

ANC CABLE TV GUIDE

NORTH AMERICA

PACIFIC (DST)	SUNDAY JUL 26	MONDAY JUL 27	TUESDAY JUL 28	WEDNESDAY JUL 29	THURSDAY JUL 30	FRIDAY JUL 31	SATURDAY JUL 25
12:00 AM	THE BUSINESS OUTLOOK (R) 12:00 AM	STATE OF THE NATION ADDRESS: SONA 2026 ANC SPECIAL COVERAGE 11:00 PM (NEW)	MARKET EDGE 12:00 AM	MARKET EDGE 12:00 AM	MARKET EDGE 12:00 AM	MARKET EDGE 12:00 AM	THE BUSINESS OUTLOOK (R) 12:00 AM
	DWELLINGS 12:30 AM						EIC ON THE MOVE (R) 12:00 AM
1:00 AM	AMERICA'S HIDDEN HISTORY (R) 1:00 AM		METRO HOME (R) 1:00 AM	ILAWOM SA BASURA (R) 1:00 AM (NEW)	EXECUTIVE CLASS (R) 1:00 AM	BEYOND THE EXCHANGE (R) 1:00 AM	CASA DAZA (R) 1:00 AM
	CITIZEN PINOY (R) 1:30 AM		TOP STORY 1:30 AM	TOP STORY 1:30 AM	TOP STORY 1:30 AM	TOP STORY 1:30 AM	ANO NA, BEV (R) 1:30 AM
2:00 AM	MY ITALY WITH MARGARITA * (R) 2:00 AM						FOODPRINTS (R) 2:00 AM
	THINK POSSIBLE (R) 2:30 AM		POTLUCK 2:30 AM	MOST BEAUTIFUL HOMES (R) 2:30 AM	POTLUCK (R) 2:30 AM	MOST BEAUTIFUL HOMES (R) 2:30 AM	
	LIFEPLUS (R) 2:45 AM		THINK POSSIBLE 2:45 AM	LIFEPLUS 2:45 AM	THINK POSSIBLE (R) 2:45 AM	LIFEPLUS 2:45 AM	
3:00 AM	THE LOIDA LEWIS PODCAST 3:00 AM	AMERICA'S HIDDEN HISTORY 3:30 AM	BEYOND THE EXCHANGE 3:00 AM	SUCCESSION 3:00 AM	METRO HOME 3:00 AM	BANKER AFTER DARK 3:00 AM	DWELLINGS (R) 3:00 AM
	JUAN CONVERSATIONS (R) 3:30 AM		EIC ON THE MOVE (R) 3:30 AM	MY ITALY WITH MARGARITA 3:30 AM	CITIZEN PINOY 3:30 AM	CASA DAZA 3:30 AM	METRO HOME (R) 3:30 AM
4:00 AM	BEYOND THE EXCHANGE (R) 4:00 AM	24X24 (R) 4:00 AM	BEACHED (R) 4:00 AM	METABEATS (R) 4:00 AM	CHASING FLAVORS (R) 4:00 AM	FOODPRINTS (R) 4:00 AM	BEYOND THE EXCHANGE (R) 4:00 AM
	METRO HOME (R) 4:30 AM						THE LOIDA LEWIS PODCAST (R) 4:30 AM
5:00 AM	SUCCESSION (R) 5:00 AM	THE BUSINESS OUTLOOK (R) 5:00 AM	THE BUSINESS OUTLOOK (R) 5:00 AM	THE BUSINESS OUTLOOK (R) 5:00 AM	THE BUSINESS OUTLOOK (R) 5:00 AM	THE BUSINESS OUTLOOK (R) 5:00 AM	MGA MATA SA DILIM (R) 5:00 AM (NEW)
	ASIAN AIR SAFARI * (R) 5:30 AM	BEYOND THE EXCHANGE (R) 5:30 AM	SUCCESSION (R) 5:30 AM	METRO HOME (R) 5:30 AM	BANKER AFTER DARK (R) 5:30 AM	EXECUTIVE CLASS (R) 5:30 AM	JUAN CONVERSATIONS (R) 5:30 AM (NEW)
