		GMA	A LIFE TV PROGRAM	IMING OCTOBER 1	- 4, 2025 GRID (MAN	NILA)		JAPAN		NEW		Ī
MLA	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	(MLA + 1)	AU (MLA + 2)	ZEALAND (MLA + 5)	7:00PM 8:00PM 9:00PM 11:00PM 11:00PM 12:00MM 3:00AM 4:00AM 6:00AM 7:00AM 8:00AM 11:00AM	UK (MLA - 7)
12:00MN		con't of PINOY MD (R) 11:15 -		OCTOBER.1	OCTOBER.2 LUTONG BAHAY (R) 11:3	OCTOBER.3	OCTOBER.4	1:00AM	2:00AM	5:00AM	6:00PM	5:00PM
	REEL LIFE WEEKEND	I BILIB (R) 12:15 - 12:45						-				
1:00AM	(R) 12:00 - 2:00 "Death by Desire"	I HEART PH (R) 12:45 - 1:15		M.	ARS PA MORE (R) 12:30 - 1:	15		2:00AM	3:00AM	6:00AM	7:00PM	6:00PM
	by besite	FARM TO TABLE (R.) 1:15 - 2:00		IC	OOL SA KUSINA (R) 1:15 - 2:0	00						
2:00AM		PINAS SARAP (R.) 2:00 -						3:00AM	4:00AM	7:00AM	8:00PM	7:00PM
		2:45		Г	DAY OFF (R.) 2:00 - 2:45	Г	Г	-				
3:00AM	UNDERAGE WEEKEND CATCH-UP (R.) 2:00 -	POP TALK (R.) 2:45 - 3:15			2551 1155 110			4:00AM	5:00AM	8:00AM	9:00PM	8:00PM
	4:45	TELESINE (R.) 3:15 -	REEL LIFE "I Heart Mondays" (R.) 2:45 - 4:45	REEL LIFE "Wa-Packed Tuesdays" (R.) 2:45 - 4:45	REEL LIFE "Once Upon a Wednesdays" (R.) 2:45 -	REEL LIFE "Hilarious Huwebes" (R.) 2:45 - 4:45	REEL LIFE "Senti Flicks" (R.) 2:45 - 4:45					
4:00AM		4:45	(N.) 2.43 4.43	Tucsuays (N.) 2.45 4.45	4:45	110WEBE3 (11.) 2.43 4.43	(11.) 2.43	5:00AM	6:00AM	9:00AM	6.00PM 7:00PM 8:00PM 9:00PM 11:00PM 12:00MN 1:00AM 4:00AM 6:00AM 7:00AM 11:00AM	9:00PM
	D.V. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1.							-				
5:00AM	BIYAHE NI DREW (R) 4:45 - 5:30	TURBO ZONE (R) 4:45 - 5:15 THE FINAL PITCH: CEBU EDITION (R.)		ι	JNDERAGE (R) 4:45 - 5:3	0		6:00AM	7:00AM	10:00AM	11:00PM	10:00PM
	I BILIB (P) 5:30 - 6:00	5:15 - 5:45						1				
6:00AM	DAMI MONG ALAM, KUYA KIM! (P) 6:00 - 6:30	I JUANDER (R) 5:45 - 6:30		BA	LITANGHALI (R) 5:30 - 6:	:30		7:00AM	8:00AM	11:00AM	12:00MN	11:00PM
	AHA! (R.) 6:30 - 7:00	PINAS SARAP (R) 6:30 -			TONG BAHAY (P) 6:30 - 7	V-15		8:00AM	9:00AM	12:00NN		
7:00AM	SARAP 'DI BA? (R.) 7:00 -	7:15		LUTONG BAHAY (R) 6:30 - 7:15							1:00AM	12:00MN
	7:45 THE FINAL PITCH: CEBU	I BILIB (R) 7:15 - 7:45		N	IARS PA MORE (R) 7:15 - 8:0	00						
8:00AM	EDITION (P) 7:45 - 8:15	PINOY MD (R.) 7:45 - 8:30		ır	OOL SA KUSINA (R) 8:00 - 8:4	45		9:00AM	10:00AM	1:00PM	2:00AM	1:00AM
	POP TALK (R.) 8:15 - 8:45	BIYAHE NI DREW (R.)						-				
9:00AM	I JUANDER (P) 8:45 - 9:30	8:30 - 9:15 FARM TO TABLE (R.) 9:15 -			DAY OFF (R) 8:45 - 9:30			10:00AM	11:00AM	2:00PM	3:00AM	2:00AM
10:00AM	TASTE BUDDIES (R) 9:30 - 10:00	10:00	I JUANDER (R.) 9:30 -	PINAS SARAP (R.) 9:30 -	TURBO ZONE (R.) 9:30 -	FARM TO TABLE (R) 9:30 -	ALL IN THE FAMILY WITH	Ì	12:00NN	3:00PM		
10:00AM	I HEART PH (R.) 10:00 - 10:30	TASTE BUDDIES (R) 10:00 - 10:30	10:15	10:15	10:15	10:15	DR. TESS (R) 9:30 - 10:15	11:00AM	12:00NN	3.501 W	4.00AW	3:00AM
11:00AM	TUNAY NA BUHAY (R) 10:30 - 11:00	ALL IN THE FAMILY WITH DR. TESS (R.) 10:30 - 11:00	BALITANGHALI (R) 10:15 - 11:15							4:00PM	E:00AM	4:00AM
TT.OUNIW		I HEART PH (R.) 11:00 -						12:00NN	1:00PM	4.00FW	5.00AW	4.00AM
12:00NN	TELESINE (R.) 11:00 - 12:30	11:45 TURBO ZONE (R) 11:45 - 12:15		IDO	DL SA KUSINA (R) 11:15 - 12	::00		1:00PM	2:00PM	5:00PM	6-00AM	5:00AM
12.001414		DAMI MONG ALAM, KUYA KIM! (R) 12:15 - 12:45		MA	ARS PA MORE (R) 12:00 - 12	:45		1.001 III	2.001 111	5.001 W	0.00/114	0.0074111
1:00PM		TUNAY NA BUHAY (R) 12:45 -			DAY OFF (D.) 42:45 4:20			2:00PM	3:00PM	7:00AM	6:00AM	
	REEL LIFE WEEKEND (R) 12:30 - 2:30 "Death	1:15 AHA! (R.) 1:15 - 1:45			DAY OFF (R.) 12:45 - 1:30							
2:00PM	by Desire"	I BILIB (R) 1:45 - 2:15		ι	JNDERAGE (R) 1:30 - 2:1	5		3:00PM	4:00PM	7:00PM	8:00AM	7:00AM
