

MLA	GMA NEWS TV PROGRAMMING OCTOBER 1 - 4, 2025 GRID (MANILA)							JAPAN (MLA + 1)	AU (MLA + 2)	NEW ZEALAND (MLA + 5)	ITALY (MLA - 6)	UK (MLA - 7)		
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY OCTOBER.1	THURSDAY OCTOBER.2	FRIDAY OCTOBER.3	SATURDAY OCTOBER.4							
12:00NN	GOOD NEWS (R.) 12:00 - 12:45	REEL TIME MARATHON (R) 9:30 - 2:30	con't of REEL TIME (R) 11:45 - 12:45				con't of REEL TIME (R) 11:45 - 12:45	1:00AM	2:00AM	5:00AM	6:00PM	5:00PM		
1:00AM	PERA PARAAN (R.) 12:45 - 1:30		STATE OF THE NATION (P) 12:45 - 1:15					2:00AM	3:00AM	6:00AM	7:00PM	6:00PM		
2:00AM	BRIGADA (R) 1:30 - 2:30		GOOD NEWS (R) 1:15 - 2:00	PINOY CRIME STORIES (R) 1:15 - 2:00	PERA PARAAN (R) 1:15 - 2:00	INVESTIGATIVE DOCUMENTARIES (R) 1:15 - 2:00	BORN IMPACT (R) 1:15 - 2:00	3:00AM	4:00AM	7:00AM	8:00PM	7:00PM		
			SAKSI (P) 2:00 - 2:30											
3:00AM	INVESTIGATIVE DOCUMENTARIES (R) 2:30 - 3:30	DOKUMENTARYO (I-WITNESS CLASSICS) MARATHON (P) 2:30 - 5:30	BALITANG BISDAK (P) 2:30 - 3:15					4:00AM	5:00AM	8:00AM	9:00PM	8:00PM		
4:00AM	AGRIPRENEUR (R) 3:30 - 4:00		ONE NORTH CENTRAL LUZON (P) 3:15 - 4:00					5:00AM	6:00AM	9:00AM	10:00PM	9:00PM		
5:00AM	GOOD NEWS (R) 4:00 - 5:00		ONE MINDANAO (P) 4:00 - 4:45					6:00AM	7:00AM	10:00AM	11:00PM	10:00PM		
	BRIGADA (R) 5:00 - 6:00		ONE WESTERN VISAYAS (P) 4:45 - 5:30											
6:00AM	CAYETANO IN ACTION WITH BOY ABUNDA (P) 6:00 - 7:00	FRONT ROW (R.) 5:30 - 6:15	STATE OF THE NATION (R) 5:30 - 6:15					7:00AM	8:00AM	11:00AM	12:00NN	11:00PM		
		AGRIPRENEUR (R) 6:15 - 7:00	SAKSI (R) 6:15 - 6:45											
7:00AM	FRONT ROW (P) 7:00 - 7:30	BORN IMPACT (R) 7:00 - 7:45	BALITANGHALI (R) 6:45 - 7:45					8:00AM	9:00AM	12:00NN	1:00AM	12:00NN		
8:00AM	IMBESTIGADOR (P) 7:30 - 8:15	GOOD NEWS (P) 7:45 - 8:30	PINOY CRIME STORIES (P) 7:45 - 8:30	PERA PARAAN (P) 7:45 - 8:30	INVESTIGATIVE DOCUMENTARIES (P) 7:45 - 8:30	BRIGADA (P) 7:45 - 8:30	BORN IMPACT (P) 7:45 - 8:30	9:00AM	10:00AM	1:00PM	2:00AM	1:00AM		
	ADULTING WITH ATOM ARAULLO (R) 8:15 - 8:30		DOBOL B TV (P) 8:30 - 12:00											
9:00AM	PERA PARAAN (R) 8:30 - 9:15							10:00AM	11:00AM	2:00PM	3:00AM	2:00AM		
	AGRIPRENEUR (R) 9:15 - 10:00													
10:00AM	GOOD NEWS (R) 10:00 - 11:00	11:00AM						12:00NN	3:00PM	4:00AM	3:00AM			
11:00AM	CAYETANO IN ACTION WITH BOY ABUNDA (R) 11:00 - 12:00							12:00NN	1:00PM	4:00PM	5:00AM	4:00AM		
12:00NN	FRONT ROW (R) 12:00 - 12:45	DOKUMENTARYO (I-WITNESS CLASSICS) (P.) 12:00 - 12:45	DOKUMENTARYO (I-WITNESS CLASSICS) (P.) 12:00 - 12:30	DOKUMENTARYO (I-WITNESS CLASSICS) (P.) 12:00 - 12:45	NCAA SEASON 101 MEN'S BASKETBALL (LIVE) 12:00 - 5:00		IMBESTIGADOR (R) 11:30 - 12:15	1:00PM	2:00PM	5:00PM	6:00AM	5:00AM		
1:00PM	DOKUMENTARYO (I-WITNESS CLASSICS) MARATHON (P) 12:45 - 3:45	REEL TIME (P) 12:45 - 1:45		REEL TIME (P) 12:30 - 1:30			REEL TIME (P) 12:45 - 1:45	CAYETANO IN ACTION WITH BOY ABUNDA (R) 12:15 - 1:15	2:00PM	3:00PM	6:00PM	7:00AM	6:00AM	
