

MLA	GMA NEWS TV PROGRAMMING JUNE 1 - 6, 2026 GRID (MANILA/ MALAYSIA/ SINGAPORE)							JAPAN (MLA + 1)	AU (MLA + 2)	NEW ZEALAND (MLA + 4)	ITALY (MLA - 6)	UK (MLA - 7)			
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY								
	JUNE.1	JUNE.2	JUNE.3	JUNE.4	JUNE.5	JUNE.6									
12:00MN	GOOD NEWS (R.) 12:00 - 12:45	REEL TIME MARATHON (R) 9:30 - 2:30	REEL TIME (R) 11:45 - 12:45							1:00AM	2:00AM	4:00AM	6:00PM	5:00PM	
1:00AM	PERA PARAAN (R.) 12:45 - 1:30		STATE OF THE NATION (P) 12:45 - 1:15							2:00AM	3:00AM	5:00AM	7:00PM	6:00PM	
2:00AM	BRIGADA (R) 1:30 - 2:30		GOOD NEWS (R) 1:15 - 2:00	PINOY CRIME STORIES (R) 1:15 - 2:00	PERA PARAAN (R) 1:15 - 2:00	INVESTIGATIVE DOCUMENTARIES (R) 1:15 - 2:00	BORN IMPACT (R) 1:15 - 2:00	SAKSI (P) 2:00 - 2:30							
3:00AM	INVESTIGATIVE DOCUMENTARIES (R) 2:30 - 3:30	DOKUMENTARYO (I-WITNESS CLASSICS) MARATHON (P) 2:30 - 5:30	BALITANG BISDAK (P) 2:30 - 3:15							4:00AM	5:00AM	7:00AM	9:00PM	8:00PM	
4:00AM	AGRIPRENEUR (R) 3:30 - 4:00		ONE NORTH CENTRAL LUZON (P) 3:15 - 4:00							5:00AM	6:00AM	8:00AM	10:00PM	9:00PM	
5:00AM	GOOD NEWS (R) 4:00 - 5:00		ONE MINDANAO (P) 4:00 - 4:45							6:00AM	7:00AM	9:00AM	11:00PM	10:00PM	
6:00AM	BRIGADA (R) 5:00 - 6:00		ONE WESTERN VISAYAS (P) 4:45 - 5:30							7:00AM	8:00AM	10:00AM	12:00MN	11:00PM	
7:00AM	RESCUE (P) 6:00 - 6:30		FRONT ROW (R.) 5:30 - 6:15	STATE OF THE NATION (R) 5:30 - 6:15							8:00AM	9:00AM	11:00AM	1:00AM	12:00MN
8:00AM	FRONT ROW (P) 6:30 - 7:15		AGRIPRENEUR (R.) 6:15 - 7:00	SAKSI (R) 6:15 - 6:45							9:00AM	10:00AM	12:00NN	2:00AM	1:00AM
8:00AM	IMBESTIGADOR (P) 7:15 - 8:00	BORN IMPACT (R) 7:00 - 7:45	BALITANGHALI (R) 6:45 - 7:45							10:00AM	11:00AM	1:00PM	3:00AM	2:00AM	
8:00AM	AGRIPRENEUR (R) 8:00 - 8:45	GOOD NEWS (P) 7:45 - 8:30	PINOY CRIME STORIES (P) 7:45 - 8:30	PERA PARAAN (P) 7:45 - 8:30	INVESTIGATIVE DOCUMENTARIES (P) 7:45 - 8:30	BRIGADA (P) 7:45 - 8:30	BORN IMPACT (P) 7:45 - 8:30	DOBOL B TV (P) 8:30 - 12:00							
9:00AM	INVESTIGATIVE DOCUMENTARIES (R) 8:45 - 9:45	DOBOL B TV (P) 8:30 - 12:00							DOBOL B TV 8:30 - 11:30						
10:00AM	BORN IMPACT (R) 9:45 - 10:30								IMBESTIGADOR (R.) 11:30 - 12:15						
11:00AM	GOOD NEWS (R) 10:30 - 11:30								RESCUE (R) 12:15 - 12:45						
12:00MN	RESCUE (R) 11:30 - 12:00								FRONT ROW (R) 12:45 - 1:30						
1:00PM	DOKUMENTARYO (I-WITNESS CLASSICS) MARATHON (P) 12:00 - 3:00	DOKUMENTARYO (I-WITNESS CLASSICS) (P.) 12:00 - 12:45							PINOY CRIME STORIES (R.) 1:30 - 2:15						
2:00PM		GOOD NEWS (R) 1:45 - 2:45	IMBESTIGADOR (R.) 1:45 - 2:30	BORN IMPACT (R) 1:45 - 2:30	PERA PARAAN (R.) 1:45 - 2:45	AGRIPRENEUR (R) 1:45 - 2:30	AGRIPRENEUR (R) 2:15 - 3:00								
3:00PM		PINOY CRIME STORIES (R.) 2:45 - 3:30	BRIGADA (R) 2:30 - 3:30	FRONT ROW (R) 2:30 - 3:15	GOOD NEWS (R) 2:45 - 3:30	IMBESTIGADOR (R.) 2:30 - 3:15	BORN IMPACT (R) 3:00 - 3:30								
4:00PM		IMBESTIGADOR (R) 3:00 - 3:45	IMBESTIGADOR (R) 3:30 - 4:15	PERA PARAAN (R.) 3:30 - 4:15	INVESTIGATIVE DOCUMENTARIES (R) 3:15 - 4:15	FRONT ROW (R) 3:30 - 4:15	BORN IMPACT (R) 3:45 - 4:15	JUST FACTS (P) 3:30 - 3:45							
5:00PM	INVESTIGATIVE DOCUMENTARIES (R) 4:30 - 5:30	DOKUMENTARYO (I-WITNESS CLASSICS) (R) 4:15 - 5:00							INVESTIGATIVE DOCUMENTARIES (R) 3:45 - 4:45						
6:00PM	FRONT ROW (R) 5:30 - 6:00	BALITANGHALI (P) 5:00 - 6:00							RESCUE (R) 4:45 - 5:15						