-							WEEKEND CETAWAY (D)	-				
3:00PM	PINOY MD (P) 2:30 - 3:30		BAI	ITANGHALI (P) 2:15 - 3	3:15		WEEKEND GETAWAY (P) 2:15 - 3:15	4:00PM	5:00PM	8:00PM	9:00AM	8:00AM
-		DINOVAD (D) 3:45 4:00	REGAL STUDIO PRESENTS	WARELAGVON (D) 2 45 4 00	DAMI MONG ALAM, KUYA	WEEKEND GETAWAY (R)	I HEART PH (P) 3:15 -	1				
4:00PM	I JUANDER (R) 3:30 - 4:15	PINOY MD (R) 3:15 - 4:00	(R) 3:15 - 4:00	KARELASYON (R) 3:15 - 4:00	KIM! (R) 3:15 - 4:00	3:15 - 4:00	3:45 SARAP 'DI BA? (P.) 3:45 -	5:00PM	6:00PM	9:00PM	10:00AM	9:00AM
-	BIYAHE NI DREW (R) 4:15 -						4:15	-				
5:00PM	5:00	REEL LIFE "I Heart Mondays" (P.) 4:00 -	REEL LIFE "Wa-Packed	REEL LIFE "Once Upon a Wednesdays" (P.) 4:00 -	REEL LIFE "Hilarious Huwebes" (P.) 4:00 -	REEL LIFE "Senti Friday"	TELESINE (P) 4:15 -	6:00PM	7:00PM	10:00PM	11:00AM	10:00AM
	WEEKEND GETAWAY (R) 5:00 - 6:00	6:00	Tuesdays" (P.) 4:00 - 6:00	6:00	6:00	(P.) 4:00 - 6:00	5:45					
6:00PM	REGAL STUDIO PRESENTS							7:00PM	8:00PM	11:00PM	12:00NN	11:00AM
	(P) 6:00 - 6:45		l	JNDERAGE (P) 6:00 - 6:4	5		REEL LIFE WEEKEND (P) 5:45 - 7:45					
7:00PM	TASTE BUDDIES (P.) 6:45 - 7:15		LU	TONG BAHAY (P) 6:45 - 7	7:30		"Kaibigan"	8:00PM	9:00PM	12:00MN	1:00PM	12:00NN
	FARM TO TABLE (P) 7:15 - 8:00							_				
8:00PM	ALL IN THE FAMILY WITH DR. TESS (P) 8:00 - 8:30			DAY OFF (P) 7:30 - 8:15			WEEKEND GETAWAY (R) 7:45 - 8:45	9:00PM	10:00PM	1:00AM	2:00PM	1:00PM
	AHA! (P.) 8:30 - 9:00		N	IARS PA MORE (P) 8:15 - 9:	00			-				
9:00PM	POP TALK (P) 9:00 - 9:45			OU SA KIISINA (D) 0.00	45		BIYAHE NI DREW (P.) 8:45 - 9:30	10:00PM	11:00PM	2:00AM	3:00PM	2:00PM
	.,,		IL	OOL SA KUSINA (P) 9:00 - 9:	+		TURBO ZONE (P.) 9:30 -	1				
10:00PM	PINAS SARAP (P.) 9:45 - 10:30		BAL	TANGHALI (R) 9:45 - 1	0:45		10:00 TUNAY NA BUHAY (P.)	11:00PM	12:00MN	3:00AM	4:00PM	3:00PM
	KARELASYON (R.) 10:30 -		T16TE DUDD: (-)			DEC.11 CTUD: 2	10:00 - 10:30	-				
11:00PM	11:15	TUNAY NA BUHAY (R) 10:45 - 11:30	TASTE BUDDIES (R) 10:45 - 11:30	DAMI MONG ALAM, KUYA KIM! (R) 10:45 - 11:30	ALL IN THE FAMILY WITH DR. TESS (R) 10:45 - 11:30	REGAL STUDIO PRESENTS (R) 10:45 - 11:30	THE FINAL PITCH: CEBU EDITION (R) 10:30 - 11:15	12:00MN	1:00AM	4:00AM	5:00PM	4:00PM
	PINOY MD (R) 11:15 - 12:15		LUT	DNG BAHAY (R) 11:30 - 1	2:30	ı	KARELASYON (P) 11:15 -	1				
12:00MN				• • • • • • • • • • • • • • • • • • • •			12:00	1:00AM	2:00AM	5:00AM	6:00PM	5:00PM

		GMA	LIFE TV PROGRAM	MING OCTOBER 5 -	11, 2025 GRID (MA	NILA)		JAPAN	AUSTRAL	NEW		
MLA	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	(MLA + 1)	IA (MLA + 3)	ZEALAND (MLA + 5)	6.00PM 7.00PM 8.00PM 9.00PM 11.00PM 12.00MN 1:00AM 4:00AM 6.00AM 7.00AM 8.00AM 10.00AM 11.00AM 12.00MN 12.00MN 13.00AM 10.00AM	UK (MLA -
12:00MN	OCTOBER.5	OCTOBER.6 con't of PINOY MD (R) 11:15 -	OCTOBER.7	OCTOBER.8	OCTOBER.9	OCTOBER.10	OCTOBER.11	1:00AM	3:00AM	5:00AM	6:00PM	5:00PM
	REEL LIFE WEEKEND	I BILIB (R) 12:15 - 12:45		con't of	LUTONG BAHAY (R) 11:3	0 - 12:30						
1:00AM	(R) 12:00 - 2:00	I HEART PH (R) 12:45 -		M	ARS PA MORE (R) 12:30 - 1:	15		2:00AM	4:00AM	6:00AM	7:00PM	6:00PM
	"Kaibigan"	1:15 FARM TO TABLE (R.) 1:15 -										
		2:00		IC	OL SA KUSINA (R) 1:15 - 2:	00					6.00PM 7.00PM 8.00PM 9.00PM 10.00PM 11.00PM 11.00PM 10.00PM 11.00PM	
2:00AM		PINAS SARAP (R.) 2:00 -			DAY OFF (R.) 2:00 - 2:45			3:00AM	5:00AM	7:00AM	8:00PM	7:00PM
		2:45			DAT OTT (N.) 2.00 2.45							
3:00AM	UNDERAGE WEEKEND CATCH-UP (R.) 2:00 -	POP TALK (R.) 2:45 - 3:15			_			4:00AM	6:00AM	8:00AM	9:00PM	8:00PM
	4:45		REEL LIFE "I Heart	REEL LIFE "Wa-Packed	REEL LIFE "Once Upon a Wednesdays" (R.) 2:45 -	REEL LIFE "Hilarious	REEL LIFE "Senti Flicks"				6:00PM 7:00PM 8:00PM 10:00PM 11:00PM 11:00PM 12:00MN 1:00AM 4:00AM 4:00AM 5:00AM 7:00AM 8:00AM 11:00AM	
