

MNL	GMA PINOY TV PROGRAM GRID MARCH 1 - 7, 2026 MANILA (US/ CANADA)							PST / VANCOUVER (MNL -15)	MST (MNL -15)	CST (MNL -14)	EST / TORONTO (MNL -13)	HAWAII (MNL -18)					
	SUNDAY MARCH 01	MONDAY MARCH 02	TUESDAY MARCH 03	WEDNESDAY MARCH 04	THURSDAY MARCH 05	FRIDAY MARCH 06	SATURDAY MARCH 07										
12:00AM			Cont. of FAST TALK WITH BOY ABUNDA (P.) 11:50 - 12:20							8:00AM	9:00AM	10:00AM	11:00AM	6:00AM			
1:00AM	Cont. of NEVER SAY DIE MARATHON (R.) 11:30 - 2:15 (with English closed captions)	Cont. of SANG'GRE MARATHON (R.) 11:30 - 2:15 (with English closed captions)	FAMILY FEUD PHILIPPINES (P.) 12:20 - 1:00							9:00AM	10:00AM	11:00AM	12:00AM	7:00AM			
2:00AM			HOUSE OF LIES (R.) 1:00 - 1:40 (with English closed captions)														
3:00AM	KAPUSO MO, JESSICA SOHO (R.) 2:15 - 4:00	GMA PINOY BLOCKBUSTER (P.) 2:15 - 4:15 "Pagbabalik ng Panday"	UNICA HIDA (R.) 1:40 - 2:15 (with English closed captions)	APOY SA DUGO (R.) 1:40 - 2:15 (with English closed captions)							10:00AM	11:00AM	12:00AM	1:00PM	8:00AM		
4:00AM			BBLGANG (P.) 2:15 - 3:00	TADHANA (P.) 2:15 - 3:00	PEPITO MANALOTO, TULOY ANG KUWENTO (P.) 2:15 - 3:00	REGAL STUDIO PRESENTS (P.) 2:15 - 3:00	MAKA 2 (P.) 2:15 - 3:00	TIKTOCLOCK: HAPPY HOUR NA (P.) 3:00 - 4:00					11:00AM	12:00AM	1:00PM	2:00PM	9:00AM
5:00AM	IT'S SHOWTIME (P.) 4:00 - 6:30	ALL-OUT SUNDAYS (R.) 4:15 - 5:45	IT'S SHOWTIME (P.) 4:00 - 5:50							12:00AM	1:00PM	2:00PM	3:00PM	10:00AM			
6:00AM		STARS ON THE FLOOR 2026 (P.) 5:45 - 6:45	FAST TALK WITH BOY ABUNDA (R.) 5:50 - 6:20							2:00PM	3:00PM	4:00PM	5:00PM	12:00AM			
7:00AM	RESIBO (R.) 6:30 - 7:00	MAKA 2 (R.) 6:45 - 7:25	SAKSI 6:20 - 7:00							3:00PM	4:00PM	5:00PM	6:00PM	1:00PM			
8:00AM	HATING KAPATID (P.) 7:00 - 7:30 (with English closed captions)	THE BOOBAY AND TEKLA SHOW (R.) 7:25 - 8:10	HOUSE OF LIES (P.) 7:00 - 7:30 (with English closed captions)							4:00PM	5:00PM	6:00PM	7:00PM	2:00PM			
9:00AM	REGAL STUDIO PRESENTS (R.) 7:30 - 8:00	MAGPAKAILANMAN (R.) 8:10 - 9:10 (with English closed captions)	HATING KAPATID (P.) 7:30 - 8:00 (with English closed captions)							5:00PM	6:00PM	7:00PM	8:00PM	3:00PM			
10:00AM	ALL IN THE FAMILY WITH DR. TESS (SEASON 7) 8:00 - 8:30	MAGPAKAILANMAN (R.) 8:10 - 9:10 (with English closed captions)	APOY SA DUGO (P.) 8:00 - 8:30 (with English closed captions)							6:00PM	7:00PM	8:00PM	9:00PM	4:00PM			
11:00AM	TADHANA (R.) 8:30 - 9:15 (with English closed captions)	BBLGANG (R.) 9:10 - 9:50	TIKTOCLOCK: HAPPY HOUR NA (R.) 8:30 - 9:15							7:00PM	8:00PM	9:00PM	10:00PM	5:00PM			
12:00AM	I-WITNESS (R.) 9:15 - 10:00 (with English closed captions)	GLOBAL PINOY UNLIMITED (R.) 9:50 - 10:00	FAMILY FEUD PHILIPPINES (R.) 9:15 - 9:45							8:00PM	9:00PM	10:00PM	11:00PM	6:00PM			
1:00PM	24 ORAS (R.) 10:00 - 10:45	24 ORAS (R.) 10:00 - 10:45	24 ORAS (R.) 9:45 - 11:15							9:00PM	10:00PM	11:00PM	12:00AM	7:00PM			
2:00PM	RESIBO (R.) 10:45 - 11:15	KAPUSO MO, JESSICA SOHO (P.) 10:45 - 12:30	SANG'GRE (P.) 11:15 - 11:50 (with English closed captions)							10:00PM	11:00PM	12:00AM	1:00AM	8:00PM			
3:00PM	PEPITO MANALOTO, TULOY ANG KUWENTO (R.) 11:15 - 12:00 (with English closed captions)		NEVER SAY DIE (P.) 11:50 - 12:25 (with English closed captions)							11:00PM	12:00AM	1:00AM	2:00AM	9:00PM			
4:00PM	BBLGANG (R.) 12:00 - 12:40	STARS ON THE FLOOR 2026 (R.) 12:30 - 1:30	THE SECRETS OF HOTEL 88 (P.) 12:25 - 1:00 (with English closed captions)							12:00AM	1:00AM	2:00AM	3:00AM	10:00PM			
5:00PM	HATING KAPATID (R.) 12:40 - 1:15 (with English closed captions)	MAKA 2 (R.) 1:30 - 2:00	HOUSE OF LIES (R.) 1:00 - 1:30 (with English closed captions)							1:00AM	2:00AM	3:00AM	4:00AM	11:00PM			
6:00PM	MAGPAKAILANMAN (P.) 1:15 - 2:15 (with English closed captions)	TADHANA (R.) 2:00 - 2:30 (with English closed captions)	HATING KAPATID (R.) 1:30 - 2:00 (with English closed captions)							2:00AM	3:00AM	4:00AM	5:00AM	12:00AM			