2:00PM		GOOD NEWS (R) 1:45 - 2:45	IMBESTIGADOR (R.) 1:45 - 2:30	NCAA SEASON 101 OPENING CEREMONY (LIVE) 1:30 - 2:30			PERA PARAAN (R.) 1:45 - 2:45	PINOY CRIME STORIES (R.) 1:15 - 2:00	3:00PM	4:00PM	7:00PM	8:00AM	7:00AM	
3:00PM		PINOY CRIME STORIES (R.) 2:45 - 3:30	INVESTIGATIVE DOCUMENTARIES (R.) 2:30 - 3:30	NCAA SEASON 101 MEN'S BASKETBALL (LIVE) 2:30 - 5:00			GOOD NEWS (R) 2:45 - 3:30	NCAA SEASON 101 MEN'S BASKETBALL (LIVE) 2:30 - 5:00	4:00PM	5:00PM	8:00PM	9:00AM	8:00AM	
4:00PM		PINOY CRIME STORIES (R.) 3:45 - 4:30	IMBESTIGADOR (R) 3:30 - 4:15				AGRIPRENEUR (R) 3:30 - 4:15		FRONT ROW (R) 3:30 - 4:15	5:00PM	6:00PM	9:00PM	10:00AM	9:00AM
5:00PM		AGRIPRENEUR (R) 4:30 - 5:15	DOKUMENTARYO (I-WITNESS CLASSICS) (R) 4:15 - 5:00				DOKUMENTARYO (I-WITNESS CLASSICS) (P) 4:15 - 5:00		6:00PM	7:00PM	10:00PM	11:00AM	10:00AM	
6:00PM	CAYETANO IN ACTION WITH BOY ABUNDA (R) 5:15 - 6:15	BALITANGHALI (P) 5:00 - 6:00					GOOD NEWS (R) 5:00 - 6:00		7:00PM	8:00PM	11:00PM	12:00NN	11:00AM	
7:00PM	PERA PARAAN (R) 6:15 - 7:00	REEL TIME (R) 6:00 - 7:00				REEL TIME (P) 6:00 - 7:00	BRIGADA (R) 6:00 - 7:00	8:00PM	9:00PM	12:00NN	1:00PM	12:00NN		
	ADULTING WITH ATOM ARAULLO (R) 7:00 - 7:15	PINOY CRIME STORIES (R) 7:00 - 8:00	BRIGADA (R) 7:00 - 8:00	INVESTIGATIVE DOCUMENTARIES (R) 7:00 - 8:00	BORN IMPACT (R) 7:00 - 7:30	PERA PARAAN (R) 7:00 - 8:00	CAYETANO IN ACTION WITH BOY ABUNDA (R) 7:00 - 8:00	9:00PM	10:00PM	1:00AM	2:00PM	1:00PM		
8:00PM	BORN IMPACT (R) 7:15 - 8:00				FRONT ROW (R) 7:30 - 8:00									
	IMBESTIGADOR (R) 8:00 - 8:45	FRONT ROW (R) 8:00 - 8:45		BALITANG BISDAK (R) 8:00 - 8:45				10:00PM	11:00PM	2:00AM	3:00PM	2:00PM		
9:00PM	AGRIPRENEUR (R.) 8:45 - 9:30	PERA PARAAN (R.) 8:45 - 9:30	ONE NORTH CENTRAL LUZON (R) 8:45 - 9:30					10:00PM	11:00PM	2:00AM	3:00PM	2:00PM		
10:00PM	REEL TIME MARATHON (R) 9:30 - 2:30	ADULTING WITH ATOM ARAULLO (R.) 9:30 - 9:45	ONE MINDANAO (R) 9:30 - 10:00					11:00PM	12:00NN	3:00AM	4:00PM	3:00PM		
		BRIGADA (R.) 9:45 - 10:45	ONE WESTERN VISAYAS (R) 10:00 - 10:45											
11:00PM		BALITANGHALI (R) 10:45 - 11:45					PINOY CRIME STORIES (R) 10:45 - 11:30	12:00NN	1:00AM	4:00AM	5:00PM	4:00PM		
12:00NN		REEL TIME (R) 11:45 - 12:45				REEL TIME (R) 11:45 - 12:00	AGRIPRENEUR (P) 11:30 - 12:00	1:00AM	2:00AM	5:00AM	6:00PM	5:00PM		

MLA	GMA NEWS TV PROGRAMMING OCTOBER 5 - 11, 2025 GRID (MANILA)							JAPAN (MLA + 1)	AUSTRALIA (MLA + 3)	NEW ZEALAND (MLA + 5)	ITALY (MLA - 6)	UK (MLA - 7)	
	SUNDAY OCTOBER.5	MONDAY OCTOBER.6	TUESDAY OCTOBER.7	WEDNESDAY OCTOBER.8	THURSDAY OCTOBER.9	FRIDAY OCTOBER.10	SATURDAY OCTOBER.11						
12:00MN	GOOD NEWS (R.) 12:00 - 12:45	REEL TIME MARATHON (R) 9:30 - 2:30	con't of REEL TIME (R) 11:45 - 12:45				con't of REEL TIME (R) 11:45 - 12:45	1:00AM	3:00AM	5:00AM	6:00PM	5:00PM	
1:00AM	PERA PARAAN (R.) 12:45 - 1:30		STATE OF THE NATION (P) 12:45 - 1:15					2:00AM	4:00AM	6:00AM	7:00PM	6:00PM	