4:00AM		TELESINE (R.) 3:15 - 4:45	Mondays" (R.) 2:45 - 4:45	Tuesdays" (R.) 2:45 - 4:45	4:45	Huwebes" (R.) 2:45 - 4:45	(R.) 2:45 - 4:45	5:00AM	7:00AM	9:00AM	6.00PM 7.00PM 8.00PM 9.00PM 11.00PM 11.00PM 12.00MM 4.00AM 4.00AM 6.00AM 7.00AM 11.00AM	9:00PM
											8:00AM 9:00PM 9:00AM 10:00PM 11:00AM 11:00PM 11:00AM 12:00MN 12:00NN 1:00AM 12:00PM 2:00AM 2:00PM 3:00AM 4:00PM 5:00AM 6:00PM 7:00AM 6:00PM 7:00AM 8:00PM 9:00AM	
5:00AM	BIYAHE NI DREW (R) 4:45	TURBO ZONE (R) 4:45 - 5:15			JNDERAGE (R) 4:45 - 5:3	n		6:00AM	8:00AM	10:00AM	11:00PM	10:00PM
	5:30	THE FINAL PITCH: CEBU EDITION (R.)			311DENAGE (N) 4.43 - 3.3							
6:00AM	I BILIB (P) 5:30 - 6:00	5:15 - 5:45		RΔ	LITANGHALI (R) 5:30 - 6:	-30		7:00AM	9:00AM	11:00AM	12:00MN	11:00PM
0.00AM	DAMI MONG ALAM, KUYA KIM! (P) 6:00 - 6:30	I JUANDER (R) 5:45 - 6:30		D _r	ETTANGTIALI (N) 3.30 - 0.	.50		7.00/48	5.00AW	11.00/44	12.001114	11.00FM
	AHA! (R.) 6:30 - 7:00	PINAS SARAP (R) 6:30 -		ur	FONG BAHAY (R) 6:30 - 7	·-15						
7:00AM	SARAP 'DI BA? (R.) 7:00 -	7:15			7 (II) 0.50	.13		8:00AM	10:00AM	12:00NN	1:00AM	12:00MN
	7:45 THE FINAL PITCH: CEBU	I BILIB (R) 7:15 - 7:45		N	ARS PA MORE (R) 7:15 - 8:0	00						
8:00AM	EDITION (P) 7:45 - 8:15	PINOY MD (R.) 7:45 - 8:30						9:00AM	11:00AM	1:00PM	2:00AM	1:00AM
	POP TALK (R.) 8:15 - 8:45	BIYAHE NI DREW (R.)		IC	OL SA KUSINA (R) 8:00 - 8:	45						
9:00AM	I JUANDER (P) 8:45 - 9:30	8:30 - 9:15			DAY OFF (R) 8:45 - 9:30			10:00AM	12:00NN	2:00PM	3:00AM	2:00AM
-	TASTE BUDDIES (R) 9:30 - 10:00	FARM TO TABLE (R.) 9:15 -										
10:00AM	I HEART PH (R.) 10:00 -	10:00 TASTE BUDDIES (R) 10:00 -	I JUANDER (R.) 9:30 - 10:15	PINAS SARAP (R.) 9:30 - 10:15	TURBO ZONE (R.) 9:30 - 10:15	FARM TO TABLE (R) 9:30 - 10:15	MAKE YOUR MARC (S2) (R) 9:30 - 10:15	11:00AM	1:00PM	3:00PM	4:00AM	3:00AM
	10:30	10:30										
11:00AM	TUNAY NA BUHAY (R) 10:30 - 11:00	MAKE YOUR MARC (S2) (R.) 10:30 - 11:00		BAL	ITANGHALI (R) 10:15 - 1	1:15		12:00NN	2:00PM	4:00PM	5:00AM	4:00AM
11.00/111		I HEART PH (R.) 11:00 -						12.00141	2.001 111	4.001 III	5.00 an	4.00/111
	TELESINE (R.) 11:00 -	11:45 TURBO ZONE (R) 11:45 -		IDO	DL SA KUSINA (R) 11:15 - 12	:00						
12:00NN	12:30	12:15 DAMI MONG ALAM, KUYA		MA	RS PA MORE (R) 12:00 - 12	:45		1:00PM	3:00PM	5:00PM	6:00AM	5:00AM
		KIM! (R) 12:15 - 12:45 TUNAY NA BUHAY (R) 12:45 -	<u> </u>									
1:00PM	REEL LIFE WEEKEND	1:15			DAY OFF (R.) 12:45 - 1:30			2:00PM	4:00PM	6:00PM	7:00AM	6:00AM
	(R) 12:30 - 2:30	AHA! (R.) 1:15 - 1:45										
2:00PM	"Kaibigan"	I BILIB (R) 1:45 - 2:15		ι	JNDERAGE (R) 1:30 - 2:1	5		3:00PM	5:00PM	7:00PM	8:00AM	7:00AM
-			WEEKEND GETAWAY (P)									
3:00PM	PINOY MD (P) 2:30 - 3:30		BAL	ITANGHALI (P) 2:15 - :	3:15		2:15 - 3:15	4:00PM	6:00PM	8:00PM	9:00AM	8:00AM
			REGAL STUDIO PRESENTS		DAMI MONG ALAM, KUYA	WEEKEND GETAWAY (R)	I HEART PH (P) 3:15 -					
4:00PM	I JUANDER (R) 3:30 - 4:15	PINOY MD (R) 3:15 - 4:00	(R) 3:15 - 4:00	KARELASYON (R) 3:15 - 4:00	KIM! (R) 3:15 - 4:00	3:15 - 4:00	3:45 SARAP 'DI BA? (P.) 3:45 -	5:00PM	7:00PM	9-00PM	10:00AM	9:00AM
	20/41/54/12/20/20/20/20/20/20/20/20/20/20/20/20/20						4:15					
	BIYAHE NI DREW (R) 4:15 - 5:00	REEL LIFE "I Heart	REEL LIFE "Wa-Packed	REEL LIFE "Once Upon a	REEL LIFE "Hilarious	REEL LIFE "Senti Friday"	TELESINE (P) 4:15 -					
5:00PM	WEEKEND GETAWAY (R)	Mondays" (P.) 4:00 - 6:00	Tuesdays" (P.) 4:00 - 6:00	Wednesdays" (P.) 4:00 - 6:00	Huwebes" (P.) 4:00 - 6:00	(P.) 4:00 - 6:00	5:45	6:00PM	8:00PM	10:00PM	11:00AM	TU:UUAINI
	5:00 - 6:00	0.00		0.00	0.00							
6:00PM	REGAL STUDIO PRESENTS						REEL LIFE WEEKEND	7:00PM	9:00PM	11:00PM	12:00NN	11:00AM