7:00PM	THE BOOBAY AND TEKLA SHOW (P.) 2:15 - 3:00	REPORTER'S NOTEBOOK (R.) 2:30 - 3:00	APOY SA DUGO (R.) 2:00 - 2:30 (with English closed captions)							3:00AM	4:00AM	5:00AM	6:00AM	1:00AM			
8:00PM	ALL-OUT SUNDAYS (P.) 3:00 - 4:30	GMA PINOY BLOCKBUSTER (R.) 3:00 - 5:00 "Pagbabalik ng Panday"	FAST TALK WITH BOY ABUNDA (R.) 2:30 - 3:00							4:00AM	5:00AM	6:00AM	7:00AM	2:00AM			
9:00PM	MAGPAKAILANMAN (R.) 4:30 - 5:30 (with English closed captions)		IT'S SHOWTIME (R.) 3:00 - 5:20							5:00AM	6:00AM	7:00AM	8:00AM	3:00AM			
10:00PM	BBLGANG (R.) 5:30 - 6:15	KAPUSO MO, JESSICA SOHO (R.) 5:00 - 6:45	I-WITNESS (P.) 5:20 - 5:50	TADHANA (R.) 5:20 - 5:50 (with English closed captions)	MAKA 2 (R.) 5:20 - 5:50	REPORTER'S NOTEBOOK (P.) 5:20 - 5:50	RESIBO (P.) 5:20 - 5:50	THE SECRETS OF HOTEL 88 (R.) 5:50 - 6:25 (with English closed captions)					6:00AM	7:00AM	8:00AM	4:00AM	
11:00PM	THE BOOBAY AND TEKLA SHOW (R.) 6:15 - 7:00		SANG'GRE (R.) 6:25 - 7:05 (with English closed captions)							7:00AM	8:00AM	9:00AM	10:00AM	5:00AM			
12:00AM	REGAL STUDIO PRESENTS (R.) 7:00 - 7:45	STARS ON THE FLOOR 2026 (R.) 6:45 - 7:45	NEVER SAY DIE (R.) 7:05 - 7:45 (with English closed captions)							8:00AM	9:00AM	10:00AM	11:00AM	6:00AM			
1:00PM	I-WITNESS (R.) 7:45 - 8:30 (with English closed captions)		HATING KAPATID (R.) 7:45 - 8:15 (with English closed captions)							9:00AM	10:00AM	11:00AM	12:00AM	7:00AM			
2:00PM	REPORTER'S NOTEBOOK (R.) 8:30 - 9:00		UNANG HIRIT (P.) 8:15 - 10:15							10:00AM	11:00AM	12:00AM	1:00AM	8:00AM			
3:00PM	FAMILY TV MASS 9:00 - 10:00									11:00AM	12:00AM	1:00AM	2:00AM	9:00AM			
4:00PM	24 ORAS (P.) 10:00 - 10:45									12:00AM	1:00AM	2:00AM	3:00AM	10:00PM			
5:00PM	GLOBAL PINOY UNLIMITED (P.)									1:00AM	2:00AM	3:00AM	4:00AM	11:00PM			
6:00PM	RESIBO (R.) 11:00 - 11:30		24 ORAS (P.) 10:15 - 11:50							2:00AM	3:00AM	4:00AM	5:00AM	12:00AM			
7:00PM	SANG'GRE MARATHON (R.) 11:30 - 2:15 (with English closed captions)		FAST TALK WITH BOY ABUNDA (P.) 11:50 - 12:20							3:00AM	4:00AM	5:00AM	6:00AM	1:00AM			
8:00PM										4:00AM	5:00AM	6:00AM	7:00AM	2:00AM			
9:00PM										5:00AM	6:00AM	7:00AM	8:00AM	3:00AM			
10:00PM										6:00AM	7:00AM	8:00AM	9:00AM	4:00AM			
11:00PM										7:00AM	8:00AM	9:00AM	10:00AM	5:00AM			
12:00AM										8:00AM	9:00AM	10:00AM	11:00AM	6:00AM			

MNL	GMA PINOY TV PROGRAM GRID MARCH 8 - 14, 2026 MANILA (US/ CANADA)							PST / VANCOUVER (MNL -15)	MST (MNL -14)	CST (MNL -13)	EST / TORONTO (MNL -12)	HAWAII (MNL -10)
	SUNDAY MARCH 08	MONDAY MARCH 09	TUESDAY MARCH 10	WEDNESDAY MARCH 11	THURSDAY MARCH 12	FRIDAY MARCH 13	SATURDAY MARCH 14					
12:00AM	Cont. of NEVER SAY DIE MARATHON (R.) 11:30 - 2:15 (with English closed captions)	Cont. of SANG'GRE MARATHON (R.) 10:30 - 1:15 (with English closed captions)	HOUSE OF LIES (R.) 12:00 - 12:40 (with English closed captions)					8:00AM	9:00AM	10:00AM	11:00AM	6:00AM
1:00AM			APOY SA DUGO (R.) 12:40 - 1:15 (with English closed captions)					9:00AM	10:00AM	11:00AM	12:00AM	7:00AM
2:00AM	KAPUSO MO, JESSICA SOHO (R.) 2:15 - 4:00	GMA PINOY BLOCKBUSTER (P.) 1:15 - 3:15 "Alupihang Dagat"	BBLGANG (P.) 1:15 - 2:00	TADHANA (P.) 1:15 - 2:00	PEPITO MANALOTO, TULOY ANG KUWENTO (P.) 1:15 - 2:00	REGAL STUDIO PRESENTS (P.) 1:15 - 2:00	MAKA 2 (P.) 1:15 - 2:00	10:00AM	11:00AM	12:00AM	1:00PM	8:00AM
3:00AM			TIKTOCLOCK: HAPPY HOUR NA (P.) 2:00 - 3:00					11:00AM	12:00AM	1:00PM	2:00PM	9:00AM
4:00AM	IT'S SHOWTIME (P.) 4:00 - 6:30	ALL-OUT SUNDAYS (R.) 3:15 - 4:45	IT'S SHOWTIME (P.) 3:00 - 4:50					12:00AM	1:00PM	2:00PM	3:00PM	10:00AM
5:00AM			STARS ON THE FLOOR 2026 (P) 4:45 - 5:45	FAST TALK WITH BOY ABUNDA (R.) 4:50 - 5:20					1:00PM	2:00PM	3:00PM	4:00PM