7:00PM	PERA PARAAN (R) 6:00 - 7:00	REEL TIME (R) 6:00 - 7:00							GOOD NEWS (R) 5:15 - 6:15						
8:00PM	AGRIPRENEUR (R) 7:00 - 7:30	PINOY CRIME STORIES (R) 7:00 - 8:00	BRIGADA (R) 7:00 - 8:00	INVESTIGATIVE DOCUMENTARIES (R) 7:00 - 8:00	BORN IMPACT (R) 7:00 - 7:30	PERA PARAAN (R) 7:00 - 8:00	BRIGADA (R) 6:15 - 7:15								
8:00PM	IMBESTIGADOR (R) 7:30 - 8:15				FRONT ROW (R) 7:30 - 8:00		AGRIPRENEUR (R) 7:15 - 8:00								
9:00PM	PINOY CRIME STORIES (R.) 8:15 - 9:00	FRONT ROW (R) 8:00 - 8:30	BALITANG BISDAK (R) 8:00 - 8:45							FRONT ROW (R) 7:30 - 8:00					
9:00PM	RESCUE (R) 9:00 - 9:30	PERA PARAAN (R.) 8:30 - 9:15	ONE NORTH CENTRAL LUZON (R) 8:45 - 9:30							PERA PARAAN (R) 7:00 - 8:00					
10:00PM	REEL TIME MARATHON (R) 9:30 - 2:30	BRIGADA (R.) 9:15 - 10:15	ONE MINDANAO (R) 9:30 - 10:00							BORN IMPACT (R) 3:45 - 4:15					
10:00PM		RESCUE (R) 10:15 - 10:45	ONE WESTERN VISAYAS (R) 10:00 - 10:45							IMBESTIGADOR (R) 2:30 - 3:00					
11:00PM		BALITANGHALI (R) 10:45 - 11:45							GOOD NEWS (R) 5:15 - 6:15						
12:00MN	REEL TIME (R) 11:45 - 12:45							BRIGADA (R) 6:15 - 7:15							
								PINOY CRIME STORIES (R) 10:45 - 11:30							
								AGRIPRENEUR (P) 11:30 - 12:00							
								1:00AM	2:00AM	4:00AM	6:00PM	5:00PM			

MLA	GMA NEWS TV PROGRAMMING JUNE 7 - 13, 2026 GRID (MANILA/ MALAYSIA/ SINGAPORE)							JAPAN (MLA + 1)	AU (MLA + 2)	NEW ZEALAND (MLA + 4)	ITALY (MLA - 6)	UK (MLA - 7)														
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																			
	JUNE 7	JUNE 8	JUNE 9	JUNE 10	JUNE 11	JUNE 12	JUNE 13																			
12:00MN	GOOD NEWS (R) 12:00 - 12:45	REEL TIME MARATHON (R) 9:30 - 2:30	REEL TIME (R) 11:45 - 12:45					1:00AM	2:00AM	4:00AM	6:00PM	5:00PM														
1:00AM	PERA PARAAN (R) 12:45 - 1:30		STATE OF THE NATION (P) 12:45 - 1:15					2:00AM	3:00AM	5:00AM	7:00PM	6:00PM														
2:00AM	BRIGADA (R) 1:30 - 2:15		GOOD NEWS (R) 1:15 - 2:00	PINOY CRIME STORIES (R) 1:15 - 2:00	PERA PARAAN (R) 1:15 - 2:00	INVESTIGATIVE DOCUMENTARIES (R) 1:15 - 2:00	BORN IMPACT (R) 1:15 - 2:00	3:00AM	4:00AM	6:00AM	8:00PM	7:00PM														
	JUST FACTS (R) 2:15 - 2:30		SAKSI (P) 2:00 - 2:30					3:00AM	4:00AM	6:00AM	8:00PM	7:00PM														
3:00AM	INVESTIGATIVE DOCUMENTARIES (R) 2:30 - 3:30	DOKUMENTARYO (I-WITNESS CLASSICS) MARATHON (P) 2:30 - 5:30	BALITANG BISDAK (P) 2:30 - 3:15					4:00AM	5:00AM	7:00AM	9:00PM	8:00PM														
4:00AM	AGRIPRENEUR (R) 3:30 - 4:00		ONE NORTH CENTRAL LUZON (P) 3:15 - 4:00					5:00AM	6:00AM	8:00AM	10:00PM	9:00PM														
5:00AM	GOOD NEWS (R) 4:00 - 5:00		ONE MINDANAO (P) 4:00 - 4:45					6:00AM	7:00AM	9:00AM	11:00PM	10:00PM														
6:00AM	BRIGADA (R) 5:00 - 6:00		ONE WESTERN VISAYAS (P) 4:45 - 5:30					7:00AM	8:00AM	10:00AM	12:00NN	11:00PM														
7:00AM	RESCUE (P) 6:00 - 6:30		FRONT ROW (R) 5:30 - 6:15	STATE OF THE NATION (R) 5:30 - 6:15					8:00AM	9:00AM	11:00AM	1:00AM	12:00NN													
8:00AM	FRONT ROW (P) 6:30 - 7:15		AGRIPRENEUR (R) 6:15 - 7:00	SAKSI (R) 6:15 - 6:45					9:00AM	10:00AM	12:00NN	2:00AM	1:00AM													
9:00AM	IMBESTIGADOR (P) 7:15 - 8:00	BORN IMPACT (R) 7:00 - 7:45	BALITANGHALI (R) 6:45 - 7:45					10:00AM	11:00AM	1:00PM	3:00AM	2:00AM														