	(P) 6:00 - 6:45		ι	JNDERAGE (P) 6:00 - 6:4	5		(P) 5:45 - 7:45					
7:00PM	TASTE BUDDIES (P.) 6:45 - 7:15		LUT	TONG BAHAY (P) 6:45 - 7	:30		"Pastor"	8:00PM	10:00PM	12:00MN	1:00PM	12:00NN
	FARM TO TABLE (P) 7:15 -	•										
8:00PM	8:00 MAKE YOUR MARC (S2) (P)			DAY OFF (P) 7:30 - 8:15			WEEKEND GETAWAY (R)	9:00PM	11:00PM	1:00AM	2:00PM	1:00PM
	8:00 - 8:30		7:45 - 8:45									
9:00PM	AHA! (P.) 8:30 - 9:00		M	IARS PA MORE (P) 8:15 - 9:	JU		BIYAHE NI DREW (P.) 8:45 -	10:00PM	12:00MN	2:00AM	3:00PM	2:00PM
	POP TALK (P) 9:00 - 9:45		ID	OL SA KUSINA (P) 9:00 - 9:	45		9:30					
10:00PM	PINAS SARAP (P.) 9:45 -						TURBO ZONE (P.) 9:30 - 10:00	11:00PM	1:00AM	3:00AM	4:000**	3:0004*
TO.JUPIW	10:30		BALI	TANGHALI (R) 9:45 - 1	0:45		TUNAY NA BUHAY (P.)	11.00PW	I.JUMM	3.UUMW	w.ourm	J.JUPM
	KARELASYON (R.) 10:30 -		TACTE DUDDI (-)	D		BEGAL GEUR!	10:00 - 10:30	-				
11:00PM	11:15	TUNAY NA BUHAY (R) 10:45 - 11:30	TASTE BUDDIES (R) 10:45 - 11:30	DAMI MONG ALAM, KUYA KIM! (R) 10:45 - 11:30	MAKE YOUR MARC (S2) (R) 10:45 - 11:30	REGAL STUDIO PRESENTS (R) 10:45 - 11:30	THE FINAL PITCH: CEBU EDITION (R) 10:30 - 11:15	12:00MN	2:00AM	4:00AM	5:00PM	4:00PM
	PINOY MD (R) 11:15 -		LUTA	I DNG BAHAY (R) 11:30 - 1	2:30	I	KARELASYON (P) 11:15 -	1				
12:00MN	12:15		2010	2140 DVIIVI (V) 11:30 - 1	.2.30		12:00	1:00AM	3:00AM	5:00AM	6:00PM	5:00PM

		GMA	LIFE TV PROGRAMI	MING OCTOBER 12	18. 2025 GRID (MA	ANILA)			AUSTRAL	NEW		
MLA	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	JAPAN (MLA + 1)	IA (MLA + 3)	ZEALAND (MLA +	ITALY (MLA - 6)	UK (MLA 7)
12:00MN	OCTOBER.12	OCTOBER.13 con't of PINOY MD (R) 11:15 -	OCTOBER.14	OCTOBER.15	OCTOBER.16	OCTOBER.17	OCTOBER.18	1:00AM	3:00AM	5) 5:00AM	6:00PM	5:00PM
		I BILIB (R) 12:15 - 12:45		con't of	LUTONG BAHAY (R) 11:3	0 - 12:30						
	REEL LIFE WEEKEND (R) 12:00 - 2:00	I HEART PH (R) 12:45 -		М	ARS PA MORE (R) 12:30 - 1:	:15						
"Pastor" 1:15 FARM TO TABLE (R.) 1:15			WAIGHA MORE (N) 12:30 1:13					2:00AM	4:00AM	6:00AM	7:00PM	6:00PM
				IC	OL SA KUSINA (R) 1:15 - 2:	00						
2:00AM		PINAS SARAP (R.) 2:00 -									8:00PM	7:00PM
		2:45			DAY OFF (R.) 2:00 - 2:45							
3:00AM	UNDERAGE WEEKEND	POP TALK (R.) 2:45 - 3:15						4:00AM	6:00AM	8:00AM	9:00PM	8:00PM
	CATCH-UP (R.) 2:00 -	. , ,			REEL LIFE "Once Upon a							
	4:45	TELESINE (R.) 3:15 -	REEL LIFE "I Heart Mondays" (R.) 2:45 - 4:45	REEL LIFE "Wa-Packed Tuesdays" (R.) 2:45 - 4:45	Wednesdays" (R.) 2:45 -	REEL LIFE "Hilarious Huwebes" (R.) 2:45 - 4:45	REEL LIFE "Senti Flicks" (R.) 2:45 - 4:45					
4:00AM		4:45	,	(,	4:45	(,	(, =	5:00AM	7:00AM	9:00AM	10:00PM	9:00PM
5:00AM	BIYAHE NI DREW (R) 4:45	TURBO ZONE (R) 4:45 - 5:15		ı	JNDERAGE (R) 4:45 - 5:3	0		6:00AM	8:00AM	10:00AM	11:00PM	10:00PM
	5:30	THE FINAL PITCH: CEBU EDITION (R.)			5115E101GE (II) II 15 515							
	I BILIB (P) 5:30 - 6:00	5:15 - 5:45		D.A.	LITANICHALI (D) E-20 C	-20				11:00AM		
6:00AM	DAMI MONG ALAM, KUYA KIM! (P) 6:00 - 6:30	I JUANDER (R) 5:45 - 6:30		BA	LITANGHALI (R) 5:30 - 6	:30		7:00AM	9:00AM	11:0UAM	12:00MN	11:00PM
l t		PINAS SARAP (R) 6:30 -										
7:00AM	AHA! (R.) 6:30 - 7:00	7:15		LU'	FONG BAHAY (R) 6:30 - 7	7:15		8:00AM	10:00AM	12:00NN	1:00AM	12:00MN
	SARAP 'DI BA? (R.) 7:00 - 7:45	I BILIB (R) 7:15 - 7:45										
8:00AM	THE FINAL PITCH: CEBU			N	ARS PA MORE (R) 7:15 - 8:0	00		9:00AM	11:00AM	1:00PM	2:00AM	1:00AM
	EDITION (P) 7:45 - 8:15	PINOY MD (R.) 7:45 - 8:30		II	OL SA KUSINA (R) 8:00 - 8:	45						
	POP TALK (R.) 8:15 - 8:45	BIYAHE NI DREW (R.)		·-								
9:00AM	I JUANDER (P) 8:45 - 9:30	8:30 - 9:15			DAY OFF (R) 8:45 - 9:30			10:00AM	12:00NN	2:00PM	3:00AM	2:00AM