6:00AM	RESIBO (R.) 6:30 - 7:00	TBATS ON THE GO (R.) 6:25 - 7:10	SAKSI 5:20 - 6:00					2:00PM	3:00PM	4:00PM	5:00PM	12:00AM
7:00AM			HATING KAPATID (P.) 7:00 - 7:30 (with English closed captions)	HOUSE OF LIES (P.) 6:00 - 6:30 (with English closed captions)					3:00PM	4:00PM	5:00PM	6:00PM
8:00AM	REGAL STUDIO PRESENTS (R.) 7:30 - 8:00	MAGPAKAILANMAN (R.) 7:10 - 8:10 (with English closed captions)	APOY SA DUGO (P.) 7:00 - 7:30 (with English closed captions)					4:00PM	5:00PM	6:00PM	7:00PM	2:00PM
9:00AM	ALL IN THE FAMILY WITH DR. TESS (SEASON 7) 8:00 - 8:30		TIKTOCLOCK: HAPPY HOUR NA (R.) 7:30 - 8:15					5:00PM	6:00PM	7:00PM	8:00PM	3:00PM
10:00AM	TADHANA (R.) 8:30 - 9:15 (with English closed captions)	BBLGANG (R.) 8:10 - 8:50	FAMILY FEUD PHILIPPINES (R.) 8:15 - 8:45					6:00PM	7:00PM	8:00PM	4:00PM	
11:00AM	I-WITNESS (R.) 9:15 - 10:00 (with English closed captions)	GLOBAL PINOY UNLIMITED (R.) 8:50 - 9:40	24 ORAS (R.) 8:45 - 10:15					7:00PM	8:00PM	9:00PM	5:00PM	
12:00AM	24 ORAS (R.) 10:00 - 10:45	KAPUSO MO, JESSICA SOHO (P.) 9:45 - 11:30	SANG'GRE (P) 10:15 - 10:50 (with English closed captions)					8:00PM	9:00PM	10:00PM	6:00PM	
1:00AM	RESIBO (R.) 10:45 - 11:15		NEVER SAY DIE (P.) 10:50 - 11:25 (with English closed captions)					9:00PM	10:00PM	11:00PM	7:00PM	
2:00AM	PEPITO MANALOTO, TULOY ANG KUWENTO (R.) 11:15 - 12:00 (with English closed captions)	STARS ON THE FLOOR 2026 (R) 11:30 - 12:30	THE SECRETS OF HOTEL 88 (P.) 11:25 - 12:00 (with English closed captions)					10:00PM	11:00PM	12:00AM	1:00AM	8:00PM
3:00AM	BBLGANG (R) 12:00 - 12:40		HOUSE OF LIES (R) 12:00 - 12:30 (with English closed captions)					11:00PM	12:00AM	1:00AM	9:00PM	
4:00AM	HATING KAPATID (R.) 12:40 - 1:15 (with English closed captions)	MAKA 2 (R.) 12:30 - 1:00	HATING KAPATID (R.) 12:30 - 1:00 (with English closed captions)					12:00AM	1:00AM	2:00AM	10:00PM	
5:00AM	MAGPAKAILANMAN (P) 1:15 - 2:15 (with English closed captions)	TADHANA (R.) 1:00 - 1:30 (with English closed captions)	APOY SA DUGO (R.) 1:00 - 1:30 (with English closed captions)					1:00AM	2:00AM	3:00AM	11:00PM	
6:00AM	REPORTER'S NOTEBOOK (R.) 1:30 - 2:00	FAST TALK WITH BOY ABUNDA (R.) 1:30 - 2:00					2:00AM	3:00AM	4:00AM	5:00AM	12:00AM	
7:00AM	TBATS ON THE GO (P.) 2:15 - 3:00	GMA PINOY BLOCKBUSTER (R.) 2:00 - 4:00 "Alupihang Dagat"	IT'S SHOWTIME (R.) 2:00 - 4:20					3:00AM	4:00AM	5:00AM	6:00AM	1:00AM
8:00AM	ALL-OUT SUNDAYS (P.) 3:00 - 4:30		I-WITNESS (P.) 4:20 - 4:50					4:00AM	5:00AM	6:00AM	7:00AM	2:00AM
9:00AM	MAGPAKAILANMAN (R) 4:30 - 5:30 (with English closed captions)	KAPUSO MO, JESSICA SOHO (R.) 4:00 - 5:45	TADHANA (R) 4:20 - 4:50 (with English closed captions)	MAKA 2 (R.) 4:20 - 4:50	REPORTER'S NOTEBOOK (P.) 4:20 - 4:50	RESIBO (P.) 4:20 - 4:50	5:00AM	6:00AM	7:00AM	8:00AM	3:00AM	
10:00AM	TBATS ON THE GO (R.) 5:30 - 6:15	THE SECRETS OF HOTEL 88 (R.) 4:50 - 5:25 (with English closed captions)					6:00AM	7:00AM	8:00AM	9:00AM	4:00AM	
11:00AM	REGAL STUDIO PRESENTS (R.) 6:15 - 6:45	STARS ON THE FLOOR 2026 (R) 5:45 - 6:45	SANG'GRE (R.) 5:25 - 6:05 (with English closed captions)					7:00AM	8:00AM	9:00AM	5:00AM	
12:00AM	I-WITNESS (R.) 6:45 - 7:30 (with English closed captions)	NEVER SAY DIE (R.) 6:05 - 6:45 (with English closed captions)					8:00AM	9:00AM	10:00AM	11:00AM	6:00AM	
1:00AM	REPORTER'S NOTEBOOK (R.) 7:30 - 8:00	HATING KAPATID (R.) 6:45 - 7:15 (with English closed captions)					9:00AM	10:00AM	11:00AM	12:00AM	7:00AM	
2:00AM	FAMILY TV MASS 8:00 - 9:00	UNANG HIRIT (P) 7:15 - 9:15					10:00AM	11:00AM	12:00AM	1:00AM	8:00AM	
3:00AM	24 ORAS (P.) 9:00 - 9:45	MAGPAKAILANMAN (R.) 7:15 - 8:15 (with English closed captions)					11:00AM	12:00AM	1:00AM	2:00AM	9:00AM	
4:00AM	GLOBAL PINOY UNLIMITED (P.) 9:45 -	PEPITO MANALOTO, TULOY ANG KUWENTO (R.) 8:15 - 9:00 (with English closed captions)					12:00AM	1:00AM	2:00AM	3:00AM	10:00PM	