6:00 AM	DWELLINGS (R) 6:00 AM	THE WORLD TONIGHT 6:00 AM	THE WORLD TONIGHT 6:00 AM	THE WORLD TONIGHT 6:00 AM	THE WORLD TONIGHT 6:00 AM	THE WORLD TONIGHT 6:00 AM	ILAWOM SA BASURA (R) 6:00 AM
	METABEATS (R) 6:30 AM	EXECUTIVE CLASS (R) 6:30 AM	BEYOND THE EXCHANGE (R) 6:30 AM	SUCCESSION (R) 6:30 AM	METRO HOME (R) 6:30 AM	BANKER AFTER DARK (R) 6:30 AM	EXECUTIVE CLASS (R) 6:30 AM (NEW)
7:00 AM		HULING AKYAT SA TORRE (R) 7:00 AM	MGA MATA SA DILIM (R) 7:00 AM (NEW)	ALINGAWNGAW SA SILID- ARALAN (R) 7:00 AM (NEW)	ILAWOM SA BASURA (R) 7:00 AM	MGA MATA SA DILIM (R) 7:00 AM (NEW)	24X24 (R) 7:00 AM
	EIC ON THE MOVE * (R) 7:30 AM		MY ITALY WITH MARGARITA (R) 7:30 AM	LOCAL LEGENDS (R) 7:30 AM	CASA DAZA (R) 7:30 AM	AMERICA'S HIDDEN HISTORY (R) 7:30 AM (NEW)	
8:00 AM	SO JANNELLE (R) 8:00 AM	BEACHED (R) 8:00 AM	24X24 (R) 8:00 AM	FOODPRINTS * (R) 8:00 AM	EXECUTIVE CLASS (R) 8:00 AM	CHASING FLAVORS (R) 8:00 AM	METABEATS (R) 8:00 AM
	ALINGAWNGAW SA SILID- ARALAN (R) 8:30 AM (NEW)				ASIAN AIR SAFARI * (R) 8:30 AM		
9:00 AM	LOCAL LEGENDS (R) 9:00 AM	THE WORLD TONIGHT (R) 9:00 AM	THE WORLD TONIGHT (R) 9:00 AM	THE WORLD TONIGHT (R) 9:00 AM	THE WORLD TONIGHT (R) 9:00 AM	THE WORLD TONIGHT (R) 9:00 AM	METRO HOME (R) 9:00 AM
	WOMEN OF STYLE (R) 9:30 AM	DAYAW (R) 9:30 AM	DWELLINGS (R) 9:30 AM	ASIAN AIR SAFARI (R) 9:30 AM	WOMEN OF STYLE (R) 9:30 AM	BEYOND THE EXCHANGE (R) 9:30 AM	LOCAL LEGENDS (R) 9:30 AM
10:00 AM	EIC ON THE MOVE (R) 10:00 AM	HEADSTART (R) 10:00 AM	HEADSTART (R) 10:00 AM	HEADSTART (R) 10:00 AM	HEADSTART (R) 10:00 AM	HEADSTART (R) 10:00 AM	DWELLINGS (R) 10:00 AM
	METRO HOME (R) 10:30 AM						AMERICA'S HIDDEN HISTORY (R) 10:30 AM
11:00 AM	TAHANANG TAKSIL (R) 11:00 AM (NEW)	EIC ON THE MOVE (R) 11:00 AM	EXECUTIVE CLASS (R) 11:00 AM	DWELLINGS (R) 11:00 AM	BEYOND THE EXCHANGE (R) 11:00 AM	LOCAL LEGENDS (R) 11:00 AM	24X24 (R) 11:00 AM