10:00AM	AGRIPRENEUR (R) 8:00 - 8:45	GOOD NEWS (P) 7:45 - 8:30	PINOY CRIME STORIES (P) 7:45 - 8:30	PERA PARAAN (P) 7:45 - 8:30	INVESTIGATIVE DOCUMENTARIES (P) 7:45 - 8:30	BRIGADA (P) 7:45 - 8:30	BORN IMPACT (P) 7:45 - 8:30	DOBOL B TV (P) 8:30 - 12:00																		
11:00AM	INVESTIGATIVE DOCUMENTARIES (R) 8:45 - 9:45	DOKUMENTARYO (I-WITNESS CLASSICS) (P.) 12:00 - 12:45					DOBOL B TV (P) 8:30 - 11:30																			
12:00NN	JUST FACTS (R) 9:45 - 10:00												REEL TIME (P) 12:45 - 1:45					IMBESTIGADOR (R) 11:30 - 12:15								
1:00PM	BORN IMPACT (R) 10:00 - 10:30																						REEL TIME (P) 12:45 - 1:45			
2:00PM	GOOD NEWS (R) 10:30 - 11:30	GOOD NEWS (R) 1:45 - 2:45	IMBESTIGADOR (R) 1:45 - 2:30	BORN IMPACT (R) 1:45 - 2:15	PERA PARAAN (R) 1:45 - 2:45	AGRIPRENEUR (R) 1:45 - 2:30	PINOY CRIME STORIES (R.) 1:30 - 2:15	3:00PM	4:00PM	6:00PM	8:00AM	7:00AM														
3:00PM	RESCUE (R) 11:30 - 12:00	PINOY CRIME STORIES (R.) 2:45 - 3:30	BRIGADA (R) 2:30 - 3:30	FRONT ROW (R) 2:30 - 3:15	GOOD NEWS (R) 2:45 - 3:30	IMBESTIGADOR (R) 2:30 - 3:15	AGRIPRENEUR (R) 2:15 - 3:00	4:00PM	5:00PM	7:00PM	9:00AM	8:00AM														
4:00PM	DOKUMENTARYO (I-WITNESS CLASSICS) MARATHON (P) 12:00 - 3:00	IMBESTIGADOR (R) 3:30 - 4:15	PERA PARAAN (R) 3:30 - 4:15	INVESTIGATIVE DOCUMENTARIES (R) 3:15 - 4:15	FRONT ROW (R) 3:30 - 4:15	BORN IMPACT (R) 3:45 - 4:15	BORN IMPACT (R) 3:00 - 3:30	5:00PM	6:00PM	8:00PM	10:00AM	9:00AM														
5:00PM	INVESTIGATIVE DOCUMENTARIES (R) 4:30 - 5:30	DOKUMENTARYO (I-WITNESS CLASSICS) (R) 4:15 - 5:00					JUST FACTS (P) 3:30 - 3:45																			
6:00PM	FRONT ROW (R) 5:30 - 6:00	BALITANGHALI (P) 5:00 - 6:00					INVESTIGATIVE DOCUMENTARIES (R) 3:45 - 4:45																			
7:00PM	PERA PARAAN (R) 6:00 - 7:00	REEL TIME (R) 6:00 - 7:00					RESCUE (R) 4:45 - 5:15																			
8:00PM	AGRIPRENEUR (R) 7:00 - 7:30	PINOY CRIME STORIES (R) 7:00 - 8:00	BRIGADA (R) 7:00 - 8:00	INVESTIGATIVE DOCUMENTARIES (R) 7:00 - 8:00	BORN IMPACT (R) 7:00 - 7:30	PERA PARAAN (R) 7:00 - 8:00	AGRIPRENEUR (R) 7:15 - 8:00	6:00PM	7:00PM	9:00PM	11:00AM	10:00AM														
9:00PM	IMBESTIGADOR (R) 7:30 - 8:15	FRONT ROW (R) 8:00 - 8:30	BALITANG BISDAK (R) 8:00 - 8:45					7:00PM	8:00PM	10:00PM	12:00NN	11:00AM														
10:00PM	PINOY CRIME STORIES (R.) 8:15 - 9:00	PERA PARAAN (R) 8:30 - 9:15	ONE NORTH CENTRAL LUZON (R) 8:45 - 9:30					8:00PM	9:00PM	11:00PM	1:00PM	12:00NN														
11:00PM	RESCUE (R) 9:00 - 9:30	BRIGADA (R.) 9:15 - 10:15	ONE MINDANAO (R) 9:30 - 10:00					9:00PM	10:00PM	12:00NN	2:00PM	1:00PM														
12:00NN	REEL TIME MARATHON (R) 9:30 - 2:30	RESCUE (R) 10:15 - 10:45	ONE WESTERN VISAYAS (R) 10:00 - 10:45					10:00PM	11:00PM	1:00AM	3:00PM	2:00PM														
		BALITANGHALI (R) 10:45 - 11:45					GOOD NEWS (R) 5:15 - 6:15																			
		REEL TIME (R) 11:45 - 12:45					BRIGADA (R) 6:15 - 7:15																			
							PINYOY CRIME STORIES (R) 10:45 - 11:30																			
							AGRIPRENEUR (P) 11:30 - 12:00																			
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							FRONT ROW (R) 8:00 - 8:30																			
							BALITANG BISDAK (R) 8:00 - 8:45																			
							ONE NORTH CENTRAL LUZON (R) 8:45 - 9:30																			
							ONE MINDANAO (R) 9:30 - 10:00																			
							ONE WESTERN VISAYAS (R) 10:00 - 10:45																			
							BALITANGHALI (R) 10:45 - 11:45																			
							PINYOY CRIME STORIES (R) 10:45 - 11:30																			