2:00AM	BRIGADA (R) 1:30 - 2:30		GOOD NEWS (R) 1:15 - 2:00	PINOY CRIME STORIES (R) 1:15 - 2:00	PERA PARAAN (R) 1:15 - 2:00	INVESTIGATIVE DOCUMENTARIES (R) 1:15 - 2:00	BORN IMPACT (R) 1:15 - 2:00	3:00AM	5:00AM	7:00AM	8:00PM	7:00PM	
			SAKSI (P) 2:00 - 2:30										
3:00AM	INVESTIGATIVE DOCUMENTARIES (R) 2:30 - 3:30	DOKUMENTARYO (I-WITNESS CLASSICS) MARATHON (P) 2:30 - 5:30	BALITANG BISDAK (P) 2:30 - 3:15					4:00AM	6:00AM	8:00AM	9:00PM	8:00PM	
4:00AM	AGRIPRENEUR (R) 3:30 - 4:00		ONE NORTH CENTRAL LUZON (P) 3:15 - 4:00					5:00AM	7:00AM	9:00AM	10:00PM	9:00PM	
5:00AM	GOOD NEWS (R) 4:00 - 5:00		ONE MINDANAO (P) 4:00 - 4:45					6:00AM	8:00AM	10:00AM	11:00PM	10:00PM	
	BRIGADA (R) 5:00 - 6:00		ONE WESTERN VISAYAS (P) 4:45 - 5:30										
6:00AM	CAYETANO IN ACTION WITH BOY ABUNDA (P) 6:00 - 7:00		WORLD TEACHER'S DAY SPECIAL (R) 5:30 - 6:15 "Dokumentaryo (I-Witness Classics): Tixer Annie"	STATE OF THE NATION (R) 5:30 - 6:15					7:00AM	9:00AM	11:00AM	12:00MN	11:00PM
7:00AM	FRONT ROW (P) 7:00 - 7:30	AGRIPRENEUR (P) 6:15 - 7:00	SAKSI (R) 6:15 - 6:45					8:00AM	10:00AM	12:00NN	1:00AM	12:00MN	
	IMBESTIGADOR (P) 7:30 - 8:15	BORN IMPACT (R) 7:00 - 7:45	BALITANGHALI (R) 6:45 - 7:45										
8:00AM	ADULTING WITH ATOM ARAULLO (P) 8:15 - 8:30	GOOD NEWS (P) 7:45 - 8:30	PINOY CRIME STORIES (P) 7:45 - 8:30	PERA PARAAN (P) 7:45 - 8:30	INVESTIGATIVE DOCUMENTARIES (P) 7:45 - 8:30	BRIGADA (P) 7:45 - 8:30	BORN IMPACT (P) 7:45 - 8:30	9:00AM	11:00AM	1:00PM	2:00AM	1:00AM	
9:00AM	PERA PARAAN (R) 8:30 - 9:15	DOBOL B TV (P) 8:30 - 12:00					DOBOL B TV 8:30 - 11:30	10:00AM	12:00NN	2:00PM	3:00AM	2:00AM	
	AGRIPRENEUR (R) 9:15 - 10:00							11:00AM	1:00PM	3:00PM	4:00AM	3:00AM	
10:00AM	GOOD NEWS (R) 10:00 - 11:00							12:00NN	2:00PM	4:00PM	5:00AM	4:00AM	
11:00AM	CAYETANO IN ACTION WITH BOY ABUNDA (R) 11:00 - 12:00												
12:00NN	NCAA SEASON 101 MEN'S BASKETBALL (LIVE) 12:00 - 5:00	DOKUMENTARYO (I-WITNESS CLASSICS) (P.) 12:00 - 12:45				NCAA SEASON 101 MEN'S BASKETBALL (LIVE) 12:00 - 5:00	IMBESTIGADOR (R) 11:30 - 12:15	1:00PM	3:00PM	5:00PM	6:00AM	5:00AM	
1:00PM		REEL TIME (P) 12:45 - 1:45					CAYETANO IN ACTION WITH BOY ABUNDA (R) 12:15 - 1:15	2:00PM	4:00PM	6:00PM	7:00AM	6:00AM	
2:00PM		GOOD NEWS (R) 1:45 - 2:45	IMBESTIGADOR (R.) 1:45 - 2:30	BORN IMPACT (R) 1:45 - 2:30	PERA PARAAN (R.) 1:45 - 2:45		PINOY CRIME STORIES (R.) 1:15 - 2:00	3:00PM	5:00PM	7:00PM	8:00AM	7:00AM	
3:00PM		PINOY CRIME STORIES (R.) 2:45 - 3:30	NCAA SEASON 101 MEN'S BASKETBALL (LIVE) 2:30 - 5:00		GOOD NEWS (R) 2:45 - 3:30		AGRIPRENEUR (R) 2:00 - 2:30	4:00PM	6:00PM	8:00PM	9:00AM	8:00AM	
4:00PM		IMBESTIGADOR (R) 3:30 - 4:15			FRONT ROW (R) 3:30 - 4:15		NCAA SEASON 101 MEN'S BASKETBALL (LIVE) 2:30 - 5:00	5:00PM	7:00PM	9:00PM	10:00AM	9:00AM	
5:00PM		DOKUMENTARYO (I-WITNESS CLASSICS) (R) 4:15 - 5:00			DOKUMENTARYO (I-WITNESS CLASSICS) (P) 4:15 - 5:00			6:00PM	8:00PM	10:00PM	11:00AM	10:00AM	