	DAYAW (R) 11:30 AM	GLOBAL US (R) 11:30 AM	TAHANANG TAKSIL (R) 11:30 AM (NEW)	BEYOND THE EXCHANGE (R) 11:30 AM	IN GOOD SHAPE (R) 11:30 AM	DWELLINGS (R) 11:30 AM	
12:00 PM	LOCAL LEGENDS (R) 12:00 PM	ASIAN AIR SAFARI * 12:00 PM	BEYOND THE EXCHANGE (R) 12:00 PM	BANKER AFTER DARK (R) 12:00 PM	DAYAW (R) 12:00 PM	EIC ON THE MOVE (R) 12:00 PM	IN GOOD SHAPE (R) 12:00 PM
	ASIAN AIR SAFARI * (R) 12:30 PM	METRO HOME (R) 12:30 PM	DAYAW (R) 12:30 PM	DAYAW (R) 12:30 PM	CASA DAZA (R) 12:30 PM	TOMORROW TODAY (R) 12:30 PM	BANKER AFTER DARK (R) 12:30 PM
1:00 PM	CASA DAZA (R) 1:00 PM	WOMEN OF STYLE 1:00 PM	CASA DAZA (R) 1:00 PM	EIC ON THE MOVE (R) 1:00 PM	DWELLINGS (R) 1:00 PM	BEACHED (R) 1:00 PM	DAYAW (R) 1:00 PM
	BANKER AFTER DARK (R) 1:30 PM	EXECUTIVE CLASS (R) 1:30 PM	WOMEN OF STYLE (R) 1:30 PM	IN GOOD SHAPE (R) 1:30 PM			ARTS.21 (R) 1:30 PM
2:00 PM	DWELLINGS (R) 2:00 PM	BANKER AFTER DARK (R) 2:00 PM	ASIAN AIR SAFARI (R) 2:00 PM	CASA DAZA (R) 2:00 PM	EIC ON THE MOVE (R) 2:00 PM	WOMEN OF STYLE (R) 2:00 PM	GLOBAL US (R) 2:00 PM
	CITIZEN PINOY (R) 2:30 PM	LOCAL LEGENDS (R) 2:30 PM	METRO HOME (R) 2:30 PM	TAHANANG TAKSIL (R) 2:30 PM (NEW)	LOCAL LEGENDS (R) 2:30 PM	EXECUTIVE CLASS (R) 2:30 PM	MADE IN GERMANY (R) 2:30 PM
3:00 PM	FOODPRINTS * (R) 3:00 PM	MARKET EDGE (R) 3:00 PM	MARKET EDGE (R) 3:00 PM	MARKET EDGE (R) 3:00 PM	MARKET EDGE (R) 3:00 PM	MARKET EDGE (R) 3:00 PM	THE WORD EXPOSED 3:00 PM
							TAHANANG TAKSIL (R) 3:30 PM (NEW)
4:00 PM	WOMEN OF STYLE (R) 4:00 PM	IN GOOD SHAPE (R) 4:00 AM	ARTS.21 (R) 4:00 AM	MADE IN GERMANY (R) 4:00 AM	TOMORROW TODAY (R) 4:00 AM	THE BUSINESS OUTLOOK 4:00 PM	METABEATS (R) 4:00 PM
	BEYOND THE EXCHANGE (R) 4:30 PM	EXECUTIVE CLASS (R) 4:30 PM	BANKER AFTER DARK (R) 4:30 PM	SUCCESSION (R) 4:30 PM	EXECUTIVE CLASS (R) 4:30 PM	ASIAN AIR SAFARI (R) 4:30 PM	
5:00 PM	HEADSTART 5:00 PM	HEADSTART 5:00 PM	HEADSTART 5:00 PM	HEADSTART 5:00 PM	HEADSTART 5:00 PM	CHASING FLAVORS (R) 5:00 PM	EXECUTIVE CLASS (R) 5:00 PM
							BEACHED (R) 5:30 PM