							AGRIPRENEUR (P) 11:30 - 12:00																			
							FRONT ROW (R) 8:00 - 8:30																			
							BALITANG BISDAK (R) 8:00 - 8:45																			
							ONE NORTH CENTRAL LUZON (R) 8:45 - 9:30																			
							ONE MINDANAO (R) 9:30 - 10:00																			
							ONE WESTERN VISAYAS (R) 10:00 - 10:45																			

MLA	GMA NEWS TV PROGRAMMING JUNE 14 - 20, 2026 GRID (MANILA/ MALAYSIA/ SINGAPORE)							JAPAN (MLA + 1)	AU (MLA + 2)	NEW ZEALAND (MLA + 4)	ITALY (MLA - 6)	UK (MLA - 7)				
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY									
	JUNE 14	JUNE 15	JUNE 16	JUNE 17	JUNE 18	JUNE 19	JUNE 20									
12:00MN	GOOD NEWS (R) 12:00 - 12:45	REEL TIME MARATHON (R) 9:30 - 2:30	REEL TIME (R) 11:45 - 12:45					1:00AM	2:00AM	4:00AM	6:00PM	5:00PM				
1:00AM	PERA PARAAN (R) 12:45 - 1:30		STATE OF THE NATION (P) 12:45 - 1:15					2:00AM	3:00AM	5:00AM	7:00PM	6:00PM				
2:00AM	BRIGADA (R) 1:30 - 2:15		GOOD NEWS (R) 1:15 - 2:00	PINOY CRIME STORIES (R) 1:15 - 2:00	PERA PARAAN (R) 1:15 - 2:00	INVESTIGATIVE DOCUMENTARIES (R) 1:15 - 2:00	BORN IMPACT (R) 1:15 - 2:00	3:00AM	4:00AM	6:00AM	8:00PM	7:00PM				
	JUST FACTS (R) 2:15 - 2:30		SAKSI (P) 2:00 - 2:30					3:00AM	4:00AM	6:00AM	8:00PM	7:00PM				
3:00AM	INVESTIGATIVE DOCUMENTARIES (R) 2:30 - 3:30	DOKUMENTARYO (I-WITNESS CLASSICS) MARATHON (P) 2:30 - 5:30	BALITANG BISDAK (P) 2:30 - 3:15					4:00AM	5:00AM	7:00AM	9:00PM	8:00PM				
4:00AM	AGRIPRENEUR (R) 3:30 - 4:00		ONE NORTH CENTRAL LUZON (P) 3:15 - 4:00					5:00AM	6:00AM	8:00AM	10:00PM	9:00PM				
5:00AM	GOOD NEWS (R) 4:00 - 5:00		ONE MINDANAO (P) 4:00 - 4:45					6:00AM	7:00AM	9:00AM	11:00PM	10:00PM				
	BRIGADA (R) 5:00 - 6:00		ONE WESTERN VISAYAS (P) 4:45 - 5:30					6:00AM	7:00AM	9:00AM	11:00PM	10:00PM				
6:00AM	RESCUE (P) 6:00 - 6:30		FRONT ROW (R) 5:30 - 6:15	STATE OF THE NATION (R) 5:30 - 6:15					7:00AM	8:00AM	10:00AM	12:00MN	11:00PM			
	FRONT ROW (P) 6:30 - 7:15		AGRIPRENEUR (R) 6:15 - 7:00	SAKSI (R) 6:15 - 6:45					7:00AM	8:00AM	10:00AM	12:00MN	11:00PM			
7:00AM	IMBESTIGADOR (P) 7:15 - 8:00	BORN IMPACT (R) 7:00 - 7:45	BALITANGHALI (R) 6:45 - 7:45					8:00AM	9:00AM	11:00AM	1:00AM	12:00MN				
8:00AM	AGRIPRENEUR (R) 8:00 - 8:45	GOOD NEWS (P) 7:45 - 8:30	PINOY CRIME STORIES (P) 7:45 - 8:30	PERA PARAAN (P) 7:45 - 8:30	INVESTIGATIVE DOCUMENTARIES (P) 7:45 - 8:30	BRIGADA (P) 7:45 - 8:30	BORN IMPACT (P) 7:45 - 8:30	9:00AM	10:00AM	12:00NN	2:00AM	1:00AM				
9:00AM	INVESTIGATIVE DOCUMENTARIES (R) 8:45 - 9:45	DOBOL B TV (P) 8:30 - 12:00					DOBOL B TV 8:30 - 11:30					10:00AM	11:00AM	1:00PM	3:00AM	2:00AM
10:00AM	JUST FACTS (R) 9:45 - 10:00											10:00AM	12:00NN	2:00PM	4:00AM	3:00AM
11:00AM	BORN IMPACT (R) 10:00 - 10:30											12:00NN	1:00PM	3:00PM	5:00AM	4:00AM
	GOOD NEWS (R) 10:30 - 11:30											1:00PM	2:00PM	4:00PM	6:00AM	5:00AM
12:00MN	RESCUE (R) 11:30 - 12:00	DOKUMENTARYO (I-WITNESS CLASSICS) (P.) 12:00 - 12:45					IMBESTIGADOR (R) 11:30 - 12:15	1:00PM	2:00PM	4:00PM	6:00AM	5:00AM				
1:00PM	DOKUMENTARYO (I-WITNESS CLASSICS) MARATHON (P) 12:00 - 3:00	REEL TIME (P) 12:45 - 1:45					RESCUE (R) 12:15 - 12:45	2:00PM	3:00PM	5:00PM	7:00AM	6:00AM				
2:00PM		GOOD NEWS (R) 1:45 - 2:45	IMBESTIGADOR (R.) 1:45 - 2:30	BORN IMPACT (R) 1:45 - 2:15	PERA PARAAN (R.) 1:45 - 2:45	AGRIPRENEUR (R) 1:45 - 2:30	PINOY CRIME STORIES (R.) 1:30 - 2:15	3:00PM	4:00PM	6:00PM	8:00AM	7:00AM				