5:00AM	RESIBO (R.) 10:00 - 10:30	24 ORAS (P) 9:15 - 10:50					1:00AM	2:00AM	3:00AM	4:00AM	11:00PM	
6:00AM	SANG'GRE MARATHON (R.) 10:30 - 1:15 (with English closed captions)	FAST TALK WITH BOY ABUNDA (P.) 10:50 - 11:20					2:00AM	3:00AM	4:00AM	5:00AM	12:00PM	
7:00AM		FAMILY FEUD PHILIPPINES (P.) 11:20 - 12:00					3:00AM	4:00AM	5:00AM	6:00AM	1:00AM	
8:00AM		NEVER SAY DIE MARATHON (R.) 10:30 - 1:15 (with English closed captions)					4:00AM	5:00AM	6:00AM	7:00AM	2:00AM	
9:00AM							5:00AM	6:00AM	7:00AM	8:00AM	3:00AM	
10:00AM							6:00AM	7:00AM	8:00AM	9:00AM	4:00AM	
11:00AM							7:00AM	8:00AM	9:00AM	10:00AM	5:00AM	
12:00AM							8:00AM	9:00AM	10:00AM	11:00AM	6:00AM	

MNL	GMA PINOY TV PROGRAM GRID MARCH 15 - 21, 2026 MANILA (US/ CANADA)							PST / VANCOUVER (MNL -15)	MST (MNL -14)	CST (MNL -13)	EST / TORONTO (MNL -12)	HAWAII (MNL -10)
	SUNDAY MARCH 15	MONDAY MARCH 16	TUESDAY MARCH 17	WEDNESDAY MARCH 18	THURSDAY MARCH 19	FRIDAY MARCH 20	SATURDAY MARCH 21					
12:00PM	Cont. of NEVER SAY DIE MARATHON (R.) 10:30 - 1:15 (with English closed captions)	Cont. of SANG'GRE MARATHON (R.) 10:30 - 1:15 (with English closed captions)	HOUSE OF LIES (R.) 12:00 - 12:40 (with English closed captions)					9:00AM	10:00AM	11:00AM	12:00PM	6:00AM
1:00AM	APOY SA DUGO (R.) 12:40 - 1:15 (with English closed captions)							10:00AM	11:00AM	12:00PM	1:00PM	7:00AM
2:00AM	KAPUSO MO, JESSICA SOHO (R.) 1:15 - 3:00	GMA PINOY BLOCKBUSTER (P.) 1:15 - 3:15 "Manedyer... Si Kumander"	BBLGANG (P.) 1:15 - 2:00	TADHANA (P.) 1:15 - 2:00	PEPITO MANALOTO, TULOY ANG KUWENTO (P.) 1:15 - 2:00	REGAL STUDIO PRESENTS (P.) 1:15 - 2:00	MAKA 2 (P.) 1:15 - 2:00	11:00AM	12:00PM	1:00PM	2:00PM	8:00AM
3:00AM	TIKTOCLOCK: HAPPY HOUR NA (P.) 2:00 - 3:00							12:00PM	1:00PM	2:00PM	3:00PM	9:00AM
4:00AM	IT'S SHOWTIME (P.) 3:00 - 5:30	ALL-OUT SUNDAYS (R.) 3:15 - 4:45	IT'S SHOWTIME (P.) 3:00 - 4:50					1:00PM	2:00PM	3:00PM	4:00PM	10:00AM
5:00AM	STARS ON THE FLOOR 2026 (P.) 4:45 - 5:45	FAST TALK WITH BOY ABUNDA (R.) 4:50 - 5:20					2:00PM	3:00PM	4:00PM	5:00PM	11:00AM	
6:00AM	RESIBO (R.) 5:30 - 6:00	SAKSI 5:20 - 6:00					3:00PM	4:00PM	5:00PM	6:00PM	12:00PM	
7:00AM	HATING KAPATID (P.) 6:00 - 6:30 (with English closed captions)	HEART WORLD SEASON 2 (R.) 5:45 - 6:30	HOUSE OF LIES (P.) 6:00 - 6:30 (with English closed captions)					4:00PM	5:00PM	6:00PM	7:00PM	1:00PM
8:00AM	REGAL STUDIO PRESENTS (R.) 6:30 - 7:00	TBATS ON THE GO (R.) 6:30 - 7:10	HATING KAPATID (P.) 6:30 - 7:00 (with English closed captions)					5:00PM	6:00PM	7:00PM	8:00PM	2:00PM
9:00AM	ALL IN THE FAMILY WITH DR. TESS (SEASON 7) 7:00 - 7:30	MAGPAKAILANMAN (R.) 7:10 - 8:10 (with English closed captions)	APOY SA DUGO (P.) 7:00 - 7:30 (with English closed captions)					6:00PM	7:00PM	8:00PM	9:00PM	3:00PM
10:00AM	TADHANA (R.) 7:30 - 8:10 (with English closed captions)	TIKTOCLOCK: HAPPY HOUR NA (R.) 7:30 - 8:15					7:00PM	8:00PM	9:00PM	10:00PM	4:00PM	
11:00AM	I-WITNESS (R.) 8:10 - 8:45 (with English closed captions)	BBLGANG (R.) 8:10 - 8:45	FAMILY FEUD PHILIPPINES (R.) 8:15 - 8:45					8:00PM	9:00PM	10:00PM	11:00PM	5:00PM
12:00PM	24 ORAS (R.) 8:45 - 9:30	24 ORAS (R.) 8:45 - 9:30	24 ORAS (R.) 8:45 - 10:15					9:00PM	10:00PM	11:00PM	12:00AM	6:00PM
1:00PM	HEART WORLD SEASON 2 (P.) 9:30 - 10:15	GLOBAL PINOY UNLIMITED (P.) 9:30 - 9:45	SANG'GRE (P.) 10:15 - 10:50 (with English closed captions)					10:00PM	11:00PM	12:00AM	1:00AM	7:00PM
2:00PM	PEPITO MANALOTO, TULOY ANG KUWENTO (R.) 10:15 - 11:00 (with English closed captions)	KAPUSO MO, JESSICA SOHO (P.) 9:45 - 11:30	NEVER SAY DIE (P.) 10:50 - 11:25 (with English closed captions)					11:00PM	12:00AM	1:00AM	2:00AM	8:00PM
3:00PM	BBLGANG (R.) 11:00 - 11:40	THE SECRETS OF HOTEL 88 (P.) 11:25 - 12:00 (with English closed captions)					12:00PM	1:00AM	2:00AM	3:00AM	9:00PM	