	TASTE BUDDIES (R) 9:30 - 10:00	FARM TO TABLE (R.) 9:15 -						-				
10:00AM	I HEART PH (R.) 10:00 -	10:00 TASTE BUDDIES (R) 10:00 -	I JUANDER (R.) 9:30 - 10:15	PINAS SARAP (R.) 9:30 - 10:15	TURBO ZONE (R.) 9:30 - 10:15	FARM TO TABLE (R) 9:30 - 10:15	MAKE YOUR MARC (S2) (R) 9:30 - 10:15	11:00AM	1:00PM	3:00PM	4:00AM	3:00AM
	10:30	10:30										
	TUNAY NA BUHAY (R) 10:30 - 11:00	MAKE YOUR MARC (S2) (R.) 10:30 - 11:00		BAL	ITANGHALI (R) 10:15 - 1	1:15						
11:00AM	11.00	I HEART PH (R.) 11:00 -						12:00NN	2:00PM	4:00PM	5:00AM	4:00AM
	TELESINE (R.) 11:00 -	11:45 TURBO ZONE (R) 11:45 -		IDO	DL SA KUSINA (R) 11:15 - 12	1:00						
12:00NN	12:30	12:15						1:00PM	3:00PM	5:00PM	6:00AM	5:00AM
		DAMI MONG ALAM, KUYA KIM! (R) 12:15 - 12:45		MA	RS PA MORE (R) 12:00 - 12	1:45						
1:00PM		TUNAY NA BUHAY (R) 12:45 -						2:00PM	4:00PM	:00PM 6:00PM 7:00A	7:00AM	6:00AM
	REEL LIFE WEEKEND	1:15			DAY OFF (R.) 12:45 - 1:30							
	(R) 12:30 - 2:30 "Pastor"	AHA! (R.) 1:15 - 1:45			INDEDACE (D) 1-20 2-1	r						
2:00PM	. 4545.	I BILIB (R) 1:45 - 2:15		(JNDERAGE (R) 1:30 - 2:1	5		3:00PM	5:00PM	7:00PM	8:00AM	7:00AM
							WEEKEND GETAWAY (P)					
3:00PM	PINOY MD (P) 2:30 - 3:30		BAL	ITANGHALI (P) 2:15 - 3	3:15		2:15 - 3:15	4:00PM	6:00PM	8:00PM	9:00AM	8:00AM
			REGAL STUDIO PRESENTS		DAMI MONG ALAM, KUYA	WEEKEND GETAWAY (R)	I HEART PH (P) 3:15 -					
4:00PM	I JUANDER (R) 3:30 - 4:15	PINOY MD (R) 3:15 - 4:00	(R) 3:15 - 4:00	KARELASYON (R) 3:15 - 4:00	KIM! (R) 3:15 - 4:00	3:15 - 4:00	3:45	5:00PM	7:00PM	9:00PM	10:00AM	9:00AM
							SARAP 'DI BA? (P.) 3:45 - 4:15	0.00i iii	7.001 181	5.00i m		5.007tm
	BIYAHE NI DREW (R) 4:15 - 5:00	REEL LIFE "I Heart		REEL LIFE "Once Upon a	REEL LIFE "Hilarious							
5:00PM	5.00	Mondays" (P.) 4:00 -	REEL LIFE "Wa-Packed Tuesdays" (P.) 4:00 - 6:00	Wednesdays" (P.) 4:00 -	Huwebes" (P.) 4:00 -	REEL LIFE "Senti Friday" (P.) 4:00 - 6:00	TELESINE (P) 4:15 - 5:45	6:00PM	8:00PM	10:00PM	11:00AM	10:00AM
	WEEKEND GETAWAY (R)	6:00	1000000	6:00	6:00	(1.) 1.00 0.00	3.43					
6:00PM	5:00 - 6:00							7:00PM	9:00PM	11:00PM	12:00NN	11:00AM
	REGAL STUDIO PRESENTS (P) 6:00 - 6:45		l	JNDERAGE (P) 6:00 - 6:4	5		REEL LIFE WEEKEND					
7:00PM	TASTE BUDDIES (P.) 6:45 -						(P) 5:45 - 7:45 "The	0.00014	40 00PM	40-00141	4.00014	40.000
	7:15		LU*	TONG BAHAY (P) 6:45 - 7	:30		Other Wife"	8:00PM	10:00PM	12:00MN	1:00PM	12:00NN
	FARM TO TABLE (P) 7:15 - 8:00			B 11/ 055 (B) =				1				
8:00PM	MAKE YOUR MARC (S2) (P)	†		DAY OFF (P) 7:30 - 8:15			WEEKEND GETAWAY (R) 7:45 - 8:45	9:00PM	11:00PM	1:00AM	2:00PM	1:00PM
	8:00 - 8:30											
9:00PM	AHA! (P.) 8:30 - 9:00		IV	IARS PA MORE (P) 8:15 - 9:	JU		BIYAHE NI DREW (P.) 8:45 -	10:00PM	12:00MN	2:00AM	3:00PM	2:00PM
	POP TALK (P) 9:00 - 9:45		IC	OL SA KUSINA (P) 9:00 - 9:	45		9:30					
<u> </u>				• • • • • • • • • • • • • • • • • • • •			TURBO ZONE (P.) 9:30 -					
10:00PM	PINAS SARAP (P.) 9:45 - 10:30		BALI	TANGHALI (R) 9:45 - 1	0:45		10:00 TUNAY NA BUHAY (P.)	11:00PM	1:00AM	3:00AM	4:00PM	3:00PM
	KARELASYON (R.) 10:30 -		1			1	10:00 - 10:30					
11:00PM	11:15		TASTE BUDDIES (R) 10:45 -		MAKE YOUR MARC (S2) (R)		THE FINAL PITCH: CEBU	12:00MN	2:00AM	4:00AM	5:00PM	4:00PM
	PINOY MD (R) 11:15 -	- 11:30	11:30	KIM! (R) 10:45 - 11:30	10:45 - 11:30	(R) 10:45 - 11:30	EDITION (R) 10:30 - 11:15					
12:00***	12:15		LUTO	ONG BAHAY (R) 11:30 - 1	2:30		KARELASYON (P) 11:15 - 12:00	1:0044	9,00***	E:00***	6:0004	E-DODA *
12:00MN		15 LOTONG BARAT (N) 11:50 - 12:50 12:							3:00AM	5:00AM	MYUU:0	5:00PM

		GMA	LIFE TV PROGRAMI	MING OCTOBER 19	25, 2025 GRID (MA	NILA)		JAPAN	AUSTRAL	NEW		
MLA	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	(MLA + 1)	IA (MLA + 3)	(MLA +	(MLA - 6)	UK (MLA - 7)