				JUST FACTS (R) 2:15 - 2:30			AGRIPRENEUR (R) 2:15 - 3:00	4:00PM	5:00PM	7:00PM	9:00AM	8:00AM				
3:00PM		IMBESTIGADOR (R) 3:00 - 3:45	PINOY CRIME STORIES (R.) 2:45 - 3:30	BRIGADA (R) 2:30 - 3:30	FRONT ROW (R) 2:30 - 3:15	GOOD NEWS (R) 2:45 - 3:30	IMBESTIGADOR (R.) 2:30 - 3:15	BORN IMPACT (R) 3:00 - 3:30	4:00PM	5:00PM	7:00PM	9:00AM	8:00AM			
4:00PM	PINOY CRIME STORIES (R.) 3:45 - 4:30	IMBESTIGADOR (R) 3:30 - 4:15	PERA PARAAN (R.) 3:30 - 4:15	INVESTIGATIVE DOCUMENTARIES (R) 3:15 - 4:15	FRONT ROW (R) 3:30 - 4:15	BORN IMPACT (R) 3:45 - 4:15	JUST FACTS (P) 3:30 - 3:45	5:00PM	6:00PM	8:00PM	10:00AM	9:00AM				
5:00PM	INVESTIGATIVE DOCUMENTARIES (R) 4:30 - 5:30	DOKUMENTARYO (I-WITNESS CLASSICS) (R) 4:15 - 5:00					INVESTIGATIVE DOCUMENTARIES (R) 3:45 - 4:45	6:00PM	7:00PM	9:00PM	11:00AM	10:00AM				
6:00PM	FRONT ROW (R) 5:30 - 6:00	BALITANGHALI (P) 5:00 - 6:00					RESCUE (R) 4:45 - 5:15	6:00PM	7:00PM	9:00PM	11:00AM	10:00AM				
	PERA PARAAN (R) 6:00 - 7:00	REEL TIME (R) 6:00 - 7:00					GOOD NEWS (R) 5:15 - 6:15	7:00PM	8:00PM	10:00PM	12:00NN	11:00AM				
7:00PM	AGRIPRENEUR (R) 7:00 - 7:30	BALITANGHALI (P) 6:00 - 7:00					BRIGADA (R) 6:15 - 7:15	8:00PM	9:00PM	11:00PM	1:00PM	12:00NN				
8:00PM	IMBESTIGADOR (R) 7:30 - 8:15						PINOY CRIME STORIES (R) 7:00 - 8:00	BRIGADA (R) 7:00 - 8:00	INVESTIGATIVE DOCUMENTARIES (R) 7:00 - 8:00	BORN IMPACT (R) 7:00 - 7:30	PERA PARAAN (R) 7:00 - 8:00	AGRIPRENEUR (R) 7:15 - 8:00	9:00PM	10:00PM	12:00MN	2:00PM
	PINOY CRIME STORIES (R.) 8:15 - 9:00	FRONT ROW (R) 8:00 - 8:30	BALITANG BISDAK (R) 8:00 - 8:45					9:00PM	10:00PM	12:00MN	2:00PM	1:00PM				
9:00PM	RESCUE (R) 9:00 - 9:30	PERA PARAAN (R.) 8:30 - 9:15	ONE NORTH CENTRAL LUZON (R) 8:45 - 9:30					10:00PM	11:00PM	1:00AM	3:00PM	2:00PM				
10:00PM	REEL TIME MARATHON (R) 9:30 - 2:30	BRIGADA (R.) 9:15 - 10:15	ONE MINDANAO (R) 9:30 - 10:00					11:00PM	12:00MN	2:00AM	4:00PM	3:00PM				
		RESCUE (R) 10:15 - 10:45	ONE WESTERN VISAYAS (R) 10:00 - 10:45					12:00MN	1:00AM	3:00AM	5:00PM	4:00PM				
11:00PM		BALITANGHALI (R) 10:45 - 11:45					PINOY CRIME STORIES (R) 10:45 - 11:30	12:00MN	1:00AM	3:00AM	5:00PM	4:00PM				
12:00MN		REEL TIME (R) 11:45 - 12:45					AGRIPRENEUR (P) 11:30 - 12:00	1:00AM	2:00AM	4:00AM	6:00PM	5:00PM				

MLA	GMA NEWS TV PROGRAMMING JUNE 21 - 27, 2026 GRID (MANILA/ MALAYSIA/ SINGAPORE)							JAPAN (MLA + 1)	AU (MLA + 2)	NEW ZEALAND (MLA + 4)	ITALY (MLA - 6)	UK (MLA - 7)			
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY								
	JUNE 21	JUNE 22	JUNE 23	JUNE 24	JUNE 25	JUNE 26	JUNE 27								
12:00MN	GOOD NEWS (R.) 12:00 - 12:45	REEL TIME MARATHON (R) 9:30 - 2:30	PICKLE YARD CONFERENCE LEAGUE (P) 11:45 - 12:45							1:00AM	2:00AM	4:00AM	6:00PM	5:00PM	
1:00AM	PERA PARAAN (R.) 12:45 - 1:30		STATE OF THE NATION (P) 12:45 - 1:15							2:00AM	3:00AM	5:00AM	7:00PM	6:00PM	
2:00AM	BRIGADA (R) 1:30 - 2:15		GOOD NEWS (R) 1:15 - 2:00	PINOY CRIME STORIES (R) 1:15 - 2:00	PERA PARAAN (R) 1:15 - 2:00	INVESTIGATIVE DOCUMENTARIES (R) 1:15 - 2:00	BORN IMPACT (R) 1:15 - 2:00								
	JUST FACTS (R) 2:15 - 2:30		SAKSI (P) 2:00 - 2:30							3:00AM	4:00AM	6:00AM	8:00PM	7:00PM	
3:00AM	INVESTIGATIVE DOCUMENTARIES (R) 2:30 - 3:30	DOKUMENTARYO (I-WITNESS CLASSICS) MARATHON (P) 2:30 - 5:30	BALITANG BISDAK (P) 2:30 - 3:15							4:00AM	5:00AM	7:00AM	9:00PM	8:00PM	