4:00PM	HATING KAPATID (R.) 11:40 - 12:15 (with English closed captions)	STARS ON THE FLOOR 2026 (R.) 11:30 - 12:30	HOUSE OF LIES (R.) 12:00 - 12:30 (with English closed captions)					1:00AM	2:00AM	3:00AM	4:00AM	10:00PM
5:00PM	MAGPAKAILANMAN (P.) 12:15 - 1:15 (with English closed captions)	MAKA 2 (R.) 12:30 - 1:00	HATING KAPATID (R.) 12:30 - 1:00 (with English closed captions)					2:00AM	3:00AM	4:00AM	5:00AM	11:00PM
6:00PM	TBATS ON THE GO (P.) 1:15 - 2:00	TADHANA (R.) 1:00 - 1:30 (with English closed captions)	APOY SA DUGO (R.) 1:00 - 1:30 (with English closed captions)					3:00AM	4:00AM	5:00AM	6:00AM	12:00PM
7:00PM	REPORTER'S NOTEBOOK (R.) 1:30 - 2:00	FAST TALK WITH BOY ABUNDA (R.) 1:30 - 2:00					4:00AM	5:00AM	6:00AM	7:00AM	1:00AM	
8:00PM	ALL-OUT SUNDAYS (P.) 2:00 - 3:30	GMA PINOY BLOCKBUSTER (R.) 2:00 - 4:00 "Manedyer... Si Kumander"	IT'S SHOWTIME (R.) 2:00 - 4:20					5:00AM	6:00AM	7:00AM	8:00AM	2:00AM
9:00PM	MAGPAKAILANMAN (R.) 3:30 - 4:30 (with English closed captions)	KAPUSO MO, JESSICA SOHO (R.) 4:00 - 5:45	I-WITNESS (P.) 4:20 - 4:50	TADHANA (R.) 4:20 - 4:50 (with English closed captions)	MAKA 2 (R.) 4:20 - 4:50	REPORTER'S NOTEBOOK (P.) 4:20 - 4:50	RESIBO (P.) 4:20 - 4:50	6:00AM	7:00AM	8:00AM	9:00AM	3:00AM
10:00PM	BBLGANG (R.) 4:30 - 5:15	THE SECRETS OF HOTEL 88 (R.) 4:50 - 5:25 (with English closed captions)					7:00AM	8:00AM	9:00AM	10:00AM	4:00AM	
11:00PM	TBATS ON THE GO (R.) 5:15 - 6:00	SANG'GRE (R.) 5:25 - 6:05 (with English closed captions)					8:00AM	9:00AM	10:00AM	11:00AM	5:00AM	
12:00PM	HEART WORLD SEASON 2 (R.) 6:00 - 6:45	STARS ON THE FLOOR 2026 (R.) 5:45 - 6:45	NEVER SAY DIE (R.) 6:05 - 6:45 (with English closed captions)					9:00AM	10:00AM	11:00AM	12:00PM	6:00AM
1:00AM	I-WITNESS (R.) 6:45 - 7:30 (with English closed captions)	HATING KAPATID (R.) 6:45 - 7:15 (with English closed captions)					10:00AM	11:00AM	12:00PM	1:00AM	7:00PM	
2:00AM	REPORTER'S NOTEBOOK (R.) 7:30 - 8:00	UNANG HIRIT (P.) 7:15 - 9:15					11:00AM	12:00PM	1:00AM	2:00AM	8:00PM	
3:00AM	FAMILY TV MASS 8:00 - 9:00	MAGPAKAILANMAN (R.) 7:15 - 8:15 (with English closed captions)					12:00PM	1:00AM	2:00AM	3:00AM	9:00PM	
4:00AM	24 ORAS (P.) 9:00 - 9:45	24 ORAS (P.) 9:15 - 10:50					1:00AM	2:00AM	3:00AM	4:00AM	10:00PM	
5:00AM	GLOBAL PINOY UNLIMITED (P.) 9:45 - 10:00	I-WITNESS (R.) 9:45 - 10:30 (with English closed captions)					2:00AM	3:00AM	4:00AM	5:00AM	11:00PM	
6:00AM	RESIBO (R.) 10:00 - 10:30	FAST TALK WITH BOY ABUNDA (P.) 10:50 - 11:20					3:00AM	4:00AM	5:00AM	6:00AM	12:00PM	
7:00AM	SANG'GRE MARATHON (R.) 10:30 - 1:15 (with English closed captions)	FAMILY FEUD PHILIPPINES (P.) 11:20 - 12:00					4:00AM	5:00AM	6:00AM	7:00AM	1:00AM	
8:00AM	NEVER SAY DIE MARATHON (R.) 10:30 - 1:15 (with English closed captions)							5:00AM	6:00AM	7:00AM	8:00AM	2:00AM
9:00AM	PEPITO MANALOTO, TULOY ANG KUWENTO (R.) 8:15 - 9:00 (with English closed captions)							6:00AM	7:00AM	8:00AM	9:00AM	3:00AM
10:00AM	24 ORAS (P.) 9:00 - 9:45							7:00AM	8:00AM	9:00AM	10:00AM	4:00AM
11:00AM	I-WITNESS (R.) 9:45 - 10:30 (with English closed captions)							8:00AM	9:00AM	10:00AM	11:00AM	5:00AM
12:00PM	NEVER SAY DIE MARATHON (R.) 10:30 - 1:15 (with English closed captions)							9:00AM	10:00AM	11:00AM	12:00PM	6:00AM

MNL	GMA PINOY TV PROGRAM GRID MARCH 22 - 28, 2026 MANILA (US/ CANADA)							PST / VANCOUVER (MNL -15)	MST (MNL -14)	CST (MNL -13)	EST / TORONTO (MNL -12)	HAWAII (MNL -10)
	SUNDAY MARCH 22	MONDAY MARCH 23	TUESDAY MARCH 24	WEDNESDAY MARCH 25	THURSDAY MARCH 26	FRIDAY MARCH 27	SATURDAY MARCH 28					
12:00PM	Cont. of NEVER SAY DIE MARATHON (R.) 10:30 - 1:15 (with English closed captions)	Cont. of SANG'GRE MARATHON (R.) 10:30 - 1:15 (with English closed captions)	HOUSE OF LIES (R.) 12:00 - 12:40 (with English closed captions)					9:00AM	10:00AM	11:00AM	12:00PM	6:00AM