12:00MN	OCTOBER.19	OCTOBER.20 con't of PINOY MD (R) 11:15 -	OCTOBER.21	OCTOBER.22	OCTOBER.23	OCTOBER.24	OCTOBER.25	1:00AM	3:00AM	5:00AM	6:00PM	5:00PM
	REEL LIFE WEEKEND	I BILIB (R) 12:15 - 12:45		CONTO	LUTONG BAHAY (R) 11:3	0 - 12:30						
1:00AM	(R) 12:00 - 2:00 "The	I HEART PH (R) 12:45 -		M	ARS PA MORE (R) 12:30 - 1:	15		2:00AM	4:00AM	6:00AM	7:00PM	6:00PM
	Other Wife"	FARM TO TABLE (R.) 1:15										
2:00AM		2:00		IC	OL SA KUSINA (R) 1:15 - 2:	00		3:00AM	5:00AM	7:00AM	CMLA-6	7:00PM
2.00AM		PINAS SARAP (R.) 2:00 - 2:45			DAY OFF (R.) 2:00 - 2:45			3.0048	5.00PM	A COPM COP	0.00FW	7.00FW
	LINDED A CE WEEKEND	-										
3:00AM	UNDERAGE WEEKEND CATCH-UP (R.) 2:00 -	POP TALK (R.) 2:45 - 3:15			REEL LIFE "Once Upon a			4:00AM	6:00AM	8:00AM	9:00PM	8:00PM
	4:45	TELESINE (R.) 3:15 -	REEL LIFE "I Heart Mondays" (R.) 2:45 - 4:45	REEL LIFE "Wa-Packed Tuesdays" (R.) 2:45 - 4:45	Wednesdays" (R.) 2:45 -	REEL LIFE "Hilarious Huwebes" (R.) 2:45 - 4:45	REEL LIFE "Senti Flicks" (R.) 2:45 - 4:45				6:00PM 7:00PM 8:00PM 9:00PM 11:00PM 11:00PM 11:00PM 12:00MN 1:00AM 2:00AM 4:00AM 8:00AM 7:00AM 10:00AM 11:00AM	
4:00AM		4:45	(N.) 2.43 4.43	14C3ddy3 (N.) 2.43 4.43	4:45	110WEBE3 (11.) 2.43 4.43	(11.) 2.43 4.43	5:00AM	7:00AM	9:00AM	6.00PM 7.00PM 8.00PM 9.00PM 11.00PM 11.00PM 12.00MN 4.00AM 4.00AM 5.00AM 6.00AM 10.00AM 11.00AM	9:00PM
5:00AM	BIYAHE NI DREW (R) 4:45 - 5:30	TURBO ZONE (R) 4:45 - 5:15		l	JNDERAGE (R) 4:45 - 5:3	0		6:00AM	8:00AM	10:00AM	11:00PM	10:00PM
	I BILIB (P) 5:30 - 6:00	THE FINAL PITCH: CEBU EDITION (R.) 5:15 - 5:45										
6:00AM	DAMI MONG ALAM, KUYA	I JUANDER (R) 5:45 - 6:30		BA	LITANGHALI (R) 5:30 - 6	:30		7:00AM	9:00AM	11:00AM	12:00MN	11:00PM
	KIM! (P) 6:00 - 6:30											
7:00AM	AHA! (R.) 6:30 - 7:00	PINAS SARAP (R) 6:30 - 7:15		LU	TONG BAHAY (R) 6:30 - 7	:15		8:00AM	10:00AM	12:00NN	1:00AM	12:00MN
	SARAP 'DI BA? (R.) 7:00 - 7:45	I BILIB (R) 7:15 - 7:45										
8:00AM	THE FINAL PITCH: CEBU	PINOY MD (R.) 7:45 - 8:30		N	IARS PA MORE (R) 7:15 - 8:0	00		9:00AM	11:00AM	1:00PM	2:00AM	1:00AM
1	EDITION (P) 7:45 - 8:15 POP TALK (R.) 8:15 - 8:45	1 INOT IND (II.) 7.45 - 8.50		IC	OL SA KUSINA (R) 8:00 - 8:	45						
9:00AM	FOF TALK (N.) 6.13 - 6.43	BIYAHE NI DREW (R.) 8:30 - 9:15			DAY OFF (B) 0:4F 0:20			10:00AM	12:00NN	2:00PM	3:00AM	2:00AM
	I JUANDER (P) 8:45 - 9:30	FARM TO TABLE (R.) 9:15 -			DAY OFF (R) 8:45 - 9:30							
10:00AM	TASTE BUDDIES (R) 9:30 - 10:00	10:00	I JUANDER (R.) 9:30 -	PINAS SARAP (R.) 9:30 -	TURBO ZONE (R.) 9:30 -	FARM TO TABLE (R) 9:30 -	MAKE YOUR MARC (S2) (R)	11:00AM		2-00014	4.00444	3:00AM
10.00AW	I HEART PH (R.) 10:00 - 10:30	TASTE BUDDIES (R) 10:00 - 10:30	10:15	10:15	10:15	10:15	9:30 - 10:15	11:00AM	1:00PM	3:00PM	4:0UAM	3:UUAM
	TUNAY NA BUHAY (R) 10:30 - 11:00	MAKE YOUR MARC (S2) (R.) 10:30 - 11:00		BAL	ITANGHALI (R) 10:15 - 1:	1:15						
11:00AM	11.00	I HEART PH (R.) 11:00 -						12:00NN	2:00PM	4:00PM	5:00AM	4:00AM
	TELESINE (R.) 11:00 -	11:45 TURBO ZONE (R) 11:45 -		IDO	DL SA KUSINA (R) 11:15 - 12	:00						
12:00NN	12:30	12:15 DAMI MONG ALAM, KUYA		MA	ARS PA MORE (R) 12:00 - 12	:45		1:00PM	3:00PM	5:00PM	6:00AM	5:00AM
		KIM! (R) 12:15 - 12:45 TUNAY NA BUHAY (R) 12:45 -		· ·								
1:00PM	REEL LIFE WEEKEND	1:15			DAY OFF (R.) 12:45 - 1:30			2:00PM	4:00PM	6:00PM	7:00AM	6:00AM
	(R) 12:30 - 2:30 "The	AHA! (R.) 1:15 - 1:45										
2:00PM	Other Wife"	I BILIB (R) 1:45 - 2:15	UNDERAGE (R) 1:30 - 2:15						5:00PM	7:00PM	8:00AM	7:00AM
			DAL	ITANICHALI (D) 2-45	2.45		WEEKEND GETAWAY (P)					
3:00PM	PINOY MD (P) 2:30 - 3:30		BALITANGHALI (P) 2:15 - 3:15						6:00PM	8:00PM	9:00AM	8:00AM