4:00AM	AGRIPRENEUR (R) 3:30 - 4:00		ONE NORTH CENTRAL LUZON (P) 3:15 - 4:00							5:00AM	6:00AM	8:00AM	10:00PM	9:00PM	
5:00AM	GOOD NEWS (R) 4:00 - 5:00		ONE MINDANAO (P) 4:00 - 4:45							6:00AM	7:00AM	9:00AM	11:00PM	10:00PM	
6:00AM	BRIGADA (R) 5:00 - 6:00		ONE WESTERN VISAYAS (P) 4:45 - 5:30							7:00AM	8:00AM	10:00AM	12:00NN	11:00PM	
7:00AM	RESCUE (P) 6:00 - 6:30		FRONT ROW (R.) 5:30 - 6:15	STATE OF THE NATION (R) 5:30 - 6:15							8:00AM	9:00AM	11:00AM	1:00AM	12:00NN
8:00AM	FRONT ROW (P) 6:30 - 7:15		AGRIPRENEUR (R.) 6:15 - 7:00	SAKSI (R) 6:15 - 6:45							9:00AM	10:00AM	12:00NN	2:00AM	1:00AM
8:00AM	IMBESTIGADOR (P) 7:15 - 8:00	BORN IMPACT (R) 7:00 - 7:45	PICKLE YARD CONFERENCE LEAGUE (R) 6:45 - 7:45							10:00AM	11:00AM	1:00PM	3:00AM	2:00AM	
9:00AM	AGRIPRENEUR (R) 8:00 - 8:45	GOOD NEWS (P) 7:45 - 8:30	PINOY CRIME STORIES (P) 7:45 - 8:30	PERA PARAAN (P) 7:45 - 8:30	INVESTIGATIVE DOCUMENTARIES (P) 7:45 - 8:30	BRIGADA (P) 7:45 - 8:30	BORN IMPACT (P) 7:45 - 8:30	DOBOL B TV (P) 8:30 - 12:00							
10:00AM	INVESTIGATIVE DOCUMENTARIES (R) 8:45 - 9:45	DOBOL B TV (P) 8:30 - 12:00							DOBOL B TV 8:30 - 11:30						
11:00AM	JUST FACTS (R) 9:45 - 10:00								DOBOL B TV 8:30 - 11:30						
12:00NN	BORN IMPACT (R) 10:00 - 10:30								DOBOL B TV 8:30 - 11:30						
1:00PM	GOOD NEWS (R) 10:30 - 11:30								DOBOL B TV 8:30 - 11:30						
1:00PM	RESCUE (R) 11:30 - 12:00	DOKUMENTARYO (I-WITNESS CLASSICS) (P.) 12:00 - 12:45							IMBESTIGADOR (R.) 11:30 - 12:15	1:00PM	2:00PM	4:00PM	6:00AM	5:00AM	
2:00PM	DOKUMENTARYO (I-WITNESS CLASSICS) MARATHON (P) 12:00 - 3:00	REEL TIME (P) 12:45 - 1:45							RESCUE (R.) 12:15 - 12:45	2:00PM	3:00PM	5:00PM	7:00AM	6:00AM	
3:00PM		GOOD NEWS (R) 1:45 - 2:45	IMBESTIGADOR (R.) 1:45 - 2:30	BORN IMPACT (R) 1:45 - 2:15	PERA PARAAN (R.) 1:45 - 2:45	AGRIPRENEUR (R) 1:45 - 2:30	PINOY CRIME STORIES (R.) 1:30 - 2:15	3:00PM	4:00PM	6:00PM	8:00AM	7:00AM			
4:00PM		JUST FACTS (R) 2:15 - 2:30	FRONT ROW (R) 2:30 - 3:15		GOOD NEWS (R) 2:45 - 3:30	IMBESTIGADOR (R.) 2:30 - 3:15	AGRIPRENEUR (R) 2:15 - 3:00	4:00PM	5:00PM	7:00PM	9:00AM	8:00AM			
5:00PM		PINOY CRIME STORIES (R.) 2:45 - 3:30	BRIGADA (R) 2:30 - 3:30	INVESTIGATIVE DOCUMENTARIES (R) 3:15 - 4:15	FRONT ROW (R) 3:30 - 4:15	BORN IMPACT (R) 3:45 - 4:15	BORN IMPACT (R) 3:00 - 3:30	5:00PM	6:00PM	8:00PM	10:00AM	9:00AM			
6:00PM		IMBESTIGADOR (R) 3:00 - 3:45	PERA PARAAN (R.) 3:30 - 4:15	DOKUMENTARYO (I-WITNESS CLASSICS) (R) 4:15 - 5:00				JUST FACTS (P) 3:30 - 3:45	6:00PM	7:00PM	9:00PM	11:00AM	10:00AM		
7:00PM		PINOY CRIME STORIES (R.) 3:45 - 4:30	BALITANGHALI (P) 5:00 - 6:00							INVESTIGATIVE DOCUMENTARIES (R) 3:45 - 4:45	7:00PM	8:00PM	10:00PM	12:00NN	11:00AM
8:00PM	INVESTIGATIVE DOCUMENTARIES (R) 4:30 - 5:30	BALITANGHALI (P) 5:00 - 6:00							BRIGADA (R) 4:45 - 5:30	8:00PM	9:00PM	11:00PM	1:00PM	12:00NN	
9:00PM	FRONT ROW (R) 5:30 - 6:00	RESCUE (R) 6:00 - 6:45	PICKLE YARD CONFERENCE LEAGUE (R) 6:00 - 7:00							AGRIPRENEUR (R.) 5:30 - 6:00	9:00PM	10:00PM	12:00NN	1:00PM	
10:00PM	PERA PARAAN (R) 6:00 - 7:00	JUST FACTS (R) 6:45 - 7:00	PICKLE YARD CONFERENCE LEAGUE (R) 6:00 - 7:00							FRONT ROW (R) 12:45 - 1:30	10:00PM	11:00PM	1:00AM	3:00PM	2:00PM
11:00PM	AGRIPRENEUR (R) 7:00 - 7:30	PINOY CRIME STORIES (R) 7:00 - 7:45	BRIGADA (R) 7:00 - 8:00	INVESTIGATIVE DOCUMENTARIES (R) 7:00 - 8:00	BORN IMPACT (R) 7:00 - 7:30	PERA PARAAN (R) 7:00 - 8:00	GOOD NEWS (R) 7:00 - 8:00	11:00PM	12:00NN	2:00AM	4:00PM	3:00PM			