1:00AM			APOY SA DUGO (R.) 12:40 - 1:15 (with English closed captions)					10:00AM	11:00AM	12:00PM	1:00PM	7:00AM
2:00AM	KAPUSO MO, JESSICA SOHO (R.) 1:15 - 3:00	GMA PINOY BLOCKBUSTER (P.) 1:15 - 3:15 "Malamaya"	BBLGANG (P.) 1:15 - 2:00	TADHANA (P.) 1:15 - 2:00	PEPITO MANALOTO, TULOY ANG KUWENTO (P.) 1:15 - 2:00	REGAL STUDIO PRESENTS (P.) 1:15 - 2:00	MAKA 2 (P.) 1:15 - 2:00	11:00AM	12:00PM	1:00PM	2:00PM	8:00AM
3:00AM			TIKTOCLOCK: HAPPY HOUR NA (P.) 2:00 - 3:00					12:00PM	1:00PM	2:00PM	3:00PM	9:00AM
4:00AM	IT'S SHOWTIME (P.) 3:00 - 5:30	ALL-OUT SUNDAYS (R.) 3:15 - 4:45	IT'S SHOWTIME (P.) 3:00 - 4:50					1:00PM	2:00PM	3:00PM	4:00PM	10:00AM
5:00AM		STARS ON THE FLOOR 2026 (P) 4:45 - 5:45	FAST TALK WITH BOY ABUNDA (R.) 4:50 - 5:20					2:00PM	3:00PM	4:00PM	5:00PM	11:00AM
6:00AM	RESIBO (R.) 5:30 - 6:00	HEART WORLD SEASON 2 (R.) 5:45 - 6:30	SAKSI 5:20 - 6:00					3:00PM	4:00PM	5:00PM	6:00PM	12:00PM
7:00AM	HATING KAPATID (P.) 6:00 - 6:30 (with English closed captions)		HOUSE OF LIES (P.) 6:00 - 6:30 (with English closed captions)					4:00PM	5:00PM	6:00PM	7:00PM	1:00PM
8:00AM	REGAL STUDIO PRESENTS (R.) 6:30 - 7:00	TBATS ON THE GO (R.) 6:30 - 7:10	BORN TO SHINE (P.) 6:30 - 7:00 (with English closed captions)					5:00PM	6:00PM	7:00PM	8:00PM	2:00PM
9:00AM	ALL IN THE FAMILY WITH DR. TESS (SEASON 7) 7:00 - 7:30	MAGPAKAILANMAN (R.) 7:10 - 8:10 (with English closed captions)	APOY SA DUGO (P.) 7:00 - 7:30 (with English closed captions)					6:00PM	7:00PM	8:00PM	9:00PM	3:00PM
10:00AM	TADHANA (R.) 7:30 - 8:10 (with English closed captions)		TIKTOCLOCK: HAPPY HOUR NA (R.) 7:30 - 8:15					7:00PM	8:00PM	9:00PM	10:00PM	4:00PM
11:00AM	I-WITNESS (R.) 8:10 - 8:45 (with English closed captions)	BBLGANG (R.) 8:10 - 8:45	FAMILY FEUD PHILIPPINES (R.) 8:15 - 8:45					8:00PM	9:00PM	10:00PM	11:00PM	5:00PM
12:00PM	24 ORAS (R.) 8:45 - 9:30	24 ORAS (R.) 8:45 - 9:30	24 ORAS (R.) 8:45 - 10:15					9:00PM	10:00PM	11:00PM	12:00PM	6:00PM
1:00PM	HEART WORLD SEASON 2 (P.) 9:30 - 10:15	GLOBAL PINOY UNLIMITED (R.) 9:30 - 9:45						10:00PM	11:00PM	12:00PM	1:00AM	7:00PM
2:00PM	PEPITO MANALOTO, TULOY ANG KUWENTO (R.) 10:15 - 11:00 (with English closed captions)	KAPUSO MO, JESSICA SOHO (P.) 9:45 - 11:30	SANG'GRE (P.) 10:15 - 10:50 (with English closed captions)					11:00PM	12:00PM	1:00AM	2:00AM	8:00PM
3:00PM	BBLGANG (R.) 11:00 - 11:40		NEVER SAY DIE (P.) 10:50 - 11:25 (with English closed captions)					12:00PM	1:00AM	2:00AM	3:00AM	9:00PM
4:00PM	HATING KAPATID (R.) 11:40 - 12:15 (with English closed captions)	STARS ON THE FLOOR 2026 (R) 11:30 - 12:30	THE SECRETS OF HOTEL 88 (P.) 11:25 - 12:00 (with English closed captions)					1:00AM	2:00AM	3:00AM	4:00AM	10:00PM
5:00PM	MAGPAKAILANMAN (P) 12:15 - 1:15 (with English closed captions)	MAKA 2 (R.) 12:30 - 1:00	HOUSE OF LIES (R.) 12:00 - 12:30 (with English closed captions)					2:00AM	3:00AM	4:00AM	5:00AM	11:00PM
6:00PM	TBATS ON THE GO (P.) 1:15 - 2:00	TADHANA (R.) 1:00 - 1:30 (with English closed captions)	BORN TO SHINE (R.) 12:30 - 1:00 (with English closed captions)					3:00AM	4:00AM	5:00AM	6:00AM	12:00PM
7:00PM		REPORTER'S NOTEBOOK (R.) 1:30 - 2:00	APOY SA DUGO (R.) 1:00 - 1:30 (with English closed captions)					4:00AM	5:00AM	6:00AM	7:00AM	1:00AM
8:00PM	ALL-OUT SUNDAYS (P.) 2:00 - 3:30	GMA PINOY BLOCKBUSTER (R.) 2:00 - 4:00 "Malamaya"	FAST TALK WITH BOY ABUNDA (R.) 1:30 - 2:00					5:00AM	6:00AM	7:00AM	8:00AM	2:00AM
9:00PM	MAGPAKAILANMAN (R) 3:30 - 4:30 (with English closed captions)		IT'S SHOWTIME (R.) 2:00 - 4:20					6:00AM	7:00AM	8:00AM	9:00AM	3:00AM
10:00PM	BBLGANG (R.) 4:30 - 5:15	KAPUSO MO, JESSICA SOHO (R.) 4:00 - 5:45	I-WITNESS (P.) 4:20 - 4:50	TADHANA (R.) 4:20 - 4:50 (with English closed captions)	MAKA 2 (R.) 4:20 - 4:50	REPORTER'S NOTEBOOK (P.) 4:20 - 4:50	RESIBO (P.) 4:20 - 4:50	7:00AM	8:00AM	9:00AM	10:00AM	4:00AM