6:00PM	CAYETANO IN ACTION WITH BOY ABUNDA (R) 5:00 - 6:00	BALITANGHALI (P) 5:00 - 6:00					GOOD NEWS (R) 5:00 - 6:00	7:00PM	9:00PM	11:00PM	12:00NN	11:00AM	
7:00PM	PERA PARAAN (R) 6:00 - 7:00	REEL TIME (R) 6:00 - 7:00				REEL TIME (P) 6:00 - 7:00	BRIGADA (R) 6:00 - 7:00	8:00PM	10:00PM	12:00MN	1:00PM	12:00NN	
	ADULTING WITH ATOM ARAULLO (R) 7:00 - 7:15	PINOY CRIME STORIES (R) 7:00 - 8:00	BRIGADA (R) 7:00 - 8:00	INVESTIGATIVE DOCUMENTARIES (R) 7:00 - 8:00	BORN IMPACT (R) 7:00 - 7:30	PERA PARAAN (R) 7:00 - 8:00	CAYETANO IN ACTION WITH BOY ABUNDA (R) 7:00 - 8:00	9:00PM	11:00PM	1:00AM	2:00PM	1:00PM	
8:00PM	BORN IMPACT (R) 7:15 - 8:00				FRONT ROW (R) 7:30 - 8:00								
	IMBESTIGADOR (R) 8:00 - 8:45	BALITANG BISDAK (R) 8:00 - 8:45											
9:00PM	WORLD TEACHER'S DAY SPECIAL (P) 8:45 - 9:30 "Dokumentaryo (I-Witness Classics): Tixer Annie"	PERA PARAAN (R) 8:45 - 9:30	ONE NORTH CENTRAL LUZON (R) 8:45 - 9:30					10:00PM	12:00NN	2:00AM	3:00PM	2:00PM	
10:00PM	REEL TIME MARATHON (R) 9:30 - 2:30	ADULTING WITH ATOM ARAULLO (R.) 9:30 - 9:45	ONE MINDANAO (R) 9:30 - 10:00					11:00PM	1:00AM	3:00AM	4:00PM	3:00PM	
		BRIGADA (R.) 9:45 - 10:45	ONE WESTERN VISAYAS (R) 10:00 - 10:45										
11:00PM		BALITANGHALI (R) 10:45 - 11:45					PINOY CRIME STORIES (R) 10:45 - 11:30	12:00NN	2:00AM	4:00AM	5:00PM	4:00PM	
12:00NN		REEL TIME (R) 11:45 - 12:45				REEL TIME (R) 11:45 -	AGRIPRENEUR (P) 11:30 - 12:00	1:00AM	3:00AM	5:00AM	6:00PM	5:00PM	

MLA	GMA NEWS TV PROGRAMMING OCTOBER 12 - 18, 2025 GRID (MANILA)							JAPAN (MLA + 1)	AUSTRALIA 1A (MLA + 3)	NEW ZEALAND (MLA + 5)	ITALY (MLA - 6)	UK (MLA - 7)				
	SUNDAY OCTOBER.12	MONDAY OCTOBER.13	TUESDAY OCTOBER.14	WEDNESDAY OCTOBER.15	THURSDAY OCTOBER.16	FRIDAY OCTOBER.17	SATURDAY OCTOBER.18									
12:00NN	GOOD NEWS (R.) 12:00 - 12:45	REEL TIME MARATHON (R) 9:30 - 2:30	con't of REEL TIME (R) 11:45 - 12:45				con't of REEL TIME (R) 11:45 - 12:45	1:00AM	3:00AM	5:00AM	6:00PM	5:00PM				
1:00AM	PERA PARAAN (R.) 12:45 - 1:30		STATE OF THE NATION (P) 12:45 - 1:15					2:00AM	4:00AM	6:00AM	7:00PM	6:00PM				
2:00AM	BRIGADA (R) 1:30 - 2:30		GOOD NEWS (R) 1:15 - 2:00	PINOY CRIME STORIES (R) 1:15 - 2:00	PERA PARAAN (R) 1:15 - 2:00	INVESTIGATIVE DOCUMENTARIES (R) 1:15 - 2:00	BORN IMPACT (R) 1:15 - 2:00	3:00AM	5:00AM	7:00AM	8:00PM	7:00PM				
			SAKSI (P) 2:00 - 2:30													
3:00AM	INVESTIGATIVE DOCUMENTARIES (R) 2:30 - 3:30	DOKUMENTARYO (I-WITNESS CLASSICS) MARATHON (P) 2:30 - 5:30	BALITANG BISDAK (P) 2:30 - 3:15					4:00AM	6:00AM	8:00AM	9:00PM	8:00PM				
4:00AM	AGRIPRENEUR (R) 3:30 - 4:00		ONE NORTH CENTRAL LUZON (P) 3:15 - 4:00					5:00AM	7:00AM	9:00AM	10:00PM	9:00PM				
	GOOD NEWS (R) 4:00 - 5:00		ONE MINDANAO (P) 4:00 - 4:45													
5:00AM			ONE WESTERN VISAYAS (P) 4:45 - 5:30					6:00AM	8:00AM	10:00AM	11:00PM	10:00PM				
	BRIGADA (R) 5:00 - 6:00		STATE OF THE NATION (R) 5:30 - 6:15					7:00AM	9:00AM	11:00AM	12:00NN	11:00PM				