12:00NN	IMBESTIGADOR (R) 7:30 - 8:15	FRONT ROW (R) 7:45 - 8:30	BALITANGHALI (P) 5:00 - 6:00							12:00NN	1:00AM	3:00AM	5:00PM	4:00PM	
1:00PM	PINOY CRIME STORIES (R.) 8:15 - 9:00	PERA PARAAN (R.) 8:30 - 9:15	BALITANGHALI (P) 5:00 - 6:00							1:00PM	2:00AM	4:00AM	6:00PM	5:00PM	
2:00PM	RESCUE (R) 9:00 - 9:30	BRIGADA (R.) 9:15 - 10:15	BALITANGHALI (P) 5:00 - 6:00							2:00PM	3:00AM	5:00AM	7:00PM	6:00PM	
3:00PM	REEL TIME MARATHON (R) 9:30 - 2:30	RESCUE (R) 10:15 - 10:45	BALITANGHALI (P) 5:00 - 6:00							3:00PM	4:00AM	6:00AM	8:00PM	7:00PM	
4:00PM		BALITANGHALI (P) 10:45 - 11:45							PINOY CRIME STORIES (R) 10:45 - 11:30	4:00PM	5:00AM	7:00AM	9:00PM	8:00PM	
5:00PM		BALITANGHALI (P) 10:45 - 11:45							AGRIPRENEUR (P) 11:30 - 12:00	5:00PM	6:00AM	8:00AM	10:00PM	9:00PM	
6:00PM	PICKLE YARD CONFERENCE LEAGUE (P) 11:45 - 12:45							PICKLE YARD CONFERENCE LEAGUE (P) 11:45 - 12:45							

MLA	GMA NEWS TV PROGRAMMING JUNE 28 - 30, 2026 GRID (MANILA/ MALAYSIA/ SINGAPORE)							JAPAN (MLA + 1)	AU (MLA + 2)	NEW ZEALAND (MLA + 4)	ITALY (MLA - 6)	UK (MLA - 7)			
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY								
	JUNE 28	JUNE 29	JUNE 30												
12:00MN	GOOD NEWS (R.) 12:00 - 12:45	REEL TIME MARATHON (R) 9:30 - 2:30	PICKLE YARD CONFERENCE LEAGUE (P) 11:45 - 12:45							1:00AM	2:00AM	4:00AM	6:00PM	5:00PM	
1:00AM	PERA PARAAN (R.) 12:45 - 1:30		STATE OF THE NATION (P) 12:45 - 1:15							2:00AM	3:00AM	5:00AM	7:00PM	6:00PM	
2:00AM	BRIGADA (R) 1:30 - 2:15		GOOD NEWS (R) 1:15 - 2:00	PINOY CRIME STORIES (R) 1:15 - 2:00	PERA PARAAN (R) 1:15 - 2:00	INVESTIGATIVE DOCUMENTARIES (R) 1:15 - 2:00	BORN IMPACT (R) 1:15 - 2:00								
	JUST FACTS (R) 2:15 - 2:30		SAKSI (P) 2:00 - 2:30							3:00AM	4:00AM	6:00AM	8:00PM	7:00PM	
3:00AM	INVESTIGATIVE DOCUMENTARIES (R) 2:30 - 3:30	DOKUMENTARYO (I-WITNESS CLASSICS) MARATHON (P) 2:30 - 5:30	BALITANG BISDAK (P) 2:30 - 3:15							4:00AM	5:00AM	7:00AM	9:00PM	8:00PM	
4:00AM	AGRIPRENEUR (R) 3:30 - 4:00		ONE NORTH CENTRAL LUZON (P) 3:15 - 4:00							5:00AM	6:00AM	8:00AM	10:00PM	9:00PM	
5:00AM	GOOD NEWS (R) 4:00 - 5:00		ONE MINDANAO (P) 4:00 - 4:45							6:00AM	7:00AM	9:00AM	11:00PM	10:00PM	
6:00AM	BRIGADA (R) 5:00 - 6:00		ONE WESTERN VISAYAS (P) 4:45 - 5:30							7:00AM	8:00AM	10:00AM	12:00NN	11:00PM	
7:00AM	RESCUE (P) 6:00 - 6:30		FRONT ROW (R.) 5:30 - 6:15	STATE OF THE NATION (R) 5:30 - 6:15							8:00AM	9:00AM	11:00AM	1:00AM	12:00NN
8:00AM	FRONT ROW (P) 6:30 - 7:15		AGRIPRENEUR (R.) 6:15 - 7:00	SAKSI (R) 6:15 - 6:45							9:00AM	10:00AM	12:00NN	2:00AM	1:00AM
8:00AM	IMBESTIGADOR (P) 7:15 - 8:00	BORN IMPACT (R) 7:00 - 7:45	PICKLE YARD CONFERENCE LEAGUE (R) 6:45 - 7:45							10:00AM	11:00AM	1:00PM	3:00AM	2:00AM	
9:00AM	AGRIPRENEUR (R) 8:00 - 8:45	GOOD NEWS (P) 7:45 - 8:30	PINOY CRIME STORIES (P) 7:45 - 8:30	PERA PARAAN (P) 7:45 - 8:30	INVESTIGATIVE DOCUMENTARIES (P) 7:45 - 8:30	BRIGADA (P) 7:45 - 8:30	BORN IMPACT (P) 7:45 - 8:30	DOBOL B TV (P) 8:30 - 12:00							
10:00AM	INVESTIGATIVE DOCUMENTARIES (R) 8:45 - 9:45	DOBOL B TV (P) 8:30 - 12:00							DOBOL B TV 8:30 - 11:30						
11:00AM	JUST FACTS (R) 9:45 - 10:00								DOBOL B TV 8:30 - 11:30						
12:00NN	BORN IMPACT (R) 10:00 - 10:30								DOBOL B TV 8:30 - 11:30						