11:00PM	TBATS ON THE GO (R.) 5:15 - 6:00		THE SECRETS OF HOTEL 88 (R.) 4:50 - 5:25 (with English closed captions)					8:00AM	9:00AM	10:00AM	11:00AM	5:00AM
12:00PM	HEART WORLD SEASON 2 (R.) 6:00 - 6:45	STARS ON THE FLOOR 2026 (R) 5:45 - 6:45	SANG'GRE (R.) 5:25 - 6:05 (with English closed captions)					9:00AM	10:00AM	11:00AM	12:00PM	6:00AM
1:00AM	I-WITNESS (R.) 6:45 - 7:30 (with English closed captions)	HATING KAPATID (R.) 6:45 - 7:15 (with English closed captions)	NEVER SAY DIE (R.) 6:05 - 6:45 (with English closed captions)					10:00AM	11:00AM	12:00PM	1:00AM	7:00AM
2:00AM	REPORTER'S NOTEBOOK (R.) 7:30 - 8:00		BORN TO SHINE (R.) 6:45 - 7:15 (with English closed captions)					11:00AM	12:00PM	1:00AM	2:00AM	8:00PM
3:00AM	FAMILY TV MASS 8:00 - 9:00		UNANG HIRIT (P) 7:15 - 9:15					12:00PM	1:00AM	2:00AM	3:00AM	9:00PM
4:00AM	24 ORAS (P.) 9:00 - 9:45							1:00AM	2:00AM	3:00AM	4:00AM	10:00PM
5:00AM	GLOBAL PINOY UNLIMITED (P.) 9:45 -		24 ORAS (P) 9:15 - 10:50					2:00AM	3:00AM	4:00AM	5:00AM	11:00PM
6:00AM	RESIBO (R.) 10:00 - 10:30							3:00AM	4:00AM	5:00AM	6:00AM	12:00PM
7:00AM	SANG'GRE MARATHON (R.) 10:30 - 1:15 (with English closed captions)		FAST TALK WITH BOY ABUNDA (P.) 10:50 - 11:20					4:00AM	5:00AM	6:00AM	7:00AM	1:00AM
8:00AM								5:00AM	6:00AM	7:00AM	8:00AM	2:00AM
9:00AM								6:00AM	7:00AM	8:00AM	9:00AM	3:00AM
10:00AM								7:00AM	8:00AM	9:00AM	10:00AM	4:00AM
11:00AM								8:00AM	9:00AM	10:00AM	11:00AM	5:00AM
12:00PM			FAMILY FEUD PHILIPPINES (P.) 11:20 - 12:00					9:00AM	10:00AM	11:00AM	12:00PM	6:00AM

MNL	GMA PINOY TV PROGRAM GRID MARCH 29 - 31, 2026 MANILA (US/ CANADA)							PST / VANCOUVER (MNL -15)	MST (MNL -14)	CST (MNL -13)	EST / TORONTO (MNL -12)	HAWAII (MNL -10)
	SUNDAY MARCH 29	MONDAY MARCH 30	TUESDAY MARCH 31	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY					
12:00PM	Cont. of NEVER SAY DIE MARATHON (R.) 10:30 - 1:15 (with English closed captions)	Cont. of SANG'GRE MARATHON (R.) 10:30 - 1:15 (with English closed captions)	HOUSE OF LIES (R.) 12:00 - 12:40 (with English closed captions)					9:00AM	10:00AM	11:00AM	12:00PM	6:00AM
1:00AM			APOY SA DUGO (R.) 12:40 - 1:15 (with English closed captions)					10:00AM	11:00AM	12:00PM	1:00PM	7:00AM
2:00AM	KAPUSO MO, JESSICA SOHO (R.) 1:15 - 3:00	GMA PINOY BLOCKBUSTER (P.) 1:15 - 3:15 "Deception"	BBLGANG (P.) 1:15 - 2:00	TADHANA (P.) 1:15 - 2:00	PEPITO MANALOTO, TULOY ANG KUWENTO (P.) 1:15 - 2:00	REGAL STUDIO PRESENTS (P.) 1:15 - 2:00	MAKA 2 (P.) 1:15 - 2:00	11:00AM	12:00PM	1:00PM	2:00PM	8:00AM
3:00AM			TIKTOCLOCK: HAPPY HOUR NA (P.) 2:00 - 3:00					12:00PM	1:00PM	2:00PM	3:00PM	9:00AM
4:00AM	IT'S SHOWTIME (P.) 3:00 - 5:30	ALL-OUT SUNDAYS (R.) 3:15 - 4:45	IT'S SHOWTIME (P.) 3:00 - 4:50					1:00PM	2:00PM	3:00PM	4:00PM	10:00AM
5:00AM		STARS ON THE FLOOR 2026 (P) 4:45 - 5:35	FAST TALK WITH BOY ABUNDA (R.) 4:50 - 5:20					2:00PM	3:00PM	4:00PM	5:00PM	11:00AM
6:00AM	RESIBO (R.) 5:30 - 6:00	HEART WORLD SEASON 2 (R.) 5:35 - 6:20	SAKSI 5:20 - 6:00					3:00PM	4:00PM	5:00PM	6:00PM	12:00PM
7:00AM	BORN TO SHINE (P.) 6:00 - 6:30 (with English closed captions)	TBATS ON THE GO (R.) 6:20 - 7:00	HOUSE OF LIES (P.) 6:00 - 6:30 (with English closed captions)					4:00PM	5:00PM	6:00PM	7:00PM	1:00PM
8:00AM	REGAL STUDIO PRESENTS (R.) 6:30 - 7:00	MAKE YOUR MARC (SEASON 3) 7:00 - 7:40	BORN TO SHINE (P.) 6:30 - 7:00 (with English closed captions)					5:00PM	6:00PM	7:00PM	8:00PM	2:00PM
9:00AM	ALL IN THE FAMILY WITH DR. TESS (SEASON 7) 7:00 - 7:30	MAGPAKAILANMAN (R.) 7:40 - 8:45 (with English closed captions)	TIKTOCLOCK: HAPPY HOUR NA (R.) 7:30 - 8:15					6:00PM	7:00PM	8:00PM	9:00PM	3:00PM
10:00AM	TADHANA (R.) 7:30 - 8:10 (with English closed captions)	I-WITNESS (R.) 8:10 - 8:45 (with English closed captions)	FAMILY FEUD PHILIPPINES (R.) 8:15 - 8:45					7:00PM	8:00PM	9:00PM	10:00PM	4:00PM