6:00AM	CAYETANO IN ACTION WITH BOY ABUNDA (P) 6:00 - 7:00		AGRIPRENEUR (R.) 6:15 - 7:00	SAKSI (R) 6:15 - 6:45					8:00AM	10:00AM	12:00NN	1:00AM	12:00NN			
7:00AM	FRONT ROW (P) 7:00 - 7:30	BORN IMPACT (R) 7:00 - 7:45	BALITANGHALI (R) 6:45 - 7:45													
8:00AM	IMBESTIGADOR (P) 7:30 - 8:15	GOOD NEWS (P) 7:45 - 8:30	PINOY CRIME STORIES (P) 7:45 - 8:30	PERA PARAAN (P) 7:45 - 8:30	INVESTIGATIVE DOCUMENTARIES (P) 7:45 - 8:30	BRIGADA (P) 7:45 - 8:30	BORN IMPACT (P) 7:45 - 8:30	9:00AM	11:00AM	1:00PM	2:00AM	1:00AM				
	ADULTING WITH ATOM ARAULLO (P) 8:15 - 8:30															
9:00AM	PERA PARAAN (R) 8:30 - 9:15		DOBOL B TV (P) 8:30 - 12:00					DOBOL B TV 8:30 - 11:30	10:00AM	12:00NN	2:00PM	3:00AM	2:00AM			
	AGRIPRENEUR (R) 9:15 - 10:00															
10:00AM	GOOD NEWS (R) 10:00 - 11:00															
11:00AM	CAYETANO IN ACTION WITH BOY ABUNDA (R) 11:00 - 12:00															
12:00NN	NCAA SEASON 101 MEN'S BASKETBALL (LIVE) 12:00 - 5:00	DOKUMENTARYO (I-WITNESS CLASSICS) (P.) 12:00 - 12:45				NCAA SEASON 101 MEN'S BASKETBALL (LIVE) 12:00 - 5:00	IMBESTIGADOR (R) 11:30 - 12:15	1:00PM	3:00PM	5:00PM	6:00AM	5:00AM				
1:00PM		REEL TIME (P) 12:45 - 1:45			CAYETANO IN ACTION WITH BOY ABUNDA (R) 12:15 - 1:15		2:00PM	4:00PM	6:00PM	7:00AM	6:00AM					
2:00PM		GOOD NEWS (R) 1:45 - 2:45	IMBESTIGADOR (R.) 1:45 - 2:30	BORN IMPACT (R) 1:45 - 2:30	PERA PARAAN (R.) 1:45 - 2:45		PINOY CRIME STORIES (R.) 1:15 - 2:00	3:00PM	5:00PM	7:00PM	8:00AM	7:00AM				
3:00PM		PINOY CRIME STORIES (R.) 2:45 - 3:30	NCAA SEASON 101 MEN'S BASKETBALL (LIVE) 2:30 - 5:00		GOOD NEWS (R) 2:45 - 3:30		NCAA SEASON 101 MEN'S BASKETBALL (LIVE) 2:30 - 5:00	4:00PM	6:00PM	8:00PM	9:00AM	8:00AM				
4:00PM		IMBESTIGADOR (R) 3:30 - 4:15			FRONT ROW (R) 3:30 - 4:15			5:00PM	7:00PM	9:00PM	10:00AM	9:00AM				
5:00PM		DOKUMENTARYO (I-WITNESS CLASSICS) (R) 4:15 - 5:00			DOKUMENTARYO (I-WITNESS CLASSICS) (P) 4:15 - 5:00			6:00PM	8:00PM	10:00PM	11:00AM	10:00AM				
6:00PM	CAYETANO IN ACTION WITH BOY ABUNDA (R) 5:00 - 6:00	BALITANGHALI (P) 5:00 - 6:00					GOOD NEWS (R) 5:00 - 6:00	7:00PM	9:00PM	11:00PM	12:00NN	11:00AM				
7:00PM	PERA PARAAN (R) 6:00 - 7:00	REEL TIME (R) 6:00 - 7:00				REEL TIME (P) 6:00 - 7:00	BRIGADA (R) 6:00 - 7:00	8:00PM	10:00PM	12:00NN	1:00PM	12:00NN				
	ADULTING WITH ATOM ARAULLO (R.) 7:00 - 7:15	PINOY CRIME STORIES (R) 7:00 - 8:00	BRIGADA (R) 7:00 - 8:00	INVESTIGATIVE DOCUMENTARIES (R) 7:00 - 8:00	BORN IMPACT (R) 7:00 - 7:30	PERA PARAAN (R) 7:00 - 8:00	CAYETANO IN ACTION WITH BOY ABUNDA (R) 7:00 - 8:00	9:00PM	11:00PM	1:00AM	2:00PM	1:00PM				
8:00PM	BORN IMPACT (R) 7:15 - 8:00				FRONT ROW (R) 7:30 - 8:00											
	IMBESTIGADOR (R) 8:00 - 8:45	BALITANG BISDAK (R) 8:00 - 8:45														
9:00PM	FIL-AM HISTORY MONTH SPECIAL (P) 8:45 - 9:30 "Dokumentaryo (I Witness Classics): A is for Big Apple"	PERA PARAAN (R.) 8:45 - 9:30	ONE NORTH CENTRAL LUZON (R) 8:45 - 9:30					10:00PM	12:00NN	2:00AM	3:00PM	2:00PM				
