOL SA KUSINA (R) 1:15 - 2:00		3:00AM 5:00AM 7:00AM 7:00PM 6:00PM				
3:00AM	ARABELLA WEEKEND CATCH-UP (R.) 2:00 - 4:45		BIYAHE NI DREW (R.) 2:00 - 2:45		PINAS SARAP (R) 2:45 - 3:30		REEL LIFE "I Heart Mondays" (R.) 2:45 - 4:45		REEL LIFE "Wa-Packed Tuesdays" (R.) 2:45 - 4:45		4:00AM 6:00AM 8:00AM 8:00PM 7:00PM				
4:00AM	BORN TO BE WILD (R.) 3:30 - 4:15		WISH KO LANG (R.) 4:15 - 5:00		DAMAI MONG ALAM, KUYA KIM! (P) 5:15 - 5:45		I BILIB (P) 4:45 - 5:15		POP TALK (R.) 5:00 - 5:45		5:00AM 7:00AM 9:00AM 9:00PM 8:00PM				
5:00AM	DAIG KAYO NG LOLA KO (R) 6:15 - 7:00		AHA! (R.) 5:45 - 6:15		ARABELLA (R) 4:45 - 5:30		REEL LIFE "Once Upon a Wednesdays" (R.) 2:45 - 4:45		REEL LIFE "Hilarious Huwebes" (R.) 2:45 - 4:45		6:00AM 8:00AM 10:00AM 10:00PM 9:00PM				
6:00AM	TUNAY NA BUHAY (R) 10:45 - 11:15		I JUANDER (R) 6:15 - 7:00		BALITANGHALI (R) 5:30 - 6:30		LUTONG BAHAY (R) 6:30 - 7:15		8:00AM 10:00AM 12:00NN 12:00MN 11:00PM						
7:00AM	SARAP 'DI BA? (R.) 7:00 - 7:30		I BILIB (R) 7:00 - 7:30		KARELASYON (R) 7:30 - 8:15		TASTE BUDDIES (R) 7:30 - 8:00		MARS PA MORE (R) 7:15 - 8:00		9:00AM 11:00AM 1:00PM 1:00AM 12:00MN				
8:00AM	BIYAHE NI DREW (R) 8:15 - 9:00		FARM TO TABLE (R.) 8:00 - 8:45		IDOL SA KUSINA (R) 8:00 - 8:45 "Filipino-Chinese Dishes"		IDOL SA KUSINA (R) 8:00 - 8:45 "Chinese New Year"		IDOL SA KUSINA (R) 8:00 - 8:45		10:00AM 12:00NN 2:00PM 2:00AM 1:00AM				
9:00AM	I JUANDER (R) 9:00 - 9:45		PINAS SARAP (R) 8:45 - 9:30		DAY OFF (R) 8:45 - 9:30										
10:00AM	TASTE BUDDIES (R) 9:45 - 10:15		PINOY MD (R.) 9:30 - 10:15		I JUANDER (R.) 9:30 - 10:15		PINAS SARAP (R.) 9:30 - 10:15		TURBO ZONE (R.) 9:30 - 10:15		11:00AM 1:00PM 3:00PM 3:00AM 2:00AM				
11:00AM	SARAP 'DI BA? (R.) 10:15 - 10:45		POP TALK (R.) 10:15 - 11:00		HOME BASE PLUS (R.) 11:00 - 11:30		BALITANGHALI (R) 10:15 - 11:15				12:00NN 2:00PM 4:00PM 4:00AM 3:00AM				
12:00NN	DAIG KAYO NG LOLA KO (R) 11:15 - 12:00		TURBO ZONE (R) 11:30 - 12:00		IDOL SA KUSINA (R) 11:15 - 12:00 "Filipino-Chinese Dishes"		IDOL SA KUSINA (R) 11:15 - 12:00 "Chinese New Year"		IDOL SA KUSINA (R) 11:15 - 12:00		1:00PM 3:00PM 5:00PM 5:00AM 4:00AM				
1:00PM	REEL LIFE WEEKEND (R) 12:00 - 2:00 "Always"		DAMI MONG ALAM, KUYA KIM! (R) 12:00 - 12:30		DAIG KAYO NG LOLA KO (R) 12:30 - 1:15		AHA! (R.) 1:15 - 1:45		MARS PA MORE (R) 12:00 - 12:45		2:00PM 4:00PM 6:00PM 6:00AM 5:00AM				
2:00PM	WISH KO LANG (R.) 2:00 - 2:45		I BILIB (R) 1:45 - 2:15		ARABELLA (R) 1:30 - 2:15		DAY OFF (R.) 12:45 - 1:30		RETURN TO PARADISE (R) 1:30 - 2:15		3:00PM 5:00PM 7:00PM 7:00AM 6:00AM				
3:00PM	SARAP 'DI BA? (R.) 2:45 - 3:15		BALITANGHALI (P) 2:15 - 3:15				WEEKEND GETAWAY (P) 2:15 - 3:15				4:00PM 6:00PM 8:00PM 8:00AM 7:00AM				