11:00AM	I-WITNESS (R.) 8:10 - 8:45 (with English closed captions)	24 ORAS (R.) 8:45 - 9:30	24 ORAS (R.) 8:45 - 10:15					8:00PM	9:00PM	10:00PM	11:00PM	5:00PM
12:00PM	24 ORAS (R.) 8:45 - 9:30	HEART WORLD SEASON 2 (P.) 9:30 - 10:15	SANG'GRE (P.) 10:15 - 10:50 (with English closed captions)					9:00PM	10:00PM	11:00PM	12:00PM	6:00PM
1:00PM	BORN TO SHINE (P.) 11:40 - 12:15 (with English closed captions)	GLOBAL PINOY UNLIMITED (R.) 9:30 - 9:45	NEVER SAY DIE (P.) 10:50 - 11:25 (with English closed captions)					10:00PM	11:00PM	12:00PM	1:00AM	7:00PM
2:00PM	PEPITO MANALOTO, TULOY ANG KUWENTO (R.) 10:15 - 11:00 (with English closed captions)	KAPUSO MO, JESSICA SOHO (P.) 9:45 - 11:30	THE SECRETS OF HOTEL 88 (P.) 11:25 - 12:00 (with English closed captions)					11:00PM	12:00PM	1:00AM	2:00AM	8:00PM
3:00PM	BBLGANG (R.) 11:00 - 11:40	STARS ON THE FLOOR 2026 (R) 11:30 - 12:30	HOUSE OF LIES (R.) 12:00 - 12:30 (with English closed captions)					12:00PM	1:00AM	2:00AM	3:00AM	9:00PM
4:00PM	BORN TO SHINE (R.) 11:40 - 12:15 (with English closed captions)	MAKA 2 (R.) 12:30 - 1:00	BORN TO SHINE (R.) 12:30 - 1:00 (with English closed captions)					1:00AM	2:00AM	3:00AM	4:00AM	10:00PM
5:00PM	MAGPAKAILANMAN (P) 12:15 - 1:15 (with English closed captions)	TADHANA (R.) 1:00 - 1:30 (with English closed captions)	APOY SA DUGO (R.) 1:00 - 1:30 (with English closed captions)					2:00AM	3:00AM	4:00AM	5:00AM	11:00PM
6:00PM	TBATS ON THE GO (P.) 1:15 - 2:00	REPORTER'S NOTEBOOK (R.) 1:30 - 2:00	FAST TALK WITH BOY ABUNDA (R.) 1:30 - 2:00					3:00AM	4:00AM	5:00AM	6:00AM	12:00PM
7:00PM	ALL-OUT SUNDAYS (P.) 2:00 - 3:30	GMA PINOY BLOCKBUSTER (R.) 2:00 - 4:00 "Deception"	IT'S SHOWTIME (R.) 2:00 - 4:20					4:00AM	5:00AM	6:00AM	7:00AM	1:00AM
8:00PM	MAGPAKAILANMAN (R) 3:30 - 4:30 (with English closed captions)	KAPUSO MO, JESSICA SOHO (R.) 4:00 - 5:45	I-WITNESS (P.) 4:20 - 4:50	TADHANA (R) 4:20 - 4:50 (with English closed captions)	MAKA 2 (R.) 4:20 - 4:50	REPORTER'S NOTEBOOK (P.) 4:20 - 4:50	RESIBO (P.) 4:20 - 4:50	5:00AM	6:00AM	7:00AM	8:00AM	2:00AM
9:00PM	BBLGANG (R.) 4:30 - 5:15	STARS ON THE FLOOR 2026 (R) 5:45 - 6:45	THE SECRETS OF HOTEL 88 (R.) 4:50 - 5:25 (with English closed captions)					6:00AM	7:00AM	8:00AM	9:00AM	3:00AM
10:00PM	TBATS ON THE GO (R.) 5:15 - 6:00		SANG'GRE (R.) 5:25 - 6:05 (with English closed captions)					7:00AM	8:00AM	9:00AM	10:00AM	4:00AM
11:00PM	HEART WORLD SEASON 2 (R.) 6:00 - 6:45		NEVER SAY DIE (R.) 6:05 - 6:45 (with English closed captions)					8:00AM	9:00AM	10:00AM	11:00AM	5:00AM
12:00PM	I-WITNESS (R.) 6:45 - 7:30 (with English closed captions)		BORN TO SHINE (R.) 6:45 - 7:15 (with English closed captions)					9:00AM	10:00AM	11:00AM	12:00PM	6:00AM
1:00AM	REPORTER'S NOTEBOOK (R.) 7:30 - 8:00		UNANG HIRIT (P) 7:15 - 9:15					10:00AM	11:00AM	12:00PM	1:00AM	7:00AM
2:00AM	FAMILY TV MASS 8:00 - 9:00		MAGPAKAILANMAN (R.) 7:15 - 8:15 (with English closed captions)					11:00AM	12:00PM	1:00AM	2:00AM	8:00AM
3:00AM	24 ORAS (P.) 9:00 - 9:45		PEPITO MANALOTO, TULOY ANG KUWENTO (R.) 8:15 - 9:00 (with English closed captions)					12:00PM	1:00AM	2:00AM	3:00AM	9:00AM
4:00AM	GLOBAL PINOY UNLIMITED (P.) 9:45 -		24 ORAS (P) 9:15 - 10:50					1:00AM	2:00AM	3:00AM	4:00AM	10:00PM
5:00AM	RESIBO (R.) 10:00 - 10:30		FAST TALK WITH BOY ABUNDA (P.) 10:50 - 11:20					2:00AM	3:00AM	4:00AM	5:00AM	11:00PM
6:00AM	SANG'GRE MARATHON (R.) 10:30 - 1:15 (with English closed captions)		FAMILY FEUD PHILIPPINES (P.) 11:20 - 12:00					3:00AM	4:00AM	5:00AM	6:00AM	12:00PM
7:00AM								4:00AM	5:00AM	6:00AM	7:00AM	1:00AM
8:00AM								5:00AM	6:00AM	7:00AM	8:00AM	2:00AM
9:00AM								6:00AM	7:00AM	8:00AM	9:00AM	3:00AM
10:00AM								7:00AM	8:00AM	9:00AM	10:00AM	4:00AM
11:00AM								8:00AM	9:00AM	10:00AM	11:00AM	5:00AM
12:00PM								9:00AM	10:00AM	11:00AM	12:00PM	6:00AM