10:00PM	REEL TIME MARATHON (R) 9:30 - 2:30	ADULTING WITH ATOM ARAULLO (R.) 9:30 - 9:45	ONE MINDANAO (R) 9:30 - 10:00					11:00PM	1:00AM	3:00AM	4:00PM	3:00PM				
		BRIGADA (R.) 9:45 - 10:45	ONE WESTERN VISAYAS (R) 10:00 - 10:45													
11:00PM			BALITANGHALI (R) 10:45 - 11:45					PINOY CRIME STORIES (R) 10:45 - 11:30	12:00NN	2:00AM	4:00AM	5:00PM	4:00PM			
12:00NN		REEL TIME (R) 11:45 - 12:45				REEL TIME (R) 11:45 - 12:00	AGRIPRENEUR (P) 11:30 - 12:00	1:00AM	3:00AM	5:00AM	6:00PM	5:00PM				

MLA	GMA NEWS TV PROGRAMMING OCTOBER 19 - 25, 2025 GRID (MANILA)							JAPAN (MLA + 1)	AUSTRALIA 1A (MLA + 3)	NEW ZEALAND (MLA + 5)	ITALY (MLA - 6)	UK (MLA - 7)								
	SUNDAY OCTOBER.19	MONDAY OCTOBER.20	TUESDAY OCTOBER.21	WEDNESDAY OCTOBER.22	THURSDAY OCTOBER.23	FRIDAY OCTOBER.24	SATURDAY OCTOBER.25													
12:00NN	GOOD NEWS (R.) 12:00 - 12:45	REEL TIME MARATHON (R) 9:30 - 2:30	con't of REEL TIME (R) 11:45 - 12:45				con't of REEL TIME (R) 11:45 - 12:45	1:00AM	3:00AM	5:00AM	6:00PM	5:00PM								
1:00AM	PERA PARAAN (R.) 12:45 - 1:30		STATE OF THE NATION (P) 12:45 - 1:15					2:00AM	4:00AM	6:00AM	7:00PM	6:00PM								
2:00AM	BRIGADA (R) 1:30 - 2:30		GOOD NEWS (R) 1:15 - 2:00	PINOY CRIME STORIES (R) 1:15 - 2:00	PERA PARAAN (R) 1:15 - 2:00	INVESTIGATIVE DOCUMENTARIES (R) 1:15 - 2:00	BORN IMPACT (R) 1:15 - 2:00	3:00AM	5:00AM	7:00AM	8:00PM	7:00PM								
			SAKSI (P) 2:00 - 2:30																	
3:00AM	INVESTIGATIVE DOCUMENTARIES (R) 2:30 - 3:30	DOKUMENTARYO (I-WITNESS CLASSICS) MARATHON (P) 2:30 - 5:30	BALITANG BISDAK (P) 2:30 - 3:15					4:00AM	6:00AM	8:00AM	9:00PM	8:00PM								
4:00AM	AGRIPRENEUR (R) 3:30 - 4:00		ONE NORTH CENTRAL LUZON (P) 3:15 - 4:00					5:00AM	7:00AM	9:00AM	10:00PM	9:00PM								
	GOOD NEWS (R) 4:00 - 5:00		ONE MINDANAO (P) 4:00 - 4:45																	
5:00AM			ONE WESTERN VISAYAS (P) 4:45 - 5:30					6:00AM	8:00AM	10:00AM	11:00PM	10:00PM								
6:00AM	BRIGADA (R) 5:00 - 6:00		FRONT ROW (R.) 5:30 - 6:15	STATE OF THE NATION (R) 5:30 - 6:15					7:00AM	9:00AM	11:00AM	12:00NN	11:00PM							
	CAYETANO IN ACTION WITH BOY ABUNDA (P) 6:00 - 7:00	AGRIPRENEUR (R.) 6:15 - 7:00	SAKSI (R) 6:15 - 6:45																	
7:00AM	FRONT ROW (P) 7:00 - 7:30	BORN IMPACT (R) 7:00 - 7:45	BALITANGHALI (R) 6:45 - 7:45					8:00AM	10:00AM	12:00NN	1:00AM	12:00NN								
8:00AM	IMBESTIGADOR (P) 7:30 - 8:15	GOOD NEWS (P) 7:45 - 8:30	PINOY CRIME STORIES (P) 7:45 - 8:30	PERA PARAAN (P) 7:45 - 8:30	INVESTIGATIVE DOCUMENTARIES (P) 7:45 - 8:30	BRIGADA (P) 7:45 - 8:30	BORN IMPACT (P) 7:45 - 8:30	9:00AM	11:00AM	1:00PM	2:00AM	1:00AM								
	ADULTING WITH ATOM ARAULLO (P) 8:15 - 8:30																			
	PERA PARAAN (R) 8:30 - 9:15						DOBOL B TV (P) 8:30 - 12:00					DOBOL B TV 8:30 - 11:30	10:00AM	12:00NN	2:00PM	3:00AM	2:00AM			
	AGRIPRENEUR (R) 9:15 - 10:00																			
	GOOD NEWS (R) 10:00 - 11:00																			
11:00AM	CAYETANO IN ACTION WITH BOY ABUNDA (R) 11:00 - 12:00							12:00NN	2:00PM	4:00PM	5:00AM		4:00AM							