		PINOY MD (R) 3:15 - 4:00	REGAL STUDIO PRESENTS	KARELASYON (R) 3:15 - 4:00	DAMI MONG ALAM, KUYA	WEEKEND GETAWAY (R)	I HEART PH (P) 3:15 -					
4:00PM	I JUANDER (R) 3:30 - 4:15	1 INOT NID (II) 3.13 4.00	(R) 3:15 - 4:00	KAREEASTON (N) 3.13 - 4.00	KIM! (R) 3:15 - 4:00	3:15 - 4:00	3:45 SARAP 'DI BA? (P.) 3:45 -	5:00PM	7:00PM	9:00PM	10:00AM	9:00AM
İ	BIYAHE NI DREW (R) 4:15	•					4:15					
5:00PM	5:00	REEL LIFE "I Heart Mondays" (P.) 4:00 -	REEL LIFE "Wa-Packed	REEL LIFE "Once Upon a Wednesdays" (P.) 4:00 -	REEL LIFE "Hilarious Huwebes" (P.) 4:00 -	REEL LIFE "Senti Friday"	TELESINE (P) 4:15 -	6:00PM	8:00PM	10:00PM	11:00AM	10:00AM
	WEEKEND GETAWAY (R)	6:00	Tuesdays" (P.) 4:00 - 6:00	6:00	6:00	(P.) 4:00 - 6:00	5:45					
6:00PM	5:00 - 6:00							7:00PM	9:00PM	11:00PM	12:00NN	11:00AM
	REGAL STUDIO PRESENTS (P) 6:00 - 6:45		ι	JNDERAGE (P) 6:00 - 6:4	5		REEL LIFE WEEKEND					
7:00PM	TASTE BUDDIES (P.) 6:45 -		1117	TONG BAHAY (P) 6:45 - 7	.20		(P) 5:45 - 7:45 "Lola Magdalena"	8:00PM	10:00PM	12:00MN	1:00PM	12:00NN
	7:15 FARM TO TABLE (P) 7:15 -		LO	10110 BAHAT (F) 0.45 - /	.50							
8:00PM	8:00 MAKE YOUR MARC (S2) (P)			DAY OFF (P) 7:30 - 8:15			WEEKEND GETAWAY (R)	9:00PM	11:00PM	1:00AM	2:00PM	1:00PM
	8:00 - 8:30											
9:00PM	AHA! (P.) 8:30 - 9:00		M	IARS PA MORE (P) 8:15 - 9:	7:45 - 8:45 (P) 8:15 - 9:00 BIYAHE NI DREW (P					2:00AM	3:00PM	2:00PM
	POP TALK (P) 9:00 - 9:45		ID	OL SA KUSINA (P) 9:00 - 9:	45		9:30	10:00PM				7FW 2.00FW
10:00PM	PINAS SARAP (P.) 9:45 -						TURBO ZONE (P.) 9:30 - 10:00	11:00PM	1:00AM	2:00414	4:00D**	2:00D**
IU:JUPM	10:30		BALI	TANGHALI (R) 9:45 - 1	0:45		TUNAY NA BUHAY (P.)	TT:00PM	1:UGAM	3:UUAM	4:0UPM	3:00PM
	KARELASYON (R.) 10:30 -		TACTE DUDDI (-)			BEGAL 6711B: 5	10:00 - 10:30	-				
11:00PM	11:15	TUNAY NA BUHAY (R) 10:45 - 11:30	TASTE BUDDIES (R) 10:45 - 11:30	KIM! (R) 10:45 - 11:30	MAKE YOUR MARC (S2) (R) 10:45 - 11:30	REGAL STUDIO PRESENTS (R) 10:45 - 11:30	THE FINAL PITCH: CEBU EDITION (R) 10:30 - 11:15	12:00MN	2:00AM	4:00AM	5:00PM	4:00PM
	PINOY MD (R) 11:15 - 12:15		LUTO	ONG BAHAY (R) 11:30 - 1	.2:30	I.	KARELASYON (P) 11:15 -	Ī				
12:00MN	12.13		2011	LUTONG BAHAY (R) 11:30 - 12:30 KARELASYON (P) 11:15 12:00							6:00PM	5:00PM

		GMA	LIFE TV PROGRAMN	MING OCTOBER 26 -	- 31, 2025 GRID (MA	NILA)		(MLA + IA (MLA (MLA)				
MLA	SUNDAY OCTOBER.26	MONDAY OCTOBER.27	TUESDAY OCTOBER.28	WEDNESDAY OCTOBER.29	THURSDAY OCTOBER.30	FRIDAY OCTOBER.31	SATURDAY			ZEALAND (MLA + 5)	ITALY (MLA - 7)	UK (MLA - 8)
12:00MN	OCTOBER.20	con't of PINOY MD (R) 11:15 -	OCTOBER.28		LUTONG BAHAY (R) 11:3			1:00AM	3:00AM	5:00AM	5:00PM	4:00PM
1:00AM	REEL LIFE WEEKEND (R) 12:00 - 2:00 "Lola	I BILIB (R) 12:15 - 12:45			ARS PA MORE (R) 12:30 - 1:			2:00AM	4:00AM	6:00AM	6:00PM	5:00PM
	Magdalena"	1:15 FARM TO TABLE (R.) 1:15 - 2:00		ID	OOL SA KUSINA (R) 1:15 - 2:0	00						
2:00AM		PINAS SARAP (R.) 2:00 - 2:45			DAY OFF (R.) 2:00 - 2:45			3:00AM	5:00AM	7:00AM	7:00PM	6:00PM
3:00AM	UNDERAGE WEEKEND CATCH-UP (R.) 2:00 - 4:45	GMA GANITO TAYO, KAPUSO (R) 2:45 -	REEL LIFE "I Heart	REEL LIFE "Wa-Packed	REEL LIFE "Once Upon a Wednesdays" (R.) 2:45 -	REEL LIFE "Hilarious	REEL LIFE "Senti Flicks"	4:00AM	6:00AM	8:00AM	8:00PM	7:00PM
4:00AM		4:45	Mondays" (R.) 2:45 - 4:45	Tuesdays" (R.) 2:45 - 4:45	4:45	Huwebes" (R.) 2:45 - 4:45	(R.) 2:45 - 4:45	5:00AM	7:00AM	9:00AM	9:00PM	8:00PM
5:00AM	BIYAHE NI DREW (R) 4:45 - 5:30	THE FINAL PITCH: CEBU EDITION (R)		ι	JNDERAGE (R) 4:45 - 5:3	0		6:00AM	8:00AM	10:00AM	10:00PM	9:00PM
	I BILIB (P) 5:30 - 6:00	5:15 - 5:45			LITANGUALI (B) 5-20 G	20		7:00AM	9:00AM	11:00AM		