6:00 PM	THE BUSINESS OUTLOOK 6:00 PM	THE BUSINESS OUTLOOK 6:00 PM	THE BUSINESS OUTLOOK 6:00 PM	THE BUSINESS OUTLOOK 6:00 PM	THE BUSINESS OUTLOOK 6:00 PM	KRISIS SA LANGIS (R) 6:00 PM	BEYOND THE EXCHANGE (R) 6:30 PM
	MARKET EDGE (R) 6:30 PM	MARKET EDGE (R) 6:30 PM	MARKET EDGE (R) 6:30 PM	MARKET EDGE (R) 6:30 PM	MARKET EDGE (R) 6:30 PM	CASA DAZA (R) 6:30 PM	
7:00 PM	POTLUCK (R) 7:00 PM	MOST BEAUTIFUL HOMES (R) 7:00 PM	POTLUCK (R) 7:00 PM	MOST BEAUTIFUL HOMES (R) 7:00 PM	POTLUCK (R) 7:00 PM	BANKER AFTER DARK (R) 7:00 PM	CITIZEN PINOY (R) 7:00 PM
	HOTCOPY ON HEADSTART 7:15 PM	HOTCOPY ON HEADSTART 7:15 PM	HOTCOPY ON HEADSTART 7:15 PM	HOTCOPY ON HEADSTART 7:15 PM	HOTCOPY ON HEADSTART 7:15 PM		SO JANNELLE 7:30 PM
	THINK POSSIBLE (R) 7:45 PM	LIFEPLUS (R) 7:45 PM	THINK POSSIBLE (R) 7:45 PM	LIFEPLUS (R) 7:45 PM	THINK POSSIBLE (R) 7:45 PM	IN GOOD SHAPE (R) 7:30 PM	
8:00 PM	IN GOOD SHAPE 8:00 PM	ARTS.21 8:00 PM	MADE IN GERMANY 8:00 PM	TOMORROW TODAY 8:00 PM	GLOBAL US 8:00 PM	DAYAW (R) 8:00 PM	CHASING FLAVORS (R) 8:00 PM
	ANO NA, BEV 8:30 PM	AMERICA'S HIDDEN HISTORY (R) 8:30 PM	MGA MATA SA DILIM (R) 8:30 PM (NEW)	AMERICA'S HIDDEN HISTORY (R) 8:30 PM	ALINGAWNGAW SA SILID- ARALAN (R) 8:30 PM (NEW)	LOCAL LEGENDS (R) 8:30 PM	
9:00 PM	DATELINE PHILIPPINES 9:00 PM	DATELINE PHILIPPINES 9:00 PM	DATELINE PHILIPPINES 9:00 PM	DATELINE PHILIPPINES 9:00 PM	DATELINE PHILIPPINES 9:00 PM	HEADSTART (R) 9:00 PM	HEADSTART * (R) 9:00 PM
10:00 PM	FOODPRINTS 10:00 PM	BEACHED 10:00 PM	CHASING FLAVORS 10:00 PM	METABEATS 10:00 PM	24X24 * 10:00 PM	BEYOND THE EXCHANGE (R) 10:00 PM	CASA DAZA (R) 10:00 PM
						JUAN CONVERSATIONS 10:30 PM	BANKER AFTER DARK (R) 10:30 PM
11:00 PM	STATE OF THE NATION ADDRESS: SONA 2026 ANC SPECIAL COVERAGE 11:00 PM (NEW)	MADE IN GERMANY (R) 11:00 PM	TOMORROW TODAY (R) 11:00 PM	GLOBAL US (R) 11:00 PM	IN GOOD SHAPE (R) 11:00 PM	ASIAN AIR SAFARI * (R) 11:00 PM	JUAN CONVERSATIONS (R) 11:00 PM
		EXECUTIVE CLASS (R) 11:30 PM	BEYOND THE EXCHANGE (R) 11:30 PM	SUCCESSION (R) 11:30 PM	DAYAW (R) 11:30 PM	HOTCOPY ON HEADSTART (R) 11:30 PM	EIC ON THE MOVE 11:30 PM