4:00PM	BIYAHE NI DREW (R) 3:15 - 4:00		PINOY MD (R) 3:15 - 4:00		REGAL STUDIO PRESENTS (S17) (R) 3:15 - 4:00		KARELASYON (R) 3:15 - 4:00		DAMI MONG ALAM, KUYA KIM! (R) 3:15 - 4:00		TURBO ZONE (P.) 3:15 - 3:45				
5:00PM	WEEKEND GETAWAY (R) 4:00 - 5:00		REEL LIFE "I Heart Mondays" (P.) 4:00 - 6:00		REEL LIFE "Wa-Packed Tuesdays" (P.) 4:00 - 6:00		REEL LIFE "Once Upon a Wednesdays" (P.) 4:00 - 6:00		REEL LIFE "Hilarious Huwebes" (P.) 4:00 - 6:00		5:00PM 7:00PM 9:00PM 9:00AM 8:00AM				
6:00PM	AHA! (P.) 6:00 - 6:30		ARABELLA (P) 6:00 - 6:45		RETURN TO PARADISE (P) 6:00 - 6:45		LUTONG BAHAY (P) 6:45 - 7:30		WEEKEND GETAWAY (P) 2:15 - 3:15		6:00PM 8:00PM 10:00PM 10:00AM 9:00AM				
7:00PM	REGAL STUDIO PRESENTS (P) 6:30 - 7:15		TASTE BUDDIES (P) 7:15 - 7:45		DAY OFF (P) 7:30 - 8:15		MARS PA MORE (P) 8:15 - 9:00		DAIG KAYO NG LOLA KO (P) 7:45 - 8:30		7:00PM 9:00PM 11:00PM 11:00AM 10:00AM				
8:00PM	POP TALK (P) 7:45 - 8:30		HOME BASE PLUS (P) 8:30 - 9:15		ARABELLA (P) 6:00 - 6:45		LUTONG BAHAY (P) 6:45 - 7:30		WISH KO LANG (P) 8:30 - 9:15		8:00PM 10:00PM 12:00MN 12:00NN 11:00AM				
9:00PM	FARM TO TABLE (P) 9:15 - 10:00		IDOL SA KUSINA (P) 9:00 - 9:45 "Filipino-Chinese Dishes"		IDOL SA KUSINA (P) 9:00 - 9:45 "Chinese New Year"		IDOL SA KUSINA (P) 9:00 - 9:45		BIYAHE NI DREW (P) 9:15 - 10:00		9:00PM 11:00PM 1:00AM 1:00PM 12:00NN				
10:00PM	PINAS SARAP (P.) 10:00 - 10:45		BALITANGHALI (R) 9:45 - 10:45				DAY OFF (P) 7:30 - 8:15		I JUANDER (P) 10:00 - 10:45		10:00PM 12:00MN 2:00AM 2:00PM 1:00PM				
11:00PM	TURBO ZONE (R) 10:45 - 11:15		BORN TO BE WILD (R) 10:45 - 11:30		TASTE BUDDIES (R) 10:45 - 11:30		DAMI MONG ALAM, KUYA KIM! (R) 10:45 - 11:30		HOME BASE PLUS (S26) (R) 10:45 - 11:30		REGAL STUDIO PRESENTS (S17) (R) 10:45 - 11:30				
12:00MN	PINOY MD (R) 11:15 - 12:15		LUTONG BAHAY (R) 11:30 - 12:30				LUTONG BAHAY (R) 11:30 - 12:30		TUNAY NA BUHAY (P.) 10:45 - 11:15		12:00MN 2:00				

MLA	GMA LIFE TV PROGRAMMING FEBRUARY 22 - 28, 2026 GRID (MANILA)							JAPAN (MLA + 1)	AUSTRALIA (MLA + 3)	NEW ZEALAND (MLA + 5)	ITALY (MLA - 7)	UK (MLA - 8)						
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY											
	FEBRUARY.22	FEBRUARY.23	FEBRUARY.24	FEBRUARY.25	FEBRUARY.26	FEBRUARY.27	FEBRUARY.28											
12:00MN	con't of PINOY MD (R) 11:15 -							con't of LUTONG BAHAY (R) 11:30 - 12:30										
1:00AM	I BILIB (R) 12:15 - 12:45							MARS PA MORE (R) 12:30 - 1:15										
2:00AM	AHA! (R) 12:45 - 1:15							IDOL SA KUSINA (R) 1:15 - 2:00										
3:00AM	FARM TO TABLE (R.) 1:15 - 2:00							DAY OFF (R.) 2:00 - 2:45										
4:00AM	ARABELLA WEEKEND CATCH-UP (R.) 2:00 - 3:30							REEL LIFE "I Heart Mondays" (R.) 2:45 - 4:45										
5:00AM	BIYAHENI DREW (R.) 2:00 - 2:45							REEL LIFE "Wa-Packed Tuesdays" (R.) 2:45 - 4:45										
6:00AM	WISH KO LANG (R.) 4:15 - 5:00							REEL LIFE "Once Upon a Wednesdays" (R.) 2:45 - 4:45										