1:00PM	GOOD NEWS (R) 10:30 - 11:30								DOBOL B TV 8:30 - 11:30						
1:00PM	RESCUE (R) 11:30 - 12:00	DOKUMENTARYO (I-WITNESS CLASSICS) (P.) 12:00 - 12:45							1:00PM	2:00PM	4:00PM	6:00AM	5:00AM		
2:00PM	DOKUMENTARYO (I-WITNESS CLASSICS) MARATHON (P) 12:00 - 3:00	REEL TIME (P) 12:45 - 1:45							2:00PM	3:00PM	5:00PM	7:00AM	6:00AM		
3:00PM		GOOD NEWS (R) 1:45 - 2:45	IMBESTIGADOR (R.) 1:45 - 2:30	BORN IMPACT (R) 1:45 - 2:15	PERA PARAAN (R.) 1:45 - 2:45	AGRIPRENEUR (R) 1:45 - 2:30	PINOY CRIME STORIES (R.) 1:30 - 2:15	3:00PM	4:00PM	6:00PM	8:00AM	7:00AM			
4:00PM		JUST FACTS (R) 2:15 - 2:30	BRIGADA (R) 2:30 - 3:30	FRONT ROW (R) 2:30 - 3:15	GOOD NEWS (R) 2:45 - 3:30	IMBESTIGADOR (R.) 2:30 - 3:15	AGRIPRENEUR (R) 2:15 - 3:00	4:00PM	5:00PM	7:00PM	9:00AM	8:00AM			
5:00PM		PINOY CRIME STORIES (R.) 2:45 - 3:30		FRONT ROW (R) 2:30 - 3:15	GOOD NEWS (R) 2:45 - 3:30	IMBESTIGADOR (R.) 2:30 - 3:15	AGRIPRENEUR (R) 2:15 - 3:00	BORN IMPACT (R) 3:00 - 3:30	5:00PM	6:00PM	8:00PM	10:00AM	9:00AM		
6:00PM		IMBESTIGADOR (R) 3:00 - 3:45	IMBESTIGADOR (R) 3:30 - 4:15	PERA PARAAN (R.) 3:30 - 4:15	INVESTIGATIVE DOCUMENTARIES (R) 3:15 - 4:15	FRONT ROW (R) 3:30 - 4:15	BORN IMPACT (R) 3:45 - 4:15	JUST FACTS (P) 3:30 - 3:45	6:00PM	7:00PM	9:00PM	11:00AM	10:00AM		
7:00PM		PINOY CRIME STORIES (R.) 3:45 - 4:30	DOKUMENTARYO (I-WITNESS CLASSICS) (R) 4:15 - 5:00							7:00PM	8:00PM	10:00PM	12:00NN	11:00AM	
8:00PM	INVESTIGATIVE DOCUMENTARIES (R) 4:30 - 5:30	BALITANGHALI (P) 5:00 - 6:00							8:00PM	9:00PM	11:00PM	1:00PM	12:00NN		
9:00PM	FRONT ROW (R) 5:30 - 6:00	RESCUE (R) 6:00 - 6:45	PICKLE YARD CONFERENCE LEAGUE (R) 6:00 - 7:00							9:00PM	10:00PM	12:00NN	2:00PM	1:00PM	
10:00PM	PERA PARAAN (R) 6:00 - 7:00	JUST FACTS (R) 6:45 - 7:00	BRIGADA (R) 7:00 - 8:00	INVESTIGATIVE DOCUMENTARIES (R) 7:00 - 8:00	BORN IMPACT (R) 7:00 - 7:30	PERA PARAAN (R) 7:00 - 8:00	GOOD NEWS (R) 7:00 - 8:00	8:00PM	9:00PM	11:00PM	1:00PM	12:00NN			
11:00PM	AGRIPRENEUR (R) 7:00 - 7:30	PINOY CRIME STORIES (R) 7:00 - 7:45			FRONT ROW (R) 7:30 - 8:00			9:00PM	10:00PM	12:00NN	2:00PM	1:00PM			
12:00NN	IMBESTIGADOR (R) 7:30 - 8:15	FRONT ROW (R) 7:45 - 8:30	BALITANGHALI (P) 5:00 - 6:00							10:00PM	11:00PM	1:00AM	3:00PM	2:00PM	
1:00PM	PINOY CRIME STORIES (R.) 8:15 - 9:00	PERA PARAAN (R.) 8:30 - 9:15	ONE NORTH CENTRAL LUZON (R) 8:45 - 9:30							11:00PM	12:00NN	2:00AM	4:00PM	3:00PM	
2:00PM	RESCUE (R) 9:00 - 9:30	BRIGADA (R.) 9:15 - 10:15	ONE MINDANAO (R) 9:30 - 10:00							12:00NN	1:00AM	3:00AM	5:00PM	4:00PM	
3:00PM	REEL TIME MARATHON (R) 9:30 - 2:30	RESCUE (R) 10:15 - 10:45	ONE WESTERN VISAYAS (R) 10:00 - 10:45							1:00AM	2:00AM	4:00AM	6:00PM	5:00PM	
4:00PM		BALITANGHALI (R) 10:45 - 11:45							2:00AM	3:00AM	5:00AM	7:00PM	6:00PM		
5:00PM		PICKLE YARD CONFERENCE LEAGUE (P) 11:45 - 12:45							3:00AM	4:00AM	6:00AM	8:00PM	7:00PM		
6:00PM								4:00AM	5:00AM	7:00AM	9:00PM	8:00PM			
7:00PM								5:00AM	6:00AM	8:00AM	10:00PM	9:00PM			
8:00PM								6:00AM	7:00AM	9:00AM	11:00PM	10:00PM			
9:00PM								7:00AM	8:00AM	10:00AM	12:00NN	11:00PM			
10:00PM								8:00AM	9:00AM	11:00AM	1:00AM	12:00NN			
11:00PM								9:00AM	10:00AM	12:00NN	2:00AM	1:00PM			
12:00NN								10:00AM	11:00AM	1:00PM	3:00AM	2:00PM			
								11:00AM	12:00NN	2:00AM	4:00PM	3:00PM			
								12:00NN	1:00AM	3:00AM	5:00PM	4:00PM			
								1:00AM	2:00AM	4:00AM	6:00PM	5:00PM			