12:00NN	NCAA SEASON 101 MEN'S BASKETBALL (LIVE) 12:00 - 5:00	DOKUMENTARYO (I-WITNESS CLASSICS) (P.) 12:00 - 12:45				NCAA SEASON 101 MEN'S BASKETBALL (LIVE) 12:00 - 5:00	IMBESTIGADOR (R) 11:30 - 12:15	1:00PM	3:00PM	5:00PM	6:00AM	5:00AM								
1:00PM		REEL TIME (P) 12:45 - 1:45					CAYETANO IN ACTION WITH BOY ABUNDA (R) 12:15 - 1:15	2:00PM	4:00PM	6:00PM	7:00AM	6:00AM								
2:00PM		GOOD NEWS (R) 1:45 - 2:45	IMBESTIGADOR (R.) 1:45 - 2:30	BORN IMPACT (R) 1:45 - 2:30	PERA PARAAN (R.) 1:45 - 2:45		PINOY CRIME STORIES (R.) 1:15 - 2:00	3:00PM	5:00PM	7:00PM	8:00AM	7:00AM								
3:00PM		PINOY CRIME STORIES (R.) 2:45 - 3:30	NCAA SEASON 101 MEN'S BASKETBALL (LIVE) 2:30 - 5:00		GOOD NEWS (R) 2:45 - 3:30		AGRIPRENEUR (R) 2:00 - 2:30	NCAA SEASON 101 MEN'S BASKETBALL (LIVE) 2:30 - 5:00	4:00PM	6:00PM	8:00PM	9:00AM	8:00AM							
4:00PM		IMBESTIGADOR (R) 3:30 - 4:15			FRONT ROW (R) 3:30 - 4:15					5:00PM	7:00PM	9:00PM	10:00AM	9:00AM						
5:00PM		DOKUMENTARYO (I-WITNESS CLASSICS) (R) 4:15 - 5:00			DOKUMENTARYO (I-WITNESS CLASSICS) (P) 4:15 - 5:00					6:00PM	8:00PM	10:00PM	11:00AM	10:00AM						
6:00PM		CAYETANO IN ACTION WITH BOY ABUNDA (R) 5:00 - 6:00	BALITANGHALI (P) 5:00 - 6:00					GOOD NEWS (R) 5:00 - 6:00	7:00PM	9:00PM	11:00PM	12:00NN	11:00AM							
7:00PM	PERA PARAAN (R) 6:00 - 7:00	REEL TIME (R) 6:00 - 7:00				REEL TIME (P) 6:00 - 7:00	BRIGADA (R) 6:00 - 7:00	8:00PM	10:00PM	12:00NN	1:00PM	12:00NN								
	ADULTING WITH ATOM ARAULLO (R.) 7:00 - 7:15	PINOY CRIME STORIES (R) 7:00 - 8:00	BRIGADA (R) 7:00 - 8:00	INVESTIGATIVE DOCUMENTARIES (R) 7:00 - 8:00	BORN IMPACT (R) 7:00 - 7:30	PERA PARAAN (R) 7:00 - 8:00	CAYETANO IN ACTION WITH BOY ABUNDA (R) 7:00 - 8:00	9:00PM	11:00PM	1:00AM	2:00PM	1:00PM								
8:00PM	BORN IMPACT (R) 7:15 - 8:00				FRONT ROW (R) 7:30 - 8:00															
	IMBESTIGADOR (R) 8:00 - 8:45				BALITANG BISDAK (R) 8:00 - 8:45															
9:00PM	AGRIPRENEUR (R.) 8:45 - 9:30	PERA PARAAN (R.) 8:45 - 9:30	ONE NORTH CENTRAL LUZON (R) 8:45 - 9:30					10:00PM	12:00NN	2:00AM	3:00PM	2:00PM								
10:00PM	REEL TIME MARATHON (R) 9:30 - 2:30	ADULTING WITH ATOM ARAULLO (R.) 9:30 - 9:45	ONE MINDANAO (R) 9:30 - 10:00					11:00PM	1:00AM	3:00AM	4:00PM	3:00PM								
		BRIGADA (R.) 9:45 - 10:45	ONE WESTERN VISAYAS (R) 10:00 - 10:45																	
11:00PM			BALITANGHALI (R) 10:45 - 11:45				PINOY CRIME STORIES (R) 10:45 - 11:30	12:00NN	2:00AM	4:00AM	5:00PM	4:00PM								
12:00NN			REEL TIME (R) 11:45 - 12:45				REEL TIME (R) 11:45 - 12:00	AGRIPRENEUR (P) 11:30 - 12:00	1:00AM	3:00AM	5:00AM	6:00PM	5:00PM							

MLA	GMA NEWS TV PROGRAMMING OCTOBER 26 - 31, 2025 GRID (MANILA)							JAPAN (MLA + 1)	AUSTRALIA IA (MLA + 3)	NEW ZEALAND (MLA + 5)	ITALY (MLA - 7)	UK (MLA - 8)
	SUNDAY OCTOBER 26	MONDAY OCTOBER 27	TUESDAY OCTOBER 28	WEDNESDAY OCTOBER 29	THURSDAY OCTOBER 30	FRIDAY OCTOBER 31	SATURDAY					