7:00AM	I BILIB (P) 4:45 - 5:15							REEL LIFE "Hilarious Huwebes" (R.) 2:45 - 4:45										
8:00AM	DAMI MONG ALAM, KUYA KIM! (P) 5:15 - 5:45							REEL LIFE "Senti Flicks" (R.) 2:45 - 4:45										
9:00AM	BORN TO BE WILD (R.) 5:45 - 6:15							RETURN TO PARADISE (R) 4:45 - 5:30										
10:00AM	AHA! (R.) 5:45 - 6:15							BALITANGHALI (R) 5:30 - 6:30										
11:00AM	I JUANDER (R) 6:15 - 7:00							LUTONG BAHAY (R) 6:30 - 7:15										
12:00NN	TASTE BUDDIES (R) 7:30 - 8:15							MARS PA MORE (R) 7:15 - 8:00										
1:00PM	BIYAHENI DREW (R) 8:15 - 9:00							IDOL SA KUSINA (R) 8:00 - 8:45										
2:00PM	FARM TO TABLE (R.) 8:00 - 8:45							DAY OFF (R) 8:45 - 9:30										
3:00PM	PINAS SARAP (R.) 8:45 - 9:30							PINOY MD (R.) 9:30 - 10:15										
4:00PM	I JUANDER (R.) 9:30 - 10:15							PINAS SARAP (R.) 9:30 - 10:15										
5:00PM	TURBO ZONE (R.) 10:15 - 11:00							TURBO ZONE (R.) 9:30 - 10:15										
6:00PM	HOME BASE PLUS (R.) 11:00 - 11:30							HOME BASE PLUS (S26) (R) 9:30 - 10:15										
7:00PM	DAIG KAYO NG LOLA KO (R) 11:15 - 12:00							TURBO ZONE (R.) 11:30 - 12:00										
8:00PM	REEL LIFE WEEKEND CATCH-UP (R.) 12:00 - 2:00							IDOL SA KUSINA (R) 11:15 - 12:00										
9:00PM	"Girlfriend Na, Pwedent Na"							MARS PA MORE (R) 12:00 - 12:45										
10:00PM	DAY OFF (R.) 12:45 - 1:30							RETURN TO PARADISE (R) 1:30 - 2:15										
11:00PM	BALITANGHALI (P) 2:15 - 3:15							WEEKEND GETAWAY (P) 2:15 - 3:15										
12:00MN	PINOY MD (R) 3:15 - 4:00							REGAL STUDIO PRESENTS (S17) (R) 3:15 - 4:00										
1:00AM	KARELASYON (R) 3:15 - 4:00							KARELASYON (R) 3:15 - 4:00										
2:00AM	WEEKEND GETAWAY (R) 4:00 - 5:00							DAMI MONG ALAM, KUYA KIM! (R) 3:15 - 4:00										
3:00AM	REEL LIFE "I Heart Mondays" (P.) 4:00 - 6:00							TURBO ZONE (P.) 3:15 - 3:45										
4:00AM	REEL LIFE "Wa-Packed Tuesdays" (P.) 4:00 - 6:00							SARAP 'DI BA? (P.) 3:45 - 4:15										
5:00AM	REEL LIFE "Once Upon a Wednesdays" (P.) 4:00 - 6:00							BORN TO BE WILD (P) 4:15 - 5:00										
6:00AM	REEL LIFE "Hilarious Huwebes" (P.) 4:00 - 6:00							WISH KO LANG (P) 5:00 - 5:45										
7:00AM	REEL LIFE "Senti Friday" (P.) 4:00 - 6:00							REEL LIFE WEEKEND (P) 5:45 - 7:45 "Bakit Di Mo Sabihin"										
8:00AM	BALITANGHALI (P) 5:45 - 7:45							DAIG KAYO NG LOLA KO (P) 7:45 - 8:30										
9:00AM	LUTONG BAHAY (P) 6:45 - 7:30							WISH KO LANG (P) 8:30 - 9:15										
10:00AM	DAY OFF (P) 7:30 - 8:15							BIYAHENI DREW (P) 9:15 - 10:00										
11:00AM	MARS PA MORE (P) 8:15 - 9:00							I JUANDER (P) 10:00 - 10:45										
12:00NN	IDOL SA KUSINA (P) 9:00 - 9:45							TUNAY NA BUHAY (P.) 10:45 - 11:15										
1:00AM	BALITANGHALI (R) 9:45 - 10:45																	