6:00AM	DAMI MONG ALAM, KUYA KIM! (P) 6:00 - 6:30	I JUANDER (R) 5:45 - 6:30		BALITANGHALI (R) 5:30 - 6:30							11:00PM	10:00PM
7:00AM	GMA GANITO TAYO,	PINAS SARAP (R) 6:30 - 7:15		LUT	TONG BAHAY (R) 6:30 - 7	':15		8:00AM	10:00AM	12:00NN	12:00MN	11:00PM
	KAPUSO (P) 6:30 - 8:30	I BILIB (R) 7:15 - 7:45		М	IARS PA MORE (R) 7:15 - 8:0	00						
8:00AM	6.30	PINOY MD (R.) 7:45 - 8:30		ID	OOL SA KUSINA (R) 8:00 - 8:4	45		9:00AM	11:00AM	1:00PM	1:00AM	12:00MN
9:00AM	I JUANDER (P) 8:30 - 9:30	BIYAHE NI DREW (R.) 8:30 - 9:15			DAY OFF (R) 8:45 - 9:30			10:00AM	12:00NN	2:00PM	2:00AM	1:00AM
10:00AM	TASTE BUDDIES (R) 9:30 - 10:00 I HEART PH (R.) 10:00 - 10:30	FARM TO TABLE (R.) 9:15 - 10:00 TASTE BUDDIES (R) 10:00 - 10:30	I JUANDER (R.) 9:30 - 10:15	PINAS SARAP (R.) 9:30 - 10:15	TURBO ZONE (R.) 9:30 - 10:15	FARM TO TABLE (R) 9:30 - 10:15	MAKE YOUR MARC (S2) (R) 9:30 - 10:15	11:00AM	1:00PM	3:00PM	3:00AM	2:00AM
11:00AM	TUNAY NA BUHAY (R) 10:30 - 11:00	MAKE YOUR MARC (S2) (R.) 10:30 - 11:00 I HEART PH (R.) 11:00 -		BALITANGHALI (R) 10:15 - 11:15							4:00AM	3:00AM
	TELESINE (R.) 11:00 -	11:45 TURBO ZONE (R) 11:45 -		IDC	DL SA KUSINA (R) 11:15 - 12	::00						
12:00NN	12:30	12:15 DAMI MONG ALAM, KUYA KIM! (R) 12:15 - 12:45		МА	ARS PA MORE (R) 12:00 - 12	:45		1:00PM	3:00PM	5:00PM	5:00AM	4:00AM
1:00PM	REEL LIFE WEEKEND (R) 12:30 - 2:30 "Lola	KIMI (R) 12:15 - 12:45 TUNAY NA BUHAY (R) 12:45 - 1:15 DAY OFF (R.) 12:45 - 1:30								6:00PM	6:00AM	5:00AM
2:00PM	Magdalena"	AHA! (R.) 1:15 - 1:45 I BILIB (R) 1:45 - 2:15		ι	JNDERAGE (R) 1:30 - 2:1	5		3:00PM	5:00PM	7:00PM	7:00AM	6:00AM
3:00PM	PINOY MD (P) 2:30 - 3:30		BAL	.ITANGHALI (P) 2:15 - 3	3:15		WEEKEND GETAWAY (P) 2:15 - 3:15	4:00PM	6:00PM	8:00PM	8:00AM	7:00AM
4:00PM	I JUANDER (R) 3:30 - 4:15	PINOY MD (R) 3:15 - 4:00	REGAL STUDIO PRESENTS (R) 3:15 - 4:00	KARELASYON (R) 3:15 - 4:00	DAMI MONG ALAM, KUYA KIM! (R) 3:15 - 4:00	WEEKEND GETAWAY (R) 3:15 - 4:00	I HEART PH (P) 3:15 - 3:45 SARAP 'DI BA? (P.) 3:45 - 4:15	5:00PM	7:00PM	9:00PM	9:00AM	8:00AM
5:00PM	BIYAHE NI DREW (R) 4:15 - 5:00	REEL LIFE "I Heart Mondays" (P.) 4:00 -	REEL LIFE "Wa-Packed Tuesdays" (P.) 4:00 - 6:00	REEL LIFE "Once Upon a Wednesdays" (P.) 4:00 -	REEL LIFE "Hilarious Huwebes" (P.) 4:00 -	REEL LIFE "Senti Friday" (P.) 4:00 - 6:00	TELESINE (P) 4:15 - 5:45	6:00PM	8:00PM	10:00PM	10:00AM	9:00AM
6:00PM	WEEKEND GETAWAY (R) 5:00 - 6:00	6:00	10C3day3 (1.) 4.00 0.00	6:00	6:00	(1.) 4.00 0.00	5.45	7:00PM	9:00PM	11:00PM	11:00AM	10:00AM
+	REGAL STUDIO PRESENTS (P) 6:00 - 6:45 TASTE BUDDIES (P.) 6:45 -		ι	JNDERAGE (P) 6:00 - 6:4	5		REEL LIFE WEEKEND					
7:00PM	7:15 FARM TO TABLE (P) 7:15 -		LUT	TONG BAHAY (P) 6:45 - 7	' :30		(P) 5:45 - 7:45	8:00PM	10:00PM	12:00MN	12:00NN	11:00AM
8:00PM	8:00 MAKE YOUR MARC (S2) (P) 8:00 - 8:30		DAY OFF (P) 7:30 - 8:15 WEEKEND GETAWAY (R) 7:45 - 8:45						11:00PM	1:00AM	1:00PM	12:00NN
9:00PM	AHA! (P.) 8:30 - 9:00			IARS PA MORE (P) 8:15 - 9:0			BIYAHE NI DREW (P.) 8:45 - 9:30	10:00PM	12:00MN	2:00AM	2:00PM	1:00PM
	POP TALK (P) 9:00 - 9:45		ID	OOL SA KUSINA (P) 9:00 - 9:4	45		TURBO ZONE (P.) 9:30 -	1				
10:00PM	PINAS SARAP (P.) 9:45 - 10:30		BALI	TANGHALI (R) 9:45 - 1	0:45		10:00 TUNAY NA BUHAY (P.) 10:00 - 10:30	11:00PM	1:00AM	3:00AM	3:00PM	2:00PM
11:00PM	KARELASYON (R.) 10:30 - 11:15 PINOY MD (R) 11:15 -	TUNAY NA BUHAY (R) 10:45 - 11:30	TASTE BUDDIES (R) 10:45 - 11:30	DAMI MONG ALAM, KUYA KIM! (R) 10:45 - 11:30	MAKE YOUR MARC (S2) (R) 10:45 - 11:30	REGAL STUDIO PRESENTS (R) 10:45 - 11:30	THE FINAL PITCH: CEBU EDITION (R) 10:30 - 11:15	12:00MN	2:00AM	4:00AM	4:00PM	3:00PM
12:00MN	12:15		LUTO	ONG BAHAY (R) 11:30 - 1	2:30		KARELASYON (P) 11:15 - 12:00	1:00AM	3:00AM	5:00AM	5:00PM	4:00PM