12:00NN	GOOD NEWS (R.) 12:00 - 12:45	REEL TIME MARATHON (R) 9:30 - 2:30	con't of REEL TIME (R) 11:45 - 12:45				con't of REEL TIME (R) 11:45 - 12:45	1:00AM	3:00AM	5:00AM	5:00PM	4:00PM
1:00AM	PERA PARAAN (R.) 12:45 - 1:30		STATE OF THE NATION (P) 12:45 - 1:15					2:00AM	4:00AM	6:00AM	6:00PM	5:00PM
2:00AM	BRIGADA (R) 1:30 - 2:30		GOOD NEWS (R) 1:15 - 2:00	PINOY CRIME STORIES (R) 1:15 - 2:00	PERA PARAAN (R) 1:15 - 2:00	INVESTIGATIVE DOCUMENTARIES (R) 1:15 - 2:00	BORN IMPACT (R) 1:15 - 2:00	3:00AM	5:00AM	7:00AM	7:00PM	6:00PM
			SAKSI (P) 2:00 - 2:30									
3:00AM	INVESTIGATIVE DOCUMENTARIES (R) 2:30 - 3:30	DOKUMENTARYO (I-WITNESS CLASSICS) MARATHON (P) 2:30 - 5:30	BALITANG BISDAK (P) 2:30 - 3:15					4:00AM	6:00AM	8:00AM	8:00PM	7:00PM
4:00AM	AGRIPRENEUR (R) 3:30 - 4:00		ONE NORTH CENTRAL LUZON (P) 3:15 - 4:00					5:00AM	7:00AM	9:00AM	9:00PM	8:00PM
5:00AM	GOOD NEWS (R) 4:00 - 5:00		ONE MINDANAO (P) 4:00 - 4:45					6:00AM	8:00AM	10:00AM	10:00PM	9:00PM
	BRIGADA (R) 5:00 - 6:00		ONE WESTERN VISAYAS (P) 4:45 - 5:30					7:00AM	9:00AM	11:00AM	11:00PM	10:00PM
6:00AM	CAYETANO IN ACTION WITH BOY ABUNDA (P) 6:00 - 7:00		FRONT ROW (R.) 5:30 - 6:15	STATE OF THE NATION (R) 5:30 - 6:15					8:00AM	10:00AM	12:00NN	12:00NN
7:00AM	FRONT ROW (P) 7:00 - 7:30	AGRIPRENEUR (R.) 6:15 - 7:00	SAKSI (R) 6:15 - 6:45					9:00AM	11:00AM	1:00PM	1:00AM	12:00NN
8:00AM	BORN IMPACT (R) 7:00 - 7:45		BALITANGHALI (R) 6:45 - 7:45					10:00AM	12:00NN	2:00PM	2:00AM	1:00AM
	IMBESTIGADOR (P) 7:30 - 8:15							11:00AM	1:00PM	3:00PM	3:00AM	2:00AM
9:00AM	ADULTING WITH ATOM ARAULLO (P) 8:15 - 8:30							12:00NN	2:00PM	4:00PM	4:00AM	3:00AM
10:00AM	PERA PARAAN (R) 8:30 - 9:15							1:00PM	3:00PM	5:00PM	5:00AM	4:00AM
11:00AM	AGRIPRENEUR (R) 9:15 - 10:00							2:00PM	4:00PM	6:00PM	6:00AM	5:00AM
12:00NN	GOOD NEWS (R) 10:00 - 11:00							3:00PM	5:00PM	7:00PM	7:00AM	6:00AM
	CAYETANO IN ACTION WITH BOY ABUNDA (R) 11:00 - 12:00							4:00PM	6:00PM	8:00PM	8:00AM	7:00AM
1:00PM								5:00PM	7:00PM	9:00PM	9:00AM	8:00AM
2:00PM								6:00PM	8:00PM	10:00PM	10:00AM	9:00AM
3:00PM								7:00PM	9:00PM	11:00PM	11:00AM	10:00AM
4:00PM								8:00PM	10:00PM	12:00NN	12:00NN	11:00AM
5:00PM								9:00PM	11:00PM	1:00AM	1:00PM	12:00NN
6:00PM								10:00PM	12:00NN	2:00AM	2:00PM	1:00PM
7:00PM								11:00PM	1:00AM	3:00AM	3:00PM	2:00PM
8:00PM								12:00NN	2:00AM	4:00AM	4:00PM	3:00PM
9:00PM								1:00AM	3:00AM	5:00AM	5:00PM	4:00PM
10:00PM								2:00AM	4:00AM	6:00AM	6:00PM	5:00PM
11:00PM								3:00AM	5:00AM	7:00AM	7:00PM	6:00PM
12:00NN								4:00AM	6:00AM	8:00AM	8:00PM	7:00PM
								5:00AM	7:00AM	9:00AM	9:00PM	8:00PM
								6:00AM	8:00AM	10:00AM	10:00PM	9:00AM
								7:00AM	9:00AM	11:00AM	11:00PM	10:00AM
								8:00AM	10:00AM	12:00NN	12:00NN	11:00AM
								9:00AM	11:00AM	1:00AM	1:00PM	12:00NN
								10:00AM	12:00NN	2:00AM	2:00PM	1:00PM
								11:00AM	1:00AM	3:00AM	3:00PM	2:00PM
								12:00NN	2:00AM	4:00AM	4:00PM	3:00PM
								1:00AM	3:00AM	5:00AM	5:00PM	